

## MICHIGAN'S NATIONAL HIGH SCHOOL CHAMPIONS THROUGH 2017

(and highest placer in each event if no champion)

Compiled by Jeff Hollobaugh

Originally called the National Scholastic Outdoor Track & Field Championships, the meet began in 1991 in Van Nuys, California. Due to MHSAA restrictions, Michigan athletes must compete unattached or under club affiliations. They do not officially represent their schools; school names have been added on this list by me as an aid to fans.



*No Michigan prep has won more nationals titles in outdoor track than Rockford's Dathan Ritzenhein, who totaled 6 by winning the 2 mile three years in a row and contributing to winning efforts in the 4 x mile and distance medley (twice).*

To date, Michigan schools have won 43 NBN Championships outdoors. (This compilation does not include Emerging Elite competitions.)

### ***The schools that have won multiple titles:***

1. Rockford 12; 2. Saline 6; 3. tie, Detroit Mumford, Milford & Oak Park 3; 6. Farmington 2. Fourteen other schools have one winner each.

### **100**

2017 5. Khance Meyers (East Kentwood) 10.43

### **200**

2016 2. Khance Meyers (East Kentwood) 20.78

### **400**

2016 3. Montel Hood (Wayne Memorial) 46.66

### **800**

2014 1. Donovan Brazier (Kenowa Hills) 1:48.61

**MILE**

2017 1. Cole Johnson (Rockford) 4:11.09

**2000 STEEPLECHASE**

2015 3. Luke Anderson (Harbor Beach) 6:03.56

**2 MILE**

1996 1. Abdul Alzindani (Dearborn Fordson) 9:07.06

1999 1. Dathan Ritzenhein (Rockford) 9:01.79

2000 1. Dathan Ritzenhein (Rockford) 8:48.06

2001 1. Dathan Ritzenhein (Rockford) 8:44.43

2016 1. Noah Jacobs (Corunna) 9:03.71

**5000**

2013 7. Tanner Hinkle (Mason) 14:34.39

**110 HURDLES**

2002 3. Kenneth Ferguson (Detroit Mumford) 13.78

2014 3. Antoine Lloyd (East Kentwood) 13.89

**400 HURDLES**

2002 1. Kenneth Ferguson (Detroit Mumford) 51.26

**HIGH JUMP**

2001 =5. Michael Weishuhn (Pinckney) 6-8.75

**POLE VAULT**

1998 2. Geoff Fairbanks (Tecumseh) 16-0.75

2004 2. Zach Burrington (Muskegon Oakridge) 15-9

2012 2. Jaime Salisbury (Marine City) 16-0

**LONG JUMP**

2012 4. Steven Bastien (Saline) 23-9

**TRIPLE JUMP**

2016 13. Terius Wheatley (Ann Arbor Pioneer) 46-4.75

**SHOT**

2000 4. Mike DeLorge (Flint Carman-Ainsworth) 58-8

2013 4. Cullen Prena (Walled Lake Central) 61-0

2016 4. Connor Bandel (Oxford) 68-10.75

**DISCUS**

2016 1. Connor Bandel (Oxford) 202-7

**DECATHLON**

2016 2. Zach Stadnika (Macomb Lutheran North) 6716

**4 x 100 RELAY**

2010 3. East Kentwood 41.74

**4 x 200 RELAY**

2010 2. East Kentwood 1:27.84

2014 2. Oak Park 1:26.74

**4 x 400 RELAY**

2002 2. Detroit Mumford 3:14.74

**4 x 800 RELAY**

2004 1. Saline 7:40.68

2008 1. Detroit Mumford 7:37.99

**4 x MILE RELAY**

2000 1. Rockford 17:21.57

2001 1. Novi 17:20.92

2005 1. Milford 17:27.01

2013 1. Milford 17:16.12

**800 SPRINT MEDLEY**

2016 3. Wayne Memorial 1:31.50

**1000 SWEDISH MEDLEY**

2014 4. East Kentwood 1:56.14

**1600 SPRINT MEDLEY**

2010 1. East Kentwood 3:22.99

2016 1. Oak Park 3:23.66

2017 1. Oak Park 3:20.25

**DISTANCE MEDLEY**

1999 1. Rockford 10:07.01

2000 1. Rockford 10:03.09

2003 1. Saline 10:10.69

2004 1. Saline 10:03.15

2005 1. Milford 10:05.53

2014 1. Saline 10:03.02

2015 1. Saline 10:04.52

**SHUTTLE HURDLES**

2014 3. East Kentwood 58.59

**MILE WALK**

2012 5. Payton McDonald (East Kentwood) 10:34.72

**GIRLS**

**100**

2011 3. Kyra Jefferson (Detroit Cass Tech) 11.88

**200**

2011 1. Kyra Jefferson (Detroit Cass Tech) 24.18

**400**

2011 1. Kendall Baisden (Detroit Country Day) 52.87

**800**

2005 1. Geena Gall (Grand Blanc) 2:05.05

**MILE**

1998 1. Bethany Brewster (Saginaw Valley Lutheran) 4:50.43

**2000 STEEPLECHASE**

2005 6. Lyndsay Smith (Clarkston) 7:16.83

**2 MILE**

1997 1. Sharon Van Tuyl (Portage Northern) 10:25.59

2010 1. Megan Goethals (Rochester) 10:01.16

**5000**

2007 1. Marissa Treece (Maple City-Glen Lake) 16:36.34

**100 HURDLES**

2009 2. Bridgette Owens-Mitchell (Southfield) 13.87

2010 2. Bridgette Owens-Mitchell (Southfield) 13.74

**400 HURDLES**

2015 7. Brianna Holloway (Oak Park) 60.67

**HIGH JUMP**

2005 1. Bettie Wade (Farmington) 5-8.75

**POLE VAULT**

2015 3. Mackenzie Shell (Port Huron Northern) 13-3.5

**LONG JUMP**

2006 9. Brittany Howard (Romulus) 18-5

2012 9. Aaron Howell (Farmington) 18-5w

**SHOT**

1998 5. Alana Robinson (Grosse Ile) 43-4.5

2013 5. Mariah Davis (East Kentwood) 45-10.75

**DISCUS**

1997 3. Alana Robinson (Grosse Ile) 145-0

**HAMMER**

1997 4. Alana Robinson (Grosse Ile) 131-3

**HEPTATHLON**

2012 1. Aaron Howell (Farmington) 5071

**4 x 100 RELAY**

2004 8. Detroit Mumford 48.70

**4 x 200 RELAY**

2015 2. Oak Park 1:38.68

2016 2. Oak Park 1:37.15

**4 x 400 RELAY**

2014 1. Oak Park 3:40.95

**4 x 800 RELAY**

2000 1. Rockford 8:57.52

**4 x MILE RELAY**

2000 1. Rockford 20:30.57

2001 1. Rockford 20:24.34

2005 1. Clarkston 20:01.70

2013 1. Saline 20:30.32

**800 SPRINT MEDLEY**

2005 1. Detroit Mumford 1:42.94

**1000 SWEDISH MEDLEY**

2014 8. Oak Park 2:12.63

**1600 SPRINT MEDLEY**

2015 2. Oak Park 3:56.35

2016 2. Ann Arbor Pioneer 3:57.49

**DISTANCE MEDLEY**

1999 1. Rockford 11:57.22

2000 1. Rockford 11:49.44

**SHUTTLE HURDLES**

2017 4. East Kentwood 59.68