

2024 Michigan HS Outdoor Track Elite Boys

Includes all meets, including out-of-state and summer competitions. In the early season, lists will not be 10-deep, as we wait for elite-level performances to reach that level. Another note for early season Michiganders: if there was a roof over your head, then the performance would be on the indoor lists.

Unlike Milesplit or Athletic-net lists, wind-aided marks and suspicious marks are separated from the main list, as they are not eligible for all-time list or record consideration.

+ = converted time; # (after time = en route time recorded on way to longer distance); (!) = in a field event listing indicates an ancillary mark made in competition.

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To make corrections: send a note to jeffhollobaugh@gmail.com

Updated 4/29/2024

100 METERS

10.62	Jake Machiniak (Berrien Springs)12	Allegan/Inv	4/19/2024
10.67	Machiniak	Berrien Springs/Lakeland Jamboree (ok)4/10/2024	
10.71	Cameron Cheetam (Hartland)12	Novi/dual.....	4/16/2024
10.73	Machiniak	Allegan/Inv (h)	4/19/2024
10.80	Jeremy Dixon (Kalamazoo Central)11	Rockford/Rams Classic	4/12/2024
10.82	Tarik Bower (Corunna)12	Lake Fenton/Tri (ENE14-25).....	4/16/2024
10.86	Rasean O'Tey (Sturgis)12	Sturgis/tri (1.2)	4/ 9/2024
10.92	Sam Coyle (Rockford)12	Hudsonville/dual	4/10/2024
10.93	Desmond Chapa (Holland West Ottawa)12	Holland/dual.....	4/10/2024
10.93	Gavin Rawls (Oak Park)12	Oak Park/Quad	4/10/2024
10.93	Sean Blaser (Midland Dow)11	Bay City/Tri	4/16/2024
10.93	Evan Watson (Troy Athens)12	Troy/dual.....	4/22/2024

Wind-aided:

10.61	Jacke Machiniak (Berrien Springs)12	Kent City/Elite (2.1).....	4/26/2024
10.71	Drew Novak (DeWitt)12	DeWitt/Panther Tri (N 10-13)	4/ 4/2024
10.77	Tarik Bower (Corunna)12	Chesaning/Classic (W 25-30).....	4/19/2024
10.78	Micah Walker (Warren DeLaSalle)10	Orchard Lake/5-Way (SW18-30)	4/ 9/2024
10.78	Cameron Cheetam (Hartland)12	Howell/Highland Games (3.6).....	4/20/2024
10.80	Jakevis Neal (Saginaw Heritage)12	Chesaning/Classic (W 25-30).....	4/19/2024
10.82	Benjamin Boehm (Hamilton)12	Vermontville/Lakewood Inv	4/13/2024
10.82	Rasean O'Tey (Sturgis)12	Jackson/Janke Inv	4/26/2024
10.83	Ryan Kavanaugh (Saline)12	Temperance/Tri (WSW20-33)	4/ 9/2024
10.86	Trevor Smith (Pewamo-Westphalia)11	Kent City/Elite (2.1).....	4/26/2024
10.87	Riley Wilkerson (Orchard Lake St Mary's)9	Orchard Lake/5-Way (SW18-30)	4/ 9/2024
10.87	Bryson Williams (Orchard Lake St Mary's)11	Orchard Lake/5-Way (SW18-30)	4/ 9/2024
10.90	Dalton Drogosh (Warren DeLaSalle)11	Orchard Lake/5-Way (SW18-30)	4/ 9/2024
10.90	Mar'Sean Massenburg (Taylor)12	Lincoln Park/dual (E10-18)	4/13/2024

200 METERS

21.36	Jack Machiniak (Berrien Springs)12	Kent City/Elite (1.8).....	4/26/2024
21.69	Will Jaiden Smith (Belleville)11	Belleville/dual (0.7)	4/16/2024
21.85	Noah Morris (Clinton Twp Chippewa Valley)12	Clinton Twp/Tri.....	4/16/2024
21.88	Trevor Smith (Pewamo-Westphalia)12	Kent City/Elite (2.1).....	4/26/2024
21.90	Desmond Chapa (Holland West Ottawa)12	Holland/dual.....	4/10/2024
21.96	Ruben Esparza (Holland West Ottawa)11	Holland/dual.....	4/10/2024
22.10	Cameron Cheetam (Hartland)12	Brighton/Bulldog Inv.....	4/27/2024
22.18	Evan Watson (Troy Athens)12	Troy/Tri	4/24/2024
22.20	Jeremy Dixon (Kalamazoo Central)11	Rockford/Rams Classic	4/12/2024

