

# Michigan Girls All-Time Lists - Outdoors

## Compiled by Jeff Hollobaugh – [www.michrack.org](http://www.michrack.org)

Michigan high school track outdoor all-time lists. These are the original and most authoritative lists available. Copyright © Michtrack 2024. All use by media organizations should be credited.

Updated once a year; check the current season lists to see how those marks affect these all-time lists.

Remember that some of these lists are *long* and have sub-categories. The sprints will show legal, automatic-timed (FAT) marks first, then there's a wind-aided list, then a hand-timed legal list, then a hand-timed windy list, etc.

Symbols: +=converted mark; #=en route time; (A)=mark set at altitude (1000m+); (!) secondary mark in field event series.

### JUST CLICK ON THE EVENT YOU WANT TO JUMP TO:

#### TRACK

<a href="#">100M</a>	<a href="#">200M</a>	<a href="#">400M</a>	<a href="#">800M</a>
<a href="#">1500M</a>	<a href="#">1600M</a>	<a href="#">MILE</a>	<a href="#">2000 STEEPLE</a>
<a href="#">3000M</a>	<a href="#">3200M</a>	<a href="#">TWO MILE</a>	<a href="#">5000</a>
<a href="#">10,000</a>	<a href="#">100H</a>	<a href="#">300H</a>	<a href="#">400H</a>

#### FIELD

<a href="#">HIGH JUMP</a>	<a href="#">POLE VAULT</a>	<a href="#">LONG JUMP</a>	<a href="#">TRIPLE JUMP</a>	<a href="#">SHOT</a>
<a href="#">DISCUS</a>	<a href="#">HAMMER</a>	<a href="#">JAVELIN</a>	<a href="#">JAVELIN (OLD)</a>	<a href="#">HEPTATHLON</a>

#### RELAYS

<b>TOP PERFORMANCES</b> <i>the top races ever, which will include multiple performances by a single school</i>	<b>TOP SCHOOLS</b> <i>the top school records of all-time—only one listing per school</i>
<a href="#">4 x 100</a>	<a href="#">4 x 100</a>
<a href="#">4 x 200</a>	<a href="#">4 x 200</a>
<a href="#">4 x 400</a>	<a href="#">4 x 400</a>
<a href="#">4 x 800</a>	<a href="#">4 x 800</a>
<a href="#">4 x 1600</a>	<a href="#">4 x 1600</a>
<a href="#">800 SPRINT MEDLEY</a>	<a href="#">800 SPRINT MEDLEY</a>
<a href="#">1000 SWEDISH MEDLEY</a>	<a href="#">1000 SWEDISH MEDLEY</a>
<a href="#">1200 SPRINT MEDLEY</a>	<a href="#">1200 SPRINT MEDLEY</a>
<a href="#">1600 SPRINT MEDLEY</a>	<a href="#">1600 SPRINT MEDLEY</a>
<a href="#">2400 MEDLEY</a>	<a href="#">2400 MEDLEY</a>
<a href="#">DISTANCE MEDLEY</a>	<a href="#">DISTANCE MEDLEY</a>
<a href="#">SHUTTLE HURDLES</a>	

Updated 4/26/2024

## 100 METERS

11.37	Shayla Mahan (Detroit Mumford)12	Jackson/Midwest Meet (1.7) .....6/ 9/2007
11.38	Mahan	Indianapolis/USATF Juniors (0.0) .....6/21/2007
11.43	Kaila Jackson (Detroit Renaissance)12	Eugene/USATF U20 Champs (h) (-0.1) ..6/24/2022
11.47	Grace Stark (White Lake Lakeland)11	Greensboro/New Balance (0.8) .....6/16/2018
11.51	Jackson	Humble/AAU JO (s) (0.6) .....8/ 5/2021
11.51	Jackson	Humble/AAU JO (-1.7).....8/ 7/2021
11.53	Mahan	Indianapolis/USA Junior (h) (0.7) .....6/22/2006
11.54	Mahan	Kentwood/D1 State (2.0) .....6/ 3/2006
11.55	Jackson	Detroit/City Champs.....5/29/2021
11.55	Jackson	Philadelphia/NB Nationals (s) (-0.4).....6/17/2022
11.58	Mahan	Dayton/Roosevelt Inv (2.0) .....5/ 6/2006
11.58	Mahan	Detroit/Shumake Relays .....4/28/2007

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11.58	Jordan Clark (Southfield Lathrup)10	Brixen/World Youth Ch (qf) (0.9).....7/ 8/2009
11.58	Jackson	Farmington/D1 Regional (1.1) .....5/22/2021
11.58	Jackson	Detroit/EITI Invitational .....6/19/2021
11.61	Anavia Battle (Wayne Memorial)12	Oak Park/Motor City Classic.....7/16/2017
11.61	Jackson	Eugene/Nike Outdoor (1.6).....7/2/2021
11.61	Jackson	Humble/AAU JO (h) (1.5).....8/ 3/2021
11.62	Mahan	Millersburg/USATF Region V (nwi) .....7/ 9/2006
11.63	Mahan	Greensboro/USA Youth Ch (0.0).....7/ 2/2006
11.63	Jackson	Las Vegas/AAU West (h) (-1.0).....7/10/2021
11.64	Battle	Detroit/AAU JO Regional .....7/ 2/2017
11.64	Jackson	Detroit/AAU Region 12 .....6/30/2019
11.64	Jackson	Rockford/D1 State (-0.6).....6/ 4/2022
11.67	Jackson	Eugene/Nike Outdoor (h) (0.4) .....7/2/2021
11.68	Mahan	Greensboro/USA Youth (h) (0.1).....6/30/2006
11.70	Battle	Ypsilanti/AAU Junior Olympics (1.9) .....8/ 5/2017
11.70	Jackson	Greensboro/AAU Junior Olympics (0.5)..8/ 3/2019
11.70	Jackson	Kentwood/D1 State (-1.2) .....6/ 5/2021
11.71	Jackson	Las Vegas/AAU West Coast (-1.7).....7/11/2021
11.72	Mahan	Kentwood/D1 State (s) (1.1) .....6/ 3/2006
11.72	Kyra Jefferson (Detroit Cass Tech)10	Greensboro/New Balance (h) (2.0).....6/18/2010
11.72	Jefferson	Rockford/D1 State (1.4) .....6/ 4/2011
11.73	Kendall Baisden (Bloomfield St Regis)8	Ypsilanti/USA Youth (1.3).....7/ 5/2009
11.73	Baisden	Greensboro/USATF JO (h) (1.9).....7/31/2009
11.73	Jefferson	Bloomington/USA Junior (h) (0.3) .....6/15/2012
11.73	Stark	Greensboro/New Balance (h) (-0.3).....6/16/2018
11.73	Fatouma Conde (Ann Arbor Huron)12	Saline/D1 Regional (0.8).....5/21/2021
11.73	Jackson	Kentwood/D1 State (h) (-3.4).....6/ 5/2021
11.73	Jackson	Philadelphia/NB Nationals (h) (0.8).....6/17/2022
11.74	Vivien McKenzie (Detroit Chadsey)12	Memphis/USA JO .....8/ 8/1982
11.74	Mahan	Baltimore/USATF Junior Olympics (1.6) .7/30/2006
11.74	Clark	Sudtiro/World Youth Ch (h) (-0.4).....7/ 8/2009
11.74	Sekayi Bracey (East Kentwood)10	Greensboro/New Balance (h) (0.8) .....6/14/2014
11.74	Bracey	Des Moines/AAU JO (s) (0.8) .....7/30/2014
11.74	Stark	Kentwood/D1 State (1.7) .....6/ 2/2018
11.74	Jackson	Ann Arbor/Mini-Meet.....8/30/2020
11.75	Paulette Bryant (Southgate Aquinas)12	Ft. Wayne/Midwest MOC .....6/ 9/1984
11.75	Baisden (Detroit Country Day)9	Des Moines/USA Juniors (h) (1.6) .....6/24/2010
11.75	Jackson	Farmington/D1 Regional (h) (0.3) .....5/22/2021
11.75	Jackson	Detroit/AAU Regional.....7/ 3/2022
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11.78	Janae Hill (Detroit Pershing)12	Rockford/D1 State (1.4) .....6/ 4/2011
11.80	BreeAna Bates (Dearborn Edsel Ford)10	Greensboro/New Balance Nat. (h) (1.6) .6/15/2019
11.82	Tamea McKelvy (Oak Park)12	Oak Park/OAA Gold.....5/11/2017
11.82	Comari Hawkins (Grand Blanc)9	Detroit/AAU Region 12 .....6/30/2019
11.82	Kamryn Tatum (West Bloomfield)9	Philadelphia/NB Nationals (1.6).....6/17/2023
11.83	Savannah Roberson (Ypsilanti Lincoln)11	Ypsilanti/AAU Regional .....6/30/2013
11.84	Crystal Braddock (Ann Arbor Pioneer)12	Ypsilanti/A State.....6/ 3/1989
11.84	Keyanna O'Tey (Sturgis)10	Grand Rapids/D2 State (0.4) .....6/ 3/2023
11.86	Porsche Ries (Hazel Park)12	Indianapolis/USATF Jr Oly (h) (0.3).....7/29/2005
11.88	Nicole Wilson (Ypsilanti)12	Lexington/TAC JO Regional.....7/14/1990
11.88	Emily Higgins (Detroit Cass Tech)11	[HST] ...../1994
11.88	Tiarra Jones (Detroit Cass Tech)10	Auburn/A State [2.0].....5/30/1998
11.88	Karla Marshall (Detroit Cass Tech)12	Dayton/Roosevelt Memorial.....5/ 5/2001
11.88	Madison Meredith (Beverly Hills Groves)12	Humble/AAU Junior Olympics (h) (-0.7)..8/ 1/2016
11.89	Mackenzie Fields (Berkley)10	Ypsilanti/AAU Junior Olympics (h) (1.9) ..7/31/2017
11.89	Ava Qe'neisha Young (East Kentwood)10	Macomb/MITCA D1 (-1.6).....5/26/2018
11.90	Kanisa Williams (Detroit Cass Tech)12	Rockford/A State.....5/31/1997
11.90	Sydney Cureton (Detroit Country Day)12	Grand Rapids/D2 State.....6/ 2/2012
11.90	Dominique Funchess (Detroit Renaissance)	Grosse Pointe/D1 Regional .....5/17/2013
11.91	Mackenzie Robinson (Ann Arbor Huron)11	Philadelphia/NB Nationals (s) (0.0).....6/17/2022
11.92	Amani Nuels (Jackson)11	Des Moines/AAU Junior Oly (s) (-1.7).....8/ 1/2018

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11.93	Shirley Evans (Detroit Country Day)9	Iowa City.....	8/10/1985
11.93	Heather Brown (Ann Arbor Pioneer)11	Lexington/TAC JO Regional.....	7/14/1990
11.93	Ashley Hines (Benton Harbor)12	Kentwood/D1 State (2.0) .....	6/ 3/2006
11.93	Taryn Henderson (Farmington Hills Mercy)10	Farmington/Inv (0.0) .....	5/ 6/2023
11.94	Cindy Ofili (Ann Arbor Huron)12	Saline/D1 Regional (0.5).....	5/18/2012
11.94	Angie Ritter (Frankenmuth)12	Comstock Park/D3 State (0.7) .....	5/31/2014
11.95	Britten Bowen (Ann Arbor Pioneer)12	Hillsdale/Last Chance .....	5/10/2018
11.96	Megan Willemson (Utica Eisenhower)12	Kentwood/D1 State (2.0) .....	6/ 3/2006
11.96	Mizan Thomas (Detroit Renaissance)12	Kentwood/D1 State (h) (2.0) .....	6/ 2/2018
11.96	Olivia Jenkins (Detroit Renaissance)9	Detroit/AAU Region 12 .....	6/30/2019
11.97	Trinette Johnson (Detroit Cass Tech)12	Detroit/PSL .....	5/ /1989
11.97	Zoe Eby (Carleton Airport)12	Ypsilanti/AAU Junior Olympics (h) (0.3) ..	7/31/2017
11.98	Patrice Verdun (Flint Central)10	Alma/A State .....	5/30/1987
11.98	Shameakia Dunwoody (Detroit Cass Tech)9	Ann Arbor.....	7/ 8/1989
11.98	Vania Nelson (Ann Arbor Pioneer)12	Windsor .....	6/ /1992
11.98	Leeah Burr (Detroit Renaissance)9	Detroit/PSL .....	5/25/2019
11.99	Erica Mann (Battle Creek Lakeview)11	Forest Hills/D2 State.....	6/ 3/2006
11.99	Dani Drayton (Troy)10	Farmington/Oakland County .....	5/23/2008
11.99	Brooke Gray (Brighton)12	Detroit/Motor City Classic .....	7/17/2021
12.00	Torisa Johnson (Ann Arbor Pioneer)12	Saline/D1 Regional .....	5/20/2016
12.01	Kristie Mullins (Highland Park)11	St. Louis/Junior Olympics .....	8/11/1986
12.01	Yvette Smiley (Detroit Central)10	Syracuse/JO Nationals .....	8/10/1987
12.01	Nicole Embry (Detroit DePorres)12	Jackson/B State.....	6/ 2/1990
12.01	Charnell Lynn (Ypsilanti Willow Run)12	Indianapolis/Midwest MOC .....	6/10/1995
12.01	Melanie Williams (Southfield)11	Midland/A State (2.0) .....	6/ 5/1999
12.02	Denise Nesbit (Detroit Finney)9	Alma/A State .....	5/30/1987
12.02	Colette Savage (Bay City Glenn)12	Jackson/B State.....	6/ 2/1990
12.02	LaTasha Jollet (Detroit Renaissance)10	Lexington/USATF JO Reg .....	7/15/2000
12.02	Janae Barksdale (Oak Park)10	Oak Park/OAA Gold.....	5/11/2017
12.03	Kori Gifford (Bloomfield Hills Andover)12	Fort Wayne/Midwest MOC.....	6/14/1980
12.03	Elaine Jones (Detroit Chadsey)12	.....	/1981
12.03	Aasia Laurencin (Oak Park)11	Dayton/Roosevelt Memorial (2.0) .....	5/ 4/2019
12.04	Michelle Bishop (Grand Haven)11	Alma/A State .....	5/30/1987
12.04	Christina Peterson (Midland Dow)12	Auburn/A State [2.0].....	5/30/1998
12.04	Jade Sabir (Canton)11	Des Moines/AAU Junior Oly (h) (0.8).....	7/30/2018
12.04	Elizabeth Anderson (New Boston Huron)12	Grand Rapids/D2 State (0.4) .....	6/ 3/2023
12.05	Jewel Thomas (Southfield Lathrup)12	Rockford/D1 State (1.4) .....	6/ 4/2011
12.05	Adalyn Liang (Portage Central)10	Rockford/D1 State (h) (0.6).....	6/ 3/2023
12.06	Tiffany Owens (Ortonville Brandon)11	Rockford/D1 State (1.4) .....	6/ 4/2011
12.07	Katrice Walton (Detroit Cass Tech)12	Rockford/D1 State (-).....	6/1/2002
12.07	Chanell Wright (Detroit Mumford)10	Ypsilanti/EMU Twilight.....	4/16/2004
12.07	Hailey Stockford (Sanford-Meridian)11	Comstock Park/D3 (0.5) .....	5/30/2015
12.07	Payten Williams (Bridgeport)11	Des Moines/AAU Junior Oly (s) (-1.7).....	8/ 1/2018
12.07	Chaniya Madison (Bridgeport)12	Ada/D2 State (1.8).....	6/ 4/2022
12.08	Ra'Jae Marable (Ann Arbor Pioneer)11	Kentwood/D1 State (2.0) .....	6/ 3/2006
12.08	Chloe Abbott (Northville)12	Greensboro/New Balance Nat. (h) (0.8) ..	6/17/2016
12.08	Kylee Poulton (Holland Black River)12	Comstock Park/Michiana Timing (1.0) ....	5/24/2022
12.09	Keyria Calloway (Detroit Crockett)11	Comstock Park/D3 State (s) .....	6/ 3/2006
12.09	Stephanie Okolo (Plymouth)12	Southfield/AAU State .....	6/29/2008
12.09	Jasmine Brathwaite (Grosse Pt South)11	Grosse Pointe/D1 Regional .....	5/17/2013
12.09	Brooke Bogan (Ann Arbor Huron)11	Detroit/AAU JO Regional (h).....	7/ 2/2016
12.10	Shenitha Walker (Muskegon Heights)12	Midwest MOC .....	6/ 9/1984
12.10	Cynthia White (Covert)	Bay City/D State .....	6/ 4/1994
12.10	Charlotte Cahill (North Farmington)12	Kentwood/D1 State (-2.9) .....	5/30/2009
12.10	Miyah Brooks (Oak Park)12	Kentwood/D1 State (1.7) .....	6/ 2/2018
12.10	Lailah Palmer (Beverly Hills Groves)12	Rockford/D1 State (h) (1.8).....	6/ 3/2023
12.10	Jayla Dace (Detroit Renaissance)10	Rockford/D1 State (h) (0.6).....	6/ 3/2023
12.11	Patrice Beasley (Romulus)12	Grand Rapids/D2 State.....	6/ 1/2002
12.12	Cathy Fitzpatrick (Muskegon Mona Shores)11	Lincoln/USA JO [1.7].....	8/ 2/1981
12.12	Elise Brown (Jackson)12	Southfield/AAU State .....	6/29/2008
12.13	Michele Davis (Lansing Sexton)12	Auburn/A State [2.0].....	5/30/1998

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12.13	Kate Zang (Rockford)12	Rockford/dual .....	5/ 4/2022
12.14	Mashawn Robinson (Romulus)12	Alma/A State (s).....	5/30/1987
12.14	Jovonne Tyson-King (Rochester Adams)11	Rockford/D1 State (s).....	5/31/2008
12.14	Anna Jefferson (Oak Park)10	Ann Arbor/River Rat.....	5/10/2014
12.14	Priscilla Trainor (Lansing Waverly)10	East Lansing/Greater Lansing .....	5/29/2018
12.14	Devin Johnston (Almont)12	Kent City/D3 State (1.2).....	6/ 3/2023
12.15	Alicia Hooper (Jackson)10	Louisville/AAU Regional .....	7/ 8/2001
12.15	Kimberly Balls (Bridgeport)12	Hemlock/Korf-Schultz .....	5/29/2012
12.15	Nysha' Jordan (Oak Park)10	Detroit/AAU Region 12 .....	6/30/2019
12.15	Jayla Graham (Detroit Renaissance)11	Ypsilanti/JO Regionals (1.1).....	7/ 2/2023
12.16	Danielle Pierce (Detroit Cass Tech)9	Alma/A State (p).....	5/30/1987
12.16	Debbie Edwards (Cassopolis)10	Bangor/C State .....	5/30/1987
12.16	Akilah Washington (Detroit King)10	Detroit/PSL Champs .....	5/24/1997
12.16	Elise Glass (Dearborn Edsel Ford)12	Rockford/D1 State (-1.5).....	5/31/2008
12.16	Angelica Floyd (Clinton Twp Chippewa V)12	Ypsilanti/AAU Junior Olympics (s) (0.2) ...	8/ 2/2017
12.17	Gabriela Moore (Saginaw)12	Auburn/A Regional (s).....	5/22/1999
12.17	Dana McKeithen (Detroit Cass Tech)12	Flint/A State .....	6/ 1/1985
12.17	Terri Ford (Farmington Hills Mercy)12	Flint/A State .....	5/31/1986
12.17	Jane Selent (Clarkston)10	Flint/A State .....	5/31/1986
12.17	Imani Jackson (Detroit Renaissance)11	Kentwood/D1 State (-0.3).....	6/ 1/2019
12.17	Camryn Batt (Portage Northern)12	Rockford/D1 State (h) (1.3).....	6/ 3/2023
<b>Wind-aided:</b>			
11.29	Shayla Mahan (Detroit Mumford)12	Indianapolis/USA Juniors (2.8) .....	6/21/2007
11.37	Kaila Jackson (Detroit Renaissance)12	Eugene/USATF U20 Champs (2.7).....	6/24/2022
11.47	Mahan	Baltimore/USATF Jr Oly (h) (6.3).....	7/28/2006
11.52	Mahan	Southfield/Michigan AAU (nwi) .....	6/18/2006
11.52	Jackson	Detroit/D1 Regional (2.2).....	5/21/2022
11.53	Anavia Battle (Wayne)12	Ann Arbor/Westfield Inv .....	4/ 8/2017
11.58	Britten Bowen (Ann Arbor Pioneer)11	Ann Arbor/Westfield Inv .....	4/ 8/2017
11.61	Jackson	Farmington/NB Inv (3.5) .....	5/ 7/2022
11.62	Jordan Clark (Southfield Lathrup)11	Norfolk/AAU JO (s) (2.8).....	8/ 4/2010
11.66	Kyra Jefferson (Detroit Cass Tech)10	Norfolk/AAU JO (s) (2.2).....	8/ 4/2010
11.66	Mackenzie Robinson (Ann Arbor Huron)11	Saline/D1 Regional (SSW 28-37-mph) ...	5/20/2022
11.68	Kendall Baisden (Detroit Country Day)9	Milford/Oakland County (2.8).....	5/28/2010
11.68	Sekayi Bracey (East Kentwood)11	Greensboro/NB Nationals (3.0) .....	6/20/2015
11.70	Crystal Braddock (Ann Arbor Pioneer)11	Ypsilanti/A State.....	6/ 4/1988
11.70	Bracey	Ypsilanti/AAU JO (2.2).....	8/ 3/2013
11.72	Mahan	Dayton/Roosevelt Inv (h) (4.3).....	5/ 5/2006
11.74	Miyah Brooks (Oak Park)12	Dearborn/Carpenter Inv .....	5/ 5/2018
11.75	Leeah Burr (Detroit Renaissance)9	Detroit/PSL (h).....	5/25/2019
11.76	Bracey	Ypsilanti/AAU Regional.....	6/30/2013
11.76	Bracey	Greensboro/New Balance (2.7) .....	6/14/2014
11.77	Mahan	Dayton/Roosevelt Mitchell (5.7).....	5/ 7/2005
11.80	Bracey	Norfolk/AAU Junior Olympics (h) (2.7)....	8/ 3/2015
11.82	Tiarra Jones (Detroit Cass Tech)12	Detroit/PSL .....	5/25/2000
11.82	Grace Stark (White Lake Lakeland)9	Waterford/Oakland County (2.7).....	5/27/2016
11.83	Alona Olshevskva (Westland Glenn)12	Dearborn/Carpenter Inv .....	5/ 5/2018
11.85	Teneisha Griggs (Southfield Lathrup)12	College Station/USA Juniors (2.9) .....	6/27/2004
11.86	Melanie Williams (Southfield)11	Berea/AAU Nat JO (s) (2.6).....	8/ 5/1999
11.89	Madison Meredith (Beverly Hills Groves)12	Waterford/Oakland County (2.7).....	5/27/2016
11.90	Jayla Dace (Detroit Renaissance)10	Rockford/D1 State (2.4).....	6/ 3/2023
11.92	Comari Hawkins (East Lansing)11	Charlotte/Gowell-Miars Inv .....	4/30/2021
11.93	Candice Davis (Ann Arbor Pioneer)11	Canton/USATF State JO.....	6/29/2002
11.93	Taryn Henderson (Farmington Hills Mercy)10	Rockford/D1 State (2.4).....	6/ 3/2023
11.96	Bridgette Owens-Mitchell (Detroit JH)8	Southfield/Michigan AAU (h).....	6/18/2006
11.96	Alexis Officer (Detroit Country Day)12	Dearborn/Carpenter Inv .....	5/ 5/2018
11.97	Brooke Bogan (Ann Arbor Huron)12	Ann Arbor/Westfield Inv .....	4/ 8/2017
11.97	Zoe Eby (Carleton Airport)12	Monroe/D2 Regional.....	5/19/2017
11.97	Brooke Gray (Brighton)12	South Lyon/Inv.....	4/30/2021
11.98	Kathy Fitzpatrick (Muskegon Mona Shores)11	.....	/1981
11.99	Kanisa Williams (Detroit Cass Tech)12	Rockford/A State(s).....	5/31/1997

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12.00	Latosha Jollet (Detroit Renaissance)10	Detroit/PSL .....	5/25/2000
12.02	Ra'Jae Marable (Ann Arbor Pioneer)11	Kentwood/D1 State (s) (2.5) .....	6/ 3/2006
12.02	Tamea McKelvy (Oak Park)11	Waterford/Oakland County (2.7) .....	5/27/2016
12.03	Porsche Ries (Hazel Park)12	Dayton/Roosevelt Mitchell (5.7) .....	5/ 7/2005
12.03	Kate Zang (Rockford)12	Rockford/dual [W: 13-31mph] .....	4/25/2022
12.03	Olivia Jenkins (Detroit Renaissance)12	Farmington/NB Inv (3.5) .....	5/ 7/2022
12.03	Lailah Palmer (Beverly Hills Groves)12	Rockford/D1 State (2.4) .....	6/ 3/2023
12.05	Ava Qeneisha Young (East Kentwood)9	Wyandotte/MITCA D1 (2.7).....	5/27/2017
12.06	Erin Anderson (Detroit Renaissance)11	Detroit/PSL .....	5/25/2000
12.06	Kyana Evans (Wyandotte Roosevelt)12	Wyandotte/MITCA D1 (2.7).....	5/27/2017
12.06	Payten Williams (Bridgeport)11	Zeeland/D2 State (2.2) .....	6/ 2/2018
12.06	Adalyn Liang (Portage Central)10	Rockford/D1 State (2.4) .....	6/ 3/2023
12.07	Keyanna O'Tey (Sturgis)10	Vicksburg/Tri [WNW14-20] .....	5/ 3/2023
12.10	Megan Willemsen (Utica Eisenhower)12	Kentwood/D1 State (s) (2.5) .....	6/ 3/2006
12.11	Jayla Graham (Detroit Renaissance)11	Rockford/D1 State (h) (2.3).....	6/ 3/2023
12.12	Nicole Embry (Detroit DePorres)12	Indy/Midwest Meet (4.9) .....	6/ 9/1990
12.12	Karla Marshall (Detroit Cass Tech)11	Detroit/PSL .....	5/25/2000
12.12	Alisha Cole (Cadillac)9	Caledonia/D2 State.....	5/31/2003
12.12	Ilesha Davis (Romulus)12	Monroe/D2 Regional.....	5/19/2017
12.13	Charlotte Cahill (North Farmington)12	Farmington/Oakland County (2.4).....	5/22/2009
12.13	Teanna Murray (Rochester)12	Geneva/USATF JO Reg 5 (2.4) .....	7/ 9/2011
12.14	Kaitlynn Rush (West Bloomfield)11	Farmington/NB Inv (h) (2.3).....	5/ 4/2019
12.16	Ashley Keyes (Rochester)11	Farmington/Oakland County (2.4).....	5/22/2009
12.16	Angelica Floyd (Clinton Chippewa Valley)11	Oberlin/USATF JO Regional (3.0).....	7/11/2016
<b>Hand-timed:</b>			
11.0	Shayla Mahan (Detroit Mumford)12	Warren/D1 Regional .....	5/18/2007
11.5	Crystal Braddock (Ann Arbor Pioneer)12	Kalamazoo.....	4/27/1989
11.5	Kendall Baisden (Detroit Country Day)9	Beverly Hills/Tri .....	4/13/2010
11.5	Baisden	Beverly Hills/quad .....	5/ 5/2010
11.5	Grace Stark (White Lake Lakeland)11	Waterford/tri .....	4/10/2018
11.6	Alfreda Daniels (Detroit Cass Tech)11	Frederick/Olympic Trials (h).....	7/ 7/1972
11.6	Shirley Evans (Detroit Country Day)9	Ann Arbor/ Michigan JO .....	/1985
11.6	Braddock	Lake Fenton/A Regional .....	5/27/1989
11.6	Tiarra Jones (Detroit Cass Tech)12	West Bloomfield/inv .....	5/13/2000
11.6	LaTosha Jollet (Detroit Renaissance)12	Detroit/PSL .....	5/23/2002
11.6	Marquita Tedford (Detroit Central)12	Detroit/PSL (h) .....	5/23/2002
11.6	Elise Glass (Dearborn Edsel Ford)11	Dearborn/Mega Red .....	5/22/2007
11.6	Christienne Linton (Romulus)12	Monroe/dual.....	4/28/2009
11.6	Kyra Jefferson (Detroit Cass Tech)10	Grosse Pointe/D1 Regional .....	5/21/2010
11.7	Daniels	Ann Arbor/ (h) (1.0) .....	7/ 1/1972
11.7	Lisa Glenn (Detroit Cody)10	Knoxville .....	4/10/1976
11.7	Vivian McKenzie (Detroit Chadsey)11	.....	7/18/1981
11.7	Doris Hardiman (Muskegon)	.....	/1983
11.7	Jenena Langston (Benton Harbor)11	.....	/1983
11.7	Patrice Verdun (Flint Central)10	Alma/A State .....	5/30/1987
11.7	Evans	Ann Arbor Invitational.....	6/ 7/1987
11.7	Verdun	.....	/1989
11.7	Charnell Lynn (Ysilanti Willow Run)12	[HST] .....	/1995
11.7	Kanisa Williams (Detroit Cass Tech)11	[hst].....	/1996
11.7	Jones	Detroit/PSL .....	5/21/1998
11.7	T. Jones	West Bloomfield/Inv .....	4/17/1999
11.7	Karla Marshall (Detroit Cass Tech)12	D1 Regional.....	5/18/2001
11.7	Tedford	Detroit/PSL .....	5/23/2002
11.7	Katrice Walton (Detroit Cass Tech)12	Detroit/PSL (h) .....	5/23/2002
11.7	Shayla Mahan (Detroit Mumford)10	Rockford/D1 State (s) (ok).....	6/ 4/2005
11.7	Baisden	Bloomfield Hills/D2 Regional .....	5/21/2010
11.7	Baisden	Bloomfield Hills/D2 Regional .....	5/20/2011
11.7	Sydney Cureton (Detroit Country Day)12	Bloomfield Hills/D2 Regional .....	5/12/2012
11.7	Tiffani Owens (Ortonville-Brandon)11	Ortonville/D1 Regional.....	5/18/2012
11.7	Jefferson	Grosse Pointe/D1 Regional .....	5/18/2012

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – www.michrack.org

11.8	Jackie Jones (Detroit Cooley)	...../1982
11.8	Janice Norris (Lansing Sexton)11	...../1982
11.8	Angie Prince (Detroit Pershing)11	...../1983
11.8	Audrey Jarrell (Detroit Osborne)	...../1985
11.8	Yvette Smiley (Detroit Central)10	Michigan TAC ..... 6/27/1987
11.8	Danielle Pierce (Detroit Cass Tech)10	Detroit/Michigan TAC ..... 6/25/1988
11.8	Humphrey (Novi)	..... 5/ /1989
11.8	Chandra Burns (Detroit Northern)12	Detroit/Operation Friendship ..... 5/29/1993
11.8	Emily Higgins (Detroit Cass Tech)11	Midland/A State ..... 6/ 4/1994
11.8	Christina Peterson (Midland Dow)11	A Regional ..... 5/17/1997
11.8	Michele Davis (Lansing Sexton)12	CAC ..... 5/20/1998
11.8	Crystal Lee (Detroit Cass Tech)12	D1 Regional ..... 5/18/2001
11.8	Ashley Hines (Benton Harbor)10	St Joseph/dual ..... 5/ 4/2004
11.8	Tenisha Griggs (Southfield Lathrup)12	Flint/Mott Relays ..... 5/15/2004
11.8	Porsche Ries (Detroit Mumford)11	Detroit/PSL Champs ..... 5/27/2004
11.8	Alisha Cole (Cadillac)11	Gaylord/D2 Regional ..... 5/21/2005
11.8	Bridgette Owens-Mitchell (Southfield)9	West Bloomfield/dual ..... 4/24/2007
11.8	Jordan Clark (Southfield Lathrup)9	Southfield/dual ..... 4/15/2008
11.8	Dani Drayton (Troy)10	Warren/D1 Regional ..... 5/16/2008
11.8	Charlotte Cahill (North Farmington)12	Farmington/tri ..... 4/15/2009
11.8	Sekayi Bracey (East Kentwood)9	Holt/D1 Regional (s) ..... 5/17/2013
11.9	Pallastean Harris (Montrose)	...../1980
11.9	Donna Smith (Detroit Lutheran West)10	...../1981
11.9	Filipa Smith (Grand Rapids Ottawa Hills)	...../1982
11.9	Lisa McCoy (Pontiac Northern)	...../1983
11.9	Marita Rimpson (Benton Harbor)11	A State ..... 6/ 2/1984
11.9	Tammy Greene (Lansing Everett)	...../1985
11.9	Trinette Johnson (Detroit Cass)10	Highland Park/A Reg(s) ..... 5/16/1987
11.9	Nicole Embry (Detroit DePorres)12	B Regional ..... 5/19/1990
11.9	Heather Brown (Ann Arbor Pioneer)12	Grand Rapids/A State ..... 6/ 1/1991
11.9	Sarah Bailey (Wyandotte Roosevelt)	[Track Results] ...../1991
11.9	Alanna Mestelle (White Pigeon)11	Centreville/St Joe Valley ..... 5/20/1998
11.9	Melanie Williams (Detroit King)10	Detroit/PSL ..... 5/21/1998
11.9	Shayna Sangster (Lansing Sexton)12	Ann Arbor/Inv ..... 5/10/2003
11.9	Candice Davis (Ann Arbor Pioneer)12	Ann Arbor/D1 Regional ..... 5/16/2003
11.9	Tiffany Ofili (Ypsilanti)12	Chelsea/D2 Regional ..... 5/21/2005
11.9	Ra'Jae Marable (Ann Arbor Pioneer)12	Saline/D1 Regional ..... 5/18/2007
11.9	Ariel Hatcher (Monroe)11	Dearborn/Mega Red ..... 5/22/2007
11.9	Erica Mann (Battle Creek Lakeview)12	Charlotte/D2 Regional ..... 5/18/2007
11.9	Kathrine Wright (Eaton Rapids)12	Eaton Rapids/CAAC Gold ..... 5/21/2008
11.9	Ashlee Abraham (Detroit Renaissance)12	Detroit/USATF State ..... 6/13/2009
11.9	LaMicah Highbanks (Ann Arbor Huron)11	Saline/D1 Regional ..... 5/21/2010
11.9	Khyli Ray (Salem)12	Novi/dual ..... 4/23/2013
11.9	Ava Qe'Neisha Young (East Kentwood)11	Kentwood/OK Red ..... 5/10/2019
<b>Wind-aided:</b>		
11.2	Shayla Mahan (Detroit Mumford)11	Detroit/PSL ..... 5/25/2006
11.3	Mahan	Warren/D1 Regional ..... 5/20/2005
11.4	Mahan	Detroit/Mustang Inv ..... /2006
11.5	Chanell Wright (Southfield)9	Lake Orion/Oakland County ..... 5/23/2003
11.6	Alfreda Daniels (Detroit Cass Tech)11	USA Ch (s) ..... 7/ 1/1972
11.7	Michelle Bishop (Grand Haven)11	Benton Harbor/Gray Inv ..... 5/ 9/1987
11.7	Helen Green (Okemos)	...../1990
11.7	Nicolette Harrington (Southfield)	Lake Orion/Oakland County ..... 5/23/2003
11.8	Krystal Watkins (Saginaw)10	Kalamazoo/Lady Knights ..... 4/30/1999
11.8	Tiarra Jones (Detroit Cass Tech)11	Detroit/PSL ..... 5/27/1999
11.8	Jeanetta Stutts (Detroit Mumford)10	Detroit/dual ..... 4/15/2003
11.8	Ashley Heggins (Lansing Everett)11	Lowell/D1 Regional ..... 5/17/2008
<b>150 METERS</b>		
18.96	Nonah Waldron (Oak Park)9	Oak Park/Mini Meet ..... 7/23/2020
19.09	Mackenzie Robinson (Ann Arbor Huron)9	Oak Park/Mini Meet ..... 7/23/2020

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19.25 Fatouma Conde (Ann Arbor Huron)11 Oak Park/Mini Meet .....7/23/2020

**200 METERS**

23.01	Kaila Jackson (Detroit Renaissance)11	Humble/AAU JO (s) (1.4).....8/ 4/2021
23.34	Jackson	Humble/AAU JO (-1.3).....8/ 6/2021
23.42	Kendall Baisden (Detroit Country Day)9	Norfolk/AAU JO (s) (-0.2).....8/ 5/2010
23.45	Jackson	Las Vegas/AAU West Coast (h) (0.9) .....7/10/2021
23.49	Shayla Mahan (Detroit Mumford)11	Greensboro/USATF Youth(h) (1.4).....6/29/2006
23.51	Jackson	Rockford/D1 State (1.3).....6/ 4/2022
23.52	Anavia Battle (Wayne Memorial)12	Oak Park/Motor City Classic.....7/16/2017
23.52	Jackson	Philadelphia/NB Nationals (-0.3).....6/19/2022
23.53	Kyra Jefferson (Detroit Cass Tech)11	Eugene/USA Juniors (h) (1.8).....6/25/2011
23.54	Mahan	Greensboro/USATF Youth (-1.0).....7/ 1/2006
23.54	Jackson	Eugene/USATF U20 Champs (-0.6) .....6/25/2022
23.55	Battle	Ypsilanti/AAU Junior Olympics (h) (1.4)...8/ 1/2017
23.56	Mahan	Baltimore/USATF Junior Oly (0.9).....7/29/2006
23.57	Jackson	Eugene/USATF U20 Champs (h) (-0.5) .6/25/2022
23.60	Battle	Ypsilanti/AAU Junior Olympics (0.9) .....8/ 5/2017
23.63	Jackson	Humble/AAU JO (h) (0.8).....8/ 2/2021
23.66	Mahan	Indianapolis/USA Junior Ch (h)(-0.4) .....6/23/2006
23.69	Baisden (Bloomfield St Regis)	Greensboro/USATF JO (-0.7).....8/ 1/2009
23.69	Jackson	Detroit/City Champs.....5/29/2021
23.71	Mahan	Indianapolis/USA Junior Ch (0.9).....6/23/2006
23.71	Jackson	Farmington/D1 Regional (-0.6) .....5/22/2021
23.71	Leeah Burr (Detroit Renaissance)11	Humble/AAU JO (s) (1.4).....8/ 4/2021
23.72	Battle	Detroit/AAU JO Regional (h).....6/30/2017
23.74	Mahan	Kentwood/D1 State (0.9) .....6/ 3/2006
23.74	Fatouma Conde (Ann Arbor Huron)12	Eugene/Nike Outdoor (1.2).....7/ 2/2021
23.75	K. Jefferson	Eugene/USA Juniors (0.9) .....6/25/2011
23.77	Chloe Abbott (Northville)12	Greensboro/New Balance Nat. (h) (1.2) .6/19/2016
23.78	Jackson	Detroit/AAU Region 12 .....6/30/2019
23.81	Mahan	Millersburg/USATF Region V (nwi) .....7/ 9/2006
23.81	K. Jefferson	Fort Wayne/Midwest MC.....6/ 9/2012
23.82	Jackson	Philadelphia/NB Nationals (h) (1.4).....6/18/2022
23.87	K. Jefferson	Rockford/D1 State (1.1).....6/ 4/2011
23.87	Battle	Ypsilanti/AAU Junior Olympics (s) (-1.1)..8/ 3/2017
23.89	Mahan	Kentwood/D1 State (s) (0.0) .....6/ 2/2007
23.89	Jackson	Rockford/D1 State (h) (-1.0) .....6/ 4/2022
23.90	Tamea McKelvy (Oak Park)11	Greensboro/New Balance Nat. (h) (2.0) .6/19/2016
23.90	Taylor Manson (East Lansing)12	Holt/D1 Regional.....5/19/2017
23.90	Battle	Detroit/AAU JO Regional .....7/ 2/2017
23.91	Porsche Ries (Hazel Park)12	Indianapolis/USATF Junior Oly (-0.5) .....7/30/2005
23.91	Mahan	Dayton/Roosevelt Inv.....5/ 6/2006
23.92	Battle	Greensboro/New Balance Nat. (h) (1.2) .6/19/2016
23.93	Comari Hawkins (East Lansing)11	Humble/AAU JO (s) (1.4).....8/ 4/2021
23.93	Kamryn Tatum (West Bloomfield)9	Philadelphia/NB Nationals (1.5).....6/17/2023
23.93	Tatum	Des Moines/AAU Junior Olympics (-0.6) .8/ 4/2023
23.94	Mahan	Baltimore/USATF Jr Oly (h) (0.3) .....7/27/2006
23.96	Burr	Greensboro/NB Nationals (-0.6) .....6/13/2019
23.97	Ries	Indianapolis/USATF Jr Oly (h) (-0.3).....7/28/2005
23.97	Mahan	Dayton/Roosevelt Inv (h) .....5/ 5/2006
23.97	K. Jefferson	Myrtle Beach/Youth Trials (-2.4).....6/29/2011
23.97	Burr	Humble/AAU JO (h) (1.9).....8/ 2/2021
23.98	Charnell Lynn (Ypsilanti Willow Run)12	Indianapolis/Midwest MOC .....6/10/1995
23.98	Sekayi Bracey (East Kentwood)9	Ypsilanti/AAU JO (1.7).....8/ 3/2013
23.98	Bracey	Rockford/D1 State (0.5).....5/31/2014
23.98	McKelvy	Detroit/AAU JO Regional .....7/ 2/2016
23.98	Burr	Las Vegas/AAU West Coast (h) (0.7) .....7/10/2021
23.99	Hawkins	Humble/AAU JO (h) (0.1).....8/ 2/2021

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24.01	Jackson	Kentwood/D1 State (-5.1) .....	6/ 5/2021
24.02	Vivian McKenzie (Detroit Chadsey)12	St. Louis.....	7/11/1982
24.02	Battle	Canton/D1 Regional .....	5/20/2016
24.02	Zoe Eby (Carleton Airport)11	Oberlin/USATF JO Regional (1.8).....	7/11/2016
24.02	Eby	Oberlin/USATF JO Regional (1.8).....	7/10/2017
24.02	Eby	Ypsilanti/AAU Junior Olympics (h) (-0.2)..	8/ 1/2017
24.02	Tatum	Farmington/Inv (0.0) .....	5/ 6/2023
24.03	Baisden	Ypsilanti/AAU Junior Oly (0.6).....	7/12/2008
24.03	Baisden	Ypsilanti/AAU JO (h) (-2.2).....	7/30/2013
24.03	Anna Jefferson (Oak Park)10	Rockford/D1 State (0.5).....	5/31/2014
24.03	Abbott	Hudsonville/D1 State (0.0).....	6/ 4/2016
24.03	Jackson	Detroit/AAU Region 12 (h).....	6/29/2019
24.04	K. Jefferson	Greensboro/New Balance (h) (0.4).....	6/18/2011
24.04	K. Jefferson	Myrtle Beach/Youth Trials (h) (-4.1) .....	6/28/2011
24.04	McKelvy	Jackson/Janke Inv .....	4/28/2017
24.04	Eby	Ypsilanti/AAU Junior Olympics (0.9) .....	8/ 5/2017
24.04	Jackson	Kentwood/D1 State (-0.2) .....	6/ 1/2019
24.05	Hawkins	Milford/D1 Regional .....	5/21/2021
24.06	Tracey Ball (Detroit Cass Tech)12	Detroit/PSL [-] .....	5/21/1998
24.06	Baisden	Greensboro/Nike Outdoor (-0.6).....	6/20/2009
24.06	Battle	Saline/Golden Triangle .....	5/ 6/2016
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24.18	Mackenzie Robinson (Ann Arbor Huron)11	Greensboro/AAU Junior Oly (s) (-0.2).....	8/ 3/2022
24.20	Danielle Pierce (Detroit Cass Tech)9	Syracuse.....	8/10/1987
24.20	Aasia Laurencin (Oak Park)10	Des Moines/AAU Junior Oly (h) (1.8).....	7/31/2018
24.21+	Carmann Rivers (Detroit MacKenzie)11	Lincoln, Ne[24.35y] .....	8/14/1977
24.25	Melanie Williams (Southfield)11	Omaha/USATF JO (2.0) .....	7/31/1999
24.26	Crystal Braddock (Ann Arbor Pioneer)12	Indianapolis/Midwest MOC .....	6/10/1989
24.29	Torisa Johnson (Ann Arbor Pioneer)12	Humble/AAU Junior Olympics (h) (1.0)....	8/ 2/2016
24.32	Savannah Roberson (Ypsilanti Lincoln)11	Ypsilanti/AAU JO (s) (-1.2).....	8/ 1/2013
24.34	Janae Barksdale (Oak Park)10	Oak Park/Motor City Classic.....	7/16/2017
24.36	Dynasty McGee (Ypsilanti)12	Fort Wayne/Midwest Meet .....	6/11/2011
24.38+	Elaine Jones (Detroit Chadsey)10	[24.52y].....	/1979
24.38	Jewel Davis (Plymouth)11	Norfolk/AAU Junior Olympics (h) (1.2)....	8/ 4/2015
24.38	Ryen Draper (Plymouth)12	Kentwood/D1 State (h) (0.6).....	6/ 3/2017
24.39	Payten Williams (Bridgeport)11	Olivet/USATF Junior Olympic Regional ...	7/ 8/2018
24.42	Cayla Hawkins (East Lansing MacDonald)6	Des Moines/AAU Junior Olympics (0.4)....	8/ 4/2023
24.45	Patrice Verdun (Flint Central)11	Tallahassee, Fl/TACJr [0.0].....	6/24/1988
24.48	Heather Brown (Ann Arbor Pioneer)12	[hst].....	/1991
24.50	Leslie Aririguzo (West Bloomfield)11	Columbus/AAU JO Region 6A.....	7/ 8/2007
24.50	Isabella Davis (Rochester H Stoney Creek)10	Kentwood/D1 State (h) (0.7) .....	6/ 3/2017
24.51	BreeAna Bates (Dearborn Edsel Ford)12	Olivet/Midwest Meet (-0.5).....	6/12/2021
24.52	Teneisha Griggs (Southfield Lathrup)12	Delaware/Midwest Meet (-0.9).....	6/12/2004
24.52	Taryn Henderson (Farmington Hills Mercy)10	Farmington/Inv (0.0) .....	5/ 6/2023
24.53	Elise Brown (Jackson)10	Southfield/Michigan AAU .....	6/18/2006
24.55	LaTosha Jollett (Detroit Renaissance)12	Grand Rapids/D2 State.....	6/ 1/2002
24.56	Jordan Clark (Southfield Lathrup)9	Ypsilanti/AAU Junior Oly (h) (-0.3).....	7/29/2008
24.56	Brooke Gray (Brighton)12	Milford/D1 Regional .....	5/21/2021
24.57	Molly Brennan (Waterford Kettering)11	Lincoln/AAU Junior Oly (24.71y).....	8/14/1977
24.57	Alona Olshevskva (Westland Glenn)12	Canton/D1 Regional (h) .....	5/18/2018
24.58	Cindy Ofili (Ann Arbor Huron)12	Ypsilanti/Steeb .....	5/29/2012
24.61	Keyanna O'Tey (Sturgis)10	Grand Rapids/D2 State (0.1) .....	6/ 3/2023
24.62	Paige Patterson (Dearborn Divine Child)12	Ypsilanti/AAU JO (s) (1.7).....	8/ 1/2013
24.63	Sammy Cuneo (Rockford)11	Rockford/D1 State (0.5).....	5/31/2014
24.63	Taylor Korytkowski (Rockford)11	Kentwood/D1 State (-0.2) .....	6/ 1/2019
24.64	Brooke Bogan (Ann Arbor Huron)11	Greensboro/New Balance Nat. (h) (1.8) ..	6/17/2016
24.64	Kate Zang (Rockford)12	Grand Haven/D1 Regional (-).....	5/20/2022
24.64	Alexys Wilson (Ypsilanti Lincoln)12	Philadelphia/NB Nationals (1.3).....	6/19/2022
24.65	Kiesha Spight (Detroit King)11	Detroit/PSL .....	5/21/1998
24.65	Elizabeth Anderson (New Boston Huron)12	Grand Rapids/D2 State (0.1) .....	6/ 3/2023
24.66	Cathy Fitzpatrick (Musk. Mona Shores)11	TAC Junior Olympics [+0.1] .....	8/ 2/1981



