

John Garrels – Detroit Central 1902



Garrels only won one state title in the early years of high school track in Michigan, capturing the 1902 discus throw at 101-10 (college weight implement). At the University of Michigan, he developed into one of the world's best throwers and hurdlers. He broke four World Records in the discus and hurdles, but was denied official recognition for them. A starter for three years on the Wolverine football team, he made the 1908 Olympics and won the silver medal in the 110 hurdles as well as the bronze in the shot put.