22.29	Ty Oaks (Portage Northern)10	Richland/Gull Lake Inv.....	4/12/2024
Wind-aided:			
21.95	Cameron Cheetam (Hartland)12	Howell/Highland Games (4.3).....	4/20/2024
22.10	Drew Novak (DeWitt)12	Okemos/dual	4/16/2024
22.27	Jack Machiniak (Berrien Springs)12	Fruitport/Trojan Inv (NW14-31).....	4/12/2024

400 METERS

48.04	Evan Watson (Troy Athens)12	Oxford/Ball Inv	4/27/2024
48.11	Malachi Mosley (East Kentwood)11	Caledonia/dual.....	4/24/2024
48.36	Mosley	Jackson/Janke Inv	4/26/2024
48.74	Cameron Cheetam (Hartland)12	Brighton/Bulldog Inv.....	4/27/2024
48.92	Wendell Childs (Clarkston)9	Clarkston/dual.....	4/10/2024
48.98	Rondre Austion (Oak Park)10	Detroit/Courageous Inv.....	4/27/2024
49.31	Brody Leyendecker (Byron Center)11	Grand Rapids/Elite Challenge	4/27/2024
49.34	Phillip Burney (Oak Park)11	Detroit/Courageous Inv	4/27/2024
49.39	Darnell Hall (Detroit Renaissance)11	Detroit/Courageous Inv.....	4/27/2024
49.61	Shamar Heard (Clinton Twp Chippewa Vall)12	Rochester Hills/Leigh Inv	4/19/2024
49.62	Will Jaiden Smith (Belleville)11	Livonia/Friday Night Lights	4/26/2024

600 METERS

1:22.24	Preston Van Oeffelen (Greenville)10	East Grand Rapids/Classic.....	4/27/2024
1:22.83	Abatu Dykstra (Hamilton)11	East Grand Rapids/Classic.....	4/27/2024
1:24.89	Josh Langeland (Hamilton)12	East Grand Rapids/Classic.....	4/27/2024
1:25.15	Ayden Duffin (Caledonia)12	East Grand Rapids/Classic.....	4/27/2024

800 METERS

1:55.51	Brad White (Clare)12	Clare/Non-Conference.....	4/10/2024
1:55.75	Grayson Albers (Ypsilanti Lincoln)12	Dexter/Tri.....	4/23/2024
1:56.44	Caden Ehgotz (Belleville)12	Livonia/Friday Night Lights	4/26/2024
1:56.53	Matthew Canales (Adrian)12	Dexter/April Showers.....	4/20/2024
1:56.72	Adam Dicken (Canton)11	Canton/dual	4/16/2024
1:56.80	Eric Overdier (Ann Arbor Pioneer)12	Brighton/Bulldog Inv.....	4/27/2024
1:56.94	Noah Selveraj (Bay City Western)12	Grand Ledge/Comet Inv	4/26/2024
1:57.21	Brandon Anderson (Dexter)12	Dexter/Tri.....	4/23/2024
1:57.51	Anirudh Krishnan (Plymouth)12	Novi/dual.....	4/23/2024
1:57.61	Kenny Lewis (Saginaw Heritage)12	Mt Pleasant/Oiler Inv	4/26/2024

1500 METERS

3:51.35#	Seth Norder (Grand Haven)12	Rome/Barnyard Inv (1M)	4/26/2024
3:53.76#	Brendan Herger (Northville)12	Rome/Barnyard Inv (1M)	4/26/2024
3:54.90	Thomas Westphal (NB Anchor Bay)12	Rome/Barnyard Inv (1M)	4/26/2024
3:56.43	Solomon Kwartowicz (BH Cranbrook)12	Rome/Barnyard Inv (1M)	4/26/2024
3:57.34	Sebastian Ramirez (Royal Oak)12	Rome/Barnyard Inv (1M)	4/26/2024
4:00.36	Sean Pettis (Fremont)12	Rome/Barnyard Inv (1M)	4/26/2024
4:01.40	Vincent Guaresimo (Romeo)12	Rome/Barnyard Inv (1M)	4/26/2024
4:02.16	Eric Overdier (Ann Arbor Pioneer)12	Rome/Barnyard Inv (1M)	4/26/2024
4:02.92	Ethan Powell (Northville)11	Rome/Barnyard Inv (1M)	4/26/2024
4:03.40	Anirudh Krishnan (Plymouth)12	Rome/Barnyard Inv (1M)	4/26/2024