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24.66	Ashley Hines (Benton Harbor)12	Kentwood/D1 State (0.9) .....	6/ 3/2006
24.66	Angie Ritter (Frankenmuth)12	Granville/Midwest Meet (1.6) .....	6/14/2014
24.67	Tiarra Jones (Detroit Cass Tech)12	Rockford/Div1 State (-1.4) .....	6/ 3/2000
24.67	Erin Humphrey (Ypsilanti Lincoln)12	Southfield/Michigan AAU .....	6/18/2006
24.69	Jessica Jones (Detroit Mumford)12	Rockford/D1 State (h) (ok).....	6/ 4/2005
24.70	Grace Gohl (Rockford)9	Wyandotte/MITCA D1 (1.2).....	5/27/2017
24.70	Reynei Wallace (Clinton Twp Chippewa V)10	Ypsilanti/AAU Junior Olympics (h) (0.9) .....	8/ 1/2017
24.71	Michele Davis (Lansing Sexton)11	Rockford/A State.....	5/31/1997
24.71	Katrice Walton (Detroit Cass Tech)12	Knoxville/AAU Junior Oly (1.8) .....	8/10/2002
24.71	Maya Rollins (Ann Arbor Pioneer)11	Rockford/D1 State (h) (0.7).....	6/ 3/2023
24.72	Sophie Smith (Rochester Adams)12	Ortonville/D1 Regional.....	5/17/2013
24.72	Kylee Poulton (Holland Black River)12	Comstock Park/Michiana Timing (-0.2) .....	5/24/2022
24.74	Vania Nelson (Ann Arbor Pioneer)12	Windsor .....	6/ 1/1992
24.75	Landria Buckley (Romulus)11	New Orleans/AAU Jr Oly (h) (-0.2) .....	8/ 6/2005
24.75	Willow Mason (Saginaw White Pine)8	Rochester Hills/USATF JO Reg (1.1).....	7/ 9/2023
24.77	Priscilla Trainor (Lansing Waverly)10	Lansing/D1 Regional .....	5/18/2018
24.78	Diisa Swint-Cook (Oak Park)12	Rockford/D1 State (-2.8).....	6/ 5/2010
24.78	Mackenzie Fields (Berkley)11	Des Moines/AAU Junior Oly (s) (-0.8).....	8/ 2/2018
24.79	Katrina Drayton (Troy)12	Knoxville/AAU Junior Oly (s) (1.9) .....	8/ 2/2007
24.80	Shameakia Dunwoody (Detroit Cass Tech)9	Ann Arbor.....	7/8/1989
24.80	Lela Nelson (Detroit Mumford)12	Dayton/Roosevelt Memorial.....	5/ 5/2001
24.80	Elise Glass (Dearborn Edsel Ford)11	Kentwood/D1 State (-1.5) .....	6/ 2/2007
24.80	Jade Sabir (Canton)11	Kentwood/D1 State (0.7) .....	6/ 2/2018
24.81	Carly Knazze (Southfield)11	Auburn/A State [1.0].....	5/30/1998
24.81	Amani Nuels (Jackson)11	Kentwood/D1 State (h) (-0.2).....	6/ 2/2018
24.81	Chloe Vines (Oak Park)9	Farmington/D1 Regional (-2.0) .....	5/18/2019
24.82	Nicole Wilson (Ypsilanti)12	Midland/A State.....	6/ 2/1990
24.82	Julie Johnson (Laingsburg)11	Comstock Park/D3 State .....	6/ 1/2002
24.82	Chloe Foster (Ann Arbor Skyline)12	Wyandotte/MITCA D1 (1.2).....	5/27/2017
24.83	Yasmine Jones (Auburn Hills Avondale)12	Fort Wayne/Midwest Meet .....	6/11/2011
24.84	Cheryl Gillium (Detroit Cass Tech)11	Westwood/USA Junior Ch (h) (-1.5).....	6/14/1976
24.84	Yvette Smiley (Detroit Central)10	Alma/A State(p).....	5/30/1987
24.84	Jasmine Ward (Novi)11	Rockford/D1 State (s) (1.8).....	6/ 4/2011
24.84	Kyana Evans (Wyandotte Roosevelt)12	Kentwood/D1 State (h) (-0.7).....	6/ 3/2017
24.85	Keyria Calloway (Detroit Crockett)11	Comstock Park/D3 State .....	6/ 3/2006
24.85	Sydni Clark (Southfield)9	Southfield/Michigan AAU .....	6/18/2006
24.86	Shuntia Lucas (Benton Harbor)12	Delaware/Midwest Meet (-0.3).....	6/14/2003
24.87	Brianna Nixon (Detroit MS)8	Ypsilanti/AAU Junior Olympics (s) (0.6) .....	7/31/2008
24.87	Reynei Wallace (Clinton Twp Chippewa V)11	Kentwood/D1 State (h) (0.2) .....	6/ 2/2018
24.88	Chandra Burns (Detroit Northern)12	Grand Rapids/A State .....	6/ 5/1993
24.88	Madison Meredith (Beverly Hills Groves)12	Waterford/Oakland County (0.0) .....	5/27/2016
24.89	Chanel Gardner (Livonia Churchill)12	Dexter/Steeb.....	5/31/2016
24.90	Marita Rimpson (Benton Harbor)12	A State .....	6/ 1/1985
24.90	Kristie Mullins (Highland Park)11	St Louis/Junior Olympics .....	8/11/1986
24.90	Paris Parnell (Detroit Renaissance)12	Grosse Pointe/D1 Regional .....	5/17/2013
24.91	Reghan Draper (Plymouth)11	Kentwood/D1 State (h) (0.9) .....	6/ 2/2018
24.91	Olivia Jenkins (Detroit Renaissance)12	Detroit/City Champs.....	5/28/2022
24.92	Britten Bowen (Ann Arbor Pioneer)11	Oak Park/Motor City Classic.....	7/16/2017
24.94	Tiffany Simon (Redford Borgess)12	Saginaw/C State .....	6/ 5/1999
24.95	Jayla Dace (Detroit Renaissance)10	Dearborn/Carpenter Inv .....	5/ 6/2023
24.97	DaKya Cunningham (Berkley)12	Rockford/D1 State (h) (1.9).....	6/ 3/2023
24.98	Erica Mann (Battle Creek Lakeview)12	Jackson/Midwest Meet .....	6/ 9/2007
24.98	Sami Michell (Reed City)12	Comstock Park/D3 State .....	6/ 1/2013
24.98	Jada Roundtree (Oak Park MS)8	Oak Park/Motor City Classic.....	7/16/2017
24.99	Shirley Evans (Birmingham Country Day)9	Iowa City.....	8/10/1985
25.00	Teneishia Price (Benton Harbor)12	Grand Rapids/D2 State.....	6/ 1/2002
25.00	Josie Yesmunt (DeWitt)12	Grand Rapids/D2 State.....	5/31/2014
25.01	Shuray Hale (Detroit MS)7	Ypsilanti/AAU Junior Oly (sf) (1.8) .....	7/28/2003
25.01	Ashlee Abraham (Detroit Renaissance)10	Zeeland/D2 State.....	6/ 2/2007
25.01	Maya Long (Ann Arbor Huron)12	Saline/D1 Regional (0.8).....	5/18/2012
25.01	Rose Russo (Jenison)9	Rockford/D1 State (0.5).....	5/31/2014

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

25.01	Ava Qe'neisha Young (East Kentwood)10	Macomb/MITCA D1 .....	5/26/2018
25.02	Taylor Manson (Lansing Waverly)9	Grand Rapids/D2 State.....	5/31/2014
25.02	Trinity Bracey (East Kentwood)11	Grand Haven/D1 Regional.....	5/17/2019
25.03	Candice Davis (Ann Arbor Pioneer)11	Rockford/D1 State (-).....	6/ 1/2002
25.03	Shayla France (L'Anse Creuse)10	Des Moines/AAU JO (h) (1.1).....	8/ 4/2009
25.03	Jessica Howell (Rochester Adams)12	Ortonville/D1 Regional.....	5/17/2013
25.04	Cindy Mitchell (Portage Central)12	Indianapolis/Midwest MOC.....	6/10/1995
25.04	Jennifer Lawson (Detroit Renaissance)11	Lexington/USATF JO Reg(h).....	7/15/2000
25.04	Ilesha Davis (Romulus)12	Wyandotte/Metro Classic.....	5/13/2017
25.04	Lailah Palmer (Beverly Hills Groves)12	Detroit/D1 Regional (h) (1.8).....	5/20/2023
25.05	Michelle Bishop (Grand Haven)11	Alma/A State .....	5/30/1987
25.05	Akila Washington (Detroit King)11	Detroit/PSL .....	5/21/1998
25.06	Jovonne Tyson-King (Pontiac Northern)9	Millersburg/USATF Region V (h).....	7/ 9/2006
25.06	Asia Gardner (Westland Glenn)12	Oberlin/USATF JO Regional (1.8).....	7/11/2016
<b>Wind-aided:</b>			
22.85	Kaila Jackson (Detroit Renaissance)11	Las Vegas/AAU West Coast.....	7/11/2021
23.38	Shayla Mahan (Detroit Mumford)11	Millersburg/USATF Region V (nwi).....	7/ 9/2006
23.59	Kendall Baisden (Detroit Country Day)12	Ypsilanti/AAU Regional.....	6/30/2013
23.61	Sekeyi Bracey (East Kentwood)9	Ypsilanti/AAU Regional.....	6/30/2013
23.65	Fatouma Conde (Ann Arbor Huron)12	Eugene/Nike Outdoor (2.6).....	7/ 2/2021
23.76	Baisden	Greensboro/Nike Outdoor (3.2).....	6/20/2009
23.82	Savannah Roberson (Ypsilanti Lincoln)11	Ypsilanti/AAU Regional.....	6/30/2013
23.83	Kyra Jefferson (Detroit Cass Tech)12	Kentwood/D1 State (3.3).....	6/ 2/2012
23.83	Tamea McKelvy (Oak Park)12	Oxford/Ball Inv .....	4/22/2017
23.83	Jackson (Detroit Grand River)8	Des Moines/AAU Junior Oly (s) (2.5).....	8/ 2/2018
23.84	Conde	Saline/D1 Regional (2.1).....	5/21/2021
23.85	Jackson	Farmington/NB Inv (h) (3.1).....	5/ 7/2022
23.86	Leeah Burr (Detroit Renaissance)9	Detroit/PSL (h).....	5/25/2019
23.89	Roberson	Ypsilanti/AAU JO (2.3).....	8/ 3/2013
23.95	Mahan	Indianapolis/USATF Juniors (2.3).....	6/22/2007
23.96	Brooke Gray (Brighton)12	Detroit/AAU Regional.....	7/ 4/2021
23.97	Porsche Ries (Hazel Park)12	Wooster/AAU Region VI (nwi).....	7/ 3/2005
23.97	McKelvy	Farmington Hills/D1 Regional .....	5/21/2016
23.99	Mahan	Kentwood/D1 State (s) (3.2).....	6/ 3/2006
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24.06	Comari Hawkins (East Lansing)11	Detroit/AAU Regional.....	7/ 4/2021
24.26	Colette Savage (Bay City Glenn)12	Indianapolis/Midwest MOC (4.8).....	6/ 9/1990
24.10	Kamryn Tatum (West Bloomfield)9	Rockford/D1 State (3.6).....	6/ 3/2023
24.26	Zoe Eby (Carleton Airport)12	Zeeland/D2 State (2.3).....	6/ 3/2017
24.32	Melanie Williams (Southfield)11	Berea/AAU Nat JO(s) (2.1).....	8/ 5/1999
24.32	Katrina Drayton (Troy)12	Cedarville/USATF JO Reg 5 (3.7).....	7/15/2007
24.32	Asia Laurencin (Oak Park)10	Dearborn/Carpenter Inv .....	5/ 5/2018
24.36	Mackenzie Robinson (Ann Arbor Huron)11	Saline/D1 Regional (SSW 28-37-mph) ...	5/20/2022
24.39	Nicole Wilson (Ypsilanti)12	Fresno/USA Jr Ch (h) [4.0] .....	7/ 1/1990
24.39	Leslie Aririguzzo (West Bloomfield)11	Cedarville/USATF JO Reg 5 (3.7).....	7/15/2007
24.42	Tracey Ball (Detroit Cass Tech)10	[hst].....	1/1996
24.45	Crystal Braddock (Ann Arbor Pioneer)11	Ypsilanti/A State.....	6/ 4/1988
24.47	Teneisha Griggs (Southfield Lathrup)12	Rockford/D1 State (5.0).....	6/ 5/2004
24.49	Alexys Wilson (Ypsilanti Lincoln)12	Saline/D1 Regional (SSW 28-37-mph) ...	5/20/2022
24.51	Elise Brown (Jackson)10	Norfolk/AAU Junior Oly (s) (2.1).....	8/ 5/2006
24.51	Lailah Palmer (Beverly Hills Groves)12	Rockford/D1 State (h) (3.3).....	6/ 3/2023
24.52	Tierra Jones (Detroit Cass Tech)12	Detroit/PSL .....	5/25/2000
24.53	Taryn Henderson (Farmington Mercy)10	Rockford/D1 State (3.6).....	6/ 3/2023
24.54	Diisa Swint-Cook (Oak Park)12	Norfolk/AAU JO (s) (3.3).....	8/ 5/2010
24.55	Paige Patterson (Dearborn Divine Child)12	Ypsilanti/AAU JO (2.3).....	8/ 3/2013
24.55	Anna Jefferson (Oak Park)10	Farmington Hills/D1 Regional (s).....	5/17/2014
24.56	Jayla Dace (Detroit Renaissance)10	Rockford/D1 State (3.6).....	6/ 3/2023
24.60	Charnell Lynn (Inkster)10	Knoxville/AAU JO(h).....	7/ ?/1993
24.62	Erin Humphrey (Ypsilanti Lincoln)11	Wooster/AAU Region VI .....	7/ 3/2005
24.62	Asaundra Dalton (Detroit Renaissance)12	Edwardsville/USA Youth (2.9).....	6/29/2013
24.63	Isabella Davis (Rochester H Stoney Creek)10	Oxford/Ball Inv .....	4/22/2017

**Michigan Girls All-Time Lists - Outdoors**  
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24.64	Jessica Jones (Detroit Mumford)11	Rockford/D1 State (5.0).....	6/ 5/2004
24.65	Tenisha Griggs (Southfield Lathrup)11	Dayton/Roosevelt Inv.....	5/ 3/2003
24.66	Michele Davis (Lansing Sexton)11	Rockford/A State(s).....	5/31/1997
24.66	Ashley Hines (Benton Harbor)12	Kentwood/D1 State (s) (2.3) .....	6/ 3/2006
24.67	Mya Georgiadis (Ann Arbor Huron)12	Saline/D1 Regional (SSW 28-37-mph) ...	5/20/2022
24.71	Patrice Verdun (Flint Central)11	Ypsilanti/A State.....	6/ 4/1988
24.72	Kanisa Williams (Detroit Cass Tech)12	Delaware/Midwest MC (3.5) .....	6/14/1997
24.76	Carly Knazze (Southfield)12	Dayton/Roosevelt .....	5/ 1/1999
24.76	Victoria Chatman (Taylor Kennedy)12	Cedarville/USATF JO Region 5 (3.7) .....	7/15/2007
24.76	Elise Glass (Dearborn Edsel Ford)12	Jackson/Midwest Meet (3.2) .....	6/14/2008
24.77	Alisha Cole (Cadillac)9	Caledonia/D2 State.....	5/31/2003
24.80	Paige Patterson (Dearborn Divine Child)8	Des Moines/AAU JO (h) (3.6).....	8/ 4/2009
24.80	Mackenzie Fields (Berkley)11	Des Moines/AAU Junior Oly (h) (3.4).....	7/31/2018
24.80	Chloe Vines (Oak Park)10	Detroit/AAU Regional.....	7/ 4/2021
24.83	Sammy Cuneo (Rockford)12	Rockford/D1 (2.4) .....	5/30/2015
24.87	Taylor Manson (East Lansing)10	Norfolk/AAU Junior Olympics (h) (2.3).....	8/ 4/2015
24.87	Madison Meredith (Beverly Hills Groves)12	Farmington Hills/D1 Regional .....	5/21/2016
24.90	Crystal Lee (Detroit Cass Tech)11	Detroit/PSL .....	5/25/2000
24.90	Olivia Jenkins (Detroit Renaissance)11	Las Vegas/AAU West Coast .....	7/11/2021
24.93	Maya Long (Ann Arbor Huron)12	Kentwood/D1 State (3.3) .....	6/ 2/2012
24.93	Alexys Wilson (Ypsilanti Lincoln)11	Saline/D1 Regional (2.1).....	5/21/2021
24.93	Keyanna O'Tey (Sturgis)10	Vicksburg/Tri [WNW14-20] .....	5/ 3/2023
24.93	Willow Mason (Saginaw White Pine)8	Rochester Hills/USATF JO Reg (h) (2.1) .	7/ 9/2023
24.94	Janae Barksdale (Oak Park)9	Detroit/AAU JO Regional (h).....	7/ 2/2016
24.95	Katrice Walton (Detroit Cass Tech)9	Berea/AAU Nat JO (s) (2.1) .....	8/ 5/1999
24.97	Akili Echols (Farmington)11	Farmington Hills/D1 Regional .....	5/21/2016
24.98	Devin Johnston (Almont)12	Kent City/D3 State (2.7).....	6/ 3/2023
24.99	Grace Stark (White Lake Lakeland)10	Milford/D1 Regional (2.7).....	5/19/2017
24.99	Tiffany Cernej-Garcia (Ann Arbor Pioneer)12	Ann Arbor/Tri.....	5/ 1/2018
25.02	Gabrielle Jeffries (Bloomfield Hills)10	Detroit/AAU Regional.....	7/ 4/2021
25.06	Landria Buckley (Romulus)12	Kentwood/D1 State (s) (2.3) .....	6/ 3/2006
<b>Hand-timed: (+ = y - .1)</b>			
23.5	Shayla Mahan (Detroit Mumford)11	Detroit/PSL .....	5/25/2006
23.7	Kyra Jefferson (Detroit Cass Tech)12	Grosse Pointe/D1 Regional .....	5/18/2012
23.8	Jessica Jones (Detroit Mumford)11	Detroit/PSL Champs .....	5/27/2004
23.8	Mahan	Warren/D1 Regional .....	5/18/2007
23.9	Cathy Fitzpatrick (Muskegon M Sh)11	Los Angeles/USA Junior Ch.....	6/30/1981
24.0	Cheryl Gillium (Detroit Cass Tech)11	Scarborough .....	8/ 7/1976
24.0	Elaine Jones (Detroit Chadsey )10	Dayton .....	7/ 8/1979
24.0	Danielle Pierce (Detroit Cass Tech)10	Ontario Ch .....	7/18/1987
24.0	Mahan	Warren/D1 Regional .....	5/19/2006
24.1+	Gillium	A Regional .....	5/23/1976
24.1	Mahan	Grand Blanc/Coca Cola Classic .....	5/12/2007
24.1	Elise Glass (Dearborn Edsel Ford)11	Dearborn/Mega Red .....	5/22/2007
24.2+	Linda Blakely (Detroit Northwestern)10	Irvine/USA Junior Ch .....	6/19-20/1973
24.2	Blakely	Scarborough, Ont .....	6/ 1/1974
24.2	Gillium	Kalamazoo.....	7/13/1975
24.2+	Liz Shon (Kalamazoo Central)	.....	/1976
24.2+	Gillium	Memphis .....	8/22/1976
24.2	McKenzie	.....	/1982
24.2	Fitzpatrick	.....	/1983
24.2	Patrice Verdun (Flint Central)11	Tallahassee, Fl/TACJr[0.0].....	6/24/1988
24.2	Tracey Ball (Detroit Cass Tech)12	Redford/A Regional.....	5/15/1998
24.2	Carly Knazze (Southfield)11	Auburn/A State (s) [1.5] .....	5/30/1998
24.2	Michele Davis (Lansing Sexton)12	Auburn/A State (s) [2.0] .....	5/30/1998
24.2	Katrice Walton (Detroit Cass Tech)12	Detroit/PSL .....	5/23/2002
24.2	Tenisha Griggs (Southfield Lathrup)11	Grand Rapids/D1 State (-3.3).....	5/31/2003
24.2	Erica Mann (Battle Creek Lakeview)12	Charlotte/D2 Regional .....	5/18/2007
24.2	Jefferson	Dayton/Roosevelt Memorial.....	5/ 5/2012
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24.3+	Molly Brennan (Waterford Mott)10	.....	/1976

**Michigan Girls All-Time Lists - Outdoors**  
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24.3	Angie Prince (Detroit Pershing)12	Jackson/A State .....	6/ 2/1984
24.3	Tiarra Jones (Detroit Cass Tech)12	Redford/DI Regional .....	5/19/2000
24.4+(A)	Liz Caldwell (Michigamme TC)10	USA Ch .....	8/17/1968
24.4+	Josephine Hobbs (Detroit Central)12	Bloomfield Hills/A State .....	6/ 5/1976
24.4+	Lisa Glenn (Detroit Cody)12	.....	/1978
24.4+	Carrman Rivers (Detroit MacKenzie)12	.....	/1978
24.4+	Kori Gifford (Bloomfield Hills Andover)12	Grand Rapids/A State .....	5/31/1980
24.4	Janice Norris (Lansing Sexton)	.....	/1982
24.4	Filipa Smith (Grand Rapids Ottawa Hills)	.....	/1982
24.4	Latonia Curry (Grand Rapids Ottawa Hills)12	Jackson/A State .....	6/ 2/1984
24.4	Lela Nelson (Detroit Mumford)12	Detroit/dual .....	4/12/2001
24.4	Dynasty McGee (Flint Southwestern)9	Flint/Coca Cola Inv .....	5/ 9/2008
24.4	Sekayi Bracey (East Kentwood)9	Holt/D1 Regional (s) .....	5/17/2003
24.5	Mora Arnold (Chelsea)12	Jackson/Selby Classic .....	5/30/2000
24.5	LaTasha Jollet (Detroit Renaissance)12	Detroit/PSL .....	5/23/2002
24.5	Shuntia Lucas (Benton Harbor)12	Grand Rapids/D1 State (-3.3).....	5/31/2003
24.5	Kendall Baisden (Detroit Country Day)9	Birmingham/Tri scrimmage .....	4/ 5/2010
24.5	Bruiana Dinneed (Buchanan)12	St Joseph/Rotary .....	5/ 3/2013
24.6+	Michelle Morris (Oak Park)82	Grand Rapids/B State .....	/1982
24.6	Kiesha Spight (Detroit King)11	Auburn/A State (s) [1.5] .....	5/30/1998
24.6	Melanie Williams (Southfield)12	Regional .....	5/20/2000
24.6	Julie Johnson (Laingsburg)10	D3 Regional .....	5/18/2001
24.6	Shayna Sangster (Lansing Sexton)12	Ann Arbor/Inv .....	5/10/2003
24.6	Tenisha Griggs (Southfield Lathrup)12	Milford/Oakland County .....	5/28/2004
24.6	Alisha Cole (Cadillac)11	Caledonia/D2 State.....	6/ 4/2005
24.6	Aisha Osborne (Detroit Mumford)11	Detroit/PSL .....	5/22/2008
24.6	Maya Long (Ann Arbor Huron)11	Saline/D1 Regional .....	5/20/2011
<b>Wind-aided:</b>			
23.9	Alona Olshevskva (Westland Glenn)12	Livonia/Tri .....	5/ 1/2018
24.1+	Carrman Rivers (Detroit MacKenzie)11	.....	7/16/1977
24.2	Vivian McKenzie (Detroit Chadsey)12	Flint/A State .....	6/ 5/1982
24.2	Katrice Walton (Detroit Cass Tech)9	Detroit/PSL .....	5/27/1999
24.3	Michelle Bishop (Grand Haven)11	Benton Harbor/Gray Inv .....	5/ 9/1987

## 400 METERS

52.03	Kendall Baisden (Detroit Country Day)12	Des Moines/USA Junior .....	6/22/2013
52.59	Baisden	Des Moines/USA Junior .....	6/26/2010
52.59	Baisden	Medellin/Pan-Am Junior .....	8/25/2013
52.60	Baisden	Bloomington/USA Junior .....	6/17/2012
52.65	Baisden	Des Moines/USA Juniors (h).....	6/25/2010
52.71	Baisden	Norfolk/AAU JO .....	8/ 7/2010
52.74	Baisden	Humble/AAU Junior Olympics .....	8/ 4/2012
52.87	Baisden	Greensboro/New Balance.....	6/18/2011
52.97	Baisden	Myrtle Beach/Youth Trials .....	6/29/2011
53.01	Baisden	Lille/World Youth .....	7/ 8/2011
53.05	Baisden (Bloomfield St Regis MS)	Des Moines/AAU JO .....	8/ 8/2009
53.10	Chloe Abbott (Northville)12	Hudsonville/D1 State .....	6/ 4/2016
53.15	Baisden	Bloomington/USA Junior (h) .....	6/15/2012
53.18	Taylor Manson (East Lansing)12	Greensboro/New Balance Nationals.....	6/18/2017
53.21	Manson	Kentwood/D1 State.....	6/ 3/2017
53.30	Baisden	Ypsilanti/AAU JO .....	8/ 3/2013
53.32	Baisden	Lille/World Youth (s).....	7/ 7/2011
53.33	Baisden	Medellin/Pan-Am Junior (h) .....	8/23/2013
53.34	Manson	Greensboro/New Balance Nationals.....	6/19/2016
53.37	Baisden	Baltimore/USA Junior Olympics (s).....	7/27/2012
53.38	Abbott	Greensboro/New Balance Nationals.....	6/19/2016
53.41	Erin Humphrey (Ypsilanti Lincoln)12	Indianapolis/USATF Junior Ch.....	6/24/2006
53.44	Manson	Humble/AAU Junior Olympics .....	8/ 6/2016
53.50	Anna Jefferson (Oak Park)10	Rockford/D1 State .....	5/31/2014

**Michigan Girls All-Time Lists - Outdoors**  
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53.54	Humphrey	Greensboro/USA Youth Ch .....	7/ 2/2006
53.56	Manson	Hudsonville/D1 State .....	6/ 4/2016
53.61	Baisden	Des Moines/AAU JO (s).....	8/ 7/2009
53.71	Baisden	Des Moines/USA Junior (h) .....	6/21/2013
53.88	Baisden	Myrtle Beach/Youth Trials (h).....	6/28/2011
53.90	Baisden	Baltimore/USA Junior Olympics .....	7/29/2012
53.93	Dynasty McGee (Ypsilanti Lincoln)11	Greensboro/New Balance.....	6/19/2010
53.96	Baisden	Norfolk/AAU JO (h).....	8/ 6/2010
53.98	Manson	Detroit/AAU JO Regional .....	7/ 2/2016
54.00	Jada Roundtree (Oak Park)12	Humble/AAU JO .....	8/ 7/2021
54.01	Manson	Albion/Blazers Inv .....	6/25/2016
54.02	Manson	Saline/Golden Triangle .....	5/ 6/2016
54.10	Baisden	Ypsilanti/AAU JO (h) .....	8/ 2/2013
54.10	Leeah Burr (Detroit Renaissance)11	Humble/AAU JO (h).....	8/ 6/2021
54.13	Jefferson	Greensboro/New Balance.....	6/15/2015
54.14	Baisden	Humble/AAU Junior Olympics (h).....	8/ 3/2012
54.17	Burr	Kentwood/D1 State.....	6/ 1/2019
54.22	Choe Vines (Oak Park)9	Kentwood/D1 State.....	6/ 1/2019
54.27	Abbott	Saline/Golden Triangle .....	5/ 6/2016
54.28	Janae Barksdale (Oak Park)10	Greensboro/New Balance Nationals.....	6/16/2017
54.29+	Delisa Walton (Detroit MacKenzie)11	[54.60y].....	/1978
54.29	Humphrey	Baltimore/USATF Junior Olympics.....	7/30/2006
54.29	Latipha Cross (Southfield)11	Rockford/D1 State .....	6/ 4/2011
54.32	Baisden	Dayton/Roosevelt Memorial.....	5/ 1/2010
54.33	Humphrey	Kentwood/D1 State.....	6/ 3/2006
54.34	Burr	Humble/AAU JO .....	8/ 7/2021
54.39	Vines	Farmington/D1 Regional.....	5/18/2019
54.40	Baisden	Detroit/Shumake Relays .....	4/24/2010
54.40	Comari Hawkins (East Lansing)11	Detroit/AAU Regional.....	7/ 3/2021
54.41	Abbott	Greensboro/New Balance Nationals.....	6/21/2015
54.41	Hawkins	Humble/AAU JO (h).....	8/ 6/2021
54.43	Jefferson	Hudsonville/D1 State .....	6/ 4/2016
54.44	Jefferson	Humble/AAU Junior Olympics .....	8/ 4/2012
54.44	Burr	Farmington/D1 Regional.....	5/18/2019
54.45	Angela Sibbey (Detroit Mumford)11	Carmel/Carmel Classics .....	/1980
54.45	Manson	Humble/AAU Junior Olympics (h).....	8/ 5/2016
54.50	Carly Knazze (Southfield)12	Berea/AAU Nat JO.....	8/ 7/1999
54.50	Jefferson	Oak Park/OAA Gold.....	5/ 8/2014
54.51	Nevaeh Burns (Oak Park MS)8	Des Moines/AAU Junior Olympics .....	8/ 3/2013
54.53	Burr	Las Vegas/AAU West .....	7/10/2021
54.56	Cross	Myrtle Beach/Youth Trials (h).....	6/28/2011
54.58	Baisden	Grand Rapids/D2 State.....	6/ 2/2012
54.59	Burr	Las Vegas/AAU West (h) .....	7/ 9/2021
54.61	McGee	Carolina/Caribbean Scholastic Inv.....	6/ 5/ 2010
54.63	Jefferson	Delaware/Midwest Meet of Champs .....	6/11/2016
54.63	Roundtree	Satellite Beach/AAU Club .....	7/17/2021
54.64	Humphrey	Jackson/Midwest Meet .....	6/10/2006
54.66	Humphrey	Indianapolis/USA Junior Ch (h).....	6/23/2006
54.66	Roundtree	Humble/AAU JO (h).....	8/ 6/2021
54.67	Jefferson	Ypsilanti/AAU JO .....	8/ 3/2013
54.68	Jefferson	Greensboro/New Balance Nationals.....	6/21/2015
54.70	Knazze	Berea/AAU Nat JO (h).....	8/ 6/1999
54.71	Sammy Cuneo (Rockford)12	Cedar Springs/Red Hawk Inv .....	5/ 2/2015
54.72	Baisden	Ypsilanti/AAU Junior Olympics.....	7/12/2008
54.74	Sibbey	San Jose/National Junior Olympics .....	8/17/1980
54.74	Jessica Jones (Detroit Mumford)12	Greensboro/Nike Outdoor.....	6/18/2005
54.74	McGee	Norfolk/AAU JO .....	8/ 7/2010
54.75	Jones	Des Moines/AAU Junior Olympics.....	8/ 7/2004
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54.80	Maya Long (Ann Arbor Huron)12	Kentwood/D1 State.....	6/ 2/2012
54.81	Tracey Ball (Detroit Cass Tech)12	Auburn/A State .....	5/30/1998

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

54.83	Cayla Hawkins (E Lansing MacDonald MS)6	Des Moines/AAU Junior Olympics.....8/ 5/2023
54.88	Erika Shepard (Detroit Cass Tech)12	Indianapolis/Midwest MOC.....6/12/1993
54.96	Kamryn Tatum (West Bloomfield)9	Ypsilanti/JO Regionals.....7/ 2/2023
54.97	Ryen Draper (Plymouth)12	Canton/KLAA Kensington.....5/12/2017
55.11	Chanell Gardner (Livonia Churchill)12	Hudsonville/D1 State.....6/ 4/2016
55.12	Miyah Brooks (Oak Park)12	Kentwood/D1 State.....6/ 2/2018
55.15	Lexus Bargesser (Grass Lake)11	Hillsdale/D3 Regional.....5/21/2021
55.18	Clare McNamara (Northville)10	Greensboro/New Balance.....6/17/2018
55.24	Dorriann Coleman (Oak Park)9	Greensboro/New Balance Nationals.....6/19/2015
55.26	Victoria Chatman (Taylor Kennedy)12	Jackson/Midwest Meet.....6/ 9/2007
55.38	Aisha Osborne (Detroit Mumford)12	Detroit/PSL.....5/21/2009
55.38	Elizabeth Anderson (New Boston Huron)12	Grand Rapids/D2 State.....6/ 3/2023
55.39	Katrina Drayton (Troy)12	Knoxville/AAU Junior Olympics (h).....8/ 3/2007
55.39	Alexys Wilson (Ypsilanti Lincoln)12	Ypsilanti/SEC Red.....5/13/2022
55.44+	Janice Dale (Detroit Northern)12	Lincoln (h)[55.76y].....8/14/1977
55.51	Jamillah Bowman (Ann Arbor Pioneer)12	Edwardsville/USATF Youth.....7/ 4/1999
55.51	Becky Horn (Battle Creek Central)10	Rockford/D1 State.....6/ 1/2002
55.55	Paige Patterson (Dearborn Divine Child)12	Olivet/USATF JO Reg 5.....7/14/2013
55.55	Imani Jackson (Detroit Renaissance)11	Kentwood/D1 State.....6/ 1/2019
55.56	Chloe Foster (Ann Arbor Skyline)12	Wyandotte/MITCA D1.....5/27/2017
55.60	Nicole VacaGuzman (Grandville)11	Rockford/D1 State.....5/31/2014
55.62	Michele Davis (Lansing Sexton)11	Rockford/A State.....5/31/1997
55.62	Alex Marshall (Farmington Hills Mercy)12	Ypsilanti/AAU Junior Olympics.....7/30/2003
55.66	Jakarri Alven (GR Catholic Central)9	Zeeland/D2 State.....6/ 4/2016
55.67	Lauren Burnett (Macomb Dakota)12	Kentwood/D1 State.....6/ 1/2013
55.85	Emmry Ross (Onsted)10	Onsted/Tri.....5/10/2023
55.89	Kyana Evans (Wyandotte Roosevelt)12	Wyandotte/MITCA D1.....5/27/2017
55.90	Rochelle Collins (Detroit Immaculata)10	Westwood/AAU Junior Ch (h).....6/14/1976
55.91	Julia Ford (Detroit Cass Tech)10	[HST]...../1995
55.94	Amelia Bannister (Albion)10	Comstock Park/D3 State.....6/ 2/2007
55.94	Gabrielle Jeffries (Bloomfield Hills)12	Philadelphia/NB Nationals.....6/17/2024
55.95	Jaime Watson (Allendale)11	Comstock Park/D3 State.....6/ 5/2004
55.97	Rosia Williams (Detroit Pershing)12	Rockford/A State.....6/ 1/1996
55.99	Lily Clifford (East Grand Rapids)11	Grand Rapids/D2 State.....6/ 4/2011
55.99	Priscilla Byrd (Lansing Waverly MS)8	Detroit/AAU JO Regional.....7/ 2/2016
56.01	Nicole Olivieri (Mt Pleasant Sacred Heart)12	Hudsonville/D4 State.....6/ 4/2022
56.03	Becca Addison (Grand Haven)11	Grand Haven/West Michigan Inv.....5/22/2008
56.05	Arelia Berry (Flint Northwestern)12	Grand Rapids/A State.....6/ 1/1991
56.05	Julia Redd (Detroit Dominican)11	Saginaw/C State.....6/ 5/1999
56.06	Brittini Williams (Jackson)12	Jackson/Midwest Meet.....6/14/2008
56.08	Darcy Rhoden (Forest Hills Northern)11	Greensboro/Nike Outdoor Ch.....6/17/2006
56.08	Janae Coleman (Oak Park MS)7	Des Moines/AAU Junior Olympics.....8/ 5/2023
56.14	Tamyra Todd (Oak Park)12	Olivet/Midwest Meet.....6/12/2021
56.15	Kiana Stringfield (Midland)12	Raleigh/adidas Outdoor.....6/14/2003
56.17	Sara Jane Baker (Mattawan)10	Grandville/Div2 State.....6/ 3/2000
56.18	Diajah Ruffin (Belleville)11	Rockford/D1 State.....6/ 4/2011
56.20	Janeen Jones (Southfield)12	Indianapolis/Midwest MOC.....6/ 9/1990
56.20	Kiara Moore (Ann Arbor Pioneer)10	Rockford/D1 State.....6/ 4/2005
56.21	Ravyn Baxter (Detroit Cass Tech)12	Rockford/D1 State.....6/ 4/2011
56.23	Hannah Meier (Grosse Pointe South)11	Adrian/Siena Heights Inv.....5/11/2012
56.23	Johnyce Powell (Oak Park)11	Des Moines/AAU JO.....8/ 2/2014
56.24	Sophie Smith (Rochester Adams)12	Ortonville/D1 Regional.....5/17/2013
56.25	Taylor Korytkowski (Rockford)11	Kentwood/D1 State.....6/ 1/2019
56.27	Kelsey Ritter (Frankenmuth)12	Comstock Park/D3 State.....6/ 5/2010
56.27	Jada Wilson (Ann Arbor Huron)10	Philadelphia/NB Nationals.....6/17/2024
56.29	Simonae Dismuke (Detroit Cass Tech)11	Rockford/D1 State.....5/31/2014
56.29	Mackenzie Sullivan (Farmington Hills Mercy)10	Greensboro/AAU Junior Olympics.....8/ 2/2019
56.31	Hailey Mayes (Ann Arbor Pioneer)11	Saline/Golden Triangle.....5/ 6/2016
56.32	Donae Adams (Canton)10	Canton/dual.....5/ 9/2017
56.34	Chante Roberts (Lansing Waverly)10	Grand Rapids/D2 State.....6/ 2/2012
56.35	Zoe Eby (Carleton Airport)9	Grand Rapids/D2 State.....5/31/2014

**Michigan Girls All-Time Lists - Outdoors**  
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56.38	Katherine McCarthy (Kenowa Hills)12	Forest Hills/D2 State.....	6/ 3/2006
56.39	Charmaine Byer (Ann Arbor Pioneer-TRI)12	Columbus .....	6/ 1/1984
56.40	Januale Bennett (Niles)12	Auburn/B State .....	6/ 5/1999
56.40	Sekayi Bracey (East Kentwood)12	Jenison/MITCA D4.....	5/28/2016
56.42	Comari Hawkins (East Lansing)12	Davison/Twilight Classic .....	5/13/2022
56.44	Shawntoreah Turk (Carrollton)12	Comstock Park/D3 State .....	6/ 5/2010
56.44	Hailey McRoberts (Ionia)11	Grand Rapids/D2 State.....	5/31/2014
56.46	Adrienne Hunter (Ann Arbor Pioneer)10	Knoxville/USATF Junior Olympics .....	/1994
56.46	Melanie Williams (Southfield)12	Dayton/Mitchell Roosevelt Memorial.....	5/ 6/2000
56.46	Ashley Thomas (Jenison)12	Rockford/D1 State .....	6/ 1/2002
56.47	Ernanda Daskeviciute (Pont. Notre Dame)10	Des Moines/AAU Junior Oly (h).....	7/31/2004
56.47	Breterria Hill (Lansing Sexton)11	Zeeland/D2 State.....	6/ 5/2010
56.48	Ijnanya Alhamisi (Detroit Ford)12	Grand Rapids/A State.....	6/ 1/1991
56.48	Aubrey Wilberding (Birmingham Seaholm)11	Farmington/D1 Regional.....	5/19/2012
56.49	Michelle Morris (Oak Park)12	Lincoln/AAU Junior Olympics .....	8/ 1/1982
56.49	Olivia DeTroyer (Chelsea)10	Zeeland/D2 State.....	5/31/2008
56.50	Kathy Kost (Mt. Clemens L'Anse Creuse)	Caro/B State .....	6/ 4/1983
56.50	Megan Rosales (Adrian Madison)10	Quincy/D3 Regional .....	5/16/2015
56.51	Shayna Sangster (Lansing Sexton)12	Kalamazoo/Lady Knights Inv .....	4/25/2003
56.53	Lyndsay Johnson (Detroit Cass Tech)11	Des Moines/AAU Junior Olympics (h).....	8/ 4/2023
56.56	Brittany Terry (East Kentwood)11	Rockford/D1 State .....	6/ 4/2011
56.57	Tamika Craig (Dearborn Hts Robichaud)11	Lowell/B State.....	6/ 1/1996
56.57	Jenaie Edwards (Detroit Denby)11	Knoxville/AAU Junior Oly (h) .....	8/ 9/2002
56.59	Gabrielle Adams (Clinton Twp Clintondale)11	Zeeland/D2 State.....	5/31/2008
56.61	Rachel Jerrils (Rockford)12	Rockford/D1 State .....	6/ 5/2010
56.64	Kelis Hunter-Young (Oak Park)11	Des Moines/AAU Junior Olympics (h).....	8/ 4/2023
56.65	Allix Miller (Muskegon Reeths-Puffer)12	Rockford/D1 State .....	6/ 4/2011
56.69	Shameakia Dunwoody (Detroit Cass Tech)10	Lincoln/USA Junior Olympics.....	7/29/1990
56.69	Re'Anna Blair (East Lansing)12	Hudsonville/D1 State .....	6/ 4/2016
56.70	Kari Karhof (Durand)9	Saginaw/B State .....	6/ 4/1994
56.70	Mora Arnold (Chelsea)12	Grandville/Div2 State.....	6/ 3/2000
<b>Hand-timed:</b>			
53.8+	Delisa Walton (Detroit Mackenzie)11	Detroit/PSL [54.1y].....	/1978
53.8+	Elaine Jones (Detroit Chadsey)11	Detroit/PSL [54.1y].....	/1980
54.0	Erin Humphrey (Ypsilanti Lincoln)12	Saline/A Regional .....	5/19/2006
54.2+	Walton	Brighton/A State [54.5y].....	6/ 3/1978
54.5+	Walton	[54.8].....	/1978
54.5+	Walton	[54.8].....	/1978
54.6+	Walton	[54.9].....	/1978
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54.7(A)	Sandra Blount (Detroit Cooley)11	Aurora, Co/USA Ch.....	8/18/1968
54.8	Maya Long (Ann Arbor Huron)11	Saline/D1 Regional .....	5/20/2011
55.0+	Janice Dale (Detroit Northern)12	[55.3].....	7/16/1977
55.0	Erika Shepard (Detroit Cass Tech)12	Dayton/Roosevelt Inv.....	5/ 1/1993
55.1+	Cheri Laycock (Clio)	A Regional [55.4] .....	5/16/1980
55.1	Julia Ford (Detroit Cass Tech)9	Midland/A State.....	6/ 4/1994
55.1	Dynasty McGee (Grand Blanc MS)8	Lansing/Capital City.....	6/ 9/2007
55.3	Angela Sibbey (Detroit Mumford)12	A Regional .....	5/24/1981
55.3	Carly Knazze (Southfield)12	Hazel Park/Oakland County .....	5/28/1999
55.4	Julie Johnson (Laingsburg)12	Lansing/Honor Roll .....	5/28/2003
55.4	Jamie Watson (Allendale)12	Godwin/D3 Regional.....	5/21/2005
55.6+	Sue Latter (Clarkston)12	Ypsilanti [55.9] .....	6/ 2/1974
55.6+	Judi Brown (East Lansing)12	Brighton/A State [55.9].....	6/ 2/1979
55.6	Cheryl Pruitt (Detroit Ford)12	Alma/A State .....	5/30/1987
55.6	Kendall Baisden (Detroit Country Day)10	Bloomfield Hills/D2 Regional .....	5/20/2011
55.7	Rochelle Collins (Detroit Immaculata)10	Knoxville .....	4/10/1976
55.7+	Kathy Fitzpatrick (Muskegon M Sh)12	Muskegon/Greater Muskegon (56.0) .....	/1982
55.7	Jessica Jones (Detroit Mumford)11	Detroit/PSL Champs .....	5/27/2004
55.8+	Kathi Harris (Walled Lake Central)12	Walled Lake/Oakland Co (56.0).....	/1982
55.8+	Johanna Matthyssen (Holt)	Comstock/B State [56.1].....	6/ 5/1976
55.8	Ijnanya Alhamisi (Detroit Ford)11	Midland/A State.....	6/ 2/1990

## Michigan Girls All-Time Lists - Outdoors

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55.8	Janeen Jones (Southfield)12	Midland/A State.....	6/ 2/1990
55.8	Victoria Chatman (Taylor Truman)12	Saline/D1 Regional.....	5/18/2007
55.9+	Molly Brennan (Waterford Mott)12	[56.2y].....	/1978
55.9+	Allison Ware (Detroit Cooley)11	Brighton/A State [56.2y].....	6/ 3/1978
55.9	Joyce Wilson (Warren Tower)11	Flint/A State.....	6/ 5/1982
56.0	Rebecca Horn (Battle Creek Central)11	Grand Rapids/D1 Regional.....	5/16/2003
56.1+	Gretchen Baker (Rochester)11	Brighton/A State [56.4y].....	6/ 2/1979
56.1	Jamillah Bowman (Ann Arbor Pioneer)12	River Rouge/USATF State JO.....	6/26/1999
56.1	Kiara Moore (Ann Arbor Pioneer)12	Saline/D1 Regional.....	5/18/2007
56.1	Kendall Baisden (Bloomfield St Regis)7	Novi/CYO Middle School Finals.....	5/10/2008
56.2+	Yvonne Matthyssen (Holt)	Comstock/B State [56.5y].....	6/ 5/1976
56.2+	Barbara Ellis (Ann Arbor Pioneer)	Washtenaw County Ch [56.5y].....	/1981
56.2	Aisha Osborne (Detroit Mumford)12	West Bloomfield/D1 Regional.....	5/16/2009
56.3+	Cheryl Gillium (Detroit Cass Tech)9	Toronto [56.6y].....	7/11/1974
56.3+	Charmaine Byer (AA Pioneer-TRI)12	Champs [56.6y].....	/1984
56.3+	Vera Pruitt (Detroit Chadsey)12	A Regional [56.6y].....	5/19/1984
56.3+	Wendy Truvillion (Detroit Pershing)12	A Regional [56.6y].....	5/22/1982
56.3	Lauren Fortson (Ann Arbor Pioneer)12	Ypsilanti/D1 Regional.....	5/21/2004
56.3	Kelsey Ritter (Frankenmuth)12	Hemlock/Husky Inv.....	5/15/2010
56.3	Hannah Meier (Grosse Pointe South)10	Utica/dual.....	5/10/2011