1600 METERS

4:04.81#	Seth Norder (Grand Haven)12	Rome/Barnyard Inv (1M)	4/26/2024
4:07.80#	Brendan Herger (Northville)12	Rome/Barnyard Inv (1M)	4/26/2024
4:09.14#	Thomas Westphal (NB Anchor Bay)12	Rome/Barnyard Inv (1M)	4/26/2024
4:11.62#	Solomon Kwartowicz (BH Cranbrook)12	Rome/Barnyard Inv (1M)	4/26/2024
4:12.60	Norder	Grand Rapids/Cougar Inv	4/20/2024
4:13.21#	Sebastian Ramirez (Royal Oak)12	Rome/Barnyard Inv (1M)	4/26/2024
4:14.20	Jack Bidwell (Marshall)11	Grand Rapids/Elite Challenge	4/27/2024
4:14.70#	Sean Pettis (Fremont)12	Rome/Barnyard Inv (1M)	4/26/2024
4:15.42	Owen Patton (Vestaburg)12	Grand Rapids/Elite Challenge	4/27/2024
4:15.68#	Vincent Guaresimo (Romeo)12	Rome/Barnyard Inv (1M)	4/26/2024
4:15.92	Seth Conner (Jenison)11	Grand Rapids/Elite Challenge	4/27/2024

MILE (no conversions)

4:06.22	Seth Norder (Grand Haven)12	Rome/Barnyard Inv.....	4/26/2024
4:09.31	Brendan Herger (Northville)12	Rome/Barnyard Inv.....	4/26/2024
4:10.64	Thomas Westphal (NB Anchor Bay)12	Rome/Barnyard Inv.....	4/26/2024
4:13.17	Solomon Kwartowicz (BH Cranbrook)12	Rome/Barnyard Inv.....	4/26/2024
4:14.89	Sebastian Ramirez (Royal Oak)12	Rome/Barnyard Inv.....	4/26/2024
4:16.18	Sean Pettis (Fremont)12	Rome/Barnyard Inv.....	4/26/2024
4:17.28	Vincent Guaresimo (Romeo)12	Rome/Barnyard Inv.....	4/26/2024
4:19.25	Caleb Palmreuter (Gladwin)12	Rome/Barnyard Inv.....	4/26/2024
4:19.42	Eric Overdier (Ann Arbor Pioneer)12	Rome/Barnyard Inv.....	4/26/2024
4:19.84	Ethan Powell (Northville)11	Rome/Barnyard Inv.....	4/26/2024

3200 METERS

9:20.06	Nate Carmody (Haslett)12	DeWitt/Panther Inv.....	4/19/2024
9:26.04	Paul Moore (Pinckney)12	Howell/Highland Games.....	4/20/2024
9:28.39	Alex Thole (East Grand Rapids)12	East Grand Rapids/Classic.....	4/27/2024
9:28.77	Truman Johnson (Saline)12	Dexter/April Showers.....	4/20/2024
9:29.55	Solomon Kwartowicz (BH Cranbrook)12	Rochester Hills/Leigh Inv.....	4/19/2024
9:29.76	Nolan Pinion (Lake Fenton)12	North Branch/Inv.....	4/26/2024
9:30.18	Jack Bidwell (Marshall)11	Richland/Gull Lake Inv.....	4/12/2024
9:31.21	Oliver Moss (Berkeley)12	Rochester Hills/Leigh Inv.....	4/19/2024
9:32.43	Jonah Workman (East Grand Rapids)10	East Grand Rapids/Classic.....	4/27/2024
9:34.45	Aiden Moore (Battle Creek Lakeview)12	Richland/Gull Lake Inv.....	4/12/2024

110 HURDLES

14.13	Will Jaiden Smith (Belleville)11	Livonia/Friday Night Lights (1.3).....	4/26/2024
14.13	Elijah Dotson (Belleville)11	Livonia/Friday Night Lights (1.3).....	4/26/2024
14.18	Smith	Belleville/dual (0.9).....	4/16/2024
14.29	Schmar Gamble (Belleville)10	Belleville/dual (0.9).....	4/16/2024
14.46	Zacchaeus Brocks (Detroit Catholic Central)10	Lansing/Catholic Relays.....	4/13/2024
14.53	Leonardo Ignacgio (Saline)12	Dexter/April Showers (2.0).....	4/20/2024
14.56	George Brown (Rockford)12	Rockford/Rams Classic.....	4/12/2024
14.62	Michael Wilkerson (Rochester Adams)11	Clarkston/dual (1.5).....	4/24/2024
14.64	Mill Coleman (GR Catholic Central)12	Grand Rapids/Elite Challenge (1.9).....	4/27/2024
14.70	Wallace Tupper (Traverse City West)12	Grand Rapids/Elite Challenge (1.9).....	4/27/2024
14.75	Michael Piggee (Muskegon)11	Muskegon/Tri.....	4/10/2024

Wind-aided:

14.09	Zacchaeus Brocks (Detroit Catholic Central)10	Jackson/Janke Inv.....	4/26/2024
14.41	Leonardo Ignacio (Saline)12	Jackson/Janke Inv.....	4/26/2024

300 HURDLES

38.56	Zacchaeus Brocks (Detroit Catholic Central)10	Jackson/Janke Inv.....	4/26/2024
38.82	Vincent Dancel (Rochester Adams)12	Rochester/dual.....	4/10/2024
39.21	Michael Wilkerson (Rochester Adams)11	Oxford/Ball Inv.....	4/27/2024
39.23	Ashton Brann (Ann Arbor Huron)11	Temperance/Tri.....	4/ 9/2024
39.23	Leonardo Ignacio (Saline)12	Jackson/Janke Inv.....	4/26/2024
39.26	Max Ward (Elk Rapids)11	Kent City/Elite.....	4/26/2024
39.27	Ashton Brann (Ann Arbor Huron)11	Oxford/Ball Inv.....	4/27/2024
39.30	Vincent Dancel (Rochester Adams)12	Oxford/Ball Inv.....	4/27/2024
39.69	Angelo Finnie Jr (West Bloomfield)11	West Bloomfield/dual.....	4/10/2024
39.73	Cole Ries (Mason)12	Mason/Dual.....	4/16/2024

HIGH JUMP

6-10	Andrew Harding (Ann Arbor Huron)12	Ypsilanti/Tri.....	4/16/2024
6-10	Xavier Santiago (Onaway)12	Bellaire/Open.....	4/22/2024
6-8.5	Santiago	Bellaire/Open.....	4/16/2024
6-8	Braden Prielipp (Manton)12	Manton/Rust Shaker.....	4/ 8/2024
6-8	Harding	Ann Arbor/dual.....	4/22/2024
6-8	Harding	Oxford/Ball Inv.....	4/27/2024
6-8	Sawyer Moloy (Sanford-Meridian)12	Clare/Inv.....	4/26/2024
6-8	Jayden Brock (Byron Center)12	Grand Rapids/Elite Classic.....	4/27/2024
6-7.5	Noah Robinson (White Cloud)12	Kent City/Elite.....	4/26/2024

6-7	Nathan Levine (Canton)12	Brighton/dual	4/ 9/2024
6-7	Charlie Garner (Ann Arbor Huron)12	Oxford/Ball Inv	4/27/2024
6-6	DeVonta Habern (Napoleon)12	Napoleon/dual	4/ 8/2024
6-6	Quincy Isaac (Canton)11	Brighton/dual	4/ 9/2024
6-6	Joshua Veneziano (Parma Western)12	Parma/dual	4/ 9/2024
6-6	Carter Lance (Fowler)12	Fowler/CMAC Preseason	4/10/2024
6-6	Brock Furgison (Sturgis)11	Paw Paw/dual.....	4/16/2024
6-6	Fransco Lee (Saginaw United)12	Mt Pleasant/Oiler Inv	4/26/2024
6-6	Tayden Redding (Warren MI Collegiate)10	Livonia/Friday Night Lights	4/26/2024