#### 600 METERS

1:36.66	Emma Squires (Petoskey)12	East Grand Rapids/Classic.....	5/ 1/2021
1:39.10	Emma Flanders (Rockford)10	East Grand Rapids/Classic.....	5/ 1/2021

#### 800 METERS

2:05.05	Geena Gall (Grand Blanc)12	Greensboro/Nike Outdoor.....	6/18/2005
2:05.61	Becca Addison (Grand Haven)11	Greensboro/Nike Outdoor.....	6/21/2008
2:06.35	Hannah Meier (Grosse Pointe South)12	Kentwood/D1 State.....	6/ 1/2013
2:06.75	Ersula Farrow (Grosse Pointe South)10	Donyetsk/World Youth Ch (s).....	7/12/2013
2:06.81	Ramzee Fondren (Detroit Renaissance)11	Indianapolis/USATF Juniors (h).....	6/21/2007
2:06.88	Rachel Forsyth (Ann Arbor Pioneer)11 (62.6)	Davidson/Champion of Champions.....	6/10/2023
2:06.8	Han. Meier	Warren/MAC White.....	5/22/2012
2:06.92	Farrow	Edwardsville/World Youth Trials.....	6/26/2013
2:07.09	Farrow (62.96/64.13)	Delaware/Midwest Meet.....	6/13/2015
2:07.0+	Delisa Walton (Detroit Mackenzie)11	Brighton/A State [2:07.7y].....	6/ 3/1978
2:07.22	Farrow	Greensboro/New Balance.....	6/15/2014
2:07.37	Han. Meier	Rockford/D1 State.....	6/ 4/2011
2:07.3	Han. Meier	Grosse Pointe/D1 Regional.....	5/18/2012
2:07.45	Gall	Delaware/Midwest Meet.....	6/11/2005
2:07.45	Han. Meier	Grosse Pointe/D1 Regional.....	5/17/2013
2:07.4	Annie Fuller (Manistee)12	Big Rapids/Mitchell Creek.....	5/22/2015
2:07.63	Farrow	Rockford/D1 State.....	5/31/2014
2:07.86	Han. Meier	Saline/Golden Triangle.....	5/ 3/2013
2:07.91	Farrow	Kentwood/D1 State.....	6/ 1/2013
2:07.96	Addison	Jackson/Midwest MOC.....	6/13/2009
2:07.9	Sue Parks (Ypsilanti)10	Los Angeles.....	6/ 4/1972
2:08.00	Julia Flynn (Traverse City Central)12	Rockford/D1 State.....	6/ 4/2022
2:08.22	Walton	Bloomington/USA Junior Ch.....	6/25/1978
2:08.23	Addison	Greensboro/Nike Outdoor.....	6/20/2009
2:08.2+	Rochelle Collins (Detroit Immaculata)12	[2:08.9y].....	/1978
2:08.41	Han. Meier	Sterling Heights/Arft Sterling Inv.....	5/ 4/2012
2:08.43	Farrow	Rockford/D1.....	5/30/2015
2:08.48	Flynn (61.8/66.7)	Alpena/Big North.....	5/25/2022
2:08.57	Han. Meier	Kentwood/D1 State.....	6/ 2/2012
2:08.59	Gall	Raleigh/adidas Outdoor.....	6/19/2004
2:08.5	Walton	Kitchener/K-W Inv.....	6/19/1978
2:08.64	Fondren	Indianapolis/USATF Juniors.....	6/22/2007
2:08.70	Gabby Hentemann (Grand Haven)12 (61.8/66.9)	Kentwood/D1 State.....	6/ 1/2019



**Michigan Girls All-Time Lists - Outdoors**  
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2:08.75	Katie Osika (Waterford Mott)12 (63.07/65.68)	Greensboro/New Balance.....	6/17/2018
2:08.77	Fuller (63.32/65.45)	Delaware/Midwest Meet .....	6/13/2015
2:08.82	Han. Meier	Rockford/D1 State .....	6/ 5/2010
2:08.87	Madison Osterberg (Jackson Lumen Christi)11	Davison/Champion of Champions .....	6/10/2023
2:08.88	Farrow	Farmington Hills/D1 Regional .....	5/16/2015
2:08.88	Osika	Kentwood/D1 State.....	6/ 2/2018
2:08.9	Han. Meier	Grosse Pointe/D1 Regional .....	5/20/2011
2:09.02	Fuller	East Jordan/D3 Regional.....	5/15/2015
2:09.05	Sara Barron (Pontiac Notre Dame)12	Fort Wayne/Midwest MC.....	6/ 9/2012
2:09.09	Alice Hill (Ann Arbor Pioneer)11 (62.36/66.73)	Greensboro/New Balance Nationals.....	6/19/2016
2:09.0	Collins	Ann Arbor/Michigan Jr (h).....	6/24/1978
2:09.0+	Walton	[2:09.7y].....	/1978
2:09.18	Flynn	Traverse City/Titan Last Chance.....	5/17/2021
2:09.25	Barron	Greensboro/New Balance.....	6/16/2012
2:09.28	Melanie Helder (Hudsonville)12	Kentwood/D1 State.....	6/ 2/2018
2:09.29	Jaime Morrissey (Rochester Adams)11	Bloomington/USA Junior.....	6/16/2012
2:09.2	Parks	Knoxville/Tom Black Classic .....	5/20/1972
2:09.2	Flynn	Traverse City/Titan Last Chance.....	5/16/2022
2:09.31	Forsyth	Dexter/Steeb Meet of Champs .....	5/30/2023
2:09.43	Amber Gall (Shepherd)12	East Lansing/Midwest Meet.....	6/ 8/2019
2:09.50	Addison	Eugene/USA Juniors (h) .....	6/27/2009
2:09.52	Farrow	Ann Arbor/River Rat.....	5/ 9/2015
2:09.57	Lauren Burnett (Macomb Dakota)12	Des Moines/USA Junior (h) .....	6/20/2013
2:09.58	Barron	Holly/Oakland County .....	5/25/2012
2:09.60	Gall	Rockford/D1 State .....	6/ 4/2005
2:09.61	Fuller	Comstock Park/D3.....	5/30/2015
2:09.62	Burnett	Kentwood/D1 State.....	6/ 1/2013
2:09.63	Addison	Eugene/USA Juniors.....	6/28/2009
2:09.67	Han. Meier	East Lansing/Playmakers .....	4/27/2012
2:09.6	Gall	Holly/D1 Regional.....	5/21/2004
2:09.6	Stephanie Morgan (Clarkston)9	Lake Orion/OAA.....	5/23/2006
2:09.83	Farrow	Macomb/Cougar Inv .....	5/10/2014
2:09.86	Brook Handler (Rochester)12	Fort Wayne/Midwest Meet .....	6/11/2011
2:09.94	Burnett	Fort Wayne/Midwest MOC.....	6/15/2013
2:09.96	Forsyth	Rockford/D1 State .....	6/ 3/2023
2:09.97	Morrissey	Bloomington/USA Junior (h) .....	6/15/2012
2:09.97	Sarah Forsyth (Ann Arbor Pioneer)12	Dexter/Steeb Inv.....	5/31/2022
2:09.98	Farrow	Donyetsk/World Youth (h).....	7/11/2013
2:09.9	Collins	Kitchener/K-W Inv.....	6/19/1978
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2:10.14	Holly Bullough (Traverse City St Francis)11	East Jordan/D3 Regional.....	5/15/2015
2:10.20	Dorriann Coleman (Oak Park)10	Hudsonville/D1 State .....	6/ 4/2016
2:10.58(A)	Erin White (Battle Creek Pennfield)11	Salt Lake City/USA Youth Ch.....	7/ ?/1996
2:10.58	Megan Goethals (Rochester)12	Fort Wayne/Midwest Meet .....	6/12/2010
2:10.60	Kylee King (Oak Park)11	New York/USATF NYC GP .....	6/24/2023
2:10.80	Zofia Dudek (Ann Arbor Pioneer)11	Dexter/Larry Steeb.....	5/28/2019
2:10.87	Jackie Feist (Birmingham Groves)11	Kentwood/D1 State.....	6/ 1/2013
2:10.95	Kate Carter (Saline)12	Fort Wayne/Midwest Meet .....	6/12/2010
2:10.96	Ann Lampkin (Detroit Redford)11	Uniondale, NY (s) .....	7/2-7/1985
2:10.96	Kennedy Beazley (Saline)12	Rockford/D1 State .....	5/31/2014
2:11.06	Mallory Barrett (Milford)12	Kentwood/D1 State.....	6/ 3/2017
2:11.15	Cookie Baugh (Ann Arbor Pioneer)12	Dexter/Steeb Inv.....	5/31/2022
2:11.25	Emmy Ross (Onsted)10	Kent City/D3 State .....	6/ 3/2023
2:11.2+	Sue Frederick (Ann Arbor Huron)12	Brighton/A State [2:11.9y] .....	6/ 2/1979
2:11.31	Emma Squires (Petoskey)12	Petoskey/Dual .....	5/12/2021
2:11.32	Ericka VanderLende (Rockford)12	Kentwood/D1 State.....	6/ 1/2019
2:11.35	Taryn Chapko (St Johns)11	Greensboro/New Balance Nationals.....	6/16/2019
2:11.39	Sarah Coyne (Plymouth)12	Dexter/Steeb Inv.....	5/31/2022
2:11.46	Megan Worrel (Troy)12	Dexter/Steeb Inv.....	5/29/2018
2:11.46	Aiden Harrand (Buckley)11	Reed City/Coyote Inv.....	4/29/2023
2:11.48	Lucy Petee (Mason)12	Marion/Midsummer Night's Open .....	7/ 7/2020

**Michigan Girls All-Time Lists - Outdoors**  
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2:11.4	Audrey Belf (Birmingham Seaholm)11	Birmingham/dual.....	4/29/2014
2:11.51	Victoria Heiligenthal (Milford)11 (65.42/66.09)	Greensboro/New Balance.....	6/17/2018
2:11.53	Camryn Bodine (East Grand Rapids)12	Grand Rapids/D2 State.....	6/ 3/2023
2:11.55	Haley Meier (Grosse Pointe South)11	Kentwood/D1 State.....	6/ 2/2012
2:11.60	Lani Bloom (Ithaca)11	Remus/Mid-Michigan.....	6/ 1/2021
2:11.61	Amelia Bannister (Albion)10	Greensboro/Nike Outdoor.....	6/16/2007
2:11.72	Ashley Patten (Lake Orion)11	Rockford/D1 State.....	6/ 2/2001
2:11.7+	Theresa Rulison (East Lansing)9	Knoxville/National JO [2:12.4y].....	8/12/1970
2:11.82	Rachel Dadamio (Birmingham Seaholm)11	Greensboro/New Balance.....	6/15/2014
2:11.83	Anne Forsyth (Ann Arbor Pioneer)12	Dexter/Steeb Inv.....	5/29/2018
2:11.83	Sylvia Sanok Dufallo (Ann Arbor Pioneer)10	Dexter/Steeb Inv.....	5/31/2022
2:11.94	Kathi Harris (Walled Lake Central)12	Ft. Wayne/Midwest OC.....	6/12/1982
2:11.95	Audrey DaDamio (Birmingham Seaholm)12	Kentwood/D1 State.....	6/ 5/2021
2:11.9+	Francine Kraker (Ann Arbor)12	AAU list.....	/1965
2:12.02	Laura Matson (Bloomfield Hills Andover)11	Flint/A State.....	6/ 1/1985
2:12.11	Monica Kinney (Grand Rapids W Catholic)12	Greensboro/Nike Outdoor.....	6/21/2008
2:12.13	Lauren Biggs (Ludington)12	Zeeland/D2 State.....	6/ 3/2017
2:12.19	Kelly Smith (Petoskey)12	Saginaw/B State.....	6/ 4/1994
2:12.22	Tracy Boudreau (Ann Arbor Huron)12	Ypsilanti/A State.....	6/ 4/1988
2:12.22	Aimee Keenan (Rockford)12	Rockford/D1 State.....	6/ 2/2001
2:12.33	Selma Anderson (GR Ottawa Hills)11	Grand Rapids/Distance Night.....	5/27/2023
2:12.3	Nora Colligan (Rockford)12	Rockford/Div1 State.....	6/ 3/2000
2:12.41	Deboni Lofton (Detroit Mumford)12	Des Moines/USA Juniors (h).....	6/24/2010
2:12.43	Mia Rogan (Saline)12	Saline/D1 Regional.....	5/19/2023
2:12.44	Jayla Fleming (Oak Park)10	Kentwood/D1 State.....	6/ 1/2013
2:12.46	Margaret Coney (EGrand Rapids)10 (63.76/68.71)	Greensboro/New Balance.....	6/17/2018
2:12.59	Kelly Robinson (Holt)12	Raleigh/adidas Outdoor.....	6/19/2004
2:12.5	Wendy Truvillion (Detroit Pershing)11	Carmel/Carmel Classic.....	6/27/1981
2:12.5+	Laurie Vultaggio (SCS South Lake)11	Grand Rapids/B State [2:13.2y].....	/1982
2:12.65	Lindsey Peters (Caledonia)12	Kentwood/D1 State.....	6/ 5/2021
2:12.66	Anna Jensen (Midland Jefferson MS)8	Midland/dual.....	5/17/2016
2:12.71	Allison Rand (Jackson L Christi)11 (65.20/67.52)	Greensboro/New Balance.....	6/17/2018
2:12.76	Sophie Novak (Lake Orion)10	Clarkston/Oakland County.....	5/24/2019
2:12.76	Liliane Aittama (South Lyon East)12	Rockford/D1 State.....	6/ 3/2023
2:12.77	Jayla Jones (Oak Park)11	Kentwood/D1 State.....	6/ 1/2019
2:12.78	Valerie Beeck (Grand Haven)10	Muskegon/West Michigan Inv.....	5/24/2023
2:12.84	Rachel Coleman (Northville)12	Livonia/dual.....	5/ 6/2014
2:12.84	Payton Scheffler (Woodhaven)11	Saline/Golden Triangle.....	5/ 5/2023
2:12.84	Maya Guikema (Jenison)12	Grand Rapids/Distance Night.....	5/27/2023
2:12.88	Samantha Hastie (Ann Arbor Huron)12	Saline/D1 Regional.....	5/21/2021
2:12.92	Cathy Schmidt (Grosse Pointe North)12	Ft Wayne/Midwest MOC.....	6/13/1981
2:12.98	Alayna Lewis (Parma Western)12	Ada/D2 State.....	6/ 4/2022
2:13.03	Carola Jansohn (Rochester Adams)11	Lake Orion/D1 Regional.....	5/20/2016
2:13.05	Christina Farrow (Detroit Renaissance)12	Jackson/Midwest Meet.....	6/14/2008
2:13.13	Lindsay Gackenheimer (Monroe)11	Greensboro/Nike Outdoor.....	6/16/2007
2:13.15	Caryn Waterson (Benzie Central)12	Delaware/Midwest Meet.....	6/ 9/2001
2:13.18	Lisa Senakiewich (Davison)12	Grand Rapids/D1 State.....	5/31/2003
2:13.18	Hannah Cummings (Saline)12	Greensboro/New Balance Nationals.....	6/19/2016
2:13.1+	Sue Dudley (Walled Lake)12	.....	/1968
2:13.20	Devon Rupley (Northville)11	Grand Rapids/D1 State.....	5/31/2003
2:13.28	Evlisa Clemons (Detroit Northwestern)12	Rockford/A State.....	6/ 1/1996
2:13.2	Sara Kroll (Livonia Churchill)12	Livonia/Spartan Inv.....	5/ 8/2010
2:13.30	Anna Delgado (East Lansing)12	Grand Ledge/CAAC Blue.....	5/24/2023
2:13.36	Amber Hay (Detroit Renaissance)12	New Orleans/AAU Junior Olympics.....	8/ 7/2005
2:13.36	Caitlin Rose (Grand Blanc)12	Kentwood/D1 State.....	6/ 1/2019
2:13.40	Emma Doorn (Grandville Calvin Christian)11	Hillsdale/Gina Relays.....	4/25/2014
2:13.44	Judy Rector (Hanover-Horton)11	Comstock Park/D3 State.....	6/ 2/2018
2:13.45	Theresa Warsecke (Benzie Central)12	Fort Wayne/Midwest MC.....	6/ 9/2012
2:13.47	Annie Otwell (Traverse City Central)11	Rockford/D1 State.....	6/ 4/2005
2:13.47	Raeanne Lohner (East Grand Rapids)12	Zeeland/D2 State.....	6/ 2/2007
2:13.47	Michelle Kuipers (Holland Christian)10	Comstock Park/Metro Health.....	5/23/2018

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

2:13.49	Emily Cooper (Ann Arbor Pioneer)12	Dexter/Steeb Meet of Champs .....	5/30/2023
2:13.51	Katie Erdman (Cadillac)12	Grand Rapids/D2 State.....	6/ 1/2002
2:13.51	Lauren Quaintance (Walled Lake Northern)12	Greensboro/Nike Outdoor.....	6/16/2007
2:13.52	Kayla Windemuller (Holland Christian)12	Comstock Park/Metro Health.....	5/23/2018
2:13.58	Kayla Kavulich (Salem)12	Rockford/D1 State .....	5/31/2014
2:13.5	Kristi Westerby (Troy)11	Birmingham/Oakland County Ch .....	5/28/1988
2:13.5	Reighan Fisher (White Lake Lakeland)11	Milford/D1 Regional .....	5/18/2012
2:13.60	Kristie Powers (Rockford)9	Rockford/D1 State .....	6/ 2/2001
2:13.60	Caroline Vance (Ann Arbor Skyline)12	Dexter/Steeb Meet of Champs .....	5/30/2023
2:13.63	Laura Simmering (Ann Arbor Huron)12	Ypsilanti/A State.....	6/ 4/1988
2:13.65	Jackie Fiast (Birmingham Groves)10	Greensboro/New Balance.....	6/16/2012
2:13.66	Angela Sibbey (Detroit Mumford)11	Carmel/Carmel Classics .....	/1980
2:13.67	Kelly Robinson (Holt)11	Grand Rapids/D1 State.....	5/31/2003
2:13.69	Shannon Stanley (Rochester Adams)10	Rockford/D1 State .....	6/ 2/2001
2:13.69	Jessica Kraft (Ogemaw Heights)12	Grand Rapids/D2 State.....	6/ 2/2001
2:13.6+	Brenda Ray (Comstock)11	[2:14.3y].....	/1977
2:13.71	Danielle Dahl (Chelsea)11	Grand Rapids/D2 State.....	6/ 4/2011
2:13.71	Layla Jordan (Goodrich)10	Davison/Champion of Champions .....	6/10/2023
2:13.72	Charlotte Williams (Detroit Pershing)10	Ypsilanti/A State.....	6/ 4/1988
2:13.74	Sydney Benson (Grosse Pointe North)12	Greensboro/New Balance Nationals.....	6/19/2016
2:13.76	Lindsay McKnight (Sparta)12	Jackson/Midwest Meet .....	6/ 9/2007
2:13.78	Madi Wood (Saline)9	Kentwood/D1 State.....	6/ 1/2019
2:13.7	Traci Egnatuk (Albion)12	D3 Regional.....	5/18/2001
2:13.7	Danielle Tepper (Grandville)12	Genison/D1 Regional.....	5/15/2009
2:13.81	Gabrielle Swider (Livonia Churchill)12	Dexter/Steeb Inv .....	5/29/2018
2:13.81	Samantha Cost (Wyandotte Roosevelt)12	Rockford/D1 State .....	6/ 3/2023
2:13.82	Ariel Dempsey (Jenison)12	Rockford/D1 State .....	6/ 5/2010
2:13.83	Elizabeth Dalrymple (Clarkston)9	Waterford/Oakland County .....	5/27/2016
2:13.84	Anna Gdowski (Northville)12	Davison/Champion of Champions .....	6/10/2023
2:13.85	Natalie Kessler (Ann Arbor Skyline)12	Rockford/D1 State .....	6/ 3/2023
2:13.89	Kennedy Beazley (Ann Arbor Huron)9	Rockford/D1 State .....	6/ 4/2011
2:13.89	Gabrielle Swider (Livonia Churchill)10	Dexter/Steeb.....	5/31/2016
2:13.8	Brittany Ballard (Midland)10	Rockford/Div1 State.....	6/ 3/2000
2:13.91	Amira Danforth (West Bloomfield)10	Ypsilanti/A State.....	6/ 3/1989
2:13.92	Maria Iaquaniello (Dearborn Divine Child)11	Forest Hills/D2 State.....	6/ 3/2006
2:13.93	Cari Byrd (Oxford)12	Sturgis/B State.....	6/ 4/1988
2:13.93	Jennifer Price (Battle Creek Lakeview)12	Grandville/Div2 State.....	6/ 3/2000
2:13.94	Lindsey Rudden (Marquette)11	Kingsford/UPD1 .....	5/30/2015
2:13.95	Laurel Bennett (Mt Pleasant Sacred Heart)11	Grand Rapids/D4 State.....	6/ 4/2005
2:13.96	Marissa Treece (Maple City-Glen Lake)12	Grand Rapids/D4 State.....	6/ 2/2007
2:13.97	Lauren Freeland (Kent City)12	Jenison/D3 State .....	6/ 1/2019
2:13.99	Angela Jones (Detroit Cass Tech)	Lincoln .....	7/ 8/1984
2:13.99	Karenna Duffey (L'Anse Creuse North)12	Kentwood/D1 State.....	6/ 2/2018
2:14.01	Michelle Slater (Rochester Adams)12	Indianapolis/Midwest MOC .....	6/11/1994
2:14.03	Kelsey Ross (Onsted)11	Comstock Park/D3 State .....	6/ 2/2012
2:14.05	Katherine Forsyth (Royal Oak)12	West Bloomfield/D1 Regional .....	5/19/2018
2:14.07	Allison Robinson (Northville)12	Rockford/D1 State .....	5/31/2014
2:14.13	Kayla Dobies (Macomb Dakota)11	Rockford/D1.....	5/30/2015
2:14.15	Lauren Walker (Holt)10	Rockford/D1 State .....	6/ 3/2023
2:14.19	Arienne Olsen (Holland West Ottawa)11	Allendale/Midwest Redemption .....	6/11/2022
2:14.1+	Levy String (Flint Northern)12	Grand Rapids/A State [2:14.8y] .....	5/31/1980
2:14.20	Jayden Harberts (Macomb Dakota)9	Humble/AAU JO .....	8/ 4/2021
2:14.23	Lisa Luecke (Allen Park)12	Gibraltar/Tri.....	5/17/2022
2:14.24	Kayla Skelly (Midland)12	Ft Wayne/Midwest MOC .....	6/12/1982
2:14.26	Allie Ludge (GR Kenowa Hills)12	Rockford/D1.....	5/30/2015
2:14.26	Janae Coleman (Oak Park MS)7	Philadelphia/NB Nationals .....	6/18/2024
2:14.2+	Ella Willis (Detroit Pershing)12	Bloomfield Hills/A State [2:14.9y] .....	6/ 5/1976
2:14.2	Jennifer Rioux (Livonia Ladywood)10	Sturgis/B State.....	5/31/1981
2:14.2	Joan Arndt (Livonia Ladywood)11	Operation Friendship .....	5/24/1986
2:14.32	Jess Jazwinski (Hart)9	Muskegon/West Michigan All-Stars .....	5/25/2022
2:14.33	Sara Stassen (Dearborn)12	Rockford/D1 State .....	6/ 4/2011

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – www.michrack.org

2:14.33	Hannah Palomino (Troy)11	Novi/Oakland County.....	5/26/2017
2:14.37	Adelyn Ackley (Hart)11	Muskegon/WM All-Star .....	5/23/2018
2:14.4	Shaley Albaugh (Hillsdale Academy)11	Hillsdale/SCAA .....	5/22/2012
2:14.53	Chloe Foster (Ann Arbor Skyline)11	Greensboro/New Balance Nationals.....	6/19/2016
2:14.56	Gillian Fiene (Holland Christian)11	Comstock Park/Metro Health.....	5/22/2019
2:14.57	Erin Billete (Clarkston)12	Holly/Oakland County.....	5/24/2013
2:14.59	Maddie Brown (Brighton)12	Kentwood/D1 State.....	6/ 1/2019
2:14.5+	Lynn Lovat (Lincoln Park)9	.....	/1971
2:14.5+	Cynthia Dixon (Detroit Chadsey)	Flint/A State [2:15.2] .....	5/31/1981
2:14.62	Alexis Munley (Waterford Mott)9	Rockford/D1 State .....	5/31/2014
2:14.63	Brittany Terry (East Kentwood)12	Fort Wayne/Midwest MC.....	6/ 9/2012
2:14.65	Twynette Wilson (Flint Beecher)12	Sturgis/B State.....	5/30/1987
2:14.66	Erin McDonald (Midland Dow)12	Rockford/D1 State .....	5/31/2014
2:14.67	Katelyn Johnston (Temperance Bedford)10	Rockford/D1 State .....	6/ 5/2004
2:14.6	Tina Jordan (Detroit Mumford)12	Carmel/Carmel Classics .....	/1980
2:14.6	Jenna Nusholtz (Berkley)12	South Lyon/Oakland County .....	5/26/2006
2:14.72	Amy Smith (Midland)12	Hudsonville/D1 State .....	6/ 4/2016
2:14.73	Emily Wall (Midland Dow)11	Hudsonville/D1 State .....	6/ 4/2016
2:14.74	Rachel Sturtz (Traverse City Central)12	Midland/A State.....	6/ 5/1999
2:14.75	Mya Veen (Plainwell)10	Zeeland/D2 State.....	6/ 4/2016
2:14.76	Ashlyn Tait (Howell)12	Kentwood/D1 State.....	6/ 1/2019
2:14.77	Audrianna Enns (Hart)12	Marion/Midwest Meet.....	6/11/2022
2:14.79	Erika Rapp (Pinckney)11	Kentwood/D1 State.....	6/ 2/2018
2:14.7	Laurie Call (Fleet Feet TC)	Wilberforce, Oh.....	6/26/1977
2:14.7	Erika Shepard (Detroit Cass Tech)12	Monroe/A Regional .....	5/22/1993
2:14.7	Linsey Blaisdell (Rockford)11	Grand Rapids/D1 Regional.....	5/19/2000
2:14.86	Jeanie Edwards (Detroit Denby)12	Dayton/Roosevelt Inv.....	5/ 3/2003
2:14.87	Kaitlyn Hynes (DeWitt)12	Lansing/Greater Lansing .....	6/ 1/2021
2:14.88	Megan O'Neil (Remus Chippewa Hills)11	Zeeland/MITCA D2 .....	5/25/2013
2:14.89	Janee Jones (Goodrich)11	Comstock Park/D3 State .....	6/ 5/2004
2:14.89	Elizaveta Boudreau (Ann Arbor Pioneer)12	Rockford/D1 State .....	6/ 5/2010
2:14.8	Katie Clifford (Grand Rapids Christian)12	Grand Rapids/City League .....	5/13/1997
2:14.90	Taylor Manett (Rockford)12	Holland/OK Red.....	5/11/2012
2:14.92	Abbey Carvey (Farmington)10	Clarkston/Oakland County.....	5/24/2019
2:14.93	Carlyn Arteaga (Spring Lake)12	Zeeland/D2 .....	5/30/2015
2:14.94	Sielle Kearney (Traverse City Central)11	Traverse City/Record-Eagle.....	5/30/2017
2:14.95	Ajia Olison (Detroit Mumford)10	Knoxville/AAU Junior Olympics .....	8/ 1/2007
2:14.96	Morgan Fuerst (Waterford Mott)12	Greensboro/New Balance Nationals.....	6/19/2016
2:14.97	Ariel Dempsey (Jenison)9	Kentwood/D1 State.....	6/ 2/2007
2:14.97	Karissa Picard (Bay City Western)12	Olivet/Midwest Meet .....	6/12/2021
2:14.97	Taylor Pangburn (Grand Ledge)11	Rockford/D1 State .....	6/ 4/2022
2:14.99	Dru Bishop (Fenton)11	Saginaw/B State .....	5/30/1998

## 1500 METERS

4:18.44	Hannah Meier (Grosse Pointe South)11	Bloomington/USA Junior.....	6/17/2012
4:20.30#	Julia Flynn (Traverse City Central)12	Seattle/Brooks PR (1M).....	6/15/2022
4:20.65	Han. Meier	Lille/World Youth .....	7/ 9/2011
4:22.2#	Han. Meier	Kentwood/D1 State (1600) .....	6/ 1/2013
4:23.13#	Rachel Forsyth (Ann Arbor Pioneer)11	Philadelphia/NB Nationals (1M).....	6/17/2023
4:23.26#	Han. Meier	New York/adidas GP (mile).....	5/25/2013
4:23.74	Anne Forsyth (Ann Arbor Pioneer)11	Nassau/Commonwealth Youth.....	7/20/2017
4:24.1#	Haley Meier (Grosse Pointe South)12	Kentwood/D1 State (1600) .....	6/ 1/2013
4:24.23#	Zofia Dudek (Ann Arbor Pioneer)11	Shoreham/Brooks PR (1M).....	6/15/2019
4:24.44	Brook Handler (Rochester)12	Eugene/USA Juniors.....	6/25/2011
4:24.57	Han. Meier	Bloomington/USA Junior (h) .....	6/15/2012
4:24.60#	Hal. Meier	New York/adidas GP (mile).....	5/25/2013
4:24.6#	Ericka VanderLende (Rockford)12	Kentwood/D1 State (1600) .....	6/ 1/2019
4:24.83	Dudek	Hillsdale/Gina Relays.....	4/27/2019
4:24.92	Han. Meier	Myrtle Beach/Youth Trials .....	6/29/2011

**Michigan Girls All-Time Lists - Outdoors**  
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4:25.00	Forsyth (52.35, 1:11.66, 1:12.05, 1:08.94)	Ottawa/Canadian Junior Ch.....	7/ 8/2017
4:25.28	Han. Meier	Lille/World Youth (h).....	7/ 6/2011
4:25.2#	Han. Meier	Kentwood/D1 State (1500) .....	6/ 2/2012
4:25.35	Audrey DaDamio (Birmingham Seaholm)12	Kansas City/Kansas Qualifier .....	5/ 1/2021
4:25.5#	Forsyth	Kentwood/D1 State (1600) .....	6/ 3/2017
4:26.0#	Han. Meier	Rockford/D1 State (1600).....	6/ 4/2011
4:26.0#	Erin Finn (West Bloomfield)12	Kentwood/D1 State (1600) .....	6/ 1/2013
4:26.28#	DaDamio	Kentwood/D1 State (1600) .....	6/ 5/2021
4:26.55#	Audrey Belf (Birmingham Seaholm)11	New York/adidas Dream Mile.....	6/14/2014
4:26.56#	Rachel Coleman (Northville)12	Greensboro/New Balance (mile).....	6/15/2014
4:26.99#	Forsyth	Greensboro/New Balance Nationals (1M)6/18/2017	
4:27.05#	Finn	New York/adidas GP (mile).....	5/25/2013
4:27.11	Dudek	Raciborz/Polish U20 Champs.....	7/ 5/2019
4:27.14	Forsyth	London/Runners Choice Series.....	6/16/2018
4:27.22#	Han. Meier	Greensboro/New Balance (mile).....	6/18/2011
4:27.3#	Dudek	Kentwood/D1 State (1600) .....	6/ 1/2019
4:27.73	Forsyth	Hillsdale/Gina Relays.....	4/28/2017
4:27.86#	Hal. Meier	Greensboro/New Balance (mile).....	6/18/2011
4:28.17	Shannon Osika (Waterford Mott)10	Ypsilanti/World Youth Trials.....	7/ 1/2009
4:28.37#	VanderLende	Kentwood/D1 State (1600) .....	6/ 2/2018
4:28.7#	Hal. Meier	Rockford/D1 State (1600).....	6/ 4/2011
4:28.9#	Handler	Rockford/D1 State (1600) .....	6/ 4/2011
4:29.1#	Finn	New York/adidas GP (mile).....	6/ 9/2012
4:29.4	Sue Parks (Ypsilanti)10	Los Angeles/Vons Classic.....	6/ 8/1972
4:29.64#	Rachel DaDamio (Birmingham Seaholm)12	Rockford/D1 (1600) .....	5/30/2015
4:29.7#	Megan Goethals (Rochester)12	Rockford/D1 State [1600] .....	6/ 5/2010
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4:31.05	Katie Clifford (GR West Catholic)12	Edwardsville/USA Junior Ch .....	6/22/1997
4:31.4#	Kayla Windemuller (Holland Christian)12	Zeeland/D2 State (1600) .....	6/ 2/2018
4:31.5#	Sophie Novak (Lake Orion)10	Kentwood/D1 State (1600) .....	6/ 1/2019
4:31.7#	Linsey Blaisdell (Rockford)11	Rockford/Div1 State (1600) .....	6/ 3/2000
4:31.8#	Sharon Van Tuyl (Portage Northern)11	Raleigh/NSO [1600].....	6/14/1997
4:31.94#	Rachel McCardell (Birmingham Seaholm)12	Greensboro/New Balance (1M) .....	6/17/2018
4:32.03#	Rachel Bonner (Port Huron)11	Rockford/D1 (1600) .....	5/30/2015
4:32.2	Lynn Lovat (Lincoln Park)	(pre-72) .....	??
4:32.3#	Annie Fuller (Manistee)12	Seattle/Brooks PR (4:48.29) .....	6/20/2015
4:32.42	Bethany Brewster (Saginaw Vall L)12	Edwardsville/USA Junior Ch .....	6/27/1998
4:32.7#	Anna Jensen (Midland Jefferson MS)8	Shepherd/MEGASTAR (1600).....	6/ 1/2016
4:32.8#	Olivia Theis (Lansing Catholic)11	Comstock Park/D3 State (1600) .....	6/ 3/2017
4:33.2#	Marissa Treece (Maple City-Glen Lake)12	Jackson/Midwest Meet [1600] .....	6/ 9/2007
4:33.5#	Adelyn Ackley (Hart)12	Jenison/D3 State (1600).....	6/ 1/2019
4:33.8#	Lauren Freeland (Kent City)12	Jenison/D3 State (1600).....	6/ 1/2019
4:33.9#	Lani Bloom (Ithaca)11	Romeo/Barnyard Elite Mile .....	4/30/2021
4:34.0#	Amber Gall (Shepherd)12	Jenison/D3 State (1600).....	6/ 1/2019
4:34.69#	Lyndsey Peters (Caledonia)12	Kentwood/D1 State (1600) .....	6/ 5/2021
4:34.6#	Becca Addison (Grand Haven)11	Rockford/D1 State [1600] .....	5/31/2008
4:34.87#	Elianna Shwayder (Saline)12	Greensboro/New Balance (mile).....	6/13/2014
4:34.88#	Jacalyn Overdier (Ann Arbor Pioneer)12	Greensboro/NB Nationals (1M) .....	6/16/2017
4:35.0#	Megan O'Neil (Remus Chippewa Hills)11	Ada/D2 State (1600).....	6/ 1/2013
4:35.3#	Allison Chmielewski (Roscommon)9	Jenison/D3 State (1600).....	6/ 1/2019
4:35.4#	Holly Bullough (Traverse City St Francis)12	Comstock Park/D3 State (1600) .....	6/ 4/2016
4:35.4#	Emma Squires (Petoskey)12	Romeo/Barnyard Elite Mile .....	4/30/2021
4:35.8#	Katie Boyles (Rochester Adams)11	Rockford/Div1 State (1600) .....	6/ 3/2000
4:35.9#	Lindsay Gakenheimer (Monroe)12	Jackson/Midwest Meet [1600] .....	6/14/2008
4:35.9#	Sara Kroll (Livonia Churchill)12	Howell/KLAA [1600].....	5/25/2010
4:36.2#	Julia Otwell (Traverse City Central)12	Rockford/D1 State [1600] .....	6/ 5/2010
4:36.30#	Aiden Harrand (Buckley)11	Eugene/Nike Outdoor Nationals (1M) .....	6/18/2023
4:36.31#	Lexa Barrott (Northville)11	Rockford/D1 (1600) .....	5/30/2015
4:36.3#	Samantha Saenz (Concord)12	East Lansing/Midwest Meet (1600).....	6/ 9/2018
4:36.4#	Courtney Calka (Livonia Stevenson)12	Kentwood/D1 State (1600) .....	5/30/2009
4:36.4#	Karena Duffey (Mt Clemens L'Anse CN)12	East Lansing/Midwest Meet (1600).....	6/ 9/2018

## Michigan Girls All-Time Lists - Outdoors

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4:36.65	Jayden Harberts (Macomb Dakota)9	Humble/AAU JO .....	8/ 3/2021
4:36.6#	Lindsay Clark (Walled Lake Western)12	Rockford/D1 State (1600) .....	6/ 4/2011
4:36.79#	Kaitlyn Hynes (DeWitt)12	Kentwood/D1 State (1600) .....	6/ 5/2021
4:36.9#	Laura Simmering (Ann Arbor Huron)12	Ypsilanti/A State [1600] .....	6/ 4/1988
4:37.22#	Rylee Robinson (Waterford Mott)10	Greensboro/NB Nationals (1M) .....	6/18/2017
4:37.44#	Sielle Kearney (Traverse City Central)12	Kentwood/D1 State (1600) .....	6/ 2/2018
4:37.4#	Annie Norah-Beveridge (Ann Arbor Huron)12	Rockford/D1 State (1600) .....	6/ 4/2011
4:37.9#	Jenny Morgan (Clarkston)12	Jackson/Midwest Meet [1600] .....	6/10/2006

## 1600 METERS

4:36.12+	Julia Flynn (Traverse City Central)12	Seattle/Brooks PR (4:37.73) .....	6/15/2022
4:38.9#	Hannah Meier (Grosse Pointe South)12	New York/adidas GP [4:40.48] .....	5/25/2013
4:39.23	Han. Meier	Kentwood/D1 State .....	6/ 1/2013
4:39.4	Laura Matson (Bloomfield Hills Andover)11	Bloomfield Hills/Oakland County .....	5/24/1985
4:39.75	Flynn	Rockford/D1 State .....	6/ 4/2022
4:39.85+	Rachel Forsyth (Ann Arbor Pioneer)11	Philadelphia/NB Nationals (4:41.48) .....	6/17/2023
4:39.9#	Zofia Dudek (Ann Arbor Pioneer)11	Shoreline/Brooks PR (1M) .....	6/15/2019
4:40.48+	Haley Meier (Grosse Pointe South)12	New York/adidas GP [4:42.11] .....	5/25/2013
4:40.49	Flynn	Traverse City/dual .....	5/11/2022
4:40.81+	Audrey DaDamio (Birmingham Seaholm)12	Huntsville/Running Lane Ch (4:42.44) .....	6/12/2021
4:41.00	Ericka VanderLende (Rockford)12	Kentwood/D1 State .....	6/ 1/2019
4:41.87	Flynn	Traverse City/Dual .....	5/12/2021
4:42.6	Han. Meier	Rockford/D1 State .....	6/ 4/2011
4:43.05	Megan Goethals (Rochester)12	Fort Wayne/Midwest Meet .....	6/12/2010
4:43.05	Han. Meier	Kentwood/D1 State .....	6/ 2/2012
4:43.63+	Han. Meier	Greensboro/New Balance [4:45.28] .....	6/18/2011
4:43.72+	Audrey Belf (Birmingham Seaholm)11	New York/adidas Dream Mile (4:45.37) .....	6/14/2014
4:43.84	Anne Forsyth (Ann Arbor Pioneer)11	Kentwood/D1 State .....	6/ 3/2017
4:44.22	R. Forsyth	Rockford/D1 State .....	6/ 3/2023
4:44.38	A. DaDamio	Kentwood/D1 State .....	6/ 5/2021
4:44.50	Annie Fuller (Manistee)12	Traverse City/Bell Inv .....	5/ 1/2015
4:44.52	Arienne Olson (Holland West Ottawa)11	Rockford/D1 State .....	6/ 4/2022
4:44.56	Belf	Bloomfield Hills/OAA White .....	5/ 7/2015
4:44.60	A. DaDamio	Birmingham/Dual .....	5/ 4/2021
4:44.63+	Erin Finn (West Bloomfield)12	New York/ adidas GP [4:46.29] .....	5/25/2013
4:44.70+	Hal. Meier	Greensboro/New Balance [4:46.36] .....	6/18/2011
4:44.79	Belf	Lisle/Midwest Distance Classic .....	6/13/2015
4:45.0	Han. Meier	Grosse Pointe/D1 Regional .....	5/21/2010
4:45.17	VanderLende	Kentwood/D1 State .....	6/ 2/2018
4:45.20	Matson	Flint/A State .....	6/ 1/1985
4:45.37	Finn	Kentwood/D1 State .....	6/ 1/2013
4:45.39+	Rachel Coleman (Northville)12	Greensboro/New Balance (4:47.05) .....	6/15/2014
4:45.42+	Finn	New York/adidas GP [4:47.08] .....	6/ 9/2012
4:45.76	Coleman	Rockford/D1 State .....	5/31/2014
4:45.7	Geena Gall (Grand Blanc)12	Holly/D1 Regional .....	5/22/2005
4:45.80	A. DaDamio	Berkley/OAA Blue Gold .....	5/13/2021
4:45.84+	Emma Squires (Petoskey)12	Huntsville/Running Lane Ch (4:47.50) .....	6/12/2021
4:45.85	VanderLende	Grand Haven/D1 Regional .....	5/18/2018
4:45.8	Hal. Meier	Rockford/D1 State .....	6/ 4/2011
4:45.97	Belf	Waterford/Oakland County .....	5/23/2014
4:46.05	Rachel DaDamio (Birmingham Seaholm)12	Rockford/D1 .....	5/30/2015
4:46.17+	A. Forsyth	Greensboro/New Balance Nat (4:47.83) .....	6/18/2017
4:46.1	Meier	Macomb/Cougars Inv .....	5/15/2010
4:46.33	Flynn	Traverse City/Big North .....	5/26/2021
4:46.45	Sara Kroll (Livonia Churchill)12	Fort Wayne/Midwest Meet .....	6/12/2010
4:46.62+	Fuller	Seattle/Brooks PR (4:48.29) .....	6/20/2015
4:46.72	Lani Bloom (Ithaca)12	Marion/Midwest Meet .....	6/11/2022
4:46.8	Han. Meier	Grosse Pointe/D1 Regional .....	5/20/2011
4:47.04	Goethals	Farmington/Oakland County .....	5/22/2009
4:47.10+	Flynn	Renton/Brooks PR (4:48.77) .....	7/ 2/2021

**Michigan Girls All-Time Lists - Outdoors**  
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4:47.35	Sara Barron (Pontiac Notre Dame)12	Livonia/CHSL A-B .....	5/22/2012
4:47.37	Goethals	Rockford/D1 State .....	6/ 5/2010
4:47.44	Holly Bullough (Traverse City St Francis)11	Traverse City/Bell Inv.....	5/ 1/2015
4:47.4	Matson	(meet?) .....	/1985
4:47.74	A. Forsyth	Saline/D1 Regional .....	5/19/2017
4:47.7	Han. Meier	Grosse Pointe/D1 Regional .....	5/18/2012
4:47.83+	Jessica Jazwinski (Hart)10	Allendale/GVSU Redemption (4:49.50) ..	6/10/2023
4:47.94+	Abby VanderKooi (Muskegon WM Christ)10	San Tan Valley/Desert Dream (4:49.61) ..	6/12/2020
4:47.9	Coleman	Milford/D1 Regional .....	5/16/2014
4:48.07	Jenny Morgan (Clarkston)11	Rockford/D1 State .....	6/ 4/2005
4:48.22	Gabby Hentemann (Grand Haven)11	Grand Haven/dual.....	4/26/2018
4:48.28	Forsyth	Kentwood/D1 State.....	6/ 2/2018
4:48.32+	Selma Anderson (GR Ottawa Hills)11	Allendale/GVSU Redemption (4:50.00) ..	6/10/2023
4:48.37	Kelly Smith (Petoskey)12	Indianapolis/Midwest MOC .....	6/11/1994
4:48.3	Belf	Birmingham/vs Royal Oak .....	4/21/2014
4:48.41	Smith	Saginaw/B State .....	6/ 4/1994
4:48.42	Hentemann	Holland/OK Red.....	5/14/2018
4:48.43	Jordann McDermitt (Davison)12	Rockford/D1 State .....	5/31/2014
4:48.44+	Marissa Treece (Maple City-Glen Lake)12	Greensboro/Nike Outdoor (4:50.12_) ....	6/16/2007
4:48.59	R. Forsyth	Chicago/Illinois Girls Meet of Champs ....	6/20/2021
4:48.75+	Bethany Brewster (Saginaw Vall Lutheran)12	Raleigh/NSO [4:50.43y] .....	6/20/1998
4:48.88	Anna Delgado (East Lansing)12	Rockford/D1 State .....	6/ 3/2023
4:48.89	Bloom	Jenison/D3 State .....	6/ 5/2021
4:48.90#	DaDamio	Romeo/Barnyard Elite Mile .....	4/30/2021
4:48.93	Delgado	Lansing/Greater Lansing .....	5/30/2023
4:48.98	Flynn	Midland/Graves-Swayze Relays .....	4/22/2022
4:49.07+	Rachel McCardell (Birmingham Seaholm)12	Greensboro/New Balance (4:50.75) .....	6/17/2018
4:49.09+	A. DaDamio	Myrtle Beach/NSAF MOC (4:50.77).....	3/28/2021
4:49.15	Taylor Pangburn (Grand Ledge)12	Rockford/D1 State .....	6/ 3/2023
4:49.16	Bullough	Traverse City/Bell Inv.....	5/ 6/2016
4:49.17	Sophie Novak (Lake Orion)10	Lake Orion/D1 Regional .....	5/17/2019
4:49.19+	Coleman	Renton/Brooks PR Invitational (4:50.87) ..	6/21/2014
4:49.29	Rachel Bonner (Port Huron)12	Hudsonville/D1 State .....	6/ 4/2016
4:49.38	Rachel Barrett (Milford)12	Rockford/D1 State .....	5/31/2014
4:49.3	Treece	Traverse City/Bell Inv.....	5/ 4/2007
4:49.40	Han. Meier	Sterling Heights/Arft Sterling Inv .....	5/ 4/2012
4:49.40	Amber Gall (Shepherd)12	Jenison/D3 State .....	6/ 1/2019
4:49.42	Adelyn Ackley (Hart)12	Jenison/D3 State .....	6/ 1/2019
4:49.54	Bullough	Remus/Warrior Inv .....	4/23/2016
4:49.55	Katie Osika (Waterford Mott)12	Novi/Oakland County.....	5/25/2018
4:49.55	Kayla Windemuller (Holland Christian)12	Zeeland/D2 State.....	6/ 2/2018
4:49.60	Olson	Kentwood/dual.....	4/13/2022
4:49.60	Bloom	Kent City/D3 State .....	6/ 4/2022
4:49.64	Finn	Farmington/D1 Regional.....	5/18/2013
4:49.65+	Goethals	Greensboro/Nike Outdoor (4:51.33y).....	6/20/2009
4:49.65	Ali Wiersma (Allendale)12	Zeeland/D2 Regional .....	5/18/2012
4:49.68	Bonner	Rockford/D1 .....	5/30/2015
4:49.7	Brook Handler (Rochester)12	Rockford/D1 State .....	6/ 4/2011
4:49.96	Coleman	Saline/Golden Triangle .....	5/ 2/2014
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4:50.10	Olivia Theis (Lansing Catholic)11	Comstock Park/D3 State .....	6/ 3/2017
4:50.36	Karenna Duffey (Macomb L'Anse Creuse N)12	Kentwood/D1 State.....	6/ 3/2017
4:50.61	Aiden Harrand (Buckley)11	Traverse City/Bell Inv.....	5/ 5/2023
4:50.80	Becca Addison (Grand Haven)11	Rockford/D1 State .....	5/31/2008
4:50.87	Anna Jensen (Midland Jefferson MS)8	Shepherd/MEGASTAR .....	6/ 1/2016
4:50.95	Linsey Blaisdell (Rockford)11	Rockford/Div1 State.....	6/ 3/2000
4:51.01	Taylor Manett (Rockford)12	Fort Wayne/Midwest MC.....	6/ 9/2012
4:51.10+	Sharon Van Tuyl (Portage Northern)	Raleigh/NSO [4:52.79y] .....	6/14/1997
4:51.10	Caitlin Rose (Grand Blanc)12	Lake Orion/D1 Regional .....	5/17/2019
4:51.27	Shannon Osika (Waterford Mott)10	Farmington/Oakland County .....	5/22/2009
4:51.2	Gabrielle Anzalone (Grand Blanc)12	Ortonville/D1 Regional.....	5/20/2011

**Michigan Girls All-Time Lists - Outdoors**  
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4:51.30# Sarah Forsyth (Ann Arbor Pioneer)12	Romeo/Barnyard Mile (1M).....4/29/2022
4:51.35# Judy Rector (Hanover-Horton)12	Saline/Golden Triangle (mile) .....5/ 3/2019
4:51.41 Drew Muller (East Grand Rapids)10	Ada/D2 State .....6/ 4/2022
4:51.43+ Annie Otwell (Traverse City Central)11	Greensboro/Nike Outdoor (4:53.13) .....6/18/2005
4:51.53 Karrigan Smith (St Johns)11	Grand Rapids/D2 State.....5/31/2014
4:51.64 Lisa Senakiewich (Davison)12	Rockford/D1 State .....6/ 5/2004
4:51.69 Lisa Luecke (Allen Park)12	Rockford/D1 State .....6/ 4/2022
4:51.75 Lauren Freeland (Kent City)12	Jenison/D3 State .....6/ 1/2019
4:51.89 Cookie Baugh (Ann Arbor Pioneer)12	Rockford/D1 State .....6/ 4/2022
4:51.96 Ersula Farrow (Grosse Pointe South)10	Kentwood/D1 State.....6/ 1/2013
4:51.97 Courtney Calka (Livonia Stevenson)12	Kentwood/D1 State.....5/30/2009
4:52.17 Malarie Pinwar (Mt Pleasant)12	Rockford/D1 State .....6/ 4/2022
4:52.21 Megan O'Neal (Remus Chippewa Hills)11	Ada/D2 State .....6/ 1/2013
4:52.28+ Elianna Shwayder (Saline)12	Greensboro/New Balance (4:53.98) .....6/13/2014
4:52.38 Helen Sachs (Holland West Ottawa)9	Rockford/D1 State .....6/ 4/2022
4:52.52 Elena Figueroa (St Joseph)10	Rockford/D1 State .....6/ 3/2023
4:52.80 Sarah Coyne (Plymouth)12	Rockford/D1 State .....6/ 4/2022
4:52.85 Sarah Kettel (Lansing Capital Homeschool)11	Alma/Scottie Classic.....5/ 9/2015
4:52.94 Liz Mengyan (Clarkston)12	Rockford/D1 State .....6/ 4/2005
4:52.95 Cara Newman (Canton)12	Rockford/D1 State .....6/ 3/2023
4:53.09+ Jacalyn Overdier (Ann Arbor Pioneer)12	Greensboro/New Balance Nat (4:54.79) 6/16/2017
4:53.0+ Sue Parks (Ypsilanti)10	Des Moines/Drake Relays [4:54.7y].....4/29/1972
4:53.13 Lindsay Gakenheimer (Monroe)12	Jackson/Midwest Meet .....6/14/2008
4:53.21 Ellie Leonard (Jenison)11	Kentwood/D1 State.....6/ 1/2013
4:53.22 Lucy Cook (Rochester)10	Oxford/Oakland County .....5/26/2023
4:53.25 Lindsey Peters (Caledonia)12	Grand Haven/OK Red.....5/14/2021
4:53.35 Nicole Bush (Kelloggsville)12	Comstock Park/D3 State .....6/ 5/2004
4:53.68+ Amber Smith (Ishpeming Westwood)11	Raleigh/adidas Outdoor (4:55.39y).....6/14/2003
4:53.68 Allison Chmielewski (Roscommon)11	East Jordan/D3 Regional.....5/21/2021
4:53.6 Kris Salt (Dearborn Edsel Ford)12	Alma/A State .....5/30/1987
4:53.75 Valerie Wierenga (Grandville)10	Rockford/D1 State .....5/31/2014
4:53.77 Samantha Tran (Forest Hills Northern)12	Kentwood/D1 State.....6/ 1/2019
4:53.83 Madelyn Frens (Grand Rapids Christian)12	Ada/D2 State .....6/ 4/2022
4:53.92 Sielle Kearney (Traverse City Central)11	Kentwood/D1 State.....6/ 3/2017
4:54.03 Rylee Robinson (Waterford Mott)11	Novi/Oakland County.....5/25/2018
4:54.07 Jamie Krzyminski (Corunna)12	Grandville/Div2 State.....6/ 3/2000
4:54.27 Madison Osterberg (Jackson Lumen Christi)11	Parma/Tri.....5/ 9/2023
4:54.3+ Lynn Lovatt (Lincoln Park)9	Bakersfield/AAU Girls Ch [4:56.0y].....7/ 7/1971
4:54.42 Rachel Walny (Chippewa Valley)12	Rockford/D1 State .....5/31/2014
4:54.43 Victoria Heiligenthal (Milford)11	Novi/Oakland County.....5/25/2018
4:54.51 Kali Dent (Midland Dow)12	Rockford/D1 State .....5/31/2014
4:54.61 Yasmine Mansi (Northville)10	Kentwood/D1 State.....6/ 1/2019
4:54.67 Jamie Morrissey (Rochester Adams)12	Fort Wayne/Midwest MOC.....6/15/2013
4:54.6 Kayla Skelly (Midland)12	Carmel/Classic.....6/19/1982
4:54.6 Avery Evenson (Hartland)9	Milford/D1 Regional .....5/22/2010
4:54.85 Megan Worrel (Troy)11	Novi/Oakland County.....5/26/2017
4:54.86 Mallory Barrett (Milford)12	Pinckney/KLAA Lakes.....5/13/2017
4:54.87 Samantha Saenz (Concord)12	East Lansing/Midwest Meet.....6/ 9/2018
4:54.95 Melanie Helder (Hudsonville)12	Holland/OK Red.....5/14/2018
4:54.95 Samantha Hastie (Ann Arbor Huron)12	Ann Arbor/Tri.....5/ 4/2021
4:55.06 Nikki Bohnsack (Rockford)11	Grand Rapids/D1 State.....5/31/2003
4:55.09# Annika Sandman (Lowell)12	Grand Rapids/Distance Night (1M).....5/27/2023
4:55.0 Lindsay Clark (Walled Lake Western)12	Rockford/D1 State .....6/ 4/2011
4:55.16 Elizabeth Dalrymple (Clarkston)10	Novi/Oakland County.....5/26/2017
4:55.22 Lauren Brasure (Rockford)12	Rockford/D1 State .....5/31/2014
4:55.23 Lexa Barrott (Northville)11	Rockford/D1.....5/30/2015
4:55.23 Noel Vanderwall (Petoskey)12	Ada/D2 State .....6/ 4/2022
4:55.28 Lindsey Rudden (Marquette)10	Kingsford/UP1 State .....5/31/2014
4:55.29 Katie Boyles (Rochester Adams)11	Rockford/Div1 State.....6/ 3/2000
4:55.2 Julia Otwell (Traverse City Central)12	Traverse City/D1 Regional.....5/22/2010
4:55.38 Allison Cornell (Forest Hills Northern)11	Rockford/D1 State .....6/ 4/2022



**Michigan Girls All-Time Lists - Outdoors**  
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4:55.44	Janee Jones (Goodrich)11	Comstock Park/D3 State .....	6/ 5/2004
4:55.57	Alexa Glencer (Ann Arbor Greenhills)12	Forest Hills/D4 State.....	6/ 3/2006
4:55.63	Jackie Gaydos (Allen Park)12	Caledonia/D2 State.....	5/31/2003
4:55.69	Kenzie Weiler (Cedar Springs)12	Cedar Springs/Red Hawk Inv .....	5/ 2/2015
4:55.6	Annie Norah-Beveridge (Ann Arbor Huron)12	Rockford/D1 State .....	6/ 4/2011
4:55.77	Julie Watson (Hemlock)12	Jackson/B State.....	6/ 1/1985
4:55.77	Kelly Robinson (Holt)11	Grand Rapids/D1 State.....	5/31/2003
4:55.7+	Miriam Boyd (Port Huron)12	Brighton/A State [4:57.4y].....	6/ 2/1979
4:55.7+	Melissa Thompson (Ludington)11	Grand Rapids/B State [4:57.4y] .....	6/ 5/1982
4:55.7	Katie Hoebet (Ann Arbor Pioneer)11	Saline/D1 Regional.....	5/20/2011
4:55.81	Jaden Theis (Lansing Catholic)9	Comstock Park/D3 State .....	6/ 3/2017
4:55.81	Kaitlyn Hynes (DeWitt)12	Kentwood/D1 State.....	6/ 5/2021
4:55.87	Kyla Christopher-Moody (West Bloomfield)10	Kentwood/D1 State.....	6/ 3/2017
4:55.8	Meggan Freeland (Parma Western)11	Charlotte/D2 Regional .....	5/16/2008
4:55.92	Gabrielle Swider (Livonia Churchill)12	Kentwood/D1 State.....	6/ 2/2018
4:56.00	Laura Simmering (Ann Arbor Huron)12	Ypsilanti/A State.....	6/ 4/1988
4:56.00	Emily Cooper (Ann Arbor Pioneer)11	Rockford/D1 State .....	6/ 4/2022
4:56.0	Meg Darmofal (Mason)10	Mason/Inv .....	4/26/2013
4:56.12	Jenna Magness (Grand Ledge)12	Kentwood/D1 State.....	6/ 3/2017
4:56.15	Stephanie Morgan (Clarkston)9	Dayton/Roosevelt Inv.....	5/ 6/2006
4:56.22	Rachele Schulist (Zeeland West)12	Rockford/Inv .....	4/14/2012
4:56.35#	Jayden Harberts (Macomb Dakota)10	Romeo/Barnyard Mile (1M).....	4/29/2022
4:56.45	Jessica Kraft (Ogemaw Heights)12	Delaware/Midwest Meet .....	6/ 9/2001
4:56.4	Kalin Toedebusch (Rockford)11	Brighton/MITCA Team Div 1.....	5/27/2000
4:56.52	Lauren Freeland (Kent City)11	Comstock Park/D3 State .....	6/ 2/2018
4:56.5	Jennifer Rioux (Livonia Ladywood)12	(meet?) .....	/1982
4:56.5	Kim Adent (St. Joseph)11	Caro/B State .....	6/ 4/1983
4:56.67	Emily Blakeslee (Rockford)12	Rockford/Div1 State.....	6/ 3/2000
4:56.68	Ana Barrott (Northville)12	Kentwood/D1 State.....	6/ 2/2018
4:56.6	Melissa Miller (Portland)12	Lowell/Div2 Regional .....	5/20/2000
4:56.71	Audrianna Enns (Hart)12	Kent City/D3 State .....	6/ 4/2022
4:56.73	Kayla Kavulich (Salem)11	Kentwood/D1 State.....	6/ 1/2013
4:56.79	Anna Petr (East Grand Rapids)11	Ada/OK Gold .....	5/10/2019
4:56.80	Sarah Squires (Unionville-Sebewaing)10	Comstock Park/D3 State .....	6/ 5/2004
4:56.83	Morgan Brown (Livonia Churchill)11	Davison/Champion of Champions .....	6/10/2023
4:56.8+	Amy Thomas (Dearborn)10	Brighton/A State [4:58.5y] .....	6/ 2/1979
4:56.8+	Melanie Weaver (Mason County C)12	C Regional [4:58.5y] .....	/1979
4:56.8	Kelly McKillen (Dexter)12	B Regional .....	/1983
4:56.92	Emily Tomes (GR Catholic Central)11	Grand Rapids/D2 State.....	6/ 3/2023
4:56.93	Michele Morriset (Troy)11	Kentwood/D1 State.....	5/30/2009
4:56.93	Erin Billete (Clarkston)12	Fort Wayne/Midwest MOC.....	6/15/2013
4:56.99	Alex Leptich (Saline)11	Kentwood/D1 State.....	5/30/2009
4:57.05	Gillian Fiene (Holland Christian)11	Zeeland/D2 State.....	6/ 1/2019
4:57.0	Katie Erdman (Cadillac)12	Cadillac/News Inv .....	5/27/2002
4:57.10	Bekah Smeltzer (Monroe Jefferson)11	Forest Hills/D2 State.....	6/ 3/2006
4:57.16	Maryssa Depies (Muskegon Reeths-Puffer)12	Muskegon/WM All-Star .....	5/24/2017
4:57.23	Meghan Ford (Mason MS)8	Marion/Summer Finale .....	7/23/2020
4:57.30	Ainsley Workman (East Grand Rapids)12	Ada/D2 State .....	6/ 4/2022
4:57.35#	Lauren Kiley (Plymouth)12	Romeo/Barnyard Mile (1M).....	4/29/2022
4:57.40	Kaylie Livingston (Whitmore Lake MS)8	Whitmore Lake/MS Inv .....	5/ 6/2023
4:57.4	Kelly Shumate (Clio)12	A Regional .....	/1983
4:57.57	Mary Richmond (Frankenmuth)10	Ada/D2 State .....	6/ 4/2022
4:57.59	Michaela Carnegie (Benzie Central)12	Comstock Park/D3 State .....	6/ 4/2011
4:57.59	Theresa Warsecke (Benzie Central)12	Comstock Park/D3 State .....	6/ 2/2012
4:57.5	Kelsie Schwartz (Harper Woods Regina)9	Sterling Heights/Inv.....	5/ 6/2011
4:57.63	Meghan Beute (GR Covenant Christian)12	Kent City/D3 State .....	6/ 4/2022
4:57.67	Brooke Kovacic (Oxford)11	Holly/Oakland County .....	5/25/2012
4:57.68	Hannah Smith (Traverse City West)9	Traverse City/Record Eagle.....	5/29/2018
4:57.7+	Tina Jordan (Detroit Mumford)11	Brighton/A State [4:59.4y].....	6/ 2/1979
4:57.81	Alex Berends (Hudsonville)12	Rockford/D1 State .....	5/31/2014
4:57.93	Bailey Johnson (Jenison)12	Rockford/D1.....	5/30/2015

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4:57.9	Joan DeMaat (Grand Rapids Christian)12	Sturgis/B State.....	5/31/1980
4:57.9	Jackie Feist (Birmingham Groves)11	Bloomfield Hills/OAA Blue.....	5/ 9/2013
4:58.09#	Payton Scheffler (Woodhaven)11	Romeo/Barnyard Mile (1M).....	4/28/2023
4:58.11	Peyton Witt (Portage Northern)11	Kentwood/D1 State.....	6/ 2/2018
4:58.14+	Valerie Ambrose (Riverview Richard)12	Ft Wayne/MMOC [4:59.87y] .....	6/ 8/1985
4:58.15	Kaylie Rhynard (Shepherd)11	Kent City/MITCA D3.....	5/25/2013
4:58.19	Janee Jones (Goodrich)12	Comstock Park/D3 State .....	6/ 4/2005
4:58.1+	Kathy Wilson (Bloomfield Hills Lahser)12	BH/State[4:59.8y].....	6/ 4/1977
4:58.1	Allison White (Midland Dow)12	Traverse City/D1 Regional.....	5/22/2010
4:58.21	Abbie Draheim (East Lansing)12	Kentwood/D1 State.....	6/ 5/2021
4:58.23	Ramzee Fondren (Detroit Renaissance)10	Forest Hills/D2 State.....	6/ 3/2006
4:58.49	Carlie Green (Milford)12	Jackson/Midwest Meet .....	6/ 9/2007
4:58.5	Karyn Duba (Caledonia)12	[HST] .....	/1994
4:58.66	Jami Reed (Forest Hills Eastern)12	Ada/OK Gold .....	5/10/2019
4:58.6+	Lori Bennett (Livonia Ladywood)9	Grand Rapids/B State [+7] [5:00.3y] .....	6/ 5/1982
4:58.71	Christina Sawyer (Tecumseh)12	Zeeland/D2 State.....	6/ 3/2017
4:58.71	Natalie VanOtteren (GR Christian)11	Lowell/Tri .....	4/19/2023
4:58.74	Sharon Dickie (Grand Blanc)12	Delaware/Midwest Meet .....	6/13/1998
4:58.74	Rachel Levy (Midland)12	Rockford/D1.....	5/30/2015
4:58.76	Alisia Olteanu (Walled Lake Western)10	Rockford/D1 State .....	6/ 4/2022
4:58.79+	Brooke Eilers (Holland Christian)10	Greensboro/Nike Outdoor [5:00.43].....	6/15/2007
4:58.7	Heather Slay (East Grand Rapids)11	B Regional .....	5/21/1988
4:58.92	Raquel Serna (St Louis)12	Shepherd/D3 Regional .....	5/17/2013
4:58.94	Katy Hollbacher (Petoskey)12	Wyoming/B State .....	5/30/1992
4:58.96	Clara James-Heer (Forest Hills Central)11	Grand Rapids/Michiana Health-West.....	5/23/2023
4:58.9	Seanna Arnold (Ann Arbor Pioneer)11	Alma/A State .....	5/30/1987
4:58.9	Christy Goodison (Sterling Hts Stevenson)10	Sterling Heights/dual.....	5/ /1992
4:58.9	Katie Haines (Rockford)12	Rockford/dual .....	4/22/2008
4:59.03	Makenna Veen (Plainwell)8	Shepherd/MEGASTAR .....	6/ 1/2016
4:59.04	Noelle Adriaens (Pinckney)12	East Lansing/Midwest Meet.....	6/ 8/2019
4:59.07	Mary Kostielney (Forest Hills Eastern)12	Grand Rapids/OK Bronze .....	5/ 9/2014
4:59.08	Karrigan Smith (St Johns)12	Zeeland/D2 .....	5/30/2015
4:59.17	Jasmine Harper (Clare)9	Comstock Park/D3 State .....	5/31/2014
4:59.23	Maggie Farrell (Battle Creek Lakeview)11	Hudsonville/D1 State .....	6/ 4/2016
4:59.23	Haley Deighan (Birmingham Seaholm)12	Farmington/dual.....	4/20/2022
4:59.2	Gabrielle Thiverge (Rochester Adams)10	Ortonville/D1 Regional.....	5/20/2011
4:59.36+	Tina Jordan (Detroit Mumford)11	Lincoln, Ne [5:01.10].....	8/11/1979
4:59.36	Rylee Tolson (Stockbridge)12	Kent City/D3 State .....	6/ 4/2022
4:59.38	Emma Doorn (Grandville Calvin Christian)12	Grand Rapids/Golden Eagle Inv .....	5/ 5/2015
4:59.50	Ella Christensen (Northville)10	Rockford/D1 State .....	6/ 4/2022
4:59.5+	Mary Ann Opalewski (Saginaw MacArthur)10	[5:01.2].....	/1975
4:59.5	Angie Mogielski (Redford Union)12	Jackson/A State .....	6/ 4/1983
4:59.62	CC Jones (Lansing Catholic)11	Lansing/Greater Lansing .....	5/31/2022
4:59.6	Michelle Bews (Birmingham Seaholm/AUS)12	Jackson/A State .....	6/ 2/1984
4:59.73	Emma DeVries (GR West Michigan Aviation)11	Grand Rapids/D2 State.....	6/ 3/2023
4:59.7+	Jill Washburn (Rochester)12	Brighton/A State [5:01.4].....	6/ 2/1979
4:59.7	Kelly Champagne (Livonia Ladywood)12	Caro/B State .....	6/ 4/1983
4:59.83	Allison Kuzma (Zeeland East)11	Davison/Champion of Champions .....	6/10/2023
4:59.84	Madeleine Hill (Saranac)12	Lansing/Greater Lansing .....	5/30/2023
4:59.86	Maddy Trevisan (Farmington)12	Delaware/Midwest Meet of Champs .....	6/11/2016
4:59.87	Madison Stern (Saline)12	Rockford/D1 State .....	6/ 4/2022
4:59.88	Bridget Mann (Ann Arbor Pioneer)9	Chicago .....	6/ 1990
4:59.91	Nicole Zeinstra (Holland Black River)12	Jeinon/D4 State .....	6/ 2/2012
4:59.91	Michelle Kuipers (Holland Christian)11	Zeeland/D2 State.....	6/ 1/2019
4:59.94	Natalie Webb (Woodhaven)10	Kentwood/D1 State.....	6/ 3/2006
4:59.97	Teresa Bongiovanni (Romeo)11	Rockford/D1 State .....	6/ 2/2001
<b>Exhibition (Pandemic):</b>			
4:40.9	Zofia Dudek (Ann Arbor Pioneer)12	Ann Arbor/Time Trial .....	5/20/2020
4:46.8	Arienne Olson (Holland West Ottawa)9	Holland/Time Trial.....	5/19/2020
4:50.7	Lani Bloom (Ithaca)10	Ithaca/Time Trial .....	4/18/2020
4:54.4	Julia Flynn (Traverse City Central)10	Traverse City/Time Trial .....	6/ 5/2020

**Michigan Girls All-Time Lists - Outdoors**  
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4:55.9 Lucy Petee (Mason)12 Mason/Virtual Menlo .....7/25/2020

**MILE**

(no conversions):

4:37.73	Julia Flynn (Traverse City Central)12	Seattle/Brooks PR .....6/15/2022
4:40.48	Hannah Meier (Grosse Pointe South)12	New York/adidas GP .....5/25/2013
4:41.34	Zofia Dudek (Ann Arbor Pioneer)11	Shoreham/Brooks PR .....6/15/2019
4:41.48	Rachel Forsyth (Ann Arbor Pioneer)11	Philadelphia/NB Nationals .....6/17/2023
4:42.11	Haley Meier (Grosse Pointe South)12	New York/ adidas GP .....5/25/2013
4:42.44	Audrey DaDamio (Birmingham Seaholm)12	Huntsville/Running Lane Ch .....6/12/2021
4:45.28	Han. Meier	Greensboro/New Balance .....6/18/2011
4:45.37	Audrey Belf (Birmingham Seaholm)11	New York/adidas Dream Mile.....6/14/2014
4:45.96	DaDamio	Kentwood/D1 State.....6/ 5/2021
4:46.29	Erin Finn (West Bloomfield)12	New York/ adidas GP.....5/25/2013
4:46.36	Hal. Meier	Greensboro/New Balance.....6/18/2011
4:47.05	Rachel Coleman (Northville)12	Greensboro/New Balance.....6/15/2014
4:47.08	Finn	New York/adidas GP .....6/ 9/2012
4:47.50	Emma Squires (Petoskey)12	Huntsville/Running Lane Ch .....6/12/2021
4:47.83	Anne Forsyth (Ann Arbor Pioneer)11	Greensboro/New Balance Nat .....6/18/2017
4:48.29	Annie Fuller (Manistee)12	Seattle/Brooks PR Invitational .....6/20/2015
4:48.77	Flynn	Renton/Brooks PR.....7/ 2/2021
4:49.50	Jessica Jazwinski (Hart)10	Allendale/GVSU Redemption .....6/10/2023
4:49.61	Abby VanderKooi (Muskegon WM Christ)10	San Tan Valley/Desert Dream .....6/12/2020
4:50.00	Selma Anderson (GR Ottawa Hills)11	Allendale/GVSU Redemption .....6/10/2023
4:50.12	Marissa Treece (Maple City-Glen Lake)12	Greensboro/Nike Outdoor.....6/16/2007
4:50.43	Bethany Brewster (Saginaw Valley Luth)12	Raleigh/NSO.....6/20/1998
4:50.75	Rachel McCardell (Birmingham Seaholm)12	Greensboro/New Balance.....6/17/2018
4:50.77	A. DaDamio	Myrtle Beach/NSAF Meet of Champions 3/28/2021
4:50.87	Coleman	Renton/Brooks PR Invitational.....6/21/2014
4:51.33	Goethals	Greensboro/Nike Outdoor.....6/20/2009
4:51.40	A. DaDamio	Romeo/Barnyard Elite Mile .....4/30/2021
4:52.09	Jazwinski	Grand Rapids/Distance Night .....5/27/2023
4:52.24	Lani Bloom (Ithaca)11	Romeo/Barnyard Elite Mile .....4/30/2021
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4:52.52	Sarah Coyne (Plymouth)12	Philadelphia/NB Nationals .....6/19/2022
4:52.61	Arienne Olson (Holland West Ottawa)11	Romeo/Barnyard Mile .....4/29/2022
4:52.70	Sarah Forsyth (Ann Arbor Pioneer)12	Romeo/Barnyard Mile .....4/29/2022
4:52.79	Sharon Van Tuyl (Portage Northern)	Raleigh/NSO.....6/14/1997
4:53.13	Annie Otwell (Traverse City Central)11	Greensboro/Nike Outdoor.....6/18/2005
4:53.17	Judy Rector (Hanover-Horton)12	Saline/Golden Triangle .....5/ 3/2019
4:53.98	Elianna Shwayder (Saline)12	Greensboro/New Balance .....6/13/2014
4:54.20	Helen Sachs (Holland West Ottawa)9	Grand Rapids/Cougar Inv .....4/23/2022
4:54.69	Cookie Baugh (Ann Arbor Pioneer)12	Romeo/Barnyard Mile .....4/29/2022
4:54.79	Jacalyn Overdier (Ann Arbor Pioneer)12	Greensboro/New Balance Nat .....6/16/2017
4:54.7	Sue Parks (Ypsilanti)10	Des Moines/Drake Relays .....4/29/1972
4:55.39	Amber Smith (Ishpeming Westwood)11	Raleigh/adidas Outdoor .....6/14/2003
4:55.44	Aiden Harrand (Buckley)11	Eugene/Nike Outdoor Nationals .....6/18/2023
4:56.0	Lynn Lovatt (Lincoln Park)9	Bakersfield/AAU Girls Ch.....7/ 7/1971
4:56.92	Annika Sandman (Lowell)12	Grand Rapids/Distance Night .....5/27/2023
4:57.32	Drew Muller (East Grand Rapids)11	Grand Rapids/Distance Night .....5/27/2023
4:57.38	Rylee Robinson (Waterford Mott)10	Greensboro/New Balance Nationals.....6/18/2017
4:57.4	Miriam Boyd (Port Huron)12	Brighton/A State.....6/ 2/1979
4:57.4	Melissa Thompson (Ludington)11	Grand Rapids/B State.....6/ 5/1982
4:57.61	Anna Jensen (Midland Dow)9	Greensboro/New Balance Nationals.....6/18/2017
4:57.97	Jayden Harberts (Macomb Dakota)10	Romeo/Barnyard Mile .....4/29/2022
4:58.54	Emily Cooper (Ann Arbor Pioneer)11	Romeo/Barnyard Mile .....4/29/2022
4:58.5	Amy Thomas (Dearborn)10	Brighton/A State .....6/ 2/1979
4:58.5	Melanie Weaver (Mason County C)12	C Regional...../1979
4:58.96	Lauren Kiley (Plymouth)12	Romeo/Barnyard Mile .....4/29/2022

**Michigan Girls All-Time Lists - Outdoors**  
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4:59.4	Tina Jordan (Detroit Mumford)11	Brighton/A State.....	6/ 2/1979
4:59.61	Sophie Novak (Lake Orion)12	Romeo/Barnyard Elite Mile .....	4/30/2021
4:59.83	Victoria Heilingenthal (Milford)10	Greensboro/New Balance Nationals.....	6/16/2017
4:59.87	Valerie Ambrose (Riverview Richard)12	Ft Wayne/MMOC .....	6/ 8/1985
4:59.8	Kathy Wilson (Bloomfield Hills Lahser)12	Bloomfield Hills/A State.....	6/ 4/1977
4:59.90	Payton Scheffler (Woodhaven)11	Romeo/Barnyard Mile .....	4/28/2023
4:59.97	Samantha Tran (Forest Hills Northern)12	Saline/Golden Triangle .....	5/ 3/2019
5:00.3	Lori Bennett (Livonia Ladywood)9	Grand Rapids/B State [+7].....	6/ 5/1982
5:00.43	Brooke Eilers (Holland Christian)10	Greensboro/Nike Outdoor.....	6/15/2007
5:00.88	Lexa Barrott (Northville)12	Saline/Golden Triangle .....	5/ 6/2016
5:01.10	Tina Jordan (Detroit Mumford)11	Lincoln/AAU Junior Olympics .....	8/11/1979
5:01.2	Mary Ann Opalewski (Saginaw MacArthur)10	.....	/1975
5:01.4	Jill Washburn (Rochester)12	Brighton/A State.....	6/ 2/1979

## 2000 STEEPLECHASE

7:16.83	Lyndsay Smith (Clarkston)11	Greensboro/Nike Outdoor.....	6/17/2005
7:18.09	Jennifer Ohlsson (Pontiac Notre Dame)11	Greensboro/AAU Junior Olympics .....	7/31/2019
7:26.46	Smith	Dayton/Roosevelt Memorial.....	5/ 5/2006
7:27.54	Ohlsson	Detroit/AAU Region 12 .....	6/28/2019
7:32.77	Mariah Belmont (Macomb Dakota)11	Allendale/GVSU Redemption .....	6/10/2023
7:33.34	Belmont	Greensboro/AAU Junior Olympics .....	8/ 3/2022
7:34.41	Libby Munderloh (St Louis)11	Detroit/AAU Regional.....	7/ 2/2021
7:34.79	Munderloh	Allendale/Midwest Redemption .....	6/11/2022
7:35.40	Munderloh	Humble/AAU JO .....	8/ 4/2021
7:35.52	Belmont	Eugene/Nike Outdoor Nationals .....	6/16/2023
7:37.39	Christina Micale (Macomb Dakota)12	Ypsilanti/AAU Regional .....	6/30/2013
7:38.21	Munderloh	Greensboro/AAU Junior Olympics .....	8/ 3/2022
7:39.04	Addie Birkholz (Holland West Ottawa)9	Allendale/GVSU Redemption .....	6/10/2023
7:40.44	Anne Oltman (Clarkston)12	Greensboro/Nike Outdoor.....	6/17/2005
7:40.64	Kayla Dobies (Macomb Dakota)11	Olivet/Michigan USATF JO .....	6/ 20/2015
7:42.54	Micale	Ypsilanti/AAU JO .....	7/31/2013
7:45.00	Smith	Dayton/Roosevelt Mitchell .....	5/ 7/2005
7:46.51	Oltman	Raleigh/adidas Outdoor Ch .....	6/19/2004
7:47.06	Camille Kukor (Ann Arbor Skyline)11	Ypsilanti/AAU Junior Olympics.....	8/ 2/2017
7:49.54	Oltman	Dayton/Roosevelt Mitchell .....	5/ 7/2005
7:50.17	Oltman	Raleigh/adidas Outdoor Ch .....	6/14/2003
7:50.51	Smith	Greensboro/Nike Outdoor Ch .....	6/17/2006
7:51.78	Anna Haritos (Auburn Hills Avondale)11	Greensboro/USATF JO.....	7/25/2013
7:52.00	Alexandria Dawson (Grand Blanc)10	Columbus/AAU JO Region 6A.....	7/ 8/2007
7:56.22	Kiera Hansen (Freeland)9	Detroit/AAU Region 12 .....	6/28/2019
7:56.65	Paige Arney (Ortonville Brandon)12	Ypsilanti/AAU State.....	7/ 6/2014
7:59.07	Kukor	Humble/AAU Junior Olympics .....	8/ 3/2016
8:00.73	Christian Sanders (Detroit Renaissance)10	Greensboro/AAU Junior Olympics .....	8/ 3/2022
8:02.29	Kukor	Detroit/AAU JO Regional .....	7/ 2/2017
8:03.48	Peyton Hansen (Freeland)11	Detroit/AAU Region 12 .....	6/28/2019
8:05.22	Haritos	Ypsilanti/AAU Regional .....	6/30/2013
8:05.25	Jenna Locricchio (Ann Arbor Richard)11	Detroit/AAU Region 12 .....	6/28/2019
8:05.47	Mallory Emeigh (Allen Park)10	Detroit/AAU Region 12 .....	6/28/2019
8:05.62	Eryn Lewis (Parma Western)11	Detroit/AAU Regional.....	6/29/2018
8:05.75	Kukor	Detroit/AAU JO Regional .....	7/ 2/2016
8:06.97	Beth Hoekstra (Clarkston)12	Greensboro/Nike Outdoor Ch .....	6/17/2006
8:08.40	Lyndsey Braman (Flint Powers)12	Detroit/AAU JO Regional .....	7/ 2/2017
8:08.45	Lexie Mathis (Saline)11	Dayton/Roosevelt Memorial .....	5/ 5/2006
8:09.96	Christian Sanders (Detroit Renaissance)9	Humble/AAU JO .....	8/ 4/2021
8:10.19	Arney	Des Moines/AAU JO .....	7/30/2014
8:11.21	Chelsie Noble (Saline)12	Dayton/Roosevelt Memorial.....	5/ 1/2010
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8:13.53	Katelyn Ashworth (Allendale MS)6	Allendale/GVSU Redemption .....	6/10/2023

**Michigan Girls All-Time Lists - Outdoors**  
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8:14.22	Maddie Brown (Brighton)10	Ypsilanti/AAU Junior Olympics.....8/ 2/2017
8:14.55	Eva Chmielewski (Otisville LakeVille)11	Detroit/AAU JO Regional .....7/ 2/2016
8:16.78	Lindsey Cummings (Saline)12	Dayton/Mitchell Roosevelt .....5/ 3/2008
8:27.57	Natasha Boelstler (Grosse Pointe South)11	Norfolk/AAU Junior Olympics .....8/ 5/2015
8:34.85	Jessica Smith (Rochester)10	Norfolk/AAU JO .....8/ 4/2010
8:36.11	Maya Riddle (Berkley)11	Ypsilanti/AAU State.....7/ 6/2014
8:40.15	Laurie Metzger (Ann Arbor Pioneer)11	Dayton/Roosevelt Memorial.....5/ 5/2006
8:41.64	Samantha Jazwinski (Hart Elementary)4	Allendale/GVSU Redemption .....6/10/2023
8:47.72	Katie Powell (Shepherd MS)8	Ypsilanti/AAU Regional .....6/30/2013
8:52.25	Sinead Noonan (Homeschool)9	Allendale/Midwest Redemption .....6/11/2022
8:58.94	Ellery Horness (Muskegon Mona Shores)9	Allendale/GVSU Redemption .....6/10/2023
8:58.96	Jersi Bilek (Muskegon Reeths-Puffer)9	Allendale/GVSU Redemption .....6/10/2023
9:02.10	Adalyn Britton (Whitehall)10	Allendale/GVSU Redemption .....6/10/2023
9:06.53	Anya Coates (Detroit Renaissance)9	Dayton/Roosevelt Memorial.....5/ 3/2019
9:10.43	Faith Jones (Dexter)9	Detroit/AAU Regional.....6/29/2018
9:17.61	Adrienne Fluette (Muskegon Reeths-Puffer)10	Allendale/GVSU Redemption .....6/10/2023
9:18.08	Robyn Hunt (Muskegon Mona Shores)12	Allendale/GVSU Redemption .....6/10/2023
9:20.52	Dara Phillips (Southfield)12	Dayton/Roosevelt Mitchell .....5/ 7/2005
9:32.9	Liz Arnold (Clarkston)11	Dayton/Mitchell Roosevelt .....5/ 1/2009
9:39.2	Stephanie Bollini (Clarkston)12	Dayton/Mitchell Roosevelt .....5/ 1/2009
9:45.46	Barbara Sammut (White Lake Lakeland)10	Norfolk/AAU Junior Olympics .....8/ 5/2015

### 3000 METERS

9:16.3#	Ericka VanderLende (Rockford)12	Shoreline/Brooks PR (2M).....6/15/2019
9:19.3#	VanderLende	Shoreline/Brooks PR (2M).....6/ 8/2018
9:19.95#	Julia Flynn (Traverse City Central)12	Eugene/Nike Outdoor (2M).....6/18/2022
9:21.9#	VanderLende	Shepherd/Bluejay Inv (3200) .....5/ 3/2019
9:23.5#	Audrey DaDamio (Birmingham Seaholm)12	Renton/Brooks PR (2M).....7/ 2/2021
9:25.5#	Megan Goethals (Rochester)12	Milford/Oakland County [2M] .....5/28/2010
9:26.08#	Goethals	Greensboro/New Balance [2M] .....6/18/2010
9:26.6#	Abby VanderKooi (Muskegon WM Christ)10	San Tan Valley/Desert Dream (3200) .....6/13/2020
9:29.82	Zofia Dudek (Ann Arbor Pioneer)11	Boras/European U20 Champs (h).....7/19/2019
9:29.9#	DaDamio	Farmington/NB Invitational Twi (3200).....5/ 7/2021
9:30.06	Dudek	Boras/European U20 Champs .....7/21/2019
9:30.5#	Erin Finn (West Bloomfield)12	Kentwood/D1 State (3200) .....6/ 1/2013
9:31.49#	Audrey Belf (Birmingham Seaholm)12	Seattle/Brooks PR (2M) .....6/20/2015
9:32.0#	Julia Flynn (Traverse City Central)11	Shepherd/Bluejay Elite (3200) .....5/ 7/2021
9:32.15	Dudek	Raciborz/Polish U20 Champs .....7/ 3/2019
9:32.4#	Anne Forsyth (Ann Arbor Pioneer)12	Kentwood/D1 State (3200) .....6/ 2/2018
9:33.08#	Olivia Theis (Lansing Catholic)11	Greensboro/New Balance Nat (2M).....6/17/2017
9:34.45#	Arianne Olson (Holland West Ottawa)11	Seattle/Brooks PR .....6/15/2022
9:35.8#	VanderLende	Kentwood/D1 State (3200) .....6/ 2/2018
9:37.3#	Forsyth	Saline/Golden Triangle (3200).....5/ 4/2018
9:38.82#	O. Theis	Greensboro/New Balance (2M) .....6/16/2018
9:39.4#	Finn	Kentwood/D1 State (3200) .....6/ 2/2012
9:39.8#	Noelle Adriaens (Pinckney)12	Saline/Golden Triangle (3200).....5/ 3/2019
9:40.61#	Rachel Forsyth (Ann Arbor Pioneer)11	Shepherd/Bluejay Inv (3200) .....5/ 5/2023
9:40.70#	Finn	Greensboro/N Balance (2M).....6/17/2011
9:41.2#	Flynn	Farmington/NB Twilight (3200) .....5/ 7/2022
9:41.6#	Sharon Van Tuyl (Portage Northern)11	Raleigh/National Scholastic [2M] .....6/13/1997
9:41.81#	A. DaDamio	Myrtle Beach/NSAF MOC (2M).....3/27/2021
9:42.45#	Jenny Morgan (Clarkston)11	Greensboro/Nike Outdoor [2 Mile] .....6/17/2005
9:43.0#	Maggie Farrell (Battle Creek Lakeview)12	Kentwood/D1 State (3200) .....6/ 3/2017
9:43.33#	Jaden Theis (Lansing Catholic)10	Greensboro/New Balance (2M) .....6/16/2018
9:43.82#	Goethals	Greensboro/Nike Outdoor (2M) .....6/19/2009
9:44.1#	Goethals	Rockford/D1 State [3200] .....6/ 5/2010
9:46.3#	A. DaDamio	Clarkston/Oakland County (3200).....5/28/2021
9:46.80#	Adriaens	Greensboro/NB Nationals (2M) .....6/15/2019
9:46.89#	VanderKooi	Greensboro/NB Nationals (2M) .....6/15/2019
9:47.3#	Gabrielle Anzalone (Grand Blanc)12	Rockford/D1 State (3200).....6/ 4/2011

**Michigan Girls All-Time Lists - Outdoors**  
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9:47.54# Adelyn Ackley (Hart)12	Greensboro/NB Nationals (2M) .....	6/15/2019
9:47.5# Dudek	Saline/Golden Triangle (3200) .....	5/ 3/2019
9:47.96# Rachel DaDamio (Birmingham Seaholm)12	Greensboro/New Balance (2M) .....	6/20/2015
9:48.2# Belf	Rockford/D1 (3200) .....	5/30/2015
9:48.37# Lucy Cook (Rochester)10	Philadelphia/NB Nationals (2M) .....	6/16/2023
9:48.69# Jessica Jazwinski (Hart)10	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
9:49.2# Van Tuyl	Rockford/A State .....	6/ 1/1996
9:49.4# VanderLende	Kentwood/D1 State (3200) .....	6/ 1/2019
9:50.2# Lani Bloom (Ithaca)11	Shepherd/Bluejay Elite (3200) .....	5/ 7/2021
9:50.33# Annika Sandman (Lowell)12	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
9:50.3# J. Theis	Shepherd/Bluejay Inv (3200) .....	5/ 3/2019
9:50.4# Emma Squires (Petoskey)12	Shepherd/Bluejay Elite (3200) .....	5/ 7/2021
9:51.3# Olson	Shepherd/Bluejay Elite (3200) .....	5/ 7/2021
9:51.6# Van Tuyl	Rockford/A State .....	5/31/1997
9:51.88# Adrieans	Greensboro/NB Nationals (5K) .....	6/14/2019
9:51.8# Dudek	Kentwood/D1 State (3200) .....	6/ 1/2019
9:52.0# Clara James-Heer (Forest Hills Central)9	Shepherd/Bluejay Elite (3200) .....	5/ 7/2021
9:52.1# Anzalone	Rockford/D1 State [3200] .....	6/ 5/2010
9:52.2# Finn	Rockford/D1 State (3200) .....	6/ 4/2011
9:52.45# Maddy Trevisan (Farmington)12	Greensboro/New Balance Nat. (2M) .....	6/17/2016
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9:52.7 Miriam Boyd (Port Huron)12	Knoxville/Dogwood Relays .....	/1979
9:53.6# Rachel Bonner (Port Huron)12	Saline/Golden Triangle (3200) .....	5/ 6/2016
9:53.6# Amber Gall (Shepherd)12	Shepherd/Bluejay Inv (3200) .....	5/ 3/2019
9:54.44# Brooke Eilers (Holland Christian)12	Greensboro/Nike Outdoor [2M] .....	6/20/2008
9:55.0# Rachel McCardell (Birmingham Seaholm)12	East Lansing/Midwest Meet (3200) .....	6/ 9/2018
9:55.34# Lauren Brasure (Rockford)12	Greensboro/New Balance (5000) .....	6/13/2014
9:55.6 Lisa Larsen (Battle Creek Central)12	(meet?) .....	/1981
9:55.83# Selma Anderson (GR Ottawa Hills)11	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
9:55.8 Donna Donakowski (Dearborn H Riverside)12	(meet?) .....	/1983
9:56.5# Marissa Treece (Maple City-Glen Lake)12	Greensboro/Nike Nationals [5k] .....	6/14/2007
9:56.68# Emily Cooper (Ann Arbor Pioneer)12	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
9:56.70 Michele Morriset (Troy)11	Ypsilanti/World Youth Trials .....	7/ 1/2009
9:56.9# Jayden Harberts (Macomb Dakota)10	Farmington/NB Twilight (3200) .....	5/ 7/2022
9:57.1# Madelyn Frens (Grand Rapids Christian)11	Shepherd/Bluejay Elite (3200) .....	5/ 7/2021
9:57.1# Lauren Kiley (Plymouth)12	Farmington/NB Twilight (3200) .....	5/ 7/2022
9:57.2# Emma Wilson (Romeo)12	Saline/Golden Triangle (3200) .....	5/ 6/2016
9:57.5# Madison Troy (Grandville)10	Saline/Golden Triangle (3200) .....	5/ 6/2016
9:57.84 Nikki Bohnsack (Rockford)10	Raleigh/adidas Outdoor [2M] .....	6/14/2002
9:58.66# Allie Arnsmann (Grandville)12	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
9:58.78 Emily Anderson (Marquette)11	Montreal/USA vs Canada Juniors .....	7/18/2000
10:00.39 Shannon Osika (Waterford Mott)9	Ypsilanti/AAU Junior Olympics .....	7/12/2008
10:00.44# Kayla Windemuller (Holland Christian)11	Greensboro/NB Nationals (2M) .....	6/17/2017
10:01.46# Allison Kuzma (Zeeland East)11	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
10:02.0 Lynn Lovatt (Lincoln Park)10	Canton, Oh .....	7/ 2/1972
10:02.18# Natalie VanOtteren (GR Christian)11	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
10:02.79# Sarah Kettel (Lansing Capital Homeschool)11	Hillsdale/Gina Relays (5000) .....	4/24/2015
10:03.7# Lindsey Peters (Caledonia)12	Shepherd/Bluejay Elite (3200) .....	5/ 7/2021
10:03.82# Jessi Larson (Saline)10	Hillsdale/Gina Relays (5000) .....	4/29/2016
10:05.5# Samantha Tran (Forest Hills Northern)12	Saline/Golden Triangle (3200) .....	5/ 3/2019
10:05.9 Larissa Szporiuk (Ann Arbor Pioneer)9	Dayton/Junior Olympic Regional .....	7/12/1981
10:06.0# Lisa Luecke (Allen Park)12	Farmington/NB Twilight (3200) .....	5/ 7/2022
10:06.3# Madison Foster (Temperance Bedford)12	Farmington/NB Twilight (3200) .....	5/ 7/2022
10:06.4# Eileen Creutz (Saline)12	Jackson/Midwest Meet of Ch [3200] .....	6/10/2006
10:08.1# Katie Boyles (Rochester Adams)12	Delaware/Midwest Meet (3200) .....	6/ 9/2001
10:08.2# Kellee Lemcke (Sterling Hts Stevenson)12	Kentwood/D1 State [3200] .....	6/ 3/2006
10:09.49# Emily Tomes (GR Catholic Central)11	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
10:09.4# Madison Ebright (GR Ottawa Hills)12	Shepherd/Bluejay Elite (3200) .....	5/ 7/2021
10:09.5# Tiffany Abrahamian (Rochester)12	Jackson/Midwest Meet [3200] .....	6/14/2008
10:09.7# Kaitlyn Patterson (Cadillac)12	Jackson/Midwest MOC (3200) .....	6/13/2009
10:09.8 JoAnn Lancieux (Fremont)	Naperville .....	7/13/1980