POLE VAULT

14-10	Tryce Tokar (Ovid-Elsie)11	Elsie/quad	4/24/2024
14-8	Hugh Ford (Mattawan)12	Portage/dual	4/23/2024
14-6	Chase Battani (Almont)11	Cass City/Inv	4/ 5/2024
14-6	Clark Sheldon (Dexter)12	Ann Arbor/dual.....	4/ 9/2024
14-6	Ray Weatherington (Walled Lake Central)12	Novi/Relays	4/13/2024
14-3	Malik Eisemann (Saline)12	Dexter/Tri	4/23/2024
14-3	Sean Cinzori (Plymouth)10	Brighton/Bulldog Inv.....	4/27/2024
14-0	Benjamin Sackman (Dexter)12	Ann Arbor/dual.....	4/ 9/2024
14-0	Lucas Inosencio (Parma Western)12	Parma/dual	4/ 9/2024
14-0	Reece Emeott (East Kentwood)10	Kentwood/dual.....	4/17/2024
14-0	Brady Lewis (GR Kenowa Hills)11	Cedar Springs/Tri.....	4/23/2024
14-0	Robby Russo (Jenison)12	Jenison/dual	4/24/2024
14-0	Asher Paul (Traverse City Central)11	Grand Ledge/Comet Inv	4/26/2024

LONG JUMP

23-4	Davis Barr (Battle Creek Lakeview)12	Battle Creek/Tri.....	4/ 9/2024
23-2.75	Barr	Battle Creek/City	4/19/2024
23-2	Quincy Isaac (Canton)11	Livonia/Patriot Relays	4/ 6/2024
22-7.25	Jayden Brock (Byron Center)12	Grand Rapids/Tri	4/24/2024
22-5	Charlie Garner (Ann Arbor Huron)12	Ypsilanti/Tri	4/16/2024
22-3	Jhavon Alexander (East Kentwood)10	Kentwood/dual.....	4/17/2024
22-3	Anthony Buford (Detroit Douglas)12	Detroit/Courageous Inv.....	4/27/2024
22-2.75	Holden Van Poppel (Napoleon)12	DeWitt/Panther Inv.....	4/19/2024
22-0	DeVonta Habern (Napoleon)12	Napoleon/Inv	4/12/2024
21-11	Prentice Gardner (North Farmington)12	Milford/Balawadger Coed Relays.....	4/20/2024
21-11	Julian Cardenas (Rockford)12	Grand Haven/dual.....	4/17/2024

Wind-aided:

23-3	Prentice Gardner (North Farmington)12	Birmingham/dual (SE8-20)	4/25/2024
23-1.5	Jordan Bledsoe (Muskegon Mona Shores)11	Muskegon/Tri.....	4/10/2024
23-0.5	Angelo Rivera (Ann Arbor Huron)10	Temperance/Tri.....	4/ 9/2024
23-0	Tarik Bower (Corunna)12	Corunna/dual (SW17-26).....	4/23/2024
22-7.25	Charlie Garner (Ann Arbor Huron)12	Oxford/Ball Inv	4/27/2024
22-6.5	Kaden Griffiths (Stevensville Lakeshore)9	Kalamazoo/Lukens Inv	4/26/2024
22-5.5	Landon Galea (Fairview)11	Hale/NSL 1	4/ 9/2024

SHOT

60-9	Mason Mayne (Lawton)11	Kent City/Elite	4/26/2024
60-3	Mayne	Lawton/tri	3/25/2024
59-2.5	Gavin Nurenberg (Pewamo-Westphalia)12	Kent City/Elite	4/26/2024
58-1.5	Derrick Simmons (Frankenmuth)11	Frankenmuth/Marcet Inv	4/19/2024
57-7	Garrett Weeden (Zeeland East)12	Jackson/Janke Inv	4/26/2024
56-4	Tyler Marrogy (Walled Lake Central)12	Walled Lake/City	4/23/2024
55-5	Brennan Faber (Parma Western)11	Parma/Rice Inv	4/19/2024
55-4.25	Logan Klein (Gladwin)12	Freeland/Invitational	4/13/2024
55-2.25	Liam Vaughan (Walled Lake Western)11	Oxford/Ball Inv	4/27/2024
54-7	Merrick Hocking (Midland)11	Midland/Graves-Swayze Relays	4/19/2024
54-4	Maxwell Stoecker (Midland)11	Brighton/Bulldog Inv.....	4/27/2024