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – [www.michrack.org](http://www.michrack.org)

10:09.91	Kelly Robinson (Holt)10	Knoxville/AAU Junior Olympics .....	8/10/2002
10:10.4#	Madeline Rehm (White Lake Lakeland)12	Milford/D1 Regional (3200).....	5/17/2019
10:10.59#	Madeleine Hill (Saranac)12	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
10:10.5	Kayla Skelly (Midland)12	(meet?) .....	/1982
10:10.8#	Carly Plank (GR Northview)12	Jackson/Midwest MOC (3200).....	6/13/2009
10:11.59#	Mary Richmond (Frankenmuth)11	Shepherd/Bluejay Inv (3200) .....	5/ 5/2023
10:12.04#	Laura Malnor (East Grand Rapids)12	Greensboro /Nike Outdoor Ch [2M] .....	6/17/2005
10:12.4#	Emily Blakeslee (Rockford)11	Raleigh/FootLocker (2M) .....	6/11/1999

## 3200 METERS

9:49.9#	Ericka VanderLende (Rockford)12	Shoreline/Brooks PR (2M).....	6/15/2019
9:56.5#	VanderLende	Shoreline/Brooks PR (9:59.92).....	6/ 8/2018
9:57.01	VanderLende	Shepherd/Bluejay Inv.....	5/ 3/2019
9:57.40+	Julia Flynn (Traverse City Central)12	Eugene/Nike Outdoor (10:00.88).....	6/18/2022
9:58.1#	Megan Goethals (Rochester)12	Greensboro/New Balance (10:01.16) .....	6/18/2010
9:59.6#	Audrey DaDamio (Birmingham Seaholm)12	Renton/Brooks PR (2M).....	7/ 2/2021
10:00.15#	Goethals	Milford/Oakland County (10:03.2).....	5/28/2010
10:02.25	A. DaDamio	Chicago/Illinois Girls Meet of Champs .....	6/20/2021
10:02.56	Abby VanderKooi (Muskegon WM Christ)10	San Tan Valley/Desert Dream.....	6/13/2020
10:03.95	Olivia Theis (Lansing Catholic)12	Shepherd/Bluejay Inv.....	5/ 4/2018
10:05.01	VanderLende	Shepherd/Bluejay Inv.....	5/ 4/2018
10:05.61	A. DaDamio	Farmington/NB Invitational Twilight.....	5/ 7/2021
10:06.73*	Arianne Olson (Holland West Ottawa)11	Holland/Von Ins Inv (mixed).....	5/ 7/2022
10:07.70+	Audrey Belf (Birmingham Seaholm)11	Renton/Brooks PR Invitational (10:11.24)6/21/2014	
10:08.07	Anne Forsyth (Ann Arbor Pioneer)12	Kentwood/D1 State.....	6/ 2/2018
10:08.23	Erin Finn (West Bloomfield)12	Kentwood/D1 State.....	6/ 1/2013
10:09.48	Belf	Warren/Arft Inv.....	5/ 1/2015
10:09.87	Flynn	Shepherd/Bluejay Elite .....	5/ 7/2021
10:10.28	Belf	Farmington Hills/D1 Regional .....	5/16/2015
10:10.78+	O. Theis	Greensboro/NB Nat (10:14.34).....	6/17/2017
10:10.99	VanderLende	East Lansing/Spartan Classic .....	4/27/2019
10:11.0#	Belf	Seattle/Brooks PR (10:14.78).....	6/20/2015
10:11.61+	Olson	Seattle/Brooks PR (2M).....	6/15/2022
10:12.26	VanderLende	Kentwood/D1 State.....	6/ 2/2018
10:12.43	Olson	Rockford/D1 State .....	6/ 4/2022
10:13.37	Adelyn Ackley (Hart)11	Shepherd/Bluejay Inv.....	5/ 4/2018
10:13.76	A. Forsyth	Saline/Golden Triangle .....	5/ 4/2018
10:14.41	Zofia Dudek (Ann Arbor Pioneer)11	Ann Arbor/dual.....	4/16/2019
10:15.37	Finn	Saline/Golden Triangle .....	5/ 3/2013
10:15.75	VanderLende	East Lansing/Spartan Classic.....	4/27/2018
10:16.04	Jaden Theis (Lansing Catholic)10	Shepherd/Bluejay Inv.....	5/ 4/2018
10:16.06	Belf	Farmington Hills/D1 Regional .....	5/17/2014
10:16.11	Noelle Adriaens (Pinckney)12	Saline/Golden Triangle .....	5/ 3/2019
10:16.66+	Goethals	Greensboro/Nike Out (10:20.25) .....	6/19/2009
10:16.7	Belf	Birmingham/tri.....	4/16/2014
10:16.87	Flynn	Farmington/NB Twilight.....	5/ 7/2022
10:17.08	Belf	Rockford/D1 State .....	5/31/2014
10:17.48	Rachel Forsyth (Ann Arbor Pioneer)11	Shepherd/Bluejay Inv.....	5/ 5/2023
10:17.6	Belf	Farmington/dual.....	4/15/2015
10:17.86	Finn	Kentwood/D1 State.....	6/ 2/2012
10:18.16+	O. Theis	Greensboro/New Balance (10:21.76) .....	6/16/2018
10:18.57	Olson	Grand Haven/D1 Regional.....	5/20/2022
10:19.15+	Finn	Greensboro/N Balance [10:22.76] .....	6/17/2011
10:19.44	Kayla Windemuller (Holland Christian)11	Saline/Golden Triangle .....	5/ 5/2017
10:19.49+	Ackley	Greensboro/NB Nat. (10:23.10).....	6/15/2019
10:19.54	Belf	Waterford/Oakland County .....	5/22/2015
10:19.99	Maggie Farrell (Battle Creek Lakeview)12	Kentwood/D1 State.....	6/ 3/2017
10:20.0	Belf	Sterling Heights/Arft Inv .....	5/ 2/2014
10:20.0#	A. DaDamio	Myrtle Beach/NSAF MOC (10:23.08).....	3/27/2021

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

10:20.61+	Jenny Morgan (Clarkston)11	Greensboro/Nike Out [10:24.23].....	6/17/2005
10:21.10+	Rachel DaDamio (Birmingham Seaholm)12	Greensboro/New Balance (10:24.72) .....	6/20/2015
10:21.17	VanderLende	Rockford/dual .....	3/26/2018
10:21.83+	J. Theis	Greensboro/New Balance (10:25.45) .....	6/16/2018
10:21.92	A. Forsyth	Saline/D1 Regional .....	5/19/2017
10:21.97+	Sharon Van Tuyl (Portage Northern)11	Raleigh/NSO [10:25.59].....	6/13/1997
10:22.09	Emma Squires (Petoskey)12	Huntsville/Running Lane Ch .....	6/11/2021
10:22.11	A. DaDamio	Kentwood/D1 State.....	6/ 5/2021
10:22.40	Finn	Farmington/D1 Regional.....	5/19/2012
10:22.75	Goethals	Rockford/D1 State .....	6/ 5/2010
10:23.07	Gabrielle Anzalone (Grand Blanc)12	Rockford/D1 State .....	6/ 4/2011
10:23.11+	Lucy Cook (Rochester)10	Philadelphia/NB Nationals (10:26.74).....	6/16/2023
10:23.20	A. DaDamio	Clarkston/Oakland County.....	5/28/2021
10:23.24	Cook	Rockford/D1 State .....	6/ 4/2022
10:23.90+	Adriaens	Greensboro/NB Nat. (10:27.53).....	6/15/2019
10:23.91	Ali Wiersma (Allendale)12	Shepherd/Bluejay Inv.....	5/ 4/2012
10:24.57	VanderLende	Kentwood/D1 State.....	6/ 1/2019
10:24.58	Rachel Coleman (Northville)12	Rockford/D1 State .....	5/31/2014
10:24.61	Jessica Jazwinski (Hart)10	Shepherd/Bluejay Inv.....	5/ 5/2023
10:25.14	Finn	Oxford/Inv .....	4/28/2012
10:25.32	Olson	Holland/dual.....	4/25/2022
10:25.39+	VanderKooi	Greensboro/NB Nat. (10:29.03).....	6/15/2019
10:25.74	Finn	Farmington/D1 Regional.....	5/18/2013
10:25.76	Van Tuyl	Rockford/A State.....	6/ 1/1996
10:26.04	Olson	Kentwood/D1 State.....	6/ 5/2021
10:26.16	Jayden Harberts (Macomb Dakota)10	Rockford/D1 State .....	6/ 4/2022
10:26.31	Taylor Manett (Rockford)12	Rockford/dual .....	5/ 3/2012
10:26.34	A. DaDamio	Berkley/OAA Blue Gold.....	5/13/2021
10:26.43	Sarah Kettel (Lansing Capital Homeschool)11	Grand Rapids/Golden Eagle Inv .....	5/ 4/2015
10:26.58	Belf	Rockford/D1.....	5/30/2015
10:26.60	Dudek	Saline/Golden Triangle .....	5/ 3/2019
10:26.59	Helen Sachs (Holland West Ottawa)9	Rockford/D1 State .....	6/ 4/2022
10:26.80	Jordan McDermitt (Davison)12	Davison/D1 Regional .....	5/16/2014
10:26.93	Rachel Bonner (Port Huron)12	Saline/Golden Triangle .....	5/ 6/2016
10:27.21	Annika Sandman (Lowell)12	Shepherd/Bluejay Inv.....	5/ 5/2023
10:27.22	Rylee Robinson (Waterford Mott)11	Shepherd/Bluejay Inv.....	5/ 4/2018
10:27.22	Olson	Byron Center/MITCA D1 Team .....	5/28/2022
10:27.4	Goethals	West Bloomfield/D1 Regional .....	5/22/2010
10:27.70	A. Forsyth	Kentwood/D1 State.....	6/ 3/2017
10:27.72	Olson	Chicago/Illinois Girls Meet of Champs ....	6/20/2021
10:28.02	Olson	Shepherd/Bluejay Elite .....	5/ 7/2021
10:28.04	Lani Bloom (Ithaca)11	Shepherd/Bluejay Elite .....	5/ 7/2021
10:28.14	Olson	Lansing/MITCA D1.....	5/28/2021
10:28.24	Selma Anderson (GR Ottawa Hills)11	Shepherd/Bluejay Inv.....	5/ 5/2023
10:28.2	Goethals	Rochester/OAA Red .....	5/14/2010
10:28.31	Forsyth	Ann Arbor/dual.....	4/24/2018
10:28.53	Sachs	Saline/Golden Triangle .....	5/ 6/2022
10:28.56+	Maddy Trevisan (Farmington)12	Greensboro/NB Nat. (10:32.22).....	6/17/2016
10:28.58	McDermitt	Rockford/D1 State .....	5/31/2014
10:29.07	Anzelone	Rockford/D1 State .....	6/ 5/2010
10:29.10	VanderLende	Grand Haven/D1 Regional.....	5/18/2018
10:29.19	Flynn	Rockford/D1 State .....	6/ 4/2022
10:29.1	Goethals	West Bloomfield/Inv .....	4/25/2009
10:29.26	Bloom	Shepherd/Bluejay Inv.....	5/ 6/2022
10:29.37	Flynn	Mt Pleasant/Oiler Inv .....	4/23/2021
10:29.45	Ackley	Ravenna/dual .....	5/ 9/2017
10:29.48	Anzalone	Fort Wayne/Midwest Meet .....	6/11/2011
10:29.71	Dudek	Kentwood/D1 State.....	6/ 1/2019
10:29.85	Farrell	Saline/Golden Triangle .....	5/ 5/2017
10:29.86	Ackley	Muskegon/WM All-Star .....	5/23/2018
10:29.8	J. Theis	Mason/Inv .....	4/27/2018



**Michigan Girls All-Time Lists - Outdoors**  
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10:29.9+	Michelle Bews (Birmingham Seaholm-AUS)12	Clawson/Oakland County (10:33.5)...../1984
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10:30.66	Lauren Brasure (Rockford)12	Rockford/D1 State .....5/31/2014
10:30.71	Rachel McCardell (Birmingham Seaholm)12	East Lansing/Midwest Meet .....6/ 9/2018
10:31.90	Amber Gall (Shepherd)12	Shepherd/Bluejay Inv.....5/ 3/2019
10:32.13	Sielle Kearney (Traverse City Central)11	Saginaw/D1 Regional .....5/19/2017
10:32.15	Clara James-Heer (Forest Hills Central)9	Shepherd/Bluejay Elite .....5/ 7/2021
10:32.47	Madelyn Frens (GR Christian)12	Shepherd/Bluejay Inv.....5/ 6/2022
10:33.2+	Miriam Boyd (Port Huron)11	Brighton/A State [10:36.8].....6/ 3/1978
10:33.62	Hannah Smith (Traverse City West)9	Kentwood/D1 State.....6/ 2/2018
10:33.82	Emily Cooper (Ann Arbor Pioneer)12	Shepherd/Bluejay Inv.....5/ 5/2023
10:33.87	Anna Delgado (East Lansing)12	Rockford/D1 State .....6/ 3/2023
10:34.18	Audrey Ladd (Birmingham Seaholm)12	Kentwood/D1 State.....6/ 3/2017
10:34.23	Gina Patterson (Macomb Lutheran North)12	Macomb/tri.....4/16/2015
10:34.24+	Brooke Eilers (Holland Christian)12	Greensboro/Nike Out [10:37.93].....6/20/2008
10:34.56	Judy Rector (Hanover Horton)12	East Jackson/Tri .....5/ 7/2019
10:34.64	Emma Wilson (Romeo)11	Rockford/D1.....5/30/2015
10:35.13	Eileen Fleck (East Lansing)12	Indianapolis/Midwest MOC .....6/11/1994
10:35.33	Amber Way (Charlevoix)11	Comstock Park/D3 State .....5/31/2014
10:35.41	Madison Troy (Grandville)10	Saline/Golden Triangle .....5/ 6/2016
10:35.65	Lauren Kiley (Plymouth)12	Farmington/NB Twilight.....5/ 7/2022
10:36.08	Madison Osterberg (Jackson Lumen Christi)11	Parma/Tri .....5/ 9/2023
10:36.09+	Nikki Bohnsack (Rockford)10	Raleigh/adidas Outdoor [10:39.80] .....6/14/2002
10:36.09	Allie Arnsman (Grandville)12	Shepherd/Bluejay Inv.....5/ 5/2023
10:36.36	Meghan Ford (Mason MS)8	Chicago/Illinois Meet of Champions.....7/29/2020
10:36.45+	Tiffany Abrahamian (Rochester)11	Greensboro/Nike [10:40.16].....6/15/2007
10:36.57	Maryssa Depies (Muskegon Reeths-Puffer)11	Hudsonville/D1 State .....6/ 4/2016
10:36.63	Peyton Witt (Portage Northern)	Kentwood/D1 State.....6/ 2/2018
10:37.06	Malarie Pinwar (Mt Pleasant)12	Rockford/D1 State .....6/ 4/2022
10:37.0	Becca Addison (Grand Haven)12	Grandville/dual.....4/30/2009
10:37.4#	Marissa Treece (Maple City-Glen Lake)12	Greensboro/Nike Nationals [5k] .....6/14/2007
10:37.52	Lexa Barrott (Northville)12	Rockford/D1.....5/30/2015
10:37.57	Meghan Beute (GR Covenant Christian)12	Kent City/D3 State .....6/ 4/2022
10:37.65	Lindsey Peters (Caledonia)12	Caledonia/Dual .....4/22/2021
10:37.75	Ellie Leonard (Jenison)12	Grand Haven/D1 Regional.....5/16/2014
10:37.77*	Haley Deighan (Birmingham Seaholm)12	Farmington/dual (mixed).....4/ 6/2022
10:38.04	Karena Duffey (L'Anse Creuse North)9	Rockford/D1.....5/30/2015
10:38.09	Madison Ebright (GR Ottawa Hills)12	Grand Rapids/Distance Night .....5/29/2021
10:38.14	Heather Slay (East Grand Rapids)12	Indianapolis/Midwest MOC .....6/10/1989
10:38.23	Kali Dent (Midland Dow)12	Rockford/D1 State .....5/31/2014
10:38.35	Makenna Veen (Plainwell)11	Zeeland/D2 State.....6/ 1/2019
10:38.50	Chloe Nixon (Rochester)12	Davison/Champion of Champions .....6/ 9/2023
10:38.51	Victoria Garces (Midland Dow)10	Davison/Champion of Champions .....6/ 9/2023
10:38.8+	Melanie Weaver (Mason County C)12	(meet?) [10:42.5] ...../1979
10:39.26	Kelsie Schwartz (Grosse Pointe South)10	East Lansing/Playmakers .....4/27/2012
10:39.77	Allison Kuzma (Zeeland East)11	Shepherd/Bluejay Inv.....5/ 5/2023
10:39.94	Kirsten Olling (Breckinridge)10	Shepherd/Bluejay Inv.....5/ 4/2012
10:40.11	Julia Bos (GR Christian)11	East Grand Rapids/dual.....5/ 3/2012
10:40.56	Kelli Jackson (Hudsonville)12	Grand Haven/D1 Regional.....5/16/2015
10:40.66	Bekah Smeltzer (Monroe Jefferson)9	Caledonia/D2 State.....6/ 5/2004
10:40.79	Natalie VanOtteren (GR Christian)11	Shepherd/Bluejay Inv.....5/ 5/2023
10:40.85	Lexa Barrott (Northville)12	East Lansing/Spartan Inv.....4/29/2016
10:40.9	Hannah Meier (Grosse Pointe South)11	New Baltimore/tri .....4/16/2012
10:41.0	Janee Jones (Goodrich)12	Bendle/tri ...../2005
10:41.10	Gabrielle Thivierge (Rochester Adams)11	Kentwood/D1 State .....6/ 2/2012
10:41.11	Rachel Walny (Clinton Twp Chippewa Hills)12	Rockford/D1 State .....5/31/2014
10:41.17	Alexa Keiser (Fenton)10	Kentwood/D1 State.....6/ 2/2018
10:41.38	Jacalyn Overdier (Ann Arbor Pioneer)12	Kentwood/D1 State.....6/ 3/2017
10:41.53	Samantha Tran (Forest Hills Northern)12	Saline/Golden Triangle .....5/ 3/2019
10:41.6	Alex Leptich (Saline)11	Saline/dual .....4/28/2009
10:41.98	Kenzie Weiler (Cedar Spring)12	Zeeland/D2 .....5/30/2015

**Michigan Girls All-Time Lists - Outdoors**  
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10:42.06	Katie Boyles (Rochester Adams)12	Rockford/D1 State .....	6/ 2/2001
10:42.06+	Abby Rentschler (Saline)9	Greensboro/New Balance (10:45.80) .....	6/14/2012
10:42.08	Shannon Osika (Waterford Mott)9	Rockford/D1 State .....	5/31/2008
10:42.64	Faith Smith (Jackson Lumen Christi)12	Marion/Midwest Meet.....	6/11/2022
10:42.67	Anastasia Tucker (Midland Dow)12	Kentwood/D1 State.....	6/ 1/2019
10:42.6	Kalin Toedebusch (Rockford)12	Ann Arbor/MITCA D1 Team.....	5/26/2001
10:42.72	Cayla Eckenroth (Northville)10	Rockford/D1 .....	5/30/2015
10:42.74	Allison Lunau (Brighton)12	Kentwood/D1 State.....	6/ 1/2013
10:42.89	Elianna Schwayder (Saline)12	Rockford/D1 State .....	5/31/2014
10:43.08	Morgan Posthuma (Forest Hills Northern)12	Rockford/D1.....	5/30/2015
10:43.0	Linsey Blaisdell (Rockford)12	Rockford/dual .....	4/26/2001
10:43.15	Jasmine Harper (Clare)12	Shepherd/Bluejay Inv.....	5/ 5/2017
10:43.1	Julia Bos (Grand Rapids Christian)11	Grand Rapids/D2 Regional .....	5/18/2012
10:43.43	Michele Moriset (Troy)12	Rockford/D1 State .....	6/ 5/2010
10:43.50	Eileen Creutz (Saline)12	Jackson/Midwest Meet .....	6/10/2006
10:43.53	Lauren Cleary (Lansing Catholic)12	Zeeland/D2 State.....	6/ 1/2019
10:43.66	Karyn Duba (Caledonia)12	Indianapolis/Midwest MOC .....	6/11/1994
10:43.68	Meg Darmofal (Mason)10	Alma/Scottie Classic .....	5/11/2013
10:43.70+	Amy Thomas (Dearborn Bryant JH)9	Lincoln [10:47.45] .....	8/12/1977
10:43.85	Lindsey Burdette (Hanover-Horton)12	Fort Wayne/Midwest MC.....	6/ 9/2012
10:44.20	Brooke Kovacic (Oxford)11	Kentwood/D1 State.....	6/ 2/2012
10:44.38	Valerie Wierenga (Grandville)10	Grand Haven/D1 Regional.....	5/16/2014
10:44.6	Lynsie Gram (Clarkston)12	Saline/Golden Triangle .....	5/ 1/2015
10:44.99	Emily Tomes (GR Catholic Central)11	Shepherd/Bluejay Inv.....	5/ 5/2023
10:45.01	Madeline Rehm (White Lake Lakeland)12	Saline/Golden Triangle .....	5/ 3/2019
10:45.06	Bailey Johnson (Jenison)12	Grand Haven/D1 Regional.....	5/16/2015
10:45.0	Anna Jensen (Midland Jefferson MS)8	Saginaw/dual .....	5/ 9/2016
10:45.12	Lisa Luecke (Allen Park)12	Farmington/NB Twilight.....	5/ 7/2022
10:45.23	Jamie Krzyminski (Corunna)12	Grandville/Div2 State .....	6/ 3/2000
10:45.26	Jillian Lange (Goodrich)12	Zeeland/D2 State.....	6/ 1/2019
10:45.3+	Kathy Wilson (Bloomfield Hills Lahser)12	Metro [10:49.0].....	/1977
10:45.67	Meggan Freeland (Parma Western)9	Forest Hills/D2 State.....	6/ 3/2006
10:46.05	Kaylie Livingston (Whitmore Lake)8	Whitmore Lake/MS Inv .....	5/ 6/2023
10:46.15	Sarah Forsyth (Ann Arbor Pioneer)12	Saline/Golden Triangle .....	5/ 6/2022
10:46.16	Seanna Arnold (Ann Arbor Pioneer)12	Indianapolis/Midwest MOC .....	6/11/1988
10:46.29	Ashlyn Nagel (Bay City Western)11	Auburn/D1 Regional .....	5/17/2019
10:46.3	Kayla Skelly (Midland)12	Flint/A State .....	6/ 5/1982
10:46.40	Anna Petr (East Grand Rapids)11	Saline/Golden Triangle .....	5/ 3/2019
10:46.59	Drew Muller (East Grand Rapids)9	Comstock Park/Metro Health.....	5/26/2021
10:46.65+	Alexa Glencer (Ann Arbor Greenhills)12	Greensboro/Nike (10:50.42) .....	6/16/2006
10:46.6+	Katy Hollbacher (Petoskey)12	Elmhurst/IPI [10:50.3] .....	6/20/1992
10:46.8	Avery Evenson (Hartland)10	Hartland/dual .....	5/ 3/2011
10:47.10	Rachel Barrett (Milford)12	Saline/Golden Triangle .....	5/ 2/2014
10:47.2	Emily Langenberg (Grand Ledge)12	Lowell/D1 Regional.....	5/18/2007
10:47.42+	Jessi Larson (Saline)9	Greensboro/New Balance (10:51.19) .....	6/19/2015
10:47.44	Abigail Nelkie (Ogemaw Heights)12	Grand Rapids/D2 State.....	6/ 2/2001
10:47.55	Madison Foster (Temperance Bedford)12	Farmington/NB Twilight.....	5/ 7/2022
10:47.66	Kellee Lemcke (Sterling Hts Stevenson)12	Kentwood/D1 State.....	6/ 3/2006
10:47.76	Kayla Keane (East Jordan)12	Comstock Park/D3.....	5/30/2015
10:47.80	Grace Cutler (Royal Oak)10	Rockford/D1.....	5/30/2015
10:47.94	Grace Nolan (Clarkston)12	Kentwood/D1 State.....	6/ 1/2019
10:47.9+	Nora Green (Shepherd)	(meet?) [10:51.6] .....	/1979
10:48.07+	Nicole Bush (Kelloggsville)12	Raleigh/adidas Outdoor (10:51.85).....	6/18/2004
10:48.14	Kaitlyn Patterson (Cadillac)12	Jackson/Midwest MOC .....	6/13/2009
10:48.18	Allison Chmielewski (Roscommon)11	McBain/Tri.....	4/27/2021
10:48.19	Racquel Serna (St Louis)12	Alma/Scottie Classic .....	5/11/2013
10:48.22	Cookie Baugh (Ann Arbor Pioneer)12	Saline/Golden Triangle .....	5/ 6/2022
10:48.25	Jenna Sica (Brighton)12	Hudsonville/D1 State .....	6/ 4/2016
10:48.33	Megan O'Neil (Remus Chippewa Hills)9	Alma/Scottie Classic.....	5/14/2011
10:48.33	Ana Barrott (Northville)12	Saline/Golden Triangle .....	5/ 4/2018
10:48.33	Rylee Tolson (Stockbridge)9	Jenison/D3 State .....	6/ 1/2019

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – www.michrack.org

10:48.37	Madeleine Hill (Saranac)12	Shepherd/Bluejay Inv.....	5/ 5/2023
10:48.5	Emily Anderson (Marquette)11	Gwinn/Marquette County .....	5/16/2000
10:48.80	Mallory Ferguson (Clarkston)10	Novi/Oakland County.....	5/26/2017
10:48.8+	Kelly McKillen (Dexter)12	(meet?) [10:52.5] .....	/1983
10:48.92+	Emily Blakeslee (Rockford)11	Raleigh/FLOC (10:52.70).....	6/11/1999
10:48.93	Rachel Levy (Midland)12	Rockford/D1.....	5/30/2015
10:48.9+	Beth Huff (Ann Arbor Pioneer)10	Ann Arbor/vs Huron (10:52.6]) .....	5/11/1978
10:49.0	Kelly Shumate (Clio)12	A Regionals .....	/1983
10:49.39	Mary Richmond (Frankenmuth)11	Davison/Champion of Champions .....	6/ 9/2023
10:49.40	Briana Vojinov (Woodhaven)12	Rockford/D1 State .....	6/ 4/2022
10:49.48	CC Jones (Lansing Catholic)11	Shepherd/Bluejay Inv.....	5/ 6/2022
10:49.7	Kris Salt (Dearborn Edsel Ford)12	Alma/A State .....	5/30/1987
10:49.80	Rylee Tolson (Stockbridge)12	Kent City/D3 State .....	6/ 4/2022
10:49.82	Molly Waterhouse (Vicksburg)11	Zeeland/D2 State.....	6/ 2/2007
10:49.83	Maya Guikema (Jenison)11	Jenison/dual .....	5/ 2/2022
10:49.90	Annie Otwell (Traverse City Central)10	Rockford/D1 State .....	6/ 5/2004
10:49.94	Julia Otwell (Traverse City Central)12	Rockford/D1 State .....	6/ 5/2010
10:49.98	Yasmine Mansi (Northville)9	Saline/Golden Triangle .....	5/ 4/2018
10:49.9	Lindsay Clark (Walled Lake Western)12	Milford/D1 Regional .....	5/20/2011
<b>Exhibition (Pandemic):</b>			
10:27.8	Lani Bloom (Ithaca)10	Ithaca/Time Trial .....	4/ 8/2020
10:29.3	Audrey DaDamio (Birmingham Seaholm)11	Birmingham/Time Trial .....	6/13/2020

## 2 MILES

(no conversions):

9:53.00	Ericka VanderLende (Rockford)12 (4:52.7/5:00.3)	Shoreline/Brooks PR (9:53.00).....	6/15/2019
9:59.92	VanderLende	Shoreline/Brooks PR .....	6/ 8/2018
10:00.88	Julia Flynn (Traverse City Central)12	Eugene/Nike Outdoor .....	6/18/2022
10:01.16	Megan Goethals (Rochester)12	Greensboro/New Balance.....	6/18/2010
10:02.88	Audrey DaDamio (Birmingham Seaholm)12	Renton/Brooks PR.....	7/ 2/2021
10:03.2	Goethals	Milford/Oakland County .....	5/28/2010
10:11.24	Audrey Belf (Birmingham Seaholm)11	Renton/Brooks PR Invitational.....	6/21/2014
10:14.34	Olivia Theis (Lansing Catholic)11	Greensboro/New Balance Nationals.....	6/17/2017
10:14.78	Belf	Seattle/Brooks PR Invitational .....	6/20/2015
10:15.17	Arienne Olson (Holland West Ottawa)11	Seattle/Brooks PR .....	6/15/2022
10:20.25	Goethals	Greensboro/Nike Outdoor.....	6/19/2009
10:21.76	O. Theis	Greensboro/New Balance.....	6/16/2018
10:22.76	Finn	Greensboro/New Balance.....	6/17/2011
10:23.08	A. DaDamio	Myrtle Beach/NSAF MOC (2M).....	3/27/2021
10:23.10	Adelyn Ackley (Hart)12	Greensboro/New Balance Nationals.....	6/15/2019
10:24.23	Jenny Morgan (Clarkston)11	Greensboro/Nike Outdoor.....	6/17/2005
10:24.72	Rachel DaDamio (Birmingham Seaholm)12	Greensboro/New Balance.....	6/20/2015
10:25.45	Jaden Theis (Lansing Catholic)10	Greensboro/New Balance.....	6/16/2018
10:25.59	Sharon Van Tuyl (Portage Northern)11	Raleigh/National Scholastic .....	6/13/1997
10:26.74	Lucy Cook (Rochester)10	Philadelphia/NB Nationals .....	6/16/2023
10:27.53	Noelle Adriaens (Pinckney)12	Greensboro/New Balance Nationals.....	6/15/2019
10:29.03	Abby VanderKooi (Muskegon WM Christian)9	Greensboro/New Balance Nationals.....	6/15/2019
10:32.22	Maddy Trevisan (Farmington)12	Greensboro/New Balance Nationals.....	6/17/2016
10:33.5	Michelle Bews (Birmingham Seaholm-AUS)12	Clawson/Oakland County Champs .....	/1984
10:33.68	Annika Sandman (Lowell)12	Philadelphia/NB Nationals .....	6/16/2023
10:36.8	Miriam Boyd (Port Huron)11	Brighton/A State.....	6/ 3/1978
10:37.93	Brooke Eilers (Holland Christian)12	Greensboro/Nike Outdoor.....	6/20/2008
10:38.52	Kayla Windemuller (Holland Christian)11	Greensboro/New Balance Nationals.....	6/17/2017
10:39.80	Nikki Bohnsack (Rockford)10	Raleigh/adidas Outdoor .....	6/14/2002
10:40.16	Tiffany Abrahamian (Rochester)11	Greensboro/Nike Outdoor.....	6/15/2007
10:42.5	Melanie Weaver (Mason County C)12	(meet?) .....	/1979
10:45.80	Abby Rentschler (Saline)9	Greensboro/New Balance.....	6/14/2012
10:47.45	Amy Thomas (Dearborn Bryant JH)9	Lincoln/AAU Junior Olympics .....	8/12/1977
10:49.0	Kathy Wilson (Bloomfield Hills Lahser)12	Metro .....	/1977

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – [www.michrack.org](http://www.michrack.org)

10:49.63	Audrey DaDamio (Birmingham Seaholm)10	Greensboro/New Balance Nationals.....	6/15/2019
10:50.41	Emma Wilson (Romeo)11	Greensboro/New Balance Nationals.....	6/20/2015
10:50.42	Alexa Glencer (Ann Arbor Greenhills)12	Greensboro/Nike Outdoor.....	6/16/2006
10:50.3	Katy Hollbacher (Petoskey)12	Elmhurst/International Prep Inv .....	6/20/1992
10:51.19	Jessi Larson (Saline)9	Greensboro/New Balance.....	6/19/2015
10:51.6	Nora Green (Shepherd)	(meet?) .....	/1979
10:51.85	Nicole Bush (Kelloggsville)12	Raleigh/adidas Outdoor .....	6/18/2004
10:52.5	Kelly McKillen (Dexter)12	(meet?) .....	/1983
10:52.70	Emily Blakeslee (Rockford)11	Raleigh/Foot Locker Outdoor.....	6/11/1999
10:52.6	Beth Huff (Ann Arbor Pioneer)10	Ann Arbor/v Huron .....	5/11/1978
10:52.89	Alexa Keiser (Fenton)11	Greensboro/New Balance Nationals.....	6/15/2019

## 5000 METERS

16:12.40	Audrey DaDamio (Birmingham Seaholm)12	Hillsdale/Gina Relays.....	4/23/2021
16:17.89	Erin Finn (West Bloomfield)12	Greensboro/New Balance Nationals.....	6/14/2013
16:29.48	Audrey Belf (Birmingham Seaholm)12	Hillsdale/Gina Relays.....	4/24/2015
16:35.29	Noelle Adriaens (Pinckney)12	Greensboro/New Balance Nationals.....	6/14/2019
16:36.34	Marissa Treece (Maple City-Glen Lake)12	Greensboro/Nike Outdoor.....	6/14/2007
16:41.25	Sarah Kettel (Lansing Capital Homeschool)11	Hillsdale/Gina Relays.....	4/24/2015
16:41.33	Finn	Greensboro/New Balance.....	6/16/2011
16:43.36	Belf	Eugene/USA Junior Ch.....	6/25/2015
16:50.66	Jessi Larson (Saline)10	Hillsdale/Gina Relays.....	4/29/2016
16:54.74	Maddy Trevisan (Farmington)12	Greensboro/New Balance Nationals.....	6/17/2016
16:54.83	Belf	Greensboro/New Balance Nationals.....	6/14/2013
16:56.96	Julia Bos (GR Christian)11	Hillsdale/Gina Relays.....	4/27/2012
16:58.77	Finn	Greensboro/New Balance.....	6/16/2012
16:59.41	Lani Bloom (Ithaca)11	Eugene/Nike Outdoor .....	7/ 3/2021
16:59.67	Bloom	Eugene/Nike Outdoor .....	6/16/2022
17:01.75	Belf	Eugene/USATF Junior Ch .....	7/ 6/2014
17:01.76	Treece	Indianapolis/USATF Juniors.....	6/23/2007
17:03.58	Annika Sandman (Lowell)12	Philadelphia/NB Nationals .....	6/15/2023
17:05.88	Kayla Windemuller (Holland Christian)11	Greensboro/New Balance Nationals.....	6/16/2017
17:06.98	Emily Anderson (Marquette)11	Sherbrooke/Quebec Provincials .....	7/21/2000
17:07.87	Meghan Beute (GR Covenant Christian)12	Eugene/Nike Outdoor .....	6/16/2022
17:09.35	Lauren Brasure (Rockford)12	Greensboro/New Balance.....	6/13/2014
17:13.56	Kirsten Olling (Breckinridge)10	Greensboro/New Balance.....	6/14/2012
17:13.85	Windemuller	Greensboro/New Balance Nationals.....	6/17/2016
17:17.72	Trevisan	Greensboro/New Balance Nationals.....	6/19/2015
17:18.30	Emma Wilson (Romeo)12	Greensboro/New Balance Nationals.....	6/17/2016
17:18.34	Allison Kuzma (Zeeland East)10	Philadelphia/NB Nationals .....	6/16/2022
17:19.91	Anna Petr (East Grand Rapids)11	Greensboro/New Balance Nationals.....	6/14/2019
17:20.07	Tiffany Abrahamian (Rochester)12	Greensboro/Nike Outdoor.....	6/19/2008
17:24.01	Makayla Perez (Southgate Anderson)12	Greensboro/New Balance.....	6/15/2018
17:24.43	Madeline Rehm (White Lake Lakeland)12	Greensboro/New Balance Nationals.....	6/14/2019
17:27.00	Gabrielle Anzalone (Grand Blanc)10	Greensboro/Nike Outdoor Nationals.....	6/18/2009
17:27.07	Chloe Nixon (Rochester)12	Eugene/Nike Outdoor Nationals .....	6/16/2023
17:28.69	Sharon VanTuyl (Portage Northern)10	Delaware/USA Junior Ch .....	6/28/1996
17:28.93	Anzalone	Greensboro/New Balance.....	6/17/2010
17:29.0#	Adriaens	Quebec City/Rouge et Or (10,000) .....	7/12/2019
17:31.12	Kuzma	Allendale/Midwest Redemption .....	6/11/2022
17:32.18	Katie Danyko (Sterling Heights Stevenson)12	Palo Alto/USA Junior Champs .....	6/21/2002
17:32.82	Kuzma	Eugene/Nike Outdoor Nationals .....	6/16/2023
17:37.86	Molly Waterhouse (Vicksburg)11	Greensboro/Nike Outdoor.....	6/14/2007
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17:43.59	Kristen Smith (Clarkston)11	Greensboro/Nike Outdoor.....	6/19/2008
17:46.16	Katie Haines (Rockford)12	Greensboro/Nike Outdoor.....	6/19/2008
17:48.86	Peyton Witt (Portage Northern)12	Hillsdale/Gina Relays.....	4/26/2019
17:50.97	Sielle Kearney (Traverse City Central)12	Greensboro/New Balance.....	6/15/2018
17:56.66	Madi Symanski (Alpena)12	Eugene/Nike Outdoor .....	6/16/2022

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – www.michrack.org

18:02.32	Ali Wiersma (Allendale)11	Greensboro/New Balance.....	6/16/2011
18:05.36	Megan Carter (Southfield Christian)12	Greensboro/Nike Outdoor.....	6/14/2007
18:09.32	Erin LaFave (Bloomfield Hills Lahser)12	Greensboro/Nike Outdoor.....	6/19/2008
18:13.85	Rylee Tolson (Stockbridge)11	Eugene/Nike Outdoor.....	7/ 3/2021
18:16.39	Rachel Campbell (Sterling Hts Stevenson)12	Denton/USA Junior Ch.....	6/19/1999
18:26.18	Madeline Rehm (White Lake Lakeland)11	Greensboro/New Balance.....	6/15/2018
18:41.06	Marne Smiley (Sterling Heights Stevenson)11	Denton/USA Junior Ch.....	6/19/1999
18:41.45	CC Jones (Lansing Catholic)11	Eugene/Nike Outdoor.....	6/16/2022
18:42.94	Jenni Fitzgerald (Sterling Hts Stevenson)10	Denton/USA Junior Ch.....	6/19/1999
19:00.65	Lindsey Cummings (Saline)12	Greensboro/Nike Outdoor.....	6/14/2007
19:27.51	Kari Johnson (Central Lake)11	Greensboro/Nike Outdoor.....	6/14/2007
19:37.59	Payton Scheffler (Woodhaven)10	Dearborn/DDC Summer Meet .....	7/27/2012
19:42.47	Amy Baker (Ann Arbor Huron)11	Ann Arbor/All-Comers.....	8/ 4/2001

## 10,000 METERS

35:44.75	Noelle Adriaens (Pinckney)12 (17:29.0/18:15.8)	Quebec City/Rouge et Or .....	7/12/2019
39:55.46	Tracy Priska (Sterling Heights Stevenson)12	Delaware/USA Junior Ch.....	7/ 4/1992

### 60-METER HURDLES (33")

8.67	Nonah Waldron (Oak Park)9	Oak Park/Mini Meet .....	7/23/2020
8.81	Kaia Scheffler (Marysville)12	Oak Park/Mini Meet .....	7/23/2020

## 100 METER HURDLES

13.16	Grace Stark (White Lake Lakeland)11	Kentwood/D1 State (1.7) .....	6/ 2/2018
13.24	Stark	Greensboro/New Balance (-0.8) .....	6/16/2018
13.36	Nonah Waldron (Oak Park)12	Eugene/USATF U20 (0.3).....	7/ 7/2023
13.40	Britten Bowen (Ann Arbor Pioneer)11	Kentwood/D1 State (-0.2) .....	6/ 3/2017
13.43	Stark	Kentwood/D1 State (0.6) .....	6/ 1/2019
13.43	Aasia Laurencin (Oak Park)11	Detroit/AAU Region 12 .....	6/30/2019
13.47	Stark	Novi/Oakland County (-2.1) .....	5/25/2018
13.50	Waldron	Eugene/Nike Outdoor Nat (-0.1) .....	6/17/2023
13.52	Laurencin	Havana/Barrientos Memorial (h) (0.0).....	6/ 7/2019
13.53	Laurencin	Greensboro/NB Nationals (1.3) .....	6/15/2019
13.53	Waldron	Eugene/USATF U20 (h) (0.2).....	7/ 7/2023
13.54	Stark	Novi/Oakland County (1.1) .....	5/26/2017
13.54	Stark	Detroit/AAU JO Regional.....	7/ 2/2017
13.54	Laurencin	Kentwood/D1 State (1.7) .....	6/ 2/2018
13.54	Waldron	West Bloomfield/OAA Blue-G (h) (-0.4) ..	5/11/2023
13.56	Waldron	Humble/AAU JO (h) (-0.6) .....	8/ 4/2021
13.56	Waldron	Rockford/D1 State (0.8).....	6/ 3/2023
13.57	Stark	Greensboro/New Balance (h) (-1.9).....	6/16/2018
13.57	Laurencin	Kentwood/D1 State (0.6) .....	6/ 1/2019
13.57	Laurencin	Greensboro/AAU Junior Olympics (-0.9) .	8/ 1/2019
13.58	Stark	Milford/D1 Regional .....	5/18/2018
13.58	Waldron	Eugene/Nike Outdoor (1.1).....	7/ 2/2021
13.59	Waldron	Eugene/Nike Outdoor (h) (1.7) .....	7/ 2/2021
13.60	Stark	Shoreline/Brooks PR (-1.1).....	6/ 8/2018
13.60	Waldron	Farmington/Inv (0.0) .....	5/ 6/2023
13.61	Waldron	Detroit/D1 Regional (1.2).....	5/20/2023
13.62	Stark	Kentwood/D1 State (-0.2) .....	6/ 3/2017
13.63	Stark	Detroit/AAU Regional.....	7/ 1/2018
13.65	Laurencin	Detroit/AAU Region 12 (h).....	6/29/2019
13.66	Candice Davis (Ann Arbor Pioneer)12	Grand Rapids/D1 State (-1.2).....	5/31/2003
13.66	Cindy Ofili (Ann Arbor Huron)12	Saline/D1 Regional (2.0).....	5/18/2012
13.67	Stark	East Lansing/Midwest Meet (0.3) .....	6/ 8/2019
13.68	Stark	Kentwood/D1 State (h) (1.7) .....	6/ 2/2018
13.68	Laurencin	Greensboro/AAU Junior Oly (h) (-0.2) ....	7/31/2019
13.68	Waldron	Renton/Brooks PR (0.6).....	6/14/2023

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

13.69	Davis	Rockford/D1 State (-).....6/ 1/2002
13.69	Alexandria Johnson (Lake Orion)12	Wichita/USATF JO (2.0) .....7/31/2011
13.70	Stark	Milford/dual .....4/24/2018
13.71	Waldron	Oak Park/5-Way (-1.4).....4/12/2023
13.72	Laurencin	Des Moines/AAU Junior Oly (s) (-2.2).....8/ 1/2018
13.72	Laurencin	Greensboro/New Balance Nat. (h) (0.3) .6/15/2019
13.72	Waldron	Kentwood/D1 State (-2.2) .....6/ 5/2021
13.74	Bridgette Owens-Mitchell (Southfield)12	Greensboro/New Balance (0.6) .....6/18/2010
13.74	Waldron	Eugene/Nike Outdoor Nat (h) (0.2) .....6/17/2023
13.75	Laurencin	Des Moines/AAU Junior Olympics (1.6)..8/ 2/2018
13.75	Waldron	Ypsilanti/JO Regionals (-0.7) .....7/ 2/2023
13.76	Davis	Richmond/USA Junior Ch (1.7).....6/16/2001
13.76	Owens-Mitchell	Fort Wayne/Midwest Meet .....6/12/2010
13.76	Owens-Mitchell	Greensboro/New Balance (h) (2.0).....6/18/2010
13.77	Laurencin	Novi/Oakland County (-2.1) .....5/25/2018
13.77	Waldron	Farmington/D1 Regional (1.6) .....5/22/2021
13.78	Sami Michell (Reed City)11	Hillsdale/Gina Relays (1.3) .....4/27/2012
13.78	Ofili	Kentwood/D1 State (-1.7) .....6/ 2/2012
13.78	Maya Rollins (Ann Arbor Pioneer)11	Philadelphia/NB Nationals (s) (-1.1).....6/17/2023
13.79	Laurencin	Havana/Barrientos Memorial (1.8).....6/ 7/2019
13.79	Morgan Roundtree (Oak Park)11	Philadelphia/NB Nationals (-1.7).....6/17/2023
13.80	Quenee' Dale (Saline)10	Baltimore/USA Junior Olympics (0.6).....7/29/2012
13.80	Allyson Goff (Walled Lake Northern)12	Rockford/D1 State (0.0) .....5/31/2014
13.80	Laurencin	Detroit/AAU Regional.....7/ 1/2018
13.81	Bowen	Greensboro/New Balance Nat. (h) (-0.6) 6/17/2016
13.82	Rollins	Rockford/D1 State (0.8) .....6/ 3/2023
13.83	Kim Turner (Detroit Mumford)12	Bloomington/USA Junior (h) (1.6) .....6/23/1979
13.83	Waldron	Satellite Beach/AAU Club (-0.6) .....7/16/2021
13.83	Rollins	Saline/D1 Regional (0.0).....5/19/2023
13.83	Rollins	Bridgetown/Barbados Ch (1.5) .....7/ 8/2023
13.84	Leslie Aririguzo (West Bloomfield)12	Rockford/D1 State (0.7) .....5/31/2008
13.84	Michell	Comstock Park/D3 State .....6/ 2/2012
13.84	Dale	San Juan/Caribbean Scholastic Inv (-0.1)6/ 8/2013
13.84	Stark	Milford/D1 Regional (1.0).....5/17/2019
13.84	Waldron	Detroit/Courageous Inv (1.6) .....4/29/2023
13.85	Stark	Olivet/USATF Regional (h).....7/ 8/2018
13.86	Dale	Saline/D1 Regional (2.0).....5/18/2012
13.86	Stark	Ypsilanti/AAU Junior Olympics (-0.1) .....8/ 3/2017
13.86	Laurencin	Dearborn/Carpenter Inv (h).....5/ 5/2018
13.86	Waldron	Satellite Beach/AAU Club (h) (0.6) .....7/15/2021
13.86	Roundtree	Rockford/D1 State (0.8) .....6/ 3/2023
13.87	Turner	Bloomington/USA Junior Ch (-0.2).....6/24/1979
13.87	Davis	Palo Alto/USA Junior Ch (h) (-2.7) .....6/21/2002
13.87	Aririguzo	Ypsilanti/AAU Junior Olympics (1.1) .....7/31/2008
13.87	Owens-Mitchell	Greensboro/Nike Outdoor (1.1) .....6/18/2009
13.87	Bowen	Ann Arbor/dual.....4/25/2017
13.87	Stark	Novi/Oakland County (h) (-1.9).....5/25/2018
13.88	Davis	Rockford/D1 State (s) (-).....6/ 1/2002
13.88	Ofili	Saline/SEC (1.8).....5/23/2012
13.88	Stark	Kentwood/D1 State (h) (1.1) .....6/ 3/2017
13.88	Laurencin	Greensboro/New Balance (h) (-0.1).....6/16/2018
13.88	Waldron	Farmington/D1 Regional (1.9) .....5/21/2022
13.89	Davis	Rockford/D1 State (h) (-) .....6/ 1/2002
13.90	Roundtree	Humble/AAU JO (h) (1.6).....8/ 4/2021
13.90	Waldron	Rockford/D1 State (-1.9).....6/ 4/2022
13.90	Rollins	Saline/Golden Triangle .....5/ 5/2023
13.90	Rollins	Philadelphia/NB Nationals (-1.5).....6/18/2023
13.90	Rollins	Bridgetown/Barbados Ch (h) (-1.1).....7/ 7/2023
13.91	Laurencin	Oak Park/OAA Blue/Gold.....5/10/2019
13.92	Johnson	Geneva/USATF JO Reg 5 .....7/ 9/2011
13.92	Waldron	Humble/AAU JO (-0.7).....8/ 5/2021

**Michigan Girls All-Time Lists - Outdoors**  
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13.93	Bowen	Kentwood/D1 State (h) (0.4) .....	6/ 3/2017
13.93	Waldron	Farmington/D1 Regional (h) (0.9) .....	5/22/2021
13.94	Davis	Delaware/Midwest Meet (0.0) .....	6/14/2003
13.94	Raven Clay (Detroit Cody)12	Southfield/AAU State .....	6/29/2008
13.94	Stark	White Lake/Coaches Inv .....	4/28/2018
13.94	Waldron	Dearborn/DC Summer Meet I (2.0) .....	6/23/2021
13.94	Waldron	West Bloomfield/OAA Blue-Gold (h) .....	5/11/2023
13.95	Owens-Mitchell	Carolina/Caribbean Scholastic (0.2) .....	6/13/2009
13.95	Maya Roberts (Farmington Hills Harrison)12	Rockford/D1 (0.3) .....	5/30/2015
13.95	Bowen	Oak Park/Motor City Classic .....	7/16/2017
13.95	Bowen	Long Beach/Beach Inv (1.1) .....	4/22/2018
13.95	Rollins	Philadelphia/NB Nationals (h) (0.2) .....	6/17/2023
13.96	Davis	Richmond/USA Junior Ch (-0.7) .....	6/17/2001
13.96	Davis	Grand Rapids/D1 State (s) (-3.6) .....	5/31/2003
13.96	Aririguzo	Rockford/D1 State (s) .....	5/31/2008
13.96	Bowen	Saline/D1 Regional (-) .....	5/19/2017
13.96	Roundtree	Rockford/D1 State (h) (1.6) .....	6/ 3/2023
13.97	Laurencin	Detroit/AAU Regional .....	6/30/2018
13.98	Aririguzo	Walnut/USATF Junior Oly (h) (1.7) .....	7/28/2007
13.98	Michell	Lakeview/CSAA .....	5/22/2012
13.98	Ofili	Ypsilanti/Steeb .....	5/29/2012
13.98	Stark	Olivet/USATF Regional .....	7/ 8/2018
13.98	Waldron	Rockford/D1 State (h) (-0.2) .....	6/ 3/2023
13.99	Lindsay Bond (Southfield)12	Dayton/Roosevelt Memorial .....	5/ 5/2001
13.99	Stark	Milford/D1 Regional (1.1) .....	5/20/2017
13.99	Bowen	Hillsdale/Last Chance (1.7) .....	5/10/2018
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14.05	Taneisha Griggs (Southfield Lathrup)12	Delaware/Midwest Meet (-0.5) .....	6/12/2004
14.09	Drelin Mapp (Oak Park)12	Philadelphia/NB Nationals (s) (0.7) .....	6/18/2022
14.10	Laticia Sims (Farmington Harrison)12	Kentwood/D1 State (-1.7) .....	6/ 2/2012
14.10	Anna Jefferson (Oak Park)12	Farmington Hills/D1 Regional .....	5/21/2016
14.12	Landria Buckley (Romulus)11	Indianapolis/USATF Junior Oly (1.9) .....	7/31/2005
14.12	McKenna Mattson (Jenison)12	Rockford/D1 State (0.0) .....	5/31/2014
14.13	Madison Eaton (Lake Orion)12	Detroit/AAU Region 12 .....	6/30/2019
14.16	Nikkie Bouyer (Lansing Sexton)12	Melbourne/AAU Junior Olympics .....	8/ 6/1994
14.16	Ra'Jae Marable (Ann Arbor Pioneer)12	Canton/Michigan USATF .....	6/23/2007
14.18	Carrie VanNoy (Oak Park)10	Rockford/D1 State (0.8) .....	6/ 3/2023
14.19	Tiffany Ofili (Ypsilanti)12	Caledonia/D2 State .....	6/ 4/2005
14.19	Christienne Linton (Romulus)12	Kentwood/D1 State (-1.4) .....	5/30/2009
14.22	Ayesha George (Ann Arbor Pioneer)12	Rockford/A State(s) .....	5/31/1997
14.25	Chidimma Uche (Ann Arbor Pioneer)11	Kentwood/D1 State (1.0) .....	6/ 3/2006
14.26	Kenyatta Grigsby (River Rouge)12	Indianapolis/Midwest MOC (-0.8) .....	6/ 8/1996
14.26	Melissa Symons (Lake Orion)12	Lake Orion/D1 Regional .....	5/17/2019
14.27	Kelly Graham (Westland John Glenn)12	Pan-Am Junior Ch .....	7/31/1982
14.27	Tanisha Williams (Ypsilanti)12	Midland/A State (1.2) .....	6/ 5/1999
14.28	Tiffany Hall (Ann Arbor Pioneer)12	Rockford/Div1 State (-0.5) .....	6/ 3/2000
14.29	Nikki Williams (Ann Arbor Huron)12	Flint/A State .....	6/ 1/1985
14.29	Sabrina Jordan (Ann Arbor Pioneer)11	.....	/1985
14.29	Kennedy Jackson (Walled Lake Western)11	Detroit/AAU Region 12 (h) .....	6/29/2019
14.30	Osamuede Iyoha (Ann Arbor Pioneer)12	Ypsilanti/EMU Twilight .....	4/16/2004
14.32	Darchelle Ross (Detroit Cass Tech)12	Ypsilanti/A State .....	6/ 3/1989
14.32	Sophia Franklin (Okemos)12	Kentwood/D1 State (-0.2) .....	6/ 3/2017
14.34	Judi Brown (East Lansing)12	Bloomington/USA Junior Ch (h) .....	6/23/1979
14.34	Carlita Taylor (Oak Park)12	Novi/Oakland County (1.1) .....	5/26/2017
14.34	Grace Johnson (Troy)11	Kentwood/D1 State (0.6) .....	6/ 1/2019
14.35	Brianna Holloway (Oak Park)10	Rockford/D1 State (0.0) .....	5/31/2014
14.36	Megan Strachota (Chesaning)12	Comstock Park/D3 State .....	6/ 4/2005
14.36	Tori Desira (DeWitt)12	Lansing/Honor Roll .....	5/30/2012
14.36	Kaia Scheffler (Marysville)11	Zeeland/D2 State (0.3) .....	6/ 1/2019
14.37	Kendal Willis (Ann Arbor Pioneer)11	[hst] .....	/1996
14.37	Robyn Woolfolk (Ann Arbor Pioneer)12	Edwardsville/USA Junior Ch (h) [2.0] .....	6/26/1998

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14.37	Andrea Mosher (Ann Arbor Pioneer)12	Rockford/D1 State (-).....	6/ 1/2002
14.38	Lauren Rodriguez (Northville)12	Rockford/D1 (0.3) .....	5/30/2015
14.39	Betty Stewart (Kalamazoo Norrix)12	Flint/A State .....	6/ 1/1985
14.40	Ahvon Mitchell (Detroit Country Day)11	Zeeland/D2 State (0.3) .....	6/ 1/2019
14.42	Micaiah Thomas (Detroit Country Day)11	South Lyon/D2 Regional .....	5/21/2016
14.43	Marjona Howard (Flint Northern)12	Midland/A State.....	6/ 2/1990
14.43	Anna Cockrell (Detroit Country Day)8	Baltimore/USA Junior Oly (h) (0.6).....	7/25/2012
14.43	Lindsay Johnson (Detroit Cass Tech)11	Rockford/D1 State (0.8) .....	6/ 3/2023
14.44	Kiersten Isgrigg (South Lyon)10	Rockford/D1 State (-).....	6/ 1/2002
14.45	Candice Wheat (Pontiac Northern)12	Kentwood/D1 State (1.0) .....	6/ 3/2006
14.45	Bridgette Owens (Southfield)9	Dayton/Roosevelt Inv.....	5/ 5/2007
14.45	Taylor Rucker (Berkley)12	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.46	Paige Madison (Ann Arbor Pioneer)12	Rockford/D1 State (0.7) .....	5/31/2008
14.47	Lela Nelson (Detroit Mumford)12	Dayton/Roosevelt Memorial .....	5/ 5/2001
14.49	Dawn Adams (Detroit Cooley)11	Detroit/PSL .....	5/24/1988
14.49	Karin Spiers (Rochester Adams)12	Ypsilanti/A State .....	6/ 4/1988
14.50	Carolyn Ferguson (Benton Harbor)12	.....	/1984
14.50	Robin Landfair (Okemos)12	Delaware/Midwest MOC .....	6/12/1999
14.51	Ashlynn Schiro (Okemos)12	Rockford/D1 State (0.0) .....	5/31/2014
14.52	Jennifer Farough (Clarkston)12	Flint/A State .....	5/31/1986
14.53	Tory Schiller (Grand Ledge)12	Rockford/D1 State (s) (1.5).....	6/ 4/2011
14.53	Haven Essien (Salem)12	Canton/D1 Regional .....	5/18/2018
14.54	Aaron Howell (Farmington)12	Des Moines/USA Ch (hept) (1.8) .....	6/19/2013
14.54	Breanna Luba (Southgate Anderson)11	Ypsilanti/AAU Regional .....	6/30/2013
14.55	Sherita Williams (Detroit King)11	Detroit/PSL .....	5/21/1998
14.55	Natia Powell (Ypsilanti)11	Midland/A State (1.2) .....	6/ 5/1999
14.55	Mariangela Mosley (Ann Arbor Pioneer)12	Rockford/Div1 State (s) (0.9) .....	6/ 3/2000
14.55	Hannah Antkoviak (Allegan)12	Allegan/Tri.....	4/27/2021
14.56	Emily Cross (Armada)12	Comstock Park/D3 State .....	6/ 3/2006
14.56	Chiara Allen (Lake Orion)11	Farmington/Oakland County (1.5).....	5/22/2009
14.56	Jada Steele (Harper Woods Chandler Park)12	Harper Woods/CSC .....	5/ 7/2016
14.56	Jaylah Walton (Detroit Renaissance)11	Detroit/AAU Region 12 .....	6/30/2019
14.56	Mya Georgiadis (Ann Arbor Huron)12	Dexter/Steeb Inv (-3.2) .....	5/31/2022
14.57	Lyric Spears (Allen Park)11	Kentwood/D1 State (1.7) .....	6/ 2/2018
14.58	Allyson Goff (Waterford Mott)9	Geneva/USATF JO Reg 5 (0.1) .....	7/ 9/2011
14.58	Diana Holsey (Bloomfield Hills)12	Bloomfield Hills/OAA White.....	5/ 7/2015
14.59	Alexandria Lemonious (Detroit Commun.)12	Baltimore/USATF Jr Oly (h) (1.1) .....	7/29/2006
14.60	Kim Gadie (Detroit Osborn)10	Alma/A State .....	5/30/1987
14.61	Lisa Cowdrey (Pinckney)12	Midland/A State (1.2) .....	6/ 5/1999
14.61	Ariss Seals (Detroit Cass Tech)11	Rockford/D1 State (-).....	6/ 1/2002
14.61	Kyra Caldwell (Ypsilanti)12	Zeeland/D2 State (s).....	5/31/2008
14.61	Sophia Kunselman (Ann Arbor Pioneer)11	Rockford/D1 State (0.9) .....	6/ 4/2011
14.61	Cindy Ofili (Ann Arbor Huron)11	New Orleans/AAU JO (h) (0.0) .....	8/ 2/2011
14.62	Audrey Graham (BC Lakeview)10	Grandville/Div2 State .....	6/ 3/2000
14.62	Emon Miles (Oak Park)12	Farmington/D1 Regional (1.9) .....	5/21/2022
14.63	Julie Brown (Jackson)12	Ypsilanti/A State.....	6/ 3/1989
14.63	Alicia Bernier (Holland West Ottawa)12	Indianapolis/Midwest MOC .....	6/13/1992
14.63	Erin Dowd (Brighton)12	Milford/D1 Regional .....	5/20/2016
14.64	Breanne TenClay (Grandville)11	Rockford/A State(s).....	5/31/1997
14.64	Veronica Schacht (Grosse Pointe South)12	Rockford/D1 State (s) (1.5).....	6/ 4/2011
14.64	Mariel Bruxvoort (Grand Rapids S Christian)11	Grand Rapids/OK Gold.....	5/13/2017
14.64	Sarinity Bracey (East Kentwood)11	East Kentwood/dual.....	5/ 1/2019
14.64	Paige Chapman (Detroit Renaissance)12	Kentwood/D1 State (0.6) .....	6/ 1/2019
14.64	Grace Collett (Macomb L'Anse Creuse N)12	Clinton Twp/D1 Regional .....	5/22/2021
14.64	Ella Jenkins (Warren Regina)12	Grand Rapids/D2 State (1.0) .....	6/ 3/2023
14.65	Kenya Clement (Detroit Cass Tech)	Ypsilanti/A State(s).....	6/ 4/1988
14.65	Katrina Jones (Lansing Eastern)12	Midland/A State.....	6/ 2/1990
14.66	Suenomi Norinh (Zeeland East)11	Greensboro/NB Nat (hept) (0.2) .....	6/16/2017
14.67	Morgan Robertson (Northville)12	Dearborn Heights/Charger.....	4/12/2014
14.67	Daijah Collier (East Kentwood)11	Detroit/AAU JO Regional .....	7/ 2/2017
14.67	Lauren Fulcher (Troy)12	Kentwood/D1 State (0.6) .....	6/ 1/2019



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14.68	Marnie Peplinski (MC Glen Lake)12	Indianapolis/Midwest MOC .....	6/13/1992
14.68	Marla Benford (Detroit King)11	Grand Rapids/A State .....	6/ 5/1993
14.68	Sara Wittingen (East Grand Rapids)12	Caledonia/D2 State.....	6/ 5/2004
14.68	Hannah Hollister (Corunna)11	Zeeland/D2 State (h) (-2.2).....	6/ 1/2019
<b>Wind-aided:</b>			
13.51	Candice Davis (Ann Arbor Pioneer)11	Palo Alto/USA Junior Ch (2.3).....	6/22/2002
13.62	Leslie Aririguzo (West Bloomfield)11	Walnut/USATF Junior Olympics (2.6) .....	7/29/2007
13.64	Grace Stark (White Lake Lakeland)10	Pinckney/KLAA Lakes.....	5/13/2017
13.65	Aasia Laurencin (Oak Park)10	Dearborn/Carpenter Inv .....	5/ 5/2018
13.65	Nonah Waldron (Oak Park)12	Oxford/Oakland County (2.5).....	5/26/2023
13.76	Davis	Canton/USATF State JO .....	6/29/2002
13.79	Alexandria Johnson (Lake Orion)12	Wichita/USATF JO (2.6) .....	7/30/2011
13.79	Britten Bowen (Ann Arbor Pioneer)12	Hillsdale/Last Chance (2.2).....	5/10/2018
13.85	Morgan Roundtree (Oak Park)11	Oxford/Oakland County (2.5).....	5/26/2023
13.87	Waldron	Oxford/Oakland County (h) (2.7) .....	5/26/2023
13.89	Ayesha George (Ann Arbor Pioneer)12	Rockford/A State.....	5/31/1997
13.89	Bridgette Owens-Mitchell (Southfield)12	Milford/Oakland County (3.5).....	5/28/2010
13.91	Sami Michell (Reed City)11	Bloomington/USA Junior (h) (3.5) .....	6/15/2012
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14.01	Quenee Dale (Ypsilanti Lincoln MS)8	Norfolk/AAU JO (2.5).....	8/ 5/2010
14.01	Maya Rollins (Ann Arbor Pioneer)11	Saline/D1 Regional (h) (2.8) .....	5/19/2023
14.03	Robyn Woolfolk (Ann Arbor Pioneer)12	Auburn/A State [2.1].....	5/30/1998
14.05	Kendal Willis (Ann Arbor Pioneer)12	Rockford/A State.....	5/31/1997
14.08	Carrie VanNoy (Oak Park)10	Oxford/Oakland County (2.5).....	5/26/2023
14.09	Allyson Goff (Walled Lake Northern)12	Humble/USATF JO (h) (2.7).....	7/24/2014
14.14	Ra'Jae Marable (Ann Arbor Pioneer)11	Kentwood/D1 State (s) (3.5) .....	6/ 3/2006
14.17	Kelly Graham (Westland John Glenn)12	.....	/1982
14.24	Drelin Mapp (Oak Park)12	Philadelphia/NB Nationals (h) (3.3).....	6/18/2022
14.25	Tanisha Williams (Ypsilanti)11	Auburn/A State [2.1].....	5/30/1998
14.26	Kyra Caldwell (Ypsilanti)12	Zeeland/D2 State .....	5/31/2008
14.28	Anna Cockrell (Detroit Country Day)8	Baltimore/USA Junior Olympics (s) (3.0) .....	7/27/2012
14.29	Stephanie Allers (Coopersville)12	Caledonia/D2 State.....	5/31/2003
14.30	Melissa Symons (Lake Orion)11	Rochester Hills/D1 Regional (4.8).....	5/18/2018
14.32	Megan Strachota (Chesaning)10	Caledonia/D2 State.....	5/31/2003
14.34	Andrea Mosher (Ann Arbor Pioneer)12	Canton/USATF State JO.....	6/29/2002
14.34	Micaiah Thomas (Detroit Country Day)12	Zeeland/D2 State (h) (7.1).....	6/ 3/2017
14.39	Nikkie Bouyer (Lansing Sexton)11	Knoxville/USA JO(h) .....	7/ ?/1993
14.39	Alexandria Lemonious (Detroit Commun.)12	Dayton/Roosevelt Inv (6.5) .....	5/ 6/2006
14.39	Mya Georgiadis (Ann Arbor Huron)12	Saline/D1 Regional (SSW 28-37-mph) ...	5/20/2022
14.40	Chidimma Uche (Ann Arbor Pioneer)11	Kentwood/D1 State (s) (3.5) .....	6/ 3/2006
14.50	Robin Landfair (Okemos)10	Rockford/A State.....	5/31/1997
14.50	Angela Hayes (Detroit Mumford)9	Detroit/PSL .....	5/25/2000
14.50	Katie Pickette (Hopkins)12	Comstock Park/D3 State .....	5/31/2003
14.53	Lindsay Bond (Southfield)11	Rockford/Div1 State (h) (2.6).....	6/ 3/2000
14.55	Jennifer O'Shesky (Dearborn Divine Child)12	Caledonia/D2 State.....	5/31/2003
14.56	Raven Clay (Detroit Cody)10	Kentwood/D1 State (h) (2.5).....	6/ 3/2006
14.56	Sophia Franklin (Okemos)11	Greensboro/New Balance Nat. (2.6).....	6/17/2016
14.56	Suenomi Norinh (Zeeland East)12	Greensboro/New Balance (hept) (2.2) ...	6/15/2018
14.59	Tiffany Ofili (Ypsilanti)10	Caledonia/D2 State.....	5/31/2003
14.60	Morgan Robertson (Northville)12	Saline/Golden Triangle .....	5/ 2/2014
14.61	Chiara Allen (Lake Orion)12	Milford/Oakland County (3.5).....	5/28/2010
14.61	Madison Eaton (Lake Orion)11	Rochester Hills/D1 Regional (4.8).....	5/18/2018
14.64	Ahvon Mitchell (Detroit Country Day)10	Zeeland/D2 State (h) (2.4) .....	6/ 2/2018
14.65	Haven Essien (Salem)11	Farmington/New Balance .....	5/ 6/2017
14.67	Iris Campbell (Yale)11	Zeeland/D2 State.....	5/31/2008
<b>Hand-timed:</b>			
13.2	Grace Stark (White Lake Lakeland)11	Waterford/tri.....	4/10/2018
13.6	Candice Davis (Ann Arbor Pioneer)11	Saline/dual.....	4/23/2002
13.6	Davis	Ann Arbor/SEC Red.....	5/22/2002
13.6	Tiffany Ofili (Ypsilanti)12	Chelsea/D2 Regional.....	5/21/2005
13.6	Maya Roberts (Farmington Hills Harrison)12	Algonac/Muskrat Classic .....	5/ 2/2015

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13.6	Stark	LVC Champs.....	5/11/2018
13.6	Aasia Laurencin (Oak Park)10	Royal Oak/tri.....	4/25/2018
13.7	Davis	Ypsilanti/Meet of Champions .....	5/27/2002
13.7	Raven Clay (Detroit Cody)12	Detroit/PSL .....	5/22/2008
13.8	Davis	Ann Arbor/Last Chance.....	5/11/2002
13.8	Davis	Ann Arbor/dual.....	4/29/2003
13.8	Tenisha Griggs (Southfield Lathrup)11	Lake Orion/Oakland County .....	5/23/2003
13.8	Davis	Ypsilanti/Meet of Champions .....	5/27/2003
13.8	Griggs	Milford/Oakland County .....	5/28/2004
13.8	Laurencin	Detroit/AAU Regional.....	7/ 1/2018
13.9	Debby Lansky (Taylor Center)12	Champaign/Show Meet (s) .....	6/19/1971
13.9	Lindsay Bond (Southfield)11	West Bloomfield/Div1 Reg .....	5/20/2000
13.9	Bond	Clarkston/Oakland County.....	5/26/2000
13.9	Bond	D1 Regional.....	5/18/2001
13.9	Davis	Ann Arbor/D1 Regional.....	5/17/2002
13.9	Chidimma Uche (Ann Arbor Pioneer)12	Saline/D1 Regional.....	5/18/2007
13.9	Ra'Jae Marable (Ann Arbor Pioneer)12	Saline/D1 Regional.....	5/18/2007
13.9	Christienne Linton (Romulus)12	Detroit/USATF State .....	6/13/2009
13.9	Sami Michell (Reed City)11	Morley/Tri.....	4/17/2012
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14.0	Darchelle Ross (Detroit Cass Tech)12	Ann Arbor/5-Way .....	4/14/1989
14.0	Tanisha Williams (Ypsilanti)11	Ypsilanti/Washtenaw Co .....	5/26/1998
14.0	Robyn Woolfolk (Ann Arbor Pioneer)12	Ypsilanti/Washtenaw Co .....	5/26/1998
14.0	Chidimma Uche (Ann Arbor Pioneer)10	Ypsilanti/D1 Regional.....	5/20/2005
14.0	Landria Buckley (Romulus)12	Saline/A Regional .....	5/19/2006
14.0	Bridgette Owens-Mitchell (Southfield)9	West Bloomfield/Inv .....	4/28/2007
14.0	Allyson Goff (Walled Lake Northern)12	Walled Lake/City Meet.....	5/ 3/2014
14.1	Ayesha George (Ann Arbor Pioneer)12	Rockford/A State(s).....	5/31/1997
14.1	Sarah Wittingen (East Grand Rapids)12	Comstock Park/D2 Regional.....	5/21/2004
14.2	Nikki Williams (Ann Arbor Huron)11	Ann Arbor.....	5/10/1984
14.2	Sabrina Jordan (Ann Arbor Pioneer)11	Washtenaw County Ch .....	/1985
14.2	Betty Stewart (Kalamazoo Norrix)12	.....	/1985
14.2	Pamela Grayer (Ypsilanti)12	Indianapolis/Midwest MOC .....	6/10/1995
14.2	Kendal Willis (Ann Arbor Pioneer)12	[AA list].....	/1997
14.2	Leslie Aririguzo (West Bloomfield)11	West Bloomfield/D1 Regional .....	5/19/2007
14.3	Julie Brown (Jackson)11	Greenville/A Regional .....	5/20/1988
14.3	Dawn Adams (Detroit Cooley)11	Detroit/Inv .....	5/28/1988
14.3	Nikkie Bouyer (Lansing Sexton)12	Midland/A State.....	6/ 4/1994
14.3	Ayesha George (Ann Arbor Pioneer)11	Monroe/A Regional .....	5/18/1996
14.3	Tiffany Hall (Ann Arbor Pioneer)12	Kalamazoo/Lady Knights Inv .....	4/29/2000
14.3	Mariangela Mosley (Ann Arbor Pioneer)12	Kalamazoo/Lady Knights Inv .....	4/29/2000
14.3	Kiersten Isgrigg (South Lyon)10	Tecumseh Relays .....	5/ 4/2002
14.3	Leslie Aririguzo (West Bloomfield)12	West Bloomfield/Inv .....	4/26/2008
14.3	Sophia Kunselman (Ann Arbor Pioneer)11	Saline/D1 Regional .....	5/20/2011
14.4	Sherice Duchamp (Lincoln Park)11	Terre Haute .....	6/27/1971
14.4	Alicia Bernier (Holland W Ottawa)12	.....	/1992
14.4	Kenyetta Grigsby (River Rouge)12	Ypsilanti/B Regional .....	5/17/1996
14.4	Robin Landfair (Okemos)11	Coldwater/A Regional .....	5/16/1998
14.4	Natia Powell (Ypsilanti)11	Ypsilanti/Washtenaw Co .....	6/ 1/1999
14.4	Lela Nelson (Detroit Mumford)12	D1 Regional.....	5/18/2001
14.4	Stephanie Allers (Coopersville)11	Sparta/D2 Regional .....	5/18/2002
14.4	Osamuede Iyoha (Ann Arbor Pioneer)12	Adrian/dual .....	5/11/2004
14.4	Alexandria Lemonius (Detroit CMA)11	Almont/D3 Regional.....	5/21/2005
14.4	Candice Wheat (Pontiac Northern)12	Milford/D1 Regional .....	5/20/2006
14.4	Breanne Peabody (Utica)12	Macomb/Dakota Inv .....	5/10/2008
14.4	Iris Campbell (Yale)11	Algonac/D2 Regional.....	5/16/2008
14.4	Cindy Ofili (Ann Arbor Huron)11	Saline/Golden Triangle .....	5/ 6/2011
14.4	Laticia Sims (Farmington Hills Harrison)	West Bloomfield/D1 Regional .....	5/21/2011
14.4	Christal Wilson (Flint Southwestern)12	Williamston/D2 Regional.....	5/21/2011
14.4	Breanna Luba (Southgate Anderson)12	Grosse Ile/News-Herald.....	5/10/2014
14.4	Morgan Robertson (Northville)12	Milford/D1 Regional .....	5/16/2014

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – www.michrack.org

14.5	Paulette Bryant (Southgate Aquinas)12	Caro/B State .....	6/ 2/1984
14.5	Geri Isbell (Brighton)12	.....	/1986
14.5	Kim Gadie (Detroit Osborn)10	Operation Friendship .....	5/23/1987
14.5	Tina Terrell (Benton Harbor)11	.....	/1987
14.5	Angie Mustonen (Greenville)12	.....	/1992
14.5	Marla Benford (Detroit King)	Midland/A State.....	6/ 4/1994
14.5	Tiffany Hodge (Menominee)12	Indianapolis/Midwest MOC.....	6/10/1995
14.5	LaTasha Chandler (Westland Glenn)12	D1 Regional.....	5/18/2001
14.5	Ashley Patten (Lake Orion)12	Holly/D1 Regional.....	5/17/2002
14.5	Megan Strachota (Chesaning)9	Elsie/Mid-Michigan B .....	5/21/2002
14.5	Michelle Elliott (Goodrich)12	Almont/D3 Regional.....	5/21/2005
14.5	Aurielle McCauley (Romulus)12	Saline/D1 Regional (h).....	5/18/2007
14.5	Jaelyn Pryor (Jackson)10	Holt/tri .....	5/ 6/2008
14.5	Veronica Schacht (Grosse Pointe South)11	Grosse Pointe/D1 Regional .....	5/21/2010
14.5	Tory Schiller (Grand Ledge)12	Holt/D1 Regional.....	5/20/2011

#### **Wind-aided, hand-timed:**

13.4	Candice Davis (Ann Arbor Pioneer)12	Adrian/Tory Clark .....	5/ 3/2003
13.7	Ayesha George (Ann Arbor Pioneer)12	Ypsilanti/Champions .....	5/27/1997
13.7	Sami Michell (Reed City)10	Comstock/Inv .....	5/16/2011
13.9	Alicia Bernier (Holland West Ottawa)12	.....	/1992
13.9	Robyn Woolfolk (Ann Arbor Pioneer)12	Ypsilanti/Champions .....	5/27/1997
14.0	Kyra Caldwell (Ypsilanti)12	Belleville/Mega Red .....	5/20/2008
14.1	Kristin Jackson (Detroit Country Day)12	.....	/1984
14.1	Kendal Willis (Ann Arbor Pioneer)12	Ypsilanti/Champions .....	5/27/1997
14.3	Kim Willis (Southgate Aquinas)11	Midland mp (8.3).....	6/17/1977

#### **World Youth (30" hurdles):**

13.31	Grace Stark (White Lake Lakeland)12	Buenos Aires/Youth Oly (st1) (0.3).....	10/11/2018
13.46	Bridgette Owens-Mitchell (Southfield)11	Sudtirol/World Youth Ch (s) (1.0) .....	7/ 8/2009
13.69	Owens-Mitchell	Ypsilanti/World Youth Trials (1.0) .....	7/ 1/2009
13.77	Owens-Mitchell	Sudtirol/World Youth Ch (h) (0.2) .....	7/ 8/2009
13.85	Owens-Mitchell	Ypsilanti/World Youth Tr (h) (0.0) .....	6/30/2009
14.06	Quenee' Dale (Saline)11	Edwardsville/World Youth Trials (-2.2) ...	6/26/2013
14.12	Dale	Edwardsville/World Youth Trials (h) (-2.2)	6/25/2013
14.80	Lauren Rodriguez (Northville)10	Edwardsville/World Youth Trials (h) (-1.5)	6/25/2013
14.98	Carrie VanNoy (Oak Park MS)8	Humble/AAU JO (-0.5).....	8/ 5/2021

#### **Wind-aided:**

12.83	Grace Stark (White Lake Lakeland)12	Buenos Aires/Youth Olympics (st2) (2.8)	10/14/2018
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## **200 METER HURDLES** (state meet event 1979-82; top 25)

27.00	Michaiah Thomas (Oxford MS)7	Ypsilanti/AAU State.....	6/17/2012
27.06	Bridgette Owens-Mitchell (Detroit JH)7	Norfolk/AAU Junior Olympics (h) (1.6)....	7/31/2006
27.19	Owens-Mitchell	Norfolk/AAU Junior Olympics (0.3) .....	7/31/2006
27.35	Nonah Waldron (Farmington Hills Warner)8	Greensboro/AAU Junior Olympics .....	7/30/2019
27.71	Morgan Roundtree (Detroit MS)7	Greensboro/AAU Junior Olympics (h).....	7/29/2019
27.74	Morgan Atlas (Novi)9	Des Moines/AAU Junior Olympics (0.5)....	7/31/2018
27.79	Carrie VanNoy (Oak Park)9	Greensboro/AAU Junior Olympics (1.9)...	8/ 3/2022
27.83	Owens-Mitchell	Wooster/AAU Region VI .....	7/ 3/2005
27.87	Jada Roundtree (Oak Park MS)8	Ypsilanti/AAU Junior Olympics (0.0) .....	8/ 1/2017
27.89	Roundtree	Greensboro/AAU Junior Olympics (-1.4)	7/30/2019
27.91	Aketra Sevillian (Flint Carman-Ainsworth MS)8	Des Moines/AAU JO .....	8/ 5/2009
27.97	Owens-Mitchell	Southfield/Michigan AAU .....	6/18/2006
27.99	VanNoy (Oak Park MS)8	Humble/AAU JO (1.8).....	8/ 3/2021
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28.08	Quenee Dale (Ypsilanti Lincoln MS)8	Norfolk/AAU JO (1.1) .....	8/ 4/2010
28.24	Evelyn Taylor (Lansing MS)7	Ypsilanti/AAU State.....	6/17/2012
28.39	Alana Bracey (Kentwood Crestwood MS)8	Detroit/AAU Regional.....	7/ 3/2022
28.40	Nicole Standback (Battle Creek MS)8	Berea/AAU National Junior Oly (-2.9)....	8/ 4/1999
28.53	Emon Miles (Oak Park Prep MS)8	Des Moines/AAU Junior Olympics (1.6)....	7/30/2018
28.56	Anna Cockrell (Detroit Country Day MS)8	Clarkston/Oakland County MS .....	5/31/2012
28.61	Grace Stark (White Lake MS)8	Norfolk/AAU Junior Olympics (h) (-0.8)...	8/ 3/2015
28.62	Lauren Bickerdt (Grosse Pointe MS)8	Humble/AAU JO (1.9).....	8/ 3/2021

**Michigan Girls All-Time Lists - Outdoors**  
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28.69	Aazhenii Nye (Lansing MacDonald MS)7	Ypsilanti/AAU JO (h) (-0.3).....7/29/2013
28.69	Mackenzie Fields (Berkley MS)8	Norfolk/AAU Junior Olympics (h) (-1.9)....8/ 3/2015
28.75	Angela Hayes (Detroit MS)8	Berea/AAU National Junior Oly (-2.9).....8/ 4/1999
28.78	Melissa Symons (Novi Scripps MS)8	Clarkston/Oakland County MS .....5/28/2015
28.93	Kalen Glover (Detroit MS)8	Southfield/AAU State .....6/29/2008
28.96	Mariah Sain (Muskegon MS)8	Grandville/Tri .....5/10/2022
29.09	Mary Mitchell (Detroit MS)8	Des Moines/AAU JO (h) (-0.4).....8/ 3/2009
29.17	Candice Davis (Ann Arbor Tappan MS)8	River Rouge/Michigan USATF JO .....6/26/1999
29.22	Payton Gee (Oak Park MS)8	Ypsilanti/JO Regionals.....7/ 2/2023
29.25	Kahlia Hart (Oak Park MS)7	Ypsilanti/JO Regionals.....7/ 2/2023
29.37	Lindsay Johnson (Detroit MS)8	Greensboro/AAU Junior Olympics (h).....7/29/2019
<b>Hand-timed (+ = 220y -0.1)</b>		
27.9+	Tonya Lowe (Flint Northern)	A State ...../1980
28.4	Kelly Graham (Westland Glenn)	A State ...../1982
28.6+	Judy Tucker (Flint Northern)	A State ...../1981
28.6+	Kari Agin (Manchester)	C State...../1982
28.7+	Martha Hans (Tecumseh)	B State...../1982
28.8+	Maria Shoup (Mason County Eastern)	D State...../1981
28.9+	Michelle Preifer (St Joseph)	B State...../1979
29.0+	Jean Delvalle (Trenton)	A State ...../1979
<b>Wind-aided:</b>		
28.40	Grace Stark	Norfolk/AAU Junior Olympics (4.7) .....8/ 4/2015

## 300 METER HURDLES

40.37	Nonah Waldron (Oak Park)12	Rockford/D1 State .....6/ 3/2023
41.17	Waldron	West Bloomfield/OAA Blue-Gold.....5/11/2023
41.54	Morgan Roundtree (Oak Park)11	Rockford/D1 State .....6/ 3/2023
41.62	Roundtree	Farmington/Inv.....5/ 6/2023
41.68	Roundtree	West Bloomfield/OAA Blue-Gold.....5/11/2023
41.86	Roundtree	Detroit/D1 Regional .....5/20/2023
42.17	Roundtree	Dexter/Steeb Inv .....5/31/2022
42.23	Sami Michell (Reed City)11	Comstock Park/D3 State .....6/ 2/2012
42.23	Waldron	Farmington/Inv.....5/ 6/2023
42.38	Roundtree	Rockford/D1 State .....6/ 4/2022
42.42	Roundtree	Farmington/D1 Regional .....5/21/2022
42.49	Christienne Linton (Romulus)12	Jackson/Midwest MOC .....6/13/2009
42.52	Mya Georgiadis (Ann Arbor Huron)12	Rockford/D1 State .....6/ 4/2022
42.54	Roundtree	Oak Park/Quad.....4/12/2023
42.64	Kyana Evans (Wyandotte Roosevelt)12	Kentwood/D1 State.....6/ 3/2017
42.64	Roundtree	Oak Park/5-Way .....4/12/2023
42.66	Waldron	Farmington/D1 Regional .....5/21/2022
42.70	Nikkie Bouyer (Lansing Sexton)12	Indianapolis/Midwest MOC .....6/11/1994
42.70	Waldron	Detroit/D1 Regional .....5/20/2023
42.71	Brianna Holloway (Oak Park)12	Hudsonville/D1 State .....6/ 4/2016
42.71	Holloway	Delaware/Midwest Meet of Champs .....6/11/2016
42.75	Lauren Fulcher (Troy)12	Kentwood/D1 State.....6/ 1/2019
42.81	LaShunta Blander (Pontiac Northern)11	Rockford/A State.....5/31/1997
42.81	Roundtree	Toledo/Titan Varsity.....4/14/2023
42.82	Tiffany Ofili (Ypsilanti)12	Caledonia/D2 State.....6/ 4/2005
42.83	Waldron	Dexter/Steeb Inv .....6/ 1/2021
42.85	Osamuede Iyoha (Ann Arbor Pioneer)12	Rockford/D1 State .....6/ 5/2004
42.86	Linton	Kentwood/D1 State .....5/30/2009
42.89	Kathleen LeValley (Forest Hills Central)10	Grand Rapids/D1 State.....5/31/2003
42.89	Waldron	Dexter/Steeb Inv .....5/31/2022
42.91	Waldron	Dexter/April Showers .....4/23/2022
42.94	Jennifer Sabra (Taylor Kennedy)11	Rockford/D1 State .....6/ 5/2004
42.94	Georgiadis	Saline/D1 Regional .....5/19/2022
42.95	Iyoha	Delaware/Midwest Meet .....6/12/2004
42.98	Jillian Roney (Rockford)12	Kentwood/D1 State.....6/ 1/2019

**Michigan Girls All-Time Lists - Outdoors**  
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43.02	Melissa Symons (Lake Orion)11	Kentwood/D1 State.....	6/ 2/2018
43.05	Roundtree	Detroit/Courageous Inv.....	4/29/2023
43.06	Mariel Bruxvoort (Grand Rapids S Christian)11	Zeeland/D2 State.....	6/ 3/2017
43.08	Blander	Delaware/Midwest MOC.....	6/13/1998
43.09	Ashlynn Schiro (Okemos)12	Rockford/D1 State.....	5/31/2014
43.10	Dawn Adams (Detroit Cooley)11	Ypsilanti/A State.....	6/ 4/1988
43.10	Candice Davis (Ann Arbor Pioneer)12	Grand Rapids/D1 State.....	5/31/2003
43.11	Lindsay Johnson (Detroit Cass Tech)11	Rockford/D1 State.....	6/ 3/2023
43.13	Tiffany Hall (Ann Arbor Pioneer)12	Delaware/Midwest MOC.....	6/10/2000
43.16	Michell	Alma/Scottie Classic.....	5/12/2012
43.16	Holloway	Rockford/D1 State.....	5/31/2014
43.17	Waldron	Kentwood/D1 State.....	6/ 5/2021
43.18	Michell	Fort Wayne/Midwest MOC.....	6/15/2013
43.19	Andrea Mosher (Ann Arbor Pioneer)12	Rockford/D1 State.....	6/ 1/2002
43.22	Marnie Peplinski (Maple City Glen Lake)12	Elmhurst/International Prep Inv.....	6/20/1992
43.22	Fulcher	Kentwood/D1 State.....	6/ 2/2018
43.24	Darchelle Ross (Detroit Cass Tech)9	Flint/A State.....	5/31/1986
43.31	Grace Johnson (Troy)11	Kentwood/D1 State.....	6/ 1/2019
43.31	Waldron	Farmington/D1 Regional.....	5/22/2021
43.33	Holloway	Farmington Hills/D1 Regional.....	5/16/2015
43.34	Blander	Auburn/A State.....	5/30/1998
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43.35	N'Stajah Banks (Oak Park)11	Kentwood/D1 State.....	6/ 1/2019
43.37	Breanna Luba (Southgate Anderson)12	Rockford/D1 State.....	5/31/2014
43.39	Dana Carey (Bloomfield Hills Marian)12	Fort Wayne/Midwest Meet.....	6/11/2011
43.42	Sabrina Jordan (Ann Arbor Pioneer)12	Flint/A State.....	5/31/1986
43.42	Alicia Bernier (Holland West Ottawa)12	.....	/1992
43.45	Robyn Woolfolk (Ann Arbor Pioneer)11	Rockford/A State.....	5/31/1997
43.46	Marjona Howard (Flint Northern)12	Midland/A State.....	6/ 2/1990
43.46	Erin Dowd (Brighton)12	Delaware/Midwest Meet of Champs.....	6/11/2016
43.49	Ariel Roberts (Ann Arbor Pioneer)12	Kentwood/D1 State.....	5/30/2009
43.53	Cindy Ofili (Ann Arbor Huron)12	Fort Wayne/Midwest MC.....	6/ 9/2012
43.56	Alice Hill (Ann Arbor Pioneer)11	Dexter/April Showers.....	4/23/2016
43.57	Makenzee Powell (GR Ottawa Hills)12	Comstock Park/Metro Health.....	5/26/2021
43.60	Chloe Foster (Ann Arbor Skyline)12	Ann Arbor/Last Chance.....	5/13/2017
43.63	Tory Schiller (Grand Ledge)12	Rockford/D1 State.....	6/ 4/2011
43.68	Hannah Antkoviak (Allegan)12	Comstock Park/Metro Health.....	5/26/2021
43.70	Wendy Feldman (Almont)12	Indianapolis/Midwest MOC.....	6/10/1995
43.70	Natia Powell (Ypsilanti)11	Midland/A State.....	6/ 5/1999
43.71	Paige Madison (Ann Arbor Pioneer)12	Jackson/Midwest Meet.....	6/14/2008
43.74	Amber Hay (Detroit Renaissance)12	Caledonia/D2 State.....	6/ 4/2005
43.75	Jaelynn Pryor (Jackson)11	Jackson/Selby Inv.....	5/26/2009
43.76	Madison Eaton (Lake Orion)11	Kentwood/D1 State.....	6/ 2/2018
43.79	Lindsay Bond (Southfield)12	Rockford/D1 State.....	6/ 2/2001
43.80	Chidimma Uche (Ann Arbor Pioneer)11	Kentwood/D1 State.....	6/ 3/2006
43.82	Kendal Willis (Ann Arbor Pioneer)12	Rockford/A State.....	5/31/1997
43.85	Megan Yanik (Livonia Ladywood)12	Zeeland/D2 State.....	6/ 5/2010
43.87	Cindy Panowicz (Northville)12	Flint/A State.....	6/ 1/1985
43.89	Anna Jefferson (Oak Park)12	Oak Park/tri.....	4/25/2016
43.89	Meredith Soule (Monroe)12	Dexter/Steeb Inv.....	5/31/2022
43.92	Maria Shoup (Mason County Eastern)12	.....	/1981
43.92	Tanisha Williams (Ypsilanti)10	Rockford/A State.....	5/31/1997
43.92	Taylor Mullins (Clarkston)12	Rockford/D1.....	5/30/2015
43.94	Tammy Spencer (Detroit Southeastern)12	Alma/A State.....	5/30/1987
43.94	Morgan Atlas (Oak Park)9	Kentwood/D1 State.....	6/ 1/2019
43.95	Stephanie McCarthy (Kenowa Hills)12	Forest Hills/D2 State.....	6/ 3/2006
43.95	Micaiah Thomas (Detroit Country Day)11	Saline/Golden Triangle.....	5/ 6/2016
43.97	Brittany Calhoun (Grand Blanc)12	Jackson/Midwest MOC.....	6/13/2009
43.99	Bridgette Owens (Southfield)11	Farmington/Oakland County.....	5/22/2009
44.01	Hannah Coverdill (Marine City)12	Zeeland/D2 State.....	6/ 4/2016
44.10	Sophia Kunselman (Ann Arbor Pioneer)11	Rockford/D1 State.....	6/ 4/2011