DISCUS

182-9	Brycen Anderson (Walled Lake Central)	Brighton/Bulldog Inv.....	4/27/2024
175-4	Mason Mayne (Lawton)11	Grand Rapids/Cougar Inv	4/20/2024

174-4	Adam Huff (Wayland Union)11	Grand Rapids/quad.....	4/23/2024
172-4	Matt Foor (Carleton-Airport)12	Gibraltar/Marauder Inv.....	4/26/2024
170-9	Bennett VandenBerg (Constantine)12	Constantine/Tri.....	4/17/2024
167-7	Niko Mamaladze (Frankenmuth)11	Saginaw/Tri.....	4/10/2024
167-1	Clinton Allen (Grosse Pointe North)12	Monroe/Throw Down.....	4/27/2024
167-0	Andre Neumann (White Lake Lakeland)10	Walled Lake/Tri.....	4/16/2024
166-3	Garrett Weeden (Zeeland East)	Monroe/Throw Down.....	4/27/2024
165-0	Derrick Simmons (Frankenmuth)11	Saginaw/Tri.....	4/10/2024
165-0	Gavin Nurenberg (Pewamo-Westphalia)12	Pewamo/PW Inv.....	4/19/2024

4 x 100 RELAY

42.21	Holland West Ottawa	Holland/dual.....	4/10/2024
42.43	Rockford	Grand Ledge/Comet Inv.....	4/26/2024
42.58	Grand Haven	Grand Rapids/Elite Challenge.....	4/27/2024
42.75	Lansing Sexton	Kalamazoo/Lukens Inv.....	4/26/2024
42.95	DeWitt	Grand Ledge/Comet Inv.....	4/26/2024
43.07	Ann Arbor Huron	Oxford/Ball Inv.....	4/27/2024
43.09	Corunna	Lake Fenton/Tri.....	4/16/2024
43.10	Walled Lake Western	Oxford/Ball Inv.....	4/27/2024
43.12	Belleville	Livonia/Friday Night Lights.....	4/26/2024
43.16	Milan	Gibraltar/Marauder Inv.....	4/26/2024

4 x 200 RELAY

1:27.41	Rockford	Grand Rapids/Cougar Inv.....	4/20/2024
	(Anthony Bouwhuis, Isaac Poot, Sam Coyle, Carter Bissell)		
1:27.63	Rockford	Jenison/dual.....	4/24/2024
	(Anthony Bouwhuis, Isaac Poot, Sam Coyle, Carter Bissell)		
1:27.74	Holland West Ottawa	Holland/dual.....	4/10/2024
	(Charlie Sanders, Desmond Chapa, Andrew Spilotro, Ruben Esparza)		
1:27.84	Rockford	Rockford/Rams Classic.....	4/12/2024
1:28.55	Grand Haven	Grand Rapids/Elite Challenge.....	4/27/2024
1:28.61	Zeeland West	Grand Rapids/Elite Challenge.....	4/27/2024
1:29.59	Walled Lake Western	Oxford/Ball Inv.....	4/27/2024
1:29.68	Rochester Adams	Oxford/Ball Inv.....	4/27/2024
1:29.68	Saline	Jackson/Janke Inv.....	4/26/2024
1:29.94	Oak Park	Oak Park/Quad.....	4/10/2024
1:29.96	Ann Arbor Skyline	Brighton/Bulldog Inv.....	4/27/2024
1:30.04	Berrien Springs	Kent City/Elite.....	4/26/2024

4 x 400 RELAY

3:22.46	Troy Athens	Oxford/Ball Inv.....	4/27/2024
3:22.79	Oak Park	Detroit/Courageous Inv.....	4/27/2024
3:24.62	Clarkston	Clarkston/dual.....	4/24/2024
3:25.01	Byron Center	Caledonia/Soderman Relays.....	4/13/2024
3:26.07	Ann Arbor Huron	Oxford/Ball Inv.....	4/27/2024
3:26.26	West Bloomfield	Oxford/Ball Inv.....	4/27/2024
3:26.56	Northville	Rockford/Rams Classic.....	4/12/2024
3:26.62	Rockford	Rockford/Rams Classic.....	4/12/2024
3:27.48	DeWitt	DeWitt/Panther Inv.....	4/19/2024
3:27.52	Rochester Adams	Oxford/Ball Inv.....	4/27/2024