**Michigan Girls All-Time Lists - Outdoors**  
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44.11	Carrie VanNoy (Oak Park)10	Rockford/D1 State .....	6/ 3/2023
44.12	Mauriya Barnes (East Kentwood)11	Macomb/MITCA D1 .....	5/26/2018
44.12	Hannah Hollister (Corunna)11	Zeeland/D2 State.....	6/ 1/2019
44.14	Alexis Hull (Detroit Cass Tech)12	Rockford/D1 State .....	6/ 4/2011
44.15	Emily Wee (Frankenmuth)10	Comstock Park/D3 State .....	6/ 5/2010
44.17	Kiersten Isgrigg (South Lyon)11	Grand Rapids/D1 State.....	5/31/2003
44.19	Tiffany Cernej-Garcia (Ann Arbor Pioneer)12	Saline/Golden Triangle .....	5/ 5/2018
44.21	Tori Desira (DeWitt)11	Grand Rapids/D2 State.....	6/ 4/2011
44.25	Kyra Caldwell (Ypsilanti)11	Zeeland/D2 State.....	6/ 2/2007
44.28	Lauren Bickerdt (Detroit Renaissance)10	Detroit/D1 Regional .....	5/20/2023
44.29	Macy Moore (Midland)12	Rockford/A State.....	5/31/1997
44.30	Paige Madison (Ann Arbor Pioneer)11	Kentwood/D1 State.....	6/ 2/2007
44.32	Karin Spiers (Rochester Adams)12	Ypsilanti/A State.....	6/ 4/1988
44.32	Sara Trumbull (Pinckney)11	Rockford/D1 State .....	6/ 5/2004
44.32	Carlita Taylor (Oak Park)12	Novi/Oakland County.....	5/26/2017
44.34	Danielle Brown (Kalamazoo Central)11	Rockford/D1 State .....	6/ 5/2004
44.35	Courtney Kersten (Yale)12	Caledonia/D2 State.....	5/31/2003
44.35	Megan Enzor (Grand Blanc)11	Kentwood/D1 State.....	6/ 2/2007
44.37	Rebekah Walter (Midland)11	Rockford/D1.....	5/30/2015
44.38	Lauren Heubner (Saginaw Swan Valley)12	Zeeland/D2 State.....	6/ 4/2016
44.41	Crystal Stanley (Lansing Sexton)11	Caledonia/D2 State.....	6/ 4/2005
44.41	Taylor Rucker (Berkley)12	Novi/Oakland County.....	5/25/2018
44.42	Kari Karhoff (Durand)12	Lowell/B State.....	5/31/1997
44.43	Cassandra Campbell (Fenton)12	Milford/D1 Regional .....	5/17/2019
44.44	Peyton Korytkowski (Rockford)11	Grand Haven/D1 Regional.....	5/17/2019
44.49	Naheedi Irani (Onsted)11	Wyoming Park/C State .....	6/ 2/1990
44.50	Aaron Howell (Farmington)12	Farmington/D1 Regional.....	5/18/2013
44.51	Britten Bowen (Ann Arbor Pioneer)10	Ann Arbor/dual.....	4/19/2016
44.52	Pam Bond (Saginaw)12	Ypsilanti/A State.....	6/ 4/1988
44.54	Shaunetta Smith (Detroit Mumford)12	Rockford/A State.....	6/ 1/1996
44.55	Blair Krohn (Grand Haven)11	Alma/A State .....	5/30/1987
44.55	Aja Hunter (Ann Arbor Pioneer)10	Midland/A State.....	6/ 5/1999
44.55	Keisha Townsend (Ann Arbor Pioneer)12	Rockford/D1 State .....	6/ 5/2004
44.56	Jaelynn Pryor (Jackson)10	Jackson/CAAC Blue .....	5/21/2008
44.59	Laticia Sims (Farmington Harrison)12	Holly/Oakland County .....	5/25/2012
44.59	Kylie Hicks (Boyne City)12	Comstock Park/D3 State .....	5/31/2014
44.60	Lisa Winkle (Grand Rapids South Christian)12	Caledonia/D2 State.....	5/31/2003
44.60	Keke Sevillian (Goodrich)9	Zeeland/D2 State.....	6/ 5/2010
44.60	Annabelle Densmore (Charlotte)12	Bath/Nugent Inv .....	5/12/2023
44.61	Gabrielle Collins (Mt Morris)12	Delaware/Midwest Meet .....	6/13/2015
44.62	Alana Davis (Jackson Lumen Christi)12	Jackson/B State.....	5/31/1986
44.62	Grace Hungerford (DeWitt)12	Marion/Midwest Meet.....	6/11/2022
44.63	Cheryl Omar (Detroit Cass Tech)10	Grand Rapids/A State .....	6/ 5/1993
44.63	Takia Bradley (Livonia Churchill)12	Kentwood/D1 State.....	6/ 3/2017
44.64	Joneigh Slaughter (Ann Arbor Pioneer)12	Auburn/A State .....	5/30/1998
44.65	Kelly McCloskey (Novi)11	Rockford/D1 State .....	6/ 4/2011
44.66	Morgan Roundtree (Oak Park)9	Kentwood/D1 State.....	6/ 5/2021
44.68	Lisa Reynolds (Grand Rapids Ottawa Hills)12	Flint/A State .....	5/31/1986
44.69	Aurielle McCauley (Romulus)11	Kentwood/D1 State.....	6/ 3/2006
44.71	Autumn Touchstone (Clarkston)12	Farmington/Oakland County .....	5/23/2008
44.74	Arabia Bacon (Battle Creek Harper Creek)12	Zeeland/D2 State.....	6/ 2/2018
44.76	Jennifer Farough (Clarkston)12	Flint/A State .....	5/31/1986
44.77	Andrea Kober (Sparta)12	Zeeland/D2 State.....	6/ 5/2010
44.77	Megan Rosales (Adrian Madison)12	Addison/Relays.....	4/28/2017
44.79	Candice Wheat (Pontiac Northern)11	Rockford/D1 State .....	6/ 4/2005
44.82	Amy Myler (Ann Arbor Richard)10	Comstock Park/D3 State .....	6/ 2/2007
44.82	Mallory Myler (Dearborn Divine Child)12	Ada/D2 State .....	6/ 1/2013
44.85	Sherry Jones (West Michigan Christian)	Traverse City/D State.....	6/ 2/1984
44.85	Breanna Peabody (Utica)10	Kentwood/D1 State.....	6/ 3/2006
44.85	Kelsey Beatty (Clare)11	Comstock Park/D3 State .....	6/ 2/2007
44.85	Alexis Brown (Auburn Hills Avondale)12	Zeeland/D2 State.....	6/ 4/2016

**Michigan Girls All-Time Lists - Outdoors**  
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**Hand-timed:**

42.1	Chidimma Uche (Ann Arbor Pioneer)12	Saline/D1 Regional.....	5/18/2007
42.4	Carolyn Ferguson (Benton Harbor)12	Jackson/A State.....	6/ 2/1984
42.4	Christienne Linton (Romulus)12	Saline/D1 Regional.....	5/15/2009
42.7	Darchelle Ross (Detroit Cass Tech)12	(meet?).....	/1989
42.8	Amber Bright (Benzie Central)12	Traverse City/Honor Roll.....	6/ 1/1999
42.9	Lindsay Bond (Southfield)12	Delaware/Midwest Meet.....	6/ 9/2001
43.0	Ferguson	Jackson/A State.....	6/ 4/1983
43.0	Karen Brown (Detroit Central)11	Jackson/A State.....	6/ 4/1983
43.1	Dawn Adams (Detroit Cooley)11	Jackson/Detroit/PSL.....	5/24/1988
43.1	Bright	East Jordan/C Regional.....	5/22/1999
43.1	Tiffany Ofili (Ypsilanti)12	Chelsea/D2 Regional.....	5/21/2005
43.2	Melissa Phillips (Ann Arbor Pioneer)12	Ypsilanti/D1 Regional.....	5/20/2005
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43.3	Kate LeValley (Forest Hills Central)10	Lowell/D1 Regional.....	5/16/2003
43.3	Kyra Caldwell (Ypsilanti)12	Belleville/Mega Red.....	5/20/2008
43.5	Cathy Nash (Saginaw)11	Jackson/A State.....	6/ 2/1984
43.5	April Saxton (Dowagiac)12	Three Rivers/Inv.....	5/ 6/2000
43.5	Lindsay Bond (Southfield)11	West Bloomfield/inv.....	5/13/2000
43.5	Andrea Mosher (Ann Arbor Pioneer)12	Ypsilanti/Meet of Champions.....	5/27/2002
43.5	Ariel Roberts (Ann Arbor Pioneer)11	Saline/D1 Regional.....	5/16/2008
43.6	Cindy Panowicz (Northville)11	Jackson/A State.....	6/ 2/1984
43.6	Sabrina Jordan (Ann Arbor Pioneer)10	.....	/1984
43.6	Paige Madison (Ann Arbor Pioneer)12	Saline/D1 Regional.....	5/16/2008
43.6	Laaticia Sims (Farmington Harrison)11	West Bloomfield/D1 Regional.....	5/21/2011
43.7	Nikki Williams (Ann Arbor Huron)11	.....	/1984
43.7	Tanisha Williams (Ypsilanti)10	Ypsilanti/Champions.....	5/27/1997
43.7	Aurielle McCauley (Romulus)12	Saline/D1 Regional.....	5/18/2007
43.7	Jaelynn Pryor (Jackson)11	Caledonia/D1 Regional.....	5/15/2009
43.9	Ashley Patten (Lake Orion)12	Lake Orion/Oakland County.....	5/24/2002
43.9	Tory Schiller (Grand Ledge)12	Holt/D1 Regional.....	5/20/2011
44.0	Paulette Bryant (Southgate Aquinas)12	Caro/B State.....	6/ 2/1984
44.0	Nikkie Bouyer (Lansing Sexton)12	Midland/A State.....	6/ 4/1994
44.0	Venice Jones (Ann Arbor Pioneer)11	Ann Arbor/Mini-meet.....	6/ 8/2000
44.0	Candice Davis (Ann Arbor Pioneer)11	Ann Arbor/Last Chance.....	5/11/2002
44.0	Osamuede Iyoha (Ann Arbor Pioneer)12	Ypsilanti/D1 Regional.....	5/21/2004
44.0	Tori Desira (Dewitt)11	Williamston/D2 Regional.....	5/21/2011
44.1	LaShunta Blander (Pontiac Central)12	West Bloomfield Inv.....	4/25/1998
44.1	Natia Powell (Ypsilanti)11	Ypsilanti/A Regional.....	5/21/1999
44.1	Sara Trumbull (Pinckney)11	Milford/D1 Regional.....	5/21/2004
44.2	Katie Pickette (Hopkins)12	Wyoming/Champions.....	5/19/2003
44.2	Stephanie McCarthy (GR Kenowa Hills)11	D2 Regional.....	5/20/2005
44.3	Marnie Pepinski (Maple City Glen Lake)12	Indianapolis/Midwest MOC.....	6/13/1992
44.3	Tiffany Ofili (Ypsilanti)10	Ypsilanti/Meet of Champions.....	5/27/2003
44.4+	Lisa Reynolds (Grand Rapids Ottawa Hills)11	.....	/1985
44.4	Blair Krohn (Grand Haven)11	W. Michigan.....	5/21/1987
44.4	Robyn Woolfolk (Ann Arbor Pioneer)12	Toledo/Blade Relays.....	5/ 1/1998
44.4	Jamillah Bowman (Ann Arbor Pioneer)11	Ann Arbor/Tri.....	5/ 5/1998
44.4	Lisa Cowdrey (Pinckney)12	Delaware/Midwest MOC.....	6/12/1999
44.4	Tiarra Brooks (Detroit Mumford)12	Detroit/PSL Champs.....	5/27/2004
44.4	Breanna Peabody (Utica)12	Macomb/Dakota Inv.....	5/10/2008
44.4	Dana Carey (Birmingham Marian)12	West Bloomfield/D1 Regional.....	5/21/2011
44.4	Michelle Davis (Reading)12	Union City/Big 8.....	5/21/2014

**400-METER HURDLES**

58.10	Nonah Waldron (Oak Park)10	Humble/AAU JO.....	8/ 3/2021
58.67	Waldron	Eugene/USATF U20.....	7/ 9/2023
59.12	Waldron	Ypsilanti/JO Regionals.....	7/ 2/2023
59.34	Morgan Roundtree (Oak Park)10	Greensboro/AAU Junior Olympics.....	8/ 3/2022

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

59.47	Waldron	Eugene/USATF U20 (h).....	7/ 8/2023
59.89	Brianna Holloway (Oak Park)10	Des Moines/AAU Junior Olympics .....	7/30/2014
1:00.16	Holloway	Greensboro/New Balance Nationals.....	6/19/2016
1:00.10	Sami Michell (Reed City)11	Bloomington/USA Junior (h) .....	6/15/2012
1:00.54	Holloway	Greensboro/New Balance Nationals.....	6/14/2014
1:00.58	Mya Georgiadis (Ann Arbor Huron)11	Jacksonville/USATF JO .....	7/31/2021
1:00.59	Roundtree	Philadelphia/NB Nationals .....	6/16/2023
1:00.67	Holloway	Greensboro/New Balance Nationals.....	6/21/2015
1:00.74	Waldron	Humble/AAU JO (h).....	8/ 2/2021
1:00.74	Waldron	Eugene/Nike Outdoor Nationals .....	6/18/2023
1:00.82	Holloway	Norfolk/AAU Junior Olympics .....	8/ 4/2015
1:00.87	Michell	Bloomington/USA Junior.....	6/15/2012
1:00.88	Mackenzie Sullivan (Farmington Hills Mercy)10	Greensboro/AAU Junior Olympics .....	7/30/2019
1:01.08	Roundtree	Greensboro/AAU Junior Olympics (h).....	8/ 2/2022
1:01.09	Kari Agin (Manchester)11	Lincoln/USA Junior Olympics.....	8/ 1/1982
1:01.11	Andrea Mosher (Ann Arbor Pioneer)12	Palo Alto/USA Junior Champs .....	6/22/2002
1:01.13	Georgiadis	Philadelphia/NB Nationals .....	6/17/2022
1:01.17	Holloway	Norfolk/AAU Junior Olympics (h) .....	8/ 3/2015
1:01.23	Waldron	Oak Park/Mini Meet .....	7/23/2020
1:01.27	Waldron	Eugene/Nike Outdoor .....	7/ 2/2021
1:01.34	Holloway	Des Moines/AAU Junior Olympics (h).....	7/28/2014
1:01.35	Agin	Junior Olympics .....	/1981
1:01.37	Christienne Linton (Romulus)12	Ypsilanti/USA Youth .....	7/ 5/2009
1:01.40	Breanna Luba (Southgate Anderson)11	Ypsilanti/AAAU JO.....	7/31/2013
1:01.48	Lauren Fulcher (Troy)12	Greensboro/New Balance Nationals.....	6/16/2019
1:01.49	Crystal Stanley (Lansing Sexton)11	Michigan AAU Junior Olympics.....	6/19/2005
1:01.51	Georgiadis	Detroit/EITI Inv.....	6/12/2022
1:01.57	Roundtree	Philadelphia/NB Nationals .....	6/17/2022
1:01.64	Maria Shoup (Mason County Eastern)11	Knoxville/USA Junior Ch (h) .....	6/16/1980
1:01.68	Lindsay Johnson (Detroit Cass Tech)10	Greensboro/AAU Junior Olympics .....	8/ 3/2022
1:01.74	Shoup	San Jose/Nat. JO(s) .....	8/16/1980
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1:01.86	Mackenzie Sullivan (Farmington Hills Mercy)12	Humble/AAU JO .....	8/ 3/2021
1:02.01	Dawn Adams (Detroit Cooley)11	.....	/1988
1:02.02	Darchelle Ross (Detroit Cass Tech)10	Syracuse.....	8/10/1987
1:02.15	Kyra Caldwell (Ypsilanti)11	Knoxville/AAU Junior Olympics .....	8/ 1/2007
1:02.18	Amber Hay (Detroit Renaissance)12	Plymouth/Michigan USATF .....	6/25/2005
1:02.22	Cindy Panowicz (Northville)11	Los Angeles/USA Jr (s).....	6/23/1984
1:02.31	Lauren Bickerdt (Detroit Renaissance)10	Flint/Genesee Swift Inv.....	7/22/2023
1:02.44	Erin Dowd (Brighton)12	Greensboro/New Balance Nationals.....	6/19/2016
1:02.46	Tiffany Cernej-Garcia (Ann Arbor Pioneer)12	Des Moines/AAU Junior Olympics .....	7/31/2018
1:02.55	Chidimma Uche (Ann Arbor Pioneer)11	Greensboro/USA Youth Ch .....	7/ 2/2006
1:02.71	Dana Carey (Birmingham Marian)12	New Orleans/AAU JO .....	8/ 3/2011
1:02.72	Kathleen LaValley (Forest Hills Central)11	Raleigh/adidas Outdoor .....	6/19/2004
1:03.10	Dynasty McGee (Ypsilanti Lincoln)11	Carolina/Caribbean Scholastic Inv.....	6/ 5/ 2010
1:03.12	Aurielle McCauley (Romulus)12	Canton/Michigan USATF .....	6/23/2007
1:03.13	Megan Yanik (Livonia Ladywood)12	Norfolk/AAU JO .....	8/ 4/2010
1:03.20	Ella Jenkins (Warren Regina)10	Humble/AAU JO (h).....	8/ 2/2021
1:03.22	Chloe Foster (Ann Arbor Skyline)12	Greensboro/New Balance Nationals.....	6/17/2017
1:03.35	Jennifer Sabra (Taylor Kennedy)12	Michigan AAU Junior Olympics.....	6/19/2005
1:03.44	Taylor Rucker (Berkley)10	Humble/AAU Junior Olympics .....	8/ 2/2016
1:03.46	Madison Eaton (Lake Orion)9	Humble/AAU Junior Olympics .....	8/ 2/2016
1:03.56	Jada Wilson (Ann Arbor Huron)10	Ypsilanti/JO Regionals.....	7/ 2/2023
1:03.61	Lauren Rodriguez (Northville)10	Olivet/USATF JO Reg 5 .....	7/14/2013
1:03.64	Ahvon Mitchell (Detroit Country Day)10	Des Moines/AAU Junior Olympics .....	7/31/2018
1:03.71	Courtney Hewitt (Oak Park)11	Ypsilanti/AAAU JO .....	7/31/2013
1:03.78	Tiffany Ofili (Ypsilanti)10	Ypsilanti/AAU Junior Olympics.....	7/27/2003
1:03.81	Ce'aira Richardson (Bridgeport)11	Greensboro/USATF JO (h) .....	7/24/2013
1:03.92	Dominique Brown (Detroit Mumford)11	Knoxville/AAU Junior Olympics (h) .....	7/30/2007
1:04.00	Paige Madison (Ann Arbor Pioneer)11	Canton/Michigan USATF .....	6/23/2007
1:04.02	Kennedy Johnson (Detroit Cass Tech)12	Humble/AAU JO (h).....	8/ 2/2021



**Michigan Girls All-Time Lists - Outdoors**  
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1:04.10	Jillian Sledge (Flint Southwestern)10	Ypsilanti/AAU Junior Olympics (h).....7/28/2008
1:04.23	Cindy Ofili (Ann Arbor Huron)11	New Orleans/AAU JO (h) (-0.4).....8/ 1/2011
1:04.29	Morgan Atlas (Oak Park)9	Greensboro/New Balance Nationals.....6/16/2019
1:04.30	Rhonda Latnie (Ann Arbor Pioneer)	Philadelphia/Junior Olympics.....8/ 1/1981
1:04.32	Kirsten Smith (Westland Glenn)12	Olivet/Michigan USATF.....6/22/2013
1:04.42	Anna Plum (Mt Pleasant Sacred Heart)12	Eugene/Nike Outdoor Nationals .....6/18/2023
1:04.50	Taylor Mullins (Clarkston)11	Charleston/USATF JO Region 5 .....7/13/2014
1:04.65	Makenzee Powell (GR Ottawa Hills)10	Greensboro/AAU Junior Olympics (h).....7/29/2019
1:04.72	Christabelle Obi (Ann Arbor Huron)12	Detroit/EITI Inv.....6/12/2022
1:04.77	Carrie VanNoy (Oak Park)10	Philadelphia/NB Nationals .....6/16/2023
1:04.79	Drew Coleman (Oak Park)12	Greensboro/New Balance Nationals.....6/17/2017
1:04.85	Aniya Myers (Detroit Cass Tech)11	Greensboro/AAU Junior Olympics (h).....7/29/2019
1:04.89	Naheedi Irani (Onsted)10	Spokane/Nat JO .....7/30/1989
1:04.92	Melissa Symons (Lake Orion)10	Ypsilanti/AAU Junior Olympics (h) .....7/31/2017
1:04.95	Emon Miles (Oak Park)11	Eugene/Nike Outdoor .....7/ 2/2021
1:04.96	Chinonye Uche (Ann Arbor Pioneer)11	Olivet/Michigan USATF.....6/22/2013
1:04.97	Venice Jones (Ann Arbor Pioneer)11	Decatur/USATF Nat Youth .....7/ 9/2000
1:05.00	Christian Sanders (Detroit Renaissance)10	Philadelphia/NB Nationals .....6/17/2022
1:05.38	Kacy Winans (Farmington Hills Harrison)11	New Orleans/AAU Junior Oly (h) .....8/ 6/2005
1:05.44	Alexius Brown (Detroit JH)	Indianapolis/USATF JO (h) .....7/31/2005
1:05.47	Kim Willis (Southgate Aquinas)12	Junior Olympics .....7/24/1978
1:05.50	Rebecca Adamcheck (Livonia Stevenson)12	Norfolk/AAU JO (h).....8/ 2/2010
1:05.52	Tiffany Hall (Ann Arbor Pioneer)12	Decatur/USATF National Youth.....7/ 9/2000
1:05.54	Shameka Hamilton (Ypsilanti)12	Southfield/AAU State.....6/29/2008
1:05.68	Chiara Allen (Lake Orion)11	Greensboro/USATF JO (h) .....8/ 1/2009
1:05.69	Osamuede Iyoha (Ann Arbor Pioneer)11	Buffalo/USATF Youth Ch (h) .....7/ 5/2003
1:05.74	Valerie Watkins (Detroit Urban Lutheran)11	Merrillville/AAU Regional .....7/ 9/2006
<b>Hand-timed:</b>		
59.9	Christienne Linton (Romulus)12	Detroit/USATF State .....6/13/2009
1:02.0	Maria Shoup (Mason County Eastern)11	San Jose/Nat. Junior Olympics.....8/17/1980
1:02.1	Darchelle Ross (Detroit Cass Tech)10	Reg 6 Junior Olympics.....7/25/1987
1:03.8	Dynasty McGee (Ypsilanti Lincoln)11	Ypsilanti/All-Stars.....6/12/2010
1:04.0	Sharonda Vesey (Romulus)12	Detroit/USATF State .....6/13/2009
1:04.3	Sabrina Jordan (Ann Arbor Pioneer)11	Dayton/Junior Olympics Regional.....7/ 1/1985
1:04.9	Tiffany Hall (Ann Arbor Pioneer)11	River Rouge/USATF State Jr Oly.....6/26/1999

## HIGH JUMP

6-0	Gwen Wentland (Grand Blanc)12	Flint/CAN-USA.....8/10/1990
5-11.25	Ellie Hayden (Capac)12	Grand Rapids/C State.....5/31/1980
5-11.25	Wentland	Southfield/USA Junior Ch Oly Reg .....7/15/1989
5-11	Wentland	...../1990
5-11	Jailah Mason (SH Stevenson)12	Warren/Macomb County .....5/22/2014
5-11	Addison Hovey (Hart)10	Holton/WMC Rivers .....5/ 5/2023
5-11	Milena Chevallier (Farmington Hills Mercy)11	Rockford/D1 State .....6/ 3/2023
5-10.5	Sara Jane Baker (Mattawan)12	Delton/D2 Regional.....5/17/2002
5-10	Jane Anderson (Saginaw Eisenhower)11	...../1977
5-10	Hayden	Ft. Wayne/Midwest MOC .....6/ 7/1980
5-10	Wentland	Midland/A State.....6/ 2/1990
5-10	Wentland	Elmhurst/Keebler International Prep .....6/17/1990
5-10	Kelly Oberlin (Grant)12	[Track Results]...../1991
5-10	Jenny Engelhardt (Battle Creek Lakeview)11	[HST] ...../1995
5-10	Alicia Britton (Olivet)12	Bath/C Regional.....5/15/1998
5-10	Baker	Mattawan/dual .....5/ 9/2001
5-10	Ariel Roberts (Ann Arbor Pioneer)12	Saline/D1 Regional .....5/15/2009
5-10	Roberts	Jackson/Midwest MOC .....6/13/2009
5-10	Brook Simpson (Belding)9	Zeeland/D2 State.....6/ 5/2021
5-10	Madison Morson (Salem)11	Rockford/D1 State .....6/ 3/2023
5-9.75	Chevallier	Eugene/USATF U20 .....7/ 9/2023
5-9.5	Cathy Nash (Saginaw)11	Saginaw .....5/12/1984

**Michigan Girls All-Time Lists - Outdoors**  
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5-9.25	Nicole Randolph (Southfield Lathrup)11	Southfield/OAA III .....	5/19/1998
5-9.25	Mason	Rockford/D1 State .....	5/31/2014
5-9.25	Suenomi Norinh (Zeeland East)11	Ludington/D2 Regional .....	5/20/2017
5-9	Beth Brunn (Utica)10	Comstock/B State .....	6/ 5/1976
5-9	Terry Johnson (Muskegon Catholic)12	Comstock/B State .....	6/ 4/1977
5-9	Kaye Leighton (Northport)10	.....	/1978
5-9	Rhonda Fillus (Muskegon Mona Shores)12	Ft Wayne/Midwest MOC .....	6/14/1980
5-9	Judy Tucker (Flint Northern)12	Flint/A State .....	5/30/1981
5-9	Debra Hartline (Cassopolis)12	Clare/C State .....	6/ 2/1984
5-9	Hartline	Ft Wayne/Midwest MOC .....	6/ 9/1984
5-9	Engelhardt	Indianapolis/Midwest MOC .....	6/ 8/1996
5-9	Monyka Paul (St Louis)12	Shepherd/Tri .....	5/ 9/1997
5-9	LaToya Chandler (Westland Glenn)10	Redford/A Regional.....	5/15/1998
5-9	Randolph	Southfield/dual .....	5/ 4/1999
5-9	Baker	Richland/dual .....	4/13/2000
5-9	Baker	Grand Rapids/D2 State.....	6/ 2/2001
5-9	Christine Krellwitz (Big Rapids)12	Caledonia/D2 State.....	6/ 5/2004
5-9	Bettie Wade (Farmington)12	Delaware/Midwest Meet .....	6/11/2005
5-9	Roberts	Kalamazoo/Lukens Inv .....	4/26/2008
5-9	Sarah Nitz (Zeeland East)11	Zeeland/OK Green.....	5/ 9/2008
5-9	Roberts	Saline/D1 Regional .....	5/16/2008
5-9	Roberts	Rockford/D1 State .....	5/31/2008
5-9	Roberts	Mansfield/Relays .....	4/17/2009
5-9	Roberts	Ypsilanti/Steeb Memorial .....	5/26/2009
5-9	Nyki Caldwell (Dexter)11	Milford/D1 Regional .....	5/21/2010
5-9	Kathryn Mills (Eaton Rapids)10	Jackson/dual .....	5/ 1/2012
5-9	Keianna Ingram (Southfield Lathrup)11	Kentwood/D1 State.....	6/ 2/2012
5-9	Elizabeth Knoll (Muskegon Mona Shores)10	Muskegon/tri .....	4/25/2018
5-9	Morson	Farmington/Inv.....	5/ 6/2023
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5-8.75	Kennedy Jackson (Walled Lake Western)11	Greensboro/AAU Junior Olympics .....	8/ 1/2019
5-8.5	Stephanie Linz (Okemos)11	Alma/Scottie Inv.....	5/13/2000
5-8.25	Brenda Teague (Gwinn)	UP State .....	5/23/1981
5-8.25	Laura Geurink (Zeeland)11	Wyoming/OK Champions .....	5/24/1999
5-8	Loretta Matejko (Lincoln Park)9	.....	/1972
5-8	Anita Lee (Detroit Cass Tech)11	Birmingham .....	8/20/1973
5-8	Linnell Jones (Flint Northwestern)	A Regional .....	/1976
5-8	Julie Hyde (Caro)	Comstock/B State .....	6/ 5/1976
5-8	Sue Reimer (Walled Lake Western)	.....	/1976
5-8	Kathy Ballard (Mt. Clemens L'Anse Creuse)	Bloomfield Hills/A State.....	6/ 4/1977
5-8	Lisa Norbert (Wayne Memorial)	A Regional .....	/1977
5-8	Rhonda Beauford (Detroit Mumford)	.....	/1978
5-8	Mary Brunn (Utica)10	.....	/1979
5-8	Debbie Graski (Milford)	Free Press .....	/1979
5-8	June Hardy (Pontiac Northern)	A Regional .....	/1979
5-8	Lorri Thornton (Flint Central)	Brighton/A State.....	6/ 2/1979
5-8	Karla Link (Fruitport)	Dayton .....	7/14/1979
5-8	Angie Hafner (Flushing)12	Ft Wayne/Midwest MOC .....	6/12/1982
5-8	Laura McBride (?)12	Ft Wayne/Midwest MOC .....	6/11/1983
5-8	Laura Wheeler (Ypsilanti)11	Flint/A State .....	6/ 1/1985
5-8	Cheri Johnson (Redford Borgess)11	Flint/A State .....	5/31/1986
5-8	Amy Warner (Linden)11	Sturgis/B State.....	5/30/1987
5-8	Angela Salvatore (Concord)12	.....	/87
5-8	Clarissa Jones (Flat Rock)12	Indianapolis/Midwest MOC .....	6/ 9/1990
5-8	Linda Stuck (Milan)10	Conference .....	5/26/1990
5-8	Stacey Thomas (Flint Southwestern)12	Rockford/A State.....	6/ 1/1996
5-8	Maia Knox (Ypsilanti)10	.....	/1996
5-8	Ayesha George (Ann Arbor Pioneer)12	Dayton/Martin Classic.....	/1997
5-8	Jenny Kulchar (Burton Atherton)11	Goodrich/Inv .....	5/ 5/2000
5-8	Sarah Duesing (Sault Ste Marie)12	Kingsford/UP D1 State.....	6/ 2/2001
5-8	Katherine Johnson (Birmingham Marion)9	Clarkston/Inv.....	5/11/2002

## Michigan Girls All-Time Lists - Outdoors

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5-8	Vanessa Maher (Roseville)12	East Detroit/dual .....5/ 8/2003
5-8	Emelle McConney (West Bloomfield)12	Kentwood/D1 State .....5/30/2009
5-8	Molly Duda (Haslett)12	East Lansing/Spartan Inv .....4/29/2011
5-8	Rachelle Sandbrook (Ovid-Elsie)11	Chesaning/Tri .....5/ 9/2011
5-8	Bre Perry (Flushing)10	Davison/D1 Regional .....5/15/2015
5-8	Charley Andrews (Harper Creek)11	Mason/D2 Regional .....5/20/2016
5-8	Jada Wimberly (Ann Arbor Pioneer)12	Greensboro/New Balance Nationals .....6/19/2016
5-8	Marr Day'Anna (Adrian)10	Ann Arbor/Eagle End of Season .....5/23/2019
5-8	Gabriella Newman (Ann Arbor Pioneer)11	Concord/Blazers Inv .....6/26/2021
5-8	Taryn Marshall (Milford)12	Marion/Midwest Meet .....6/11/2022
5-8	Heidi Newhouse (Lawton)11	Parchment/Relays .....5/ 5/2023
5-8	Eva Whiteman (Holland)12	Grand Haven/D1 Regional .....5/19/2023
5-8	Kylei Anderson (Walled Lake Central)12	Rockford/D1 State .....6/ 3/2023
5-7.75	Paula McGee (Flint Northern)10	A Regionals ...../1978
5-7.5	Karrington Gordon (Lincoln Park)12	Trenton/Downriver League .....5/25/2021

## POLE VAULT

13-9	Mackenzie Shell (Port Huron Northern)12	Warren/D1 Regional .....5/15/2015
13-6.25	Shell	Vermontville/Moon Vault .....8/ 2/2014
13-6	Shell	Olivet/Michigan USATF .....6/ 7/2014
13-6	Sophia Mettes (Dexter)12	Ypsilanti/SEC Red .....5/13/2022
13-5.25	Shell	Eugene/USA Junior Ch .....6/27/2015
13-4	Landon Kemp (Greenville)11	Hudsonville/D1 State .....6/ 4/2016
13-3.5	Shell	Olivet/Michigan USATF .....6/ 9/2015
13-3.5	Shell	Greensboro/New Balance Nationals .....6/20/2015
13-3.25	Natalie Blake (Holland West Ottawa)12	Marion/Midwest Meet .....6/11/2022
13-3	Shell	Saline/Golden Triangle .....5/ 1/2015
13-3	Shell	Delaware/Midwest Meet .....6/13/2015
13-3	Kemp	Comstock Park/MetroHealth .....5/24/2016
13-3	Kemp	Kentwood/D1 State .....6/ 3/2017
13-3	Jessica Mercier (Waterford Kettering)12	Farmington/New Balance Inv .....5/ 5/2018
13-2	Shell	Port Huron/MAC White .....5/20/2014
13-1	Sarah Birkmeier (Rockford)12	Kentwood/State Games .....6/26/2010
13-1	Kemp	Hudsonville/D1 State (!) .....6/ 4/2016
13-1	Sophia Franklin (Okemos)12	Lansing/Honor Roll .....5/30/2017
13-0.75	Kemp	Greensboro/New Balance Nationals .....6/17/2016
13-0	Birkmeier	Kentwood/D1 State .....5/30/2009
13-0	Shell	Rockford/Inv .....4/18/2015
13-0	Shell	dual .....4/28/2015
13-0	Shell	Macomb/Cougars Inv .....5/ 9/2015
13-0	Shell	Livonia/Field Event Open .....5/19/2015
13-0	Stephanie Lambeth (Frankenmuth)12	Caro/Meet of Champions .....5/26/2015
13-0	Kemp	Greenville/Daily News .....5/31/2016
13-0	Franklin	East Lansing/Spartan Inv .....4/28/2017
13-0	Kemp	Kentwood/D1 State (!) .....6/ 3/2017
13-0	Mercier	Kentwood/D1 State .....6/ 3/2017
13-0	Franklin	Kentwood/D1 State .....6/ 3/2017
13-0	Gabby Leon (East Kentwood)12	Delaware/Midwest Meet of Champions ..6/10/2017
13-0	Blake	Grand Haven/D1 Regional .....5/20/2022
13-0	Mettes	Dexter/Steeb Inv .....5/31/2022
13-0	Mettes	Rockford/D1 State .....6/ 4/2022
13-0	Mettes	Marion/Midwest Meet .....6/11/2022
12-11.5	Shell	Greensboro/New Balance .....6/14/2014
12-11.5	Shell	Eugene/USA Junior Ch .....7/ 6/2014
12-11.5	Shell	Greensboro/New Balance Nationals (!) ..6/20/2015
12-11.5	Shell	Eugene/USA Junior Ch (!) .....6/27/2015
12-10	Kemp	Ada/OK Bronze .....5/13/2016
12-10	Franklin	Greensboro/New Balance Nationals .....6/17/2017
12-10	Mercier	Kentwood/D1 State .....6/ 2/2018

**Michigan Girls All-Time Lists - Outdoors**  
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12-9	Birkmeier	Hudsonville/dual .....	5/ 6/2010
12-9	Shell	Marysville/BWA Meet of Champs.....	5/23/2014
12-9	Shell	Grand Haven/Beach Vault .....	7/12/2014
12-9	Madison Pierce (Ortonville Brandon)12	Holly/dual .....	5/ 6/2015
12-9	Shell	Delaware/Midwest Meet .....	6/13/2015
12-9	Kemp	Muskegon/Rocket Inv .....	4/15/2016
12-9	Leon	Traverse City/Bell Inv.....	5/ 6/2016
12-9	Kemp	Greenville/quad.....	5/ 8/2017
12-9	Kemp	Kentwood/D1 State (!) .....	6/ 3/2017
12-9	Mercier	East Lansing/Midwest Meet.....	6/ 9/2018
12-9	Blake	Byron Center/MITCA D1 Team .....	5/28/2022
12-9	Blake	Rockford/D1 State .....	6/ 4/2022
12-9	Brooke Bowers (Forest Hills Central)10	Rockford/D1 State .....	6/ 4/2022
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12-8	Josianne Mettes (Dexter)12	Ypsilanti/SEC White.....	5/14/2021
12-7.5	Katie Rancourt (East Kentwood)12	Traverse City/Bell Inv.....	5/ 4/ 2012
12-7	Becca Pilkerton (Dexter)12	Ypsilanti/SEC .....	5/21/2008
12-7	Brianna Bredeweg (Allendale)10	Zeeland/D2 State.....	6/ 2/2018
12-6.5	Kasey Staley (Clare)12	Shepherd/Bluejay Inv.....	5/ 5/2017
12-6.25	Cate Visscher (Livonia Churchill)12	Greensboro/New Balance Nationals.....	6/14/2019
12-6	Stephanie Teeple (Sturgis)12	D2 Regional .....	5/18/2001
12-6	Kristen Hixson (Remus Chippewa Hills)12	Fort Wayne/Midwest Meet .....	6/12/2010
12-6	Tori Wesley (Marine City)12	Marine CityD2 Regional.....	5/20/2011
12-6	Gabriella LeRoux (Spring Lake)11	Muskegon/West Michigan All-Star .....	5/25/2016
12-6	Calli Ostapowicz (Hudsonville)11	Kentwood/State Games.....	8/ 6/2017
12-6	Tricia Pierce (Ortonville-Brandon)12	Zeeland/D2 State.....	6/ 1/2019
12-6	Katie Stewart (Salem)11	Livonia/D1 Regional.....	5/19/2023
12-4.75	Sarah Griffin (Lake Orion)11	Greensboro/AAU Junior Olympics .....	8/ 2/2019
12-4.75	Katie Clifford (Grand Rapids West Catholic)12	Allendale/OK Blue.....	5/14/2021
12-3.5	Kenzie Wieber (Pewamo-Westphalia)12	Pewamo/PW Inv .....	5/ 2/2014
12-3	Kassie Powell (Durand)12	Fort Wayne/Midwest Meet .....	6/11/2011
12-3	Claire Tewksbury (Dexter)11	Livonia/Spree Festival .....	6/25/2011
12-3	Kirstie Wieber (Pewamo-Westphalia)12	Fowler/CMAC .....	5/23/2012
12-3	Hannah Sailer (Lansing Catholic)12	Fort Wayne/Midwest MC.....	6/ 9/2012
12-3	Avery Shell (Port Huron Northern)12	Macomb/MITCA D1 .....	5/26/2018
12-3	Sidney Heugel (Allendale)10	Zeeland/D2 State.....	6/ 1/2019
12-3	Nicole Bow (Dexter)12	East Lansing/Midwest Meet.....	6/ 8/2019
12-3	Emma Stewart (Salem)12	Livonia/D1 Regional.....	5/19/2023
12-2.5	Victoria Faber (Canton)12	Greensboro/New Balance.....	6/15/2018
12-2	Abby Shanahan (East Kentwood)12	Kentwood/D1 State.....	6/ 2/2007
12-2	Colleen Campbell (Lake Orion)12	Oxford/dual .....	5/ 2/2018
12-1	Amy Morrison (Fenton)11	Kentwood/D1 State.....	6/ 3/2006
12-1	Brittany London (Middleville)12	Grand Rapids/D2 State.....	6/ 4/2011
12-1	Micaela Conter (Dexter)12	Ypsilanti/Steeb .....	5/29/2012
12-0	Rachel Zukowski (GR Catholic Central)12	Grand Rapids/dual.....	4/20/1999
12-0	Breanna Eveland (East Kentwood)12	Muskegon/dual .....	4/18/2002
12-0	Katie Shaw (Lakeview)12	Comstock Park/D3 State .....	6/ 4/2005
12-0	Shari Harmon (Temperance Bedford)12	Jackson/Midwest Meet .....	6/ 9/2007
12-0	Richelle Kimble (Lowell)12	Kentwood/Moon Vault.....	6/26/2009
12-0	Jaime Roberts (Kingsford)12	Kingsford/UP D1 State.....	6/ 5/2010
12-0	Jordan Keefe (Grand Haven)11	Jenison/MITCA D1.....	5/28/2011
12-0	Janina Pollatz (GR Christian)11	Grand Rapids/Houseward Inv.....	4/14/2012
12-0	Jane McCurry (Plymouth)12	South Lyon/KLAA .....	5/21/2013
12-0	Kamie Powell (Dexter)12	Vermontville/Moon Vault .....	8/ 2/2014
12-0	Dana Tessmer (Dexter)12	Rockford/D1.....	5/30/2015
12-0	Charlotte Read (Dexter)12	Chelsea/PV Meet.....	6/13/2015
12-0	Myah Kelly (Corunna)11	Corunna/GAC .....	5/23/2017
12-0	Hollie Hagan (Forest Hills Eastern)12	Zeeland/D2 State.....	6/ 3/2017
12-0	Madison Wright (Dexter)12	Dexter/dual .....	4/10/2018
12-0	Lily Knowlton (Port Huron Northern)10	Vermontville/Moon Vault .....	8/ 1/2020
12-0	Kayla Hintz (Holland West Ottawa)11	Grand Haven/OK Red.....	5/14/2021

**Michigan Girls All-Time Lists - Outdoors**  
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12-0	Tara Townsend (Frankfort)11	Hudsonville/D4 State .....	6/ 5/2021
12-0	Taylor Diamond (Cedar Springs)10	Grand Rapids/OK Gold .....	5/13/2022
12-0	Evie Mathis (Wayland MS)8	Hastings/Dual .....	5/19/2022
12-0	Jordyn Wright (Tecumseh)11	Ada/D2 State .....	6/ 4/2022
12-0	Allison Shelton (Ortonville Brandon)11	Holly/FML .....	5/12/2023
12-0	Maiya Corrigan (Rockford)9	Grand Haven/D1 Regional.....	5/19/2023
12-0	Claire Agnew (Owosso)12	Grand Rapids/D2 State.....	6/ 3/2023
11-11.75	Ashley Carroll (Flint Powers)11	Denton/USA Junior Ch.....	6/23/2000
11-11.75	Emma Bauer (South Lyon)12	Greensboro/New Balance Nationals.....	6/19/2015
11-10	Christi Kettelhut (Rockford)12	Kentwood/D1 State.....	6/ 3/2006
11-10	Lauren Chorny (Stevensville Lakeshore)12	Grand Rapids/D2 State.....	6/ 4/2011
11-10	Emily Caragay (Plymouth)12	Plymouth/dual.....	5/ 8/2018
11-10	Thea Newkirk (East Grand Rapids)11	Comstock Park/Metro Health.....	5/26/2021
11-9	Reagan Engstrom (Plymouth)12	Saline/Golden Triangle .....	5/ 4/2012
11-9	Taylor Tepper (Grandville)12	Kentwood/D1 State.....	6/ 2/2012
11-9	Hannah Emery (Battle Creek Lakeview)12	Rockford/D1.....	5/30/2015
11-9	Olivia Ryktarsyk (Livonia Churchill)12	Canton/D1 Regional .....	5/20/2016
11-9	Rachel Doian (Goodrich)11	Algonac/D2 Regional .....	5/20/2016
11-9	Kelsey Heitzman (Grandville Calvin Christ)12	Comstock Park/D3 State .....	6/ 3/2017
11-9	Ellie Zimmermann (Hartland)12	Kentwood/D1 State.....	6/ 2/2018
11-9	Victoria Spitzley (East Kentwood)10	Portage/D1 Regional .....	5/19/2023
11-9	Raiden Kipfmiller (Dexter)9	Grand Ledge/D1 Regional.....	5/19/2023
11-8	Angie Maxey (Caledonia)12	Caledonia/D2 State.....	6/ 5/2004
11-8	Caitlyn Gager (Rockford)12	Muskegon/D1 Regional .....	5/19/2006
11-8	Lauren Dark (Chelsea)12	Dexter/dual .....	5/10/2011
11-8	Allie LeRoux (Spring Lake)12	Grand Rapids/D2 State.....	5/31/2014
11-8	Ella Block (Romeo)12	Vermontville/Senior Recognition .....	7/25/2020
11-8	Miranda Smith (Forest Hills Eastern)10	Vermontville/Senior Recognition .....	7/25/2020
11-7	Libby Schichtel (GR West Catholic)12	Vermontville/D3 Regional .....	5/18/2012
11-7	Erin Drouillard (Remus Chippewa Hills)12	Meridian/Nite Trax.....	5/ 2/2014
11-7	Kati Smith (Kingsley)12	Shepherd/D2 Regional .....	5/19/2023
11-7	Megan Bell (Ann Arbor Pioneer)11	Davison/Champion of Champions .....	6/ 9/2023
11-6.5	Amy Reynolds (Northville)12	Northville/dual.....	5/ 5/2009
11-6	Melissa Smith (Grand Rapids Christian)11	Grand Rapids/GRPS Relays .....	4/14/2001
11-6	Melissa Ullenbruch (Port Huron North.)12	Rockford/D1 State .....	6/ 2/2001
11-6	Anna VanDrie (Grand Rapids Christian)12	(meet?) .....	/1999
11-6	Stacy Orosz (Rockford)11	Rockford/OK Red.....	5/13/2003
11-6	Janine Chroloniec (Rockford)11	Rockford/OK Red.....	5/13/2003
11-6	Sarah Chrzanowski (Walled Lake Central)12	Milford/D1 Regional .....	5/16/2003
11-6	Jen Vandermeer (Holland)12	Grand Rapids/D1 State.....	5/31/2003
11-6	Jackie Clark (Grand Ledge)12	Kalamazoo/D1 Regional .....	5/20/2005
11-6	Carly Schiffer (Ovid-Elsie)12	Comstock Park/D3 State .....	6/ 3/2006
11-6	Elizabeth Willford (Gladwin)12	Jackson/Midwest Meet .....	6/14/2008
11-6	Kelly Morrissey (GR West Catholic)11	Grand Rapids/D1 Regional.....	5/15/2009
11-6	Hannah Meachum (Traverse C St Francis)12	Marion/D4 Regional .....	5/22/2010
11-6	Carley Morris (East Grand Rapids)11	Zeeland/D2 State.....	6/ 5/2010
11-6	Jennifer Schornak (Macomb Dakota)12	Rockford/D1 State .....	6/ 4/2011
11-6	Nicole Ferguson (Dexter)12	Saline/Golden Triangle .....	5/ 4/2012
11-6	Monica Fusee (Port Huron Northern)11	Ortonville/D1 Regional.....	5/18/2012
11-6	Jordan Devenney (Schoolcraft)11	Constantine/D3 Regional .....	5/18/2012
11-6	Grace Kendra (Grand Haven)12	Holland/VonIns Relays.....	5/ 4/2013
11-6	Sheila McKinley (Livonia Franklin)12	Livonia/Charger PV.....	5/20/2014
11-6	Katie Tewksbury (Dexter)11	Livonia/Field Event Open.....	5/19/2015
11-6	Kelsey Mussio (Ann Arbor Greenhills)10	Comstock Park/D3.....	5/30/2015
11-6	Alyssa Enciso (Dexter)11	Mason/Inv .....	4/29/2016
11-6	Carly Livingston (Imlay City)12	Zeeland/D2 State.....	6/ 3/2017
11-6	Anna Harmeling (Boyne City)12	Petoskey/Kiwanis Inv.....	4/28/2018
11-6	Jael Wood (Mason County Central)11	Traverse City/Bell Inv.....	5/ 3/2019
11-6	Morgan Vargo (Rockford)12	Cedar Springs/Red Hawk Inv .....	5/ 8/2021
11-6	Cate Leonard (Lake Orion)12	Vermontville/Moon Vault .....	8/ 7/2021
11-6	Livia Perelli (Canton)12	Dexter/April Showers.....	4/23/2022

**Michigan Girls All-Time Lists - Outdoors**  
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11-6	Liliane Aittama (South Lyon East)11	Waterford/Lakes Valley .....	5/14/2022
11-6	Sam Ebbert (St Joseph)11	Stevensville/dual.....	5/ 9/2022
11-6	Isabel German (Lowell)10	Grand Rapids/Elite Inv.....	4/29/2023