4 x 800 RELAY

7:56.96	Walled Lake Northern	Brighton/Bulldog Inv.....	4/27/2024
7:58.50	Northville	Brighton/dual.....	4/23/2024
7:59.23	Grand Haven	Kentwood/dual.....	4/29/2024
8:01.72	East Kentwood	Kentwood/dual.....	4/29/2024
8:04.31	Forest Hills Central	Grand Rapids/Cougar Inv.....	4/20/2024
8:05.85	DeWitt	Grand Ledge/Comet Inv.....	4/26/2024
8:06.15	Frankenmuth	Mt Pleasant/Oiler Inv.....	4/26/2024
8:06.67	Troy	Troy/dual.....	4/10/2024
8:09.94	Kalamazoo Central	Grand Ledge/Comet Inv.....	4/26/2024
8:10.89	Jenison	Jenison/dual.....	4/24/2024

8:11.01 Troy Athens Troy/Tri4/24/2024

4 x 1600 RELAY

18:35.27 Canton Livonia/Patriot Relays4/ 6/2024
18:54.96 Pinckney Novi/Relays4/13/2024
19:06.49 White Lake Lakeland Novi/Relays4/13/2024
19:07.84 Caledonia Caledonia/Soderman Relays4/13/2024
19:16.03 Zeeland West Caledonia/Soderman Relays4/13/2024
19:33.75 Novi Novi/Relays4/13/2024
19:34.12 Rochester Adams Novi/Relays4/13/2024

800 SPRINT MEDLEY

1:36.10 Utica Ford Warren/Johnson Relays.....4/27/2024
1:38.33 Saginaw Swan Valley Midland/Graves-Swayze Relays4/19/2024
1:38.47 Traverse City West Midland/Graves-Swayze Relays4/19/2024
1:39.17 Warren Mott Warren/Johnson Relays.....4/27/2024
1:39.99 Mt Clemens Livonia/Patriot Relays4/ 6/2024

SWEDISH MEDLEY (1000m)

2:00.50 Whitehall Grand Rapids/Elite Classic4/27/2024
2:02.84 GR Catholic Central Grand Rapids/Elite Classic4/27/2024
2:07.17 Zeeland West Grand Rapids/Elite Classic4/27/2024
2:08.43 Forest Hills Central Grand Rapids/Elite Classic4/27/2024
2:09.05 GR Ottawa Hills Grand Rapids/Elite Classic4/27/2024
2:09.84 Byron Center Grand Rapids/Elite Classic4/27/2024
2:10.01 Lowell Grand Rapids/Elite Classic4/27/2024
2:10.55 Jenison Grand Rapids/Elite Classic4/27/2024

1200 SPRINT MEDLEY

2:26.98 Byron Center Caledonia/Soderman Relays4/13/2024

1600 SPRINT MEDLEY

3:48.34 Bloomfield Hills Novi/Relays4/13/2024
3:49.83 Walled Lake Central Novi/Relays4/13/2024

2400 MEDLEY

6:06.85 Howell Lansing/Catholic Relays4/13/2024

DISTANCE MEDLEY

10:48.04 Byron Center Caledonia/Soderman Relays4/13/2024
10:48.24 Jenison Lansing/Catholic Relays4/13/2024
10:50.60 Marshall Grand Rapids/Elite Classic4/27/2024
10:53.46 Grand Rapids Christian East Grand Rapids/Classic4/27/2024
10:53.86 Clarkston Warren/Johnson Relays.....4/27/2024
10:55.49 Capital Homeschool Lansing/Catholic Relays4/13/2024
10:56.86 Bay City Western Auburn/BCW Relays4/13/2024
10:59.96 Canton Livonia/Patriot Relays4/ 6/2024

MIXED 4 x 400 RELAY

3:43.53 West Bloomfield Milford/Balawajder Coed Relays4/20/2024
3:44.42 Northville Milford/Balawajder Coed Relays4/20/2024
3:46.92 Milford Milford/Balawajder Coed Relays4/20/2024