**LONG JUMP**

19-9.75	Kennedy Jackson (Walled Lake Western)11	Greensboro/AAU Junior Olympics (1.1)..	7/29/2019
	(19-7.5 [0.8], 18-3.25 [1.3], 19-1.5 [2.0], 18-1.5 [1.5], 19-9.75 [1.1], 19-7.5 [1.2])		
19-9.5	Chris Boehmer (Lapeer West)12	.....	/1982
19-8	Trinette Johnson (Detroit Cass Tech)12	Ypsilanti/A State .....	6/ 3/1989
19-7.5	Johnson	Ann Arbor/dual .....	4/ /1989
19-7.5	Tanisha Williams (Ypsilanti)11	Ypsilanti/Kiwanis Inv .....	5/ 1/1998
19-7.5	Jackson	Greensboro/AAU Junior Oly (0.8) (!).....	7/29/2019
19-7.5	Jackson	Greensboro/AAU Junior Oly (1.2) (!).....	7/29/2019
19-7.25	Boehmer	St. Louis.....	7/11/1982
19-7	Lorri Thornton (Flint Central)12	Brighton/A State.....	6/ 2/1979
19-7	Williams	Ypsilanti/vs. Edsel Ford .....	5/12/1998
19-7	Williams	Ypsilanti/Lady Braves Relays.....	5/28/1999
19-6.25	Boehmer	Flint/A State .....	6/ 5/1982
19-6	Williams	Ypsilanti/Lady Braves Relays (!) .....	5/28/1999
19-5.75	Katrina Jones (Lansing Eastern)11	Kalamazoo/A Regional .....	5/27/1989
19-5.5	Sekayi Bracey (East Kentwood)11	Norfolk/AAU Junior Olympics (2.0) .....	8/ 3/2015
19-5	Anita Lee (Detroit Cass Tech)12	Lincoln, Ne.....	8/11/1974
19-4.5	Sue McLalin (Redford Union)12	Poplar Bluff/USA Junior Ch.....	6/29/1972
19-4	Carla Ploeg (Middleville-TK)12	Indianapolis/Midwest MOC .....	6/11/1994
19-3.75	Angelica Floyd (Clinton Twp Chippewa V)12	Kentwood/D1 State (0.2) .....	6/ 3/2017
19-3.5	Boehmer	Lincoln, Ne.....	7/30/1982
19-3	Landon Kemp (Greenville)12	Kentwood/D1 State (0.6) .....	6/ 3/2017
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19-2.5	Katie Guikema (GR South Christian)11	Cedar Springs/Red Hawk Inv .....	5/ 5/2007
19-2	Carrie Butler (Howard City Tri-County)9	.....	/1980
19-2	Joanne Haskins (Grand Rapids Creston)	A Regional .....	/1980
19-1.5	Cierra Pryor (Jackson)11	Adrian/Siena Heights Inv .....	5/11/2012
19-1	Susie Frodge (Midland Dow)10	Uniondale, NY .....	7/ 7/1985
19-0.5	Cindy Tett (Grand Rapids Ottawa Hills)10	Bloomfield Hills/A State.....	6/ 4/1977
19-0.25	Kori Gifford (Bloomfield Hills Andover)10	Miami [ok] .....	7/ 9/1978
19-0	Chris Jones (Benton Harbor)	St Joseph/Rotary Invitational .....	5/30/1978
19-0	Aaron Howell (Farmington)11	Farmington/D1 Regional.....	5/19/2012
18-11.5	Regina Pierce (Jackson)	.....	/1981
18-11.5	Kim Pearson (Muskegon Oakridge)12	Bangor/C State .....	5/30/1987
18-11	Jackie Burton (Lansing Sexton)	.....	/1982
18-11	Sherita Williams (Detroit King)11	Norfolk/AAU Junior Olympics .....	8/ 3/1998
18-11	JoAnn Rushdan (Saginaw Hill)12	Midland/Saginaw Valley League .....	5/23/2002
18-11	Gabriela Leon (East Kentwood)12	Kentwood/D1 State.....	6/ 3/2017
18-10.25	Marr Day'Anna (Adrian)10	Zeeland/D2 State (1.2) .....	6/ 1/2019
18-10	Linnell Jones (Flint Northwestern)	Flint/Greater Flint.....	/1976
18-10	Maya Justice (Woodhaven)10	Woodhaven/Warrior Classic [W3-7].....	4/22/2023
18-9.75	Linda Lee (Comstock)10	.....	/1978
18-9.75	Shenitha Walker (Muskegon Heights)11	.....	/1983
18-9.5	Brittany Hedgepeth (Lake Michigan Cath)11	Norfolk/AAU Junior Olympics .....	8/ 3/1998
18-9.25	Carolyn Wright (Pontiac Central)	.....	/1979
18-9.25	Tiffany Ofili (Ypsilanti)12	Caledonia/D2 State.....	6/ 4/2005
18-9.25	Brittany Howard (Romulus)12	Saline/A Regional .....	5/19/2006
18-9	Charnita Allen (Portage Central)10	Kalamazoo/Big 8.....	5/20/1998
18-9	Jennifer Anderson (Wayne)11	Plymouth/dual .....	4/22/2004
18-9	Tara Johnson (Flint Hamady)12	Grand Blanc/Coca Cola Classic .....	5/12/2007
18-9	Monsherri Hall (Saginaw Hill)11	Kentwood/D1 State.....	6/ 2/2007
18-8.75	Leanna Sums (unat)	.....	/1971
18-8.75	Lesley Hale (Detroit Renaissance)12	Norfolk/AAU Junior Olympics (0.6) .....	7/31/2006
18-8.5	Lashawndra Crowe (Adrian)11	Ann Arbor/Conference .....	5/26/1990
18-8.25	Christienne Linton (Romulus)12	Kentwood/D1 State.....	5/30/2009

**Michigan Girls All-Time Lists - Outdoors**  
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18-8	Shelia Harris (Flint Northwestern)	Saginaw/Saginaw Valley Inv .....	/1978
18-8	Leteia Hughley (Flint Northern)	Grand Rapids/A State .....	5/31/1981
18-8	Tory Schiller (Grand Ledge)12	Rockford/D1 State .....	6/ 4/2011
18-7.75	Morgan Vargo (Rockford)12	Grand Haven/Dual .....	4/19/2021
18-7.5	Rosalyn Price (Memphis)	.....	/1978
18-7.5	Sherri Harden (Flint Northwestern)	Brighton/A State.....	6/ 2/1979
18-7.5	LaTonja Curry (Grand Rapids Ottawa Hills)12	Grand Rapids/City Meet .....	5/15/1984
18-7.5	Lyric Spears (Allen Park)12	Kentwood/D1 State (0.2) .....	6/ 1/2019
18-7.5	Lena Cleveland (Rochester)11	Davison/Champion of Champions (0.8) .....	6/ 9/2023
18-7.25	Allyson Goff (Walled Lake Northern)12	White Lake/dual.....	4/22/2014
18-7.25	Miaisha Blair (Flint Southwestern)12	Delaware/Midwest Meet .....	6/13/2015
18-7.25	Gabrielle Jeffries (Bloomfield Hills)10	Satellite Beach/AAU Club .....	7/16/2021
18-7	Yvette Hunter (Whitehall)	Conference .....	/1981
18-7	Janice Rowley (Detroit Cass Tech)12	.....	/1983
18-7	Chris Wilson (Ann Arbor Richard)12	Bangor/C State .....	5/31/1986
18-7	Carrie Isanhaart (Ewart)10	Bangor/C State .....	5/30/1987
18-7	Sami Michell (Reed City)11	Cedar Springs/Red Hawk .....	5/ 5/2012
18-7	Janina Pollatz (Grand Rapids Christian)12	Ada/D2 State .....	6/ 1/2013
18-7	Paige Sanders (Plymouth)12	Plymouth/KLAA.....	5/11/2018
18-6.75	Maria Shoup (Mason County Eastern)12	D Regionals .....	/1981
18-6.5	Kenyetta Grigsby (River Rouge)12	Indianapolis/Midwest Meet .....	6/ 8/1996
18-6.5	Victoria Lipscomb (East Lansing)12	Bath/Nugent Inv .....	5/ 8/2009
18-6.5	Jada Steele (HW Chandler Park)11	Saginaw/SVSU Inv .....	4/10/2015
18-6.5	Paige Sanders (Plymouth)11	Kentwood/D1 State (0.4) .....	6/ 3/2017
18-6.5	Autumn Glover (South Lyon East)11	Kentwood/D1 State (0.8) .....	6/ 1/2019
18-6.25	Brandis O'Neal (Detroit Renaissance)10	Detroit/PSL .....	5/21/1998
18-6.25	Annie Diener (Pinconning)12	Grand Rapids/D2 State.....	6/ 1/2002
18-6.25	Keyandria Rohelia (Saginaw)12	Zeeland/D2 State.....	5/30/2009
18-6.25	Maya Anderson (Rockford)12	Hudsonville/OK Red .....	5/12/2023
18-6	Linda Krawford (Detroit Lutheran West)	C Regionals .....	/1977
18-6	Lindsay Mulder (Calvin Christian)12	Lowell/B State.....	5/31/1997
18-6	Rhianna Stalter (Lakewood)12	Grand Rapids/D2 State.....	6/ 1/2002
18-6	April Micheaux (Taylor Truman)10	Olivet/USATF State.....	6/26/2012
18-5.75	Beth Brunn (Utica)10	Comstock/B State.....	6/ 5/1976
18-5.75	Chanel Payne (Westland Glenn)12	Canton/D1 Regional .....	5/15/2009
18-5.75	Kaitlyn Molnar (Grosse Ile)11	Grand Rapids/D2 State (-0.7).....	6/ 3/2023
18-5.25	Clare McNamara (Northville)9	Kentwood/D1 State (0.4) .....	6/ 3/2017
<b>Wind-aided:</b>			
20-0.5	Trinette Johnson (Detroit Cass Tech)12	Elmhurst/International Prep Inv .....	6/17/1989
19-9.5	Alaina Diaz (Hudsonville)11	Kentwood/D1 State (7.5) .....	6/ 5/2021
19-7	Gabby Leon (East Kentwood)12	Delaware/Midwest Meet .....	6/10/2017
19-6.5	Sekayi Bracey (East Kentwood)10	Grand Haven/OK Red (6.9) .....	5/ 9/2014
19-6.5	Angelica Floyd (Clinton Twp Chippewa V)12	Clinton/dual.....	4/25/2017
19-5.25	Katie Guikema (Grand Rapids S Christian)11	Grand Rapids/John Bos.....	5/23/2007
19-4.25	Leon	Delaware/Midwest Meet (!).....	6/10/2017
19-3.75	Guikema	Grand Rapids/D2 Regional.....	5/16/2008
19-3.5	Endia Francois (Ypsilanti)12	Adrian/dual .....	5/ 6/2014
19-3.5	Samya Fisher (Battle Creek Central)12	Portage/SMAC (WNW 7mph).....	5/14/2022
19-3.25	LaTonja Curry (Grand Rapids Ottawa Hills)12	Jackson/A State .....	6/ 2/1984
19-1	Christienne Linton (Romulus)11	Romulus/dual.....	4/22/2008
19-0.25	Sydney Caddell (Hartland)12	Kentwood/D1 State (6.1) .....	6/ 5/2021
19-0.25	Maya Anderson (Rockford)11	Grand Haven/D1 Reg (SSW 21-39mph).....	5/20/2022
19-0	Ashley Hunault (Alpena)12	Flint/D1 Regional .....	5/18/2007
18-11	Mimi Joseph (St Joseph)12	Portage/SMAC (WNW 7mph).....	5/14/2022
18-10.5	Samari Finney (Warren Mott)11	Kentwood/D1 State (7.8) .....	6/ 5/2021
18-9.25	Keyandria Rohelia (Saginaw)12	Auburn/SVL .....	5/20/2009
18-9	Marr Day'Anna (Adrian)10	Onsted/Lenawee County .....	5/28/2019
18-8	Charnita Allen (Portage Central)11	Kalamazoo/dual .....	4/27/1999
18-8	Sara Trumbull (Pinckney)11	Pinckney/dual .....	4/27/2004
18-7.5	Clare McNamara (Northville)10	Kentwood/D1 State (3.2) .....	6/ 2/2018
18-7	Lindsay Mulder (Grandv. Calvin Christian)12	Delaware/Midwest MOC .....	6/14/1997

# Michigan Girls All-Time Lists - Outdoors

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18-7	Gabrielle Collins (Mt Morris)12	Beecher/GAC Red/Blue.....	5/19/2015
18-6.75	Landon Kemp (Greenville)12	Delaware/Midwest Meet .....	6/10/2017
18-6.5	Miranda Johnson (Ottawa Whiteford)12	Hudsonville/D4 State .....	5/31/2014
18-5.75	Serena Varner (Ypsilanti Lincoln)11	Saline/D1 Regional.....	5/19/2017

### TRIPLE JUMP

39-8	Shelby Allen (Berkley)12	Des Moines/AAU JO (0.7) .....	7/30/2014
39-5	Sherita Williams (Detroit King)11	Norfolk/AAU Junior Olympics .....	8/ 5/1998
39-2	Allen	Des Moines/AAU JO !.....	7/30/2014
38-11.5	Allen	Charleston/USATF JO Region 5 .....	7/13/2014
38-7.5	Allen	Humble/USATF JO (0.6).....	7/25/2014
38-7.5	Allen	Humble/USATF JO (1.1) !.....	7/25/2014
38-7	Allen	Des Moines/AAU JO !.....	7/30/2014
38-6	Allen	Humble/USATF JO (0.3) !.....	7/25/2014
38-5	Allen	Des Moines/AAU JO !.....	7/30/2014
38-4	Allen	Olivet/Michigan USATF.....	6/21/2014
38-2	Allen	Des Moines/AAU JO !.....	7/30/2014
38-0.5	Allen	Des Moines/AAU JO !.....	7/30/2014
37-9.5	Allen	Greensboro/USATF JO (0.6) .....	7/26/2013
37-8.25	Allen	Ypsilanti/AAU State.....	7/ 6/2014
37-5	Melissa Abood (Harper Woods Regina)11	Springfield/USATF JO Region 5 .....	7/13/1997
37-1	Allen	Humble/USATF JO (-0.6) !.....	7/25/2014
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36-11.75	Dynasty McGee (Grand Blanc MS)8	Hamilton/CANUSA.....	8/11/2007
36-9	Kendal Willis (Ann Arbor Pioneer)12	Dayton/Martin Classic.....	4/19/1997
35-9.5	Abigail Bansen (Stevensville Lakeshore)10	Olivet/Michigan USATF JO .....	6/ 20/2015
34-8	Meriangela Mosley (Ann Arbor Pioneer)11	River Rouge/USATF Mi Junior Oly .....	6/26/1999
34-5.75	Nicole Wilson (Ann Arbor Pioneer)11	Bloomington/USA Youth Ch (-1.3).....	6/27/2014
34-2	Nicole Standback (Battle Creek Central)9	Louisville/AAU Regional .....	7/ 8/2001
33-10	Tofunmi Akeredolu (Southfield Lathrup)12	Southfield/AAU State .....	6/29/2008
33-10	Anyse Malcolm (Ann Arbor Pioneer)11	Olivet/Michigan USATF.....	6/22/2013
33-9.5	Sarah Daniel (White Lake Lakeland)11	Greensboro/AAU Junior Oly (0.0).....	7/31/2019
33-8.75	Calicia Johnson (Southfield)11	Dayton/Roosevelt Memorial.....	5/ 3/2002
33-8.75	Mia Flynn (Farmington Hills Mercy)10	Humble/AAU Junior Olympics (1.2).....	8/ 4/2016
33-8	Becky Nussbaum (Ann Arbor Pioneer)	Dayton/Martin Inv.....	/1996
33-8	Amber Pearsall (Milford)12	Dayton/Roosevelt Memorial.....	5/ 5/2006
33-6.5	Stacy Spencer (Ann Arbor Pioneer)11	Trotwood/Martin Classic .....	4/18/1998
33-3.75	Lindsay Strutz (Hartland Ore Creek MS)8	Humble/AAU Junior Olympics (1.5).....	8/ 4/2016
33-3.25	Jessica Mercier (Waterford Kettering)10	Humble/AAU Junior Olympics (1.8).....	8/ 4/2016
33-3	Kennedy Johnson (Detroit Cass Tech)12	Detroit/AAU Regional.....	7/ 3/2021
33-2	Sarah Beauchamp (Ann Arbor Skyline)11	Olivet/USATF State.....	6/26/2012
33-1	Breanna Eder (Ann Arbor Pioneer)11	Canton/Michigan USATF .....	6/23/2007
32-10.5	Jessica Smith (Comstock Park)9	Southfield/Michigan AAU .....	6/17/2007
32-10.5	Gabrielle Jeffries (Bloomfield Hills East)7	Des Moines/AAU Junior Oly (-0.5).....	7/31/2018
32-8.75	Joy Johnson (Detroit Mumford)	Dayton/Roosevelt Inv.....	5/ 3/2003
32-8	Oneka Hill (Southfield)10	Port Huron/Relays .....	4/26/2003
32-7.5	Caitlyn Ramirez (Stevensville Lakeshore)10	Cedarville/USATF JO Region 5 .....	7/15/2007
32-6.25	Brieonna Thompson (Lansing Sexton)11	Southfield/AAU State .....	6/29/2008
32-6	Ayanna Hayes (Detroit Renaissance)12	Oak Park/Motor City Classic.....	7/16/2017
32-5.5	Kamilah Henry (Ann Arbor Pioneer)12	Dayton/Roosevelt Memorial.....	5/ 5/2006
32-5.5	Nicole Urdahl (Carleton-Airport)10	Detroit/USATF State .....	6/13/2009
32-5.5	Kaitlyn Molnar (Grosse Ile)11	Ypsilanti/JO Regionals.....	7/ 2/2023
32-4	Lindsay Bond (Southfield)12	Dayton/Roosevelt Memorial.....	5/ 4/2001
32-3.5	Erin Miller (Macomb Dakota)12	Anchor Bay/Relays .....	4/27/2001
32-3.5	Melissa Dascola (Lansing Catholic Central)10	Louisville/AAU Regional .....	7/ 8/2001
32-3	Allison Jakubowski (Anchor Bay)12	Plymouth/Michigan USATF.....	6/25/2005
32-3	Kierra Washington (Southfield)10	Dayton/Roosevelt Memorial.....	5/ 7/2011
32-2	Keisha Ross (Ann Arbor Pioneer)	Dayton/Martin Inv.....	/1995
31-10.5	Nicolle Marriot (Ann Arbor Pioneer)	Toledo/Rocket Inv .....	/1995



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31-7.25	Schuyler Hillard (Ann Arbor Pioneer)12	Dayton/Martin Inv.....	4/19/2003
31-7.25	Osamuede Iyoha (Ann Arbor Pioneer)11	Dayton/Martin Inv.....	4/19/2003
31-5.5	Joneigh Slaughter (Ann Arbor Pioneer)11	Michigan Junior Olympics.....	/1997
31-3.25	Anyse Malcolm (Ann Arbor Pioneer)12	Olivet/Michigan USATF.....	6/21/2014
31-3.25	Kayla Adams (Auburn Hills Avondale)12	Detroit/AAU Region 12.....	6/28/2019
31-3	Kirin Tate (Walled Lake Western)11	Humble/AAU Junior Olympics (0.9).....	8/ 3/2016
31-1.25	Brooke Russell (St Joseph)9	Kentwood/State Games.....	8/ 6/2017
31-0	Alaina Ebenhoeh (Ann Arbor Pioneer)12	Dayton/Roosevelt Mitchell.....	5/ 7/2005
31-0	Annie Liu (Rochester Van Hoosen MS)8	Rochester Hills/USATF Michigan JO.....	6/24/2023
30-10	Tjuana Shinholster (Detroit Mumford)11	Dayton/Roosevelt Memorial.....	5/ 5/2000
30-9.5	Destiny Lewis (Southfield)11	Dayton/Roosevelt Memorial.....	5/ 7/2011
30-7	Lauren Terry (Southfield)11	Lexington/USATF Region V.....	7/10/2005
30-5	Lena Henderson (Ann Arbor Pioneer)11	Dayton/Martin Inv.....	4/15/2000
30-4.75	Rose Hopson (Southfield Lathrup)10	Dayton/Roosevelt Memorial.....	5/ 2/2015
30-4.5	Ezzine Nwadinobi (Southfield Lathrup)10	Dayton/Mitchell Roosevelt.....	5/ 4/2013
30-3	Antawnika Carter (Southfield)11	Dayton/Roosevelt Memorial.....	5/ 4/2007
30-2.5	Angelica Mgbeafulu (Detroit Renaissance)12	Dayton/Roosevelt Memorial.....	5/ 5/2019
30-1.5	Narie Turner (Southfield)9	Dayton/Roosevelt Memorial.....	5/ 4/2007
30-0.25	Savanna Waite (Galesburg-Augusta)10	Olivet/Michigan USATF JO.....	6/ 20/2015
29-11	Alexis Johnson (Birmingham Roeper)12	Detroit/AAU JO Regional.....	7/ 1/2017
29-10	Catherine Dager (Ann Arbor MS)7	Ypsilanti/AAU State.....	6/17/2012
<b>Wind-aided:</b>			
35-10.5	Abigail Bansen (Stevensville Lakeshore)10	Olivet/Michigan USATF (2.7).....	6/ 9/2015
35-1.75	Gwen Wentland (Grand Blanc)11	Spokane/Nat JO.....	7/30/1989
32-7	Jessica Mercier (Waterford Kettering)10	Detroit/AAU JO Regional.....	7/ 2/2016
32-2	Kirin Tate (Walled Lake Western)11	Detroit/AAU JO Regional.....	7/ 2/2016
32-2	Mia Flynn (Farmington Hills Mercy)10	Detroit/AAU JO Regional.....	7/ 2/2016
30-4	Lindsay Strutz (Hartland Ore Creek MS)8	Detroit/AAU JO Regional.....	7/ 2/2016

## SHOT

51-11	Sarah Marvin (Byron)12	Collegeville/Throw U Last Chance.....	6/10/2021
	(50-2.75, 51-8.25, 51-11, 51-6.25, f, 51-4.5)		
51-8.25	S. Marvin	Collegeville/Throw U Last Chance (!).....	6/10/2021
51-6.25	S. Marvin	Collegeville/Throw U Last Chance (!).....	6/10/2021
51-4.75	S. Marvin	New Castle/Rose Inv.....	7/11/2020
51-4.5	S. Marvin	Collegeville/Throw U Last Chance (!).....	6/10/2021
51-0.25	S. Marvin	Flint/Greater Flint.....	6/ 1/2021
50-9.5	S. Marvin	Jenison/D3 State.....	6/ 5/2021
50-9	S. Marvin	Comstock Park/Metro Health.....	5/26/2021
50-9	S. Marvin	Comstock Park/Metro Health (!).....	5/26/2021
50-7.5	S. Marvin	Eugene/Nike Outdoor.....	6/30/2021
50-5	S. Marvin	Kutztown/PA Powerfest.....	8/13/2021
50-3.5	S. Marvin	Kutztown/PA Powerfest (!).....	8/13/2021
50-2.75	S. Marvin	Collegeville/Throw U Last Chance (!).....	6/10/2021
50-0.75	S. Marvin	Kutztown/PA Powerfest.....	8/ 8/2020
50-0.5	S. Marvin	Eugene/Nike Outdoor (!).....	6/30/2021
50-0.25	S. Marvin	New Castle/Rose Inv (!).....	7/11/2020
50-0	Opal Jackson (L'Anse Creuse North)12	Macomb/Cougars Inv.....	5/15/2021
49-11.75	Corinne Jemison (East Kentwood)12	Kentwood/D1 State.....	6/ 2/2018
49-10.75	S. Marvin	Bath/D3 Regional.....	5/21/2021
49-10.5	S. Marvin	Eugene/Nike Outdoor (!).....	6/30/2021
49-10.25	S. Marvin	Fleetwood/Throws U Summer Meet.....	6/26/2020
49-10	S. Marvin	Flint/Greater Flint (!).....	6/ 1/2021
49-10	S. Marvin	Bath/D3 Regional (!).....	5/21/2021
49-9.75	S. Marvin	Flint/Greater Flint (!).....	6/ 1/2021
49-9.5	S. Marvin	Jenison/D3 State (!).....	6/ 5/2021
49-7.25	S. Marvin	New Castle/Rose Inv (!).....	7/11/2020
49-7	S. Marvin	Bath/D3 Regional (!).....	5/21/2021
49-6.5	S. Marvin	Jenison/D3 State (!).....	6/ 5/2021
49-6.5	S. Marvin	Midland/Punch a Hole in the Sky.....	5/15/2021

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49-6	Mary Angell (Byron Center)12	Wayland/dual .....	5/ 8/2007
49-5	S. Marvin	Olivet/Midwest Meet .....	6/12/2021
49-4.5	S. Marvin	Elsie/Marauder Lions .....	4/30/2021
49-4.5	S. Marvin	Goodrich/Inv .....	5/ 7/2021
49-3.5	S. Marvin	Reading/Garage Strength .....	4/10/2021
49-2.5	S. Marvin	Midland/Punch a Hole in the Sky (!).....	5/15/2021
49-2.5	S. Marvin	Davison/Twilight .....	5/13/2021
49-2.5	S. Marvin	Linden/Post A PR.....	5/27/2021
49-2	S. Marvin	Flint/Greater Flint (!).....	6/ 1/2021
49-1	S. Marvin	Jenison/D3 State (!).....	6/ 5/2021
49-0.5	S. Marvin	Midland/Punch a Hole in the Sky (!).....	5/15/2021
49-0.25	S. Marvin	Flint/Greater Flint (!).....	6/ 1/2021
48-10.75	S. Marvin	New Castle/Rose Inv (!).....	7/11/2020
48-10.25	S. Marvin	Eugene/Nike Outdoor (!).....	6/30/2021
48-10	Angell	Wayland/dual (!).....	5/ 8/2007
48-10	S. Marvin	Genoa/SummerFest .....	7/19/2021
48-9.75	Angell	Zeeland/D2 State.....	6/ 2/2007
48-9.5	S. Marvin	Genoa/Summer Fest .....	7/16/2020
48-9.5	S. Marvin	Midland/Punch a Hole in the Sky (!).....	5/15/2021
48-9	S. Marvin	Jenison/D3 State (!).....	6/ 5/2021
48-9	Jackson	Macomb/County.....	5/26/2021
48-8.25	S. Marvin	Midland/Punch a Hole in the Sky (!).....	5/15/2021
48-8	Sonya Payne (Ann Arbor Huron)12	Ann Arbor/MOC .....	5/24/1986
48-7.5	S. Marvin	Genoa/Summer Fest (!).....	7/16/2020
48-7.5	S. Marvin	Bath/D3 Regional (!).....	5/21/2021
48-7.5	S. Marvin	Reading/Garage Strength (!).....	4/10/2021
48-7	S. Marvin	New Castle/Rose Inv (!).....	7/11/2020
48-6.5	S. Marvin	Midland/Punch a Hole in the Sky (!).....	5/15/2021
48-6	S. Marvin	Reading/Garage Strength (!).....	4/10/2021
48-5.5	S. Marvin	Genoa/Summer Fest (!).....	7/16/2020
48-5	S. Marvin	Chesaning/MMAC.....	5/25/2021
48-4.75	S. Marvin	Bath/D3 Regional (!).....	5/21/2021
48-4.5	Becky Breisch (Edwardsburg)12	Delaware/Midwest Meet .....	6/ 9/2001
48-4.5	S. Marvin	Olivet/Midwest Meet (!).....	6/12/2021
48-4.25	Angell	Wyoming/Champions of Ch .....	5/21/2007
48-4	S. Marvin	Reading/Garage Strength (!).....	4/10/2021
48-3.25	Malin Smith (Lansing Waverly)12	Greensboro/New Balance.....	6/ 17/2018
48-3	Payne	Ypsilanti/A Regional .....	5/17/1986
48-3	S. Marvin	Linden/Post A PR (!).....	5/27/2021
48-2.75	Nikole Sargent (Flint Powers)12	Flint/Badar Classic.....	5/31/2016
48-2.5	Breisch	Grand Rapids/Catholic Inv.....	4/22/2000
48-2.5	S. Marvin	Eugene/Nike Outdoor (!).....	6/30/2021
48-2	Angell	Wyoming/Grimm Relays .....	4/28/2007
48-2	Angell	Hamilton/OK Gold.....	5/ 9/2007
48-1.5	S. Marvin	Genoa/Summer Fest (!).....	7/16/2020
48-1.5	S. Marvin	Goodrich/Inv (!).....	5/ 7/2021
48-1	Smith	Lansing/vs Mason.....	5/ 8/2018
48-0.75	Mackenzie Bohrer (Traverse City Central)12	Midland/Punch a Hole in the Sky .....	5/15/2021
48-0.5	Tia Brooks (East Kentwood)12	Rockford/D1 State .....	5/31/2008
48-0.25	S. Marvin	Goodrich/Inv (!).....	5/ 7/2021
48-0	S. Marvin	Goodrich/Inv (!).....	5/ 7/2021
47-11	S. Marvin	Goodrich/Inv (!).....	5/ 7/2021
47-9.75	Sargent	Brighton/Bulldog Inv.....	4/30/2016
47-9.75	Jemison	Kentwood/D1 State (!).....	6/ 2/2018
47-9.75	S. Marvin	Olivet/Midwest Meet (!).....	6/12/2021
47-9.5	S. Marvin	Oxford/Ball Inv .....	4/24/2021
47-9	Annette Bohach (North Muskegon)12	Bloomington/USA Junior Ch .....	6/24/1979
47-9	Angell	Wyoming/Champions of Ch (!).....	5/21/2007
47-9	Jackson	Macomb/Cougars Inv (!).....	5/15/2021
47-8.5	Breisch	Marcellus/Cass County Ch .....	5/ 8/2000
47-8.5	S. Marvin	Genoa/Summer Fest (!).....	7/16/2020

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47-8.25	S. Marvin	Olivet/Midwest Meet (!).....	6/12/2021
47-8	Allison Liske (Zeeland East)12	Muskegon/dual .....	4/19/2007
47-7.25	Sargent	Williamston/D2 Regional.....	5/21/2016
47-6.5	Sargent	Flint/dual .....	5/ 9/2016
47-6.25	Brooks	Columbus/USA Juniors.....	6/22/2008
47-6	Angell	Grand Rapids/D2 Regional.....	5/19/2007
47-6	Smith	East Lansing/Greater Lansing .....	5/29/2018
47-5.5	Sargent	Zeeland/D2 State.....	6/ 4/2016
47-5	Breisch	Grand Rapids/Catholic Inv (!) .....	4/22/2000
47-5	Liske	Grand Rapids/Cougar Inv.....	4/21/2007
47-5	S. Marvin	Comstock Park/Metro Health (!) .....	5/26/2021
-- (100)			
47-0.75	RyAnn Rohrer (Ludington)12	Marion/Midwest Meet.....	6/11/2022
47-0.25	Ashlyn Gulvas (Standish-Sterling)12	Tawas/NEMC .....	5/20/2009
46-8	Emily McLean (Sault Ste Marie)12	East Jordan/Inv.....	5/13/2021
46-7	Abigail Russell (Allen Park)11	Allen Park/Coed Relays.....	4/15/2023
46-2	Emily Meier (Canton)11	Rockford/D1.....	5/30/2015
46-2	Erika Beistle (Big Rapids)12	Remus/Quad .....	4/27/2021
46-0.75	Briana Nelson (East Kentwood)12	Delaware/Midwest Meet .....	6/13/2015
45-10.75	Mariah Davis (East Kentwood)12	Greensboro/New Balance Nationals.....	6/16/2013
45-10.75	Elizabeth Pyles (Cadillac)12	Delaware/Midwest Meet of Champions ..	6/10/2017
45-10.5	Leah Doezeza (Traverse City Central)12	Midland/Punch a Hole in the Sky .....	5/15/2021
45-10.25	Karen Sapp (Temperance Bedford)12	(meet?) .....	/1983
45-9.5	Alana Robinson (Grosse Ile)12	Grosse Ile/Downriver News Herald.....	5/ 9/1998
45-8.25	Suzie Von Bernuth (Okemos)12	Indianapolis/Midwest MOC.....	6/10/1995
45-7.5	Makiba Batten (Detroit Renaissance)9	Detroit/Operation Friendship.....	5/27/1995
45-6.25	Kamitra Carroll (Flint Carman-Ainsworth)12	Grand Rapids/D1 State.....	5/31/2003
45-5.25	Mohogany Wells (Lansing Sexton)12	Corunna/D2 Regional .....	5/17/2019
45-5	Valadian Pallett (Farmington)11	Aurora/Hammerman Throwers .....	8/ 8/2020
45-2.5	Alice Short (Farmington Hills Harrison)	Clawson/Oakland County Ch.....	/1983
45-2.5	LaTonya White (Flint Northern)12	.....	/1989
45-2.5	Charde Madoula-Bey (Ann Arbor Skyline)12	Saline/D1 Regional.....	5/20/2016
45-1.75	Kayli Johnson (Grosse Pointe South)11	Norfolk/AAU Junior Olympics .....	8/ 5/2015
45-1.5	Kayla Deering (Laker)12	Bad Axe/D3 Regional.....	5/17/2014
45-0.5	Vivian Fisher (Pontiac Central)11	Walled Lake/Oakland County Ch.....	/1981
45-0.5	Brooklin Klopf (Montrose)12	Comstock Park/D3 State .....	6/ 3/2017
45-0	Chelsea Savage (Farmington Harrison)12	Farmington/dual.....	4/12/2013
45-0	Jasmine Clerkley (Okemos)11	Lansing/CAAC Blue True Team .....	4/23/2019
44-11.25	Lauren Buresh (Morley Stanwood)12	Jackson/Midwest Meet .....	6/10/2006
44-11	Nicole Ezeh (East Grand Rapids)12	Zeeland/D2 State.....	6/ 3/2017
44-10	Sarah Neely (Bath)12	Williamston .....	5/14/1988
44-10	Aliyah Boeve (Zeeland East)12	Rockford/Inv .....	4/13/2019
44-9.75	Melissa Brousseau (Alpena)12	Rockford/A State.....	5/31/1997
44-8.5	Alysha Johnson (Walled Lake Western)12	Fort Wayne/Midwest Meet .....	6/12/2010
44-8.5	Belle Okoroafo (East Kentwood)12	Kentwood/D1 State.....	6/ 5/2021
44-8.25	Delores Bennett (Pontiac Central)11	Grand Rapids/A State .....	5/31/1980
44-8	Liz Mulvaney (Hemlock)12	Indianapolis/Midwest MOC.....	6/ 8/1996
44-7.5	Alicia Aldrich (Beaverton)12	Comstock Park/D3 State .....	6/ 2/2018
44-7	Brittany Mann (Detroit Country Day)12	Beverly Hills/dual .....	5/ 1/2012
44-5.75	Karyn Quick (Battle Creek Central)12	Midland/A State.....	6/ 2/1990
44-5.25	Karen Maack (Wyandotte)	.....	/1981
44-4	Andrea Hiler (Watervliet)12	Fort Wayne/Midwest Meet .....	6/12/2010
44-3.5	Carla Herworth (Athens)	.....	/1982
44-2.75	Michelle Fowler (Romeo)11	Rockford/A State.....	5/31/1997
44-2.5	Mary Raney (Vassar)11	Saginaw/dual .....	/2002
44-2.5	Delores Hughley (Flint Carman-Ainsworth)12	Mt Morris/Badar Classic.....	5/27/2003
44-2	Victoria Buhr (Cheboygan)12	Zeeland/D2 State.....	5/30/2009
44-1.5	Erika Lechner (Harbor Springs)12	Grand Rapids/D4 State.....	6/ 3/2017
44-1	Joy Rolfe (Fraser)12	Warren/D1 Regional .....	5/16/2008
44-0	Karrie Braun (Jackson)12	.....	/1989
44-0	Jasmine Hines (Central Lake)12	East Jordan Inv.....	5/12/2011

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44-0	Angela Burse (Pontiac)12	Rockford/D1 State .....	6/ 4/2011
44-0	Brittany Casey (Zeeland East)12	Coopersville/D2 Regional .....	5/16/2014
43-11	Lenore Richardson (Flint Central)	.....	/1984
43-10	Jeanette Long (Kalamazoo Central)12	.....	/1983
43-9.25	Amanda Schaare (Clinton)12	Comstock Park/D3 State .....	6/ 2/2018
43-9	Josephine Jackson (Walled Lake Central)12	Milford/D1 Regional .....	5/17/2013
43-8.75	April Phillips (Fraser)12	Midland/A State .....	6/ 5/1999
43-8.25	Jade Madison (New Buffalo)12	Hudsonville/D4 State .....	5/31/2014
43-7.5	Nia Henderson (Livonia Churchill)12	Livonia/City .....	4/29/2004
43-7.5	Niki Sargent (Linden)9	Williamston/Inv.....	5/11/2013
43-7	Rhonda Morehead (Adrian)	Adrian/AT II .....	/1981
43-7	Franesha Robinson (Hamilton)12	Lake Holland/dual.....	4/20/2017
43-6.5	Jamie Giese (Dexter)12	Dexter/Steeb Inv.....	5/31/2022
43-6	Erin Howard (Lansing Sexton)12	Williamston/D2 Regional.....	5/21/2016
43-5	Shanna DuBose (Adrian)12	Ann Arbor/dual.....	5/ 2/2000
43-5	Takara Dunning (Kalamazoo Central)12	Delaware/Midwest Meet .....	6/11/2005
43-4.25	Erika Lechner (Harbor Springs)11	Bad Axe/D3 Regional.....	5/21/2016
43-4	Kari Taylor (Chelsea)12	Lansing/Waverly Inv .....	5/10/2002
43-3.5	Jessica Ballenger (Romeo)12	.....	/1992
43-3.25	Connie Claus (Rogers City)12	.....	/1989
43-3.25	Shahla Bolbolan (Fremont)12	Saginaw/B State .....	6/ 4/1994
43-3	Karen Wood (Ionia)12	.....	/1987
43-3	Brianna DeSappio (Jenison)12	Jenison/dual .....	4/25/2016
43-3	Belle Okoroafo (East Kentwood)	Lansing/MITCA D1.....	5/25/2019
43-2.75	Ashley Frahm (Frankenmuth)12	Frankenmuth/Marcel Inv.....	4/22/2013
43-2	Wendy Matuzak (Adrian)	.....	/1981
43-1.5	Jane Pearce (Holt)12	Midland .....	9/ 4/1975
43-1	Irene Cooper (Bloomfield Hills Lahser)12	South Lyon/Oakland County .....	5/26/2006
43-0	Nicole Ezeh (East Grand Rapids)11	Grand Rapids/dual.....	4/21/2016
43-0	McKenzie Siroky (Livonia Stevenson)12	Livonia/dual .....	4/11/2023
42-11.5	Elyse Finch (Royal Oak)12	Royal Oak/dual .....	4/26/2023
42-11	Janet Stuppia (Clare)12	Indianapolis/Midwest MOC.....	6/ 8/1985
42-11	Greta Wilker (Belding)12	Comstock Park/MetroHealth.....	5/24/2016
42-10	Ivy Stanfill (South Haven)12	.....	/1985
42-10	Sophie Daugard (Howell)12	Howell/KLAA.....	5/13/2023
42-9	Karen Macek (Wyandotte Roosevelt)	Flint/A State .....	5/30/1981
42-9	Samantha Lockhart (Lansing Sexton)12	Kalamazoo/Lukens Inv .....	4/24/2009
42-9	Sarah Roethlisberger (Shepherd)12	Shepherd/BlueJay Inv.....	5/ 1/2015
42-9	Tess VanDyk (Kalamazoo Christian)12	Kalamazoo/dual.....	4/21/2022
42-8.5	Angela Scarber (Waterford Kettering)12	Farmington/Oakland County .....	5/23/2008
42-7.5	Brianna DeSappio (Jenison)11	Rockford/D1.....	5/30/2015
42-7.25	Brandy Thomas (Ludington)12	Zeeland/D2 .....	5/30/2015
42-7	Janae Hudson (Marysville)11	Grand Rapids/D2 State.....	6/ 3/2023
42-6.25	April Micheaux (Taylor Truman)11	Olivet/Michigan USATF.....	6/22/2013
42-6	Yvonne Laderach (Erie-Mason)11	Baton Rouge.....	7/22/1984
42-6	Sue Breternitz (Hemlock)12	.....	/1986
42-6	Natasha Neal (Wyoming Park)12	Grand Rapids/OK White .....	5/11/2000
42-6	Lindsey Bayle (Fruitport)10	Muskegon/Optimist.....	4/26/2003
42-5.5	Ashley Eckel (Grand Blanc)12	Jackson/JDs Inv.....	4/28/2000
42-5.5	Paige Westra (Zeeland East)11	Grand Rapids/OK Green .....	5/13/2021
42-5	Norianna Brown (Port Huron)12	Kentwood/MITCA Team DI.....	5/26/2007
42-5	Brianna Copley (Whitehall)12	Zeeland/D2 State.....	6/ 2/2018
42-4.5	Allison Fournier (Coloma)12	.....	/1988
42-4.5	Jane Ludtke (White Cloud)11	Comstock Park/C State .....	5/31/1997
42-4.5	Randall Hurst (West Bloomfield)11	West Bloomfield/D1 Regional .....	5/21/2005
42-4.5	Kyla Walworth (Holt)12	Lansing/Playmakers Honor Roll.....	6/ 1/2011
<b>Exhibition (Pandemic):</b>			
51-2.5	Sarah Marvin (Byron)11	Byron/Backyard Meet .....	6/16/2020
49-9.5	S. Marvin	Byron/Backyard Meet .....	5/30/2020
48-6	S. Marvin	Byron/Hall Memorial .....	4/25/2020
48-3.25	S. Marvin	Byron/Virtual Nationals #2 .....	5/25/2020

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – [www.michrack.org](http://www.michrack.org)

47-11	S. Marvin	Byron/Virtual Nationals #1 .....	5/22/2020
47-10	S. Marvin	Byron/Grandpa Whaley Early Bird .....	4/19/2020
47-4	S. Marvin	Byron/Pre-Easter Social Distance.....	4/11/2020

#### 8lb SHOT

48-6	Annette Bohach (North Muskegon)	C State.....	/1979
48-0.75	Bohach	(before 5/18) .....	/1979
46-0.75	Bohach	C State.....	/1978
45-5.5	Bohach	Warren/Free Press Invitational .....	6/ 9/1979
45-0.5	Sharon Upshaw (Mt Clemens)	A State .....	/1976
45-0.25	Pam McGee (Flint Northern)	A State .....	/1979
43-10.5	Dawn LaPine (Escanaba)	UPA State .....	/1977
43-10.5	McGee	Warren/Free Press Invitational .....	6/ 9/1979
43-7	Jane Pearce (Holt)12	B State.....	/1975
43-0.75	Josephine Mask (Lansing Sexton)	A State .....	/1978
41-7.25	Jill Tremi (Mason County Eastern)	D State.....	/1979
41-3.5	Renee Naert (Akron Fairgrove)	D State.....	/1977
41-1.5	Penny Neer (North Adams)	D State.....	/1978
41-0.5	Sue Maceroni (Richmond)	Warren/Free Press Invitational .....	6/ 9/1979
40-7	Helen Williams (Detroit Northeastern)	A State .....	/1975
40-3.25	Shelly Dagley (Lapeer West)	B State.....	/1979

## DISCUS

166-5	Alana Robinson (Grosse Ile)12	Delaware/Midwest MOC .....	6/13/1998
165-7	Mary Angell (Byron Center)12	Caledonia/dual.....	5/14/2007
165-2	Brittany Mann (Detroit Country Day)12	Fort Wayne/Midwest MC.....	6/ 9/2012
164-4	Corinne Jemison (East Kentwood)12	East Lansing/Midwest Meet.....	6/ 9/2018
164-3	Robinson	Delaware/Midwest MOC (!).....	6/13/1998
163-9	Malin Smith (Lansing Waverly)12	Kentwood/D1 State.....	6/ 2/2018
163-7	Mann	Beverly Hills/dual .....	5/10/2011
163-5	Robinson	Raleigh/National Scholastic Ch .....	6/20/1998
162-1	Abigail Russell (Allen Park)11	Philadelphia/NB Nationals .....	6/16/2023
161-8	Robinson	Monroe/Huron League.....	5/19/1998
160-0	Angell	Jackson/Midwest Meet .....	6/ 9/2007
160-0	Sarah Marvin (Byron)12	Jenison/D3 State .....	6/ 5/2021
159-9	Robinson	Corunna/MITCA B Team Inv .....	5/25/1998
159-5	Angell	Zeeland/D2 State.....	6/ 2/2007
159-4	Robinson	Delaware/Midwest MOC (!).....	6/13/1998
158-11	Jemison	Holland/OK Red.....	5/14/2018
158-9	Robinson	Delaware/Midwest MOC (!).....	6/13/1998
158-7	Makiba Batten (Detroit Renaissance)12	Norfolk/AAU Junior Olympics .....	8/ 4/1998
158-6	Robinson	Delaware/Midwest MOC (!).....	6/13/1998
158-3	Becky Breisch (Edwardsburg)12	Comstock Park/D3 State .....	6/ 2/2001
158-3	Angell	Caledonia/dual (!) .....	5/14/2007
158-1	Batten	Detroit/Motor City Classic .....	6/21/1998
157-8	Mann	Holly/Oakland County .....	5/25/2012
157-0	Mann	Macomb/Mustang Inv .....	5/11/2012
156-11	Robinson	Gibraltar/dual .....	3/31/1998
156-11	Breisch	Comstock Park/Div3 State.....	6/ 3/2000
156-9	Robinson	Edwardsville/USA Junior Ch .....	6/21/1997
156-8	Robinson	Monroe/Huron League (!) .....	5/19/1998
156-8	Mann	Grand Rapids/D2 State.....	6/ 2/2012
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154-9	Astin Steward (Okemos)12	Grand Rapids/D1 State.....	5/31/2003
154-3	Allison Liske (Zeeland East)12	Grand Rapids/D2 Regional .....	5/19/2007
153-4	Quiara Wheeler (Grand Blanc)12	Flint/Badar .....	5/30/2017
153-3	Suzie Von Bernuth (Okemos)12	Indianapolis/Midwest MOC .....	6/10/1995
153-0	Tia Brooks (East Kentwood)12	Jackson/JDs Inv.....	4/25/2008
153-0	Maeli Hope (Whitehall)12	Fruitport/Trojan Inv .....	4/14/2023

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

152-9	Nikole Sargent (Flint Powers)12	Flint/quad.....	5/16/2016
152-6	Donna Wright (Parchment)12	.....	/1984
152-1	Jamie Smith (Richland Gull Lake)12	Zeeland/D2 State.....	5/31/2008
152-0	Katja Pettinen (Lansing Eastern-FIN)12	dual.....	/1992
151-11	Jessica Rutherford (Ogemaw Heights)12	Forest Hills/D2 State.....	6/ 3/2006
151-1	Liz Mulvaney (Hemlock)12	[hst].....	/1996
150-11	Sarah Marvin (Byron)11	Genoa/Summer Fest.....	7/16/2020
150-7	Erika Beistle (Big Rapids)12	Comstock Park/Metro Health.....	5/26/2021
150-5	Andrea Hiler (Watervliet)12	Fort Wayne/Midwest Meet.....	6/12/2010
150-1	Andrea Sietsema (GR Forest Hills Central)12	Grand Rapids/OK White.....	5/ 7/2015
148-11	Valadian Pallett (Farmington)10	Sacramento/USATF Junior Olympics.....	7/26/2019
148-9	Kari Taylor (Chelsea)12	Ypsilanti/SEC White.....	5/22/2002
148-4	Tonia Pratt (Michigan Center)12	Fort Wayne/Midwest Meet.....	6/11/2011
148-0	Jeanette Long (Kalamazoo Central)12	.....	/1983
147-11	Sophia Snellenberger (Quincy)12	Quincy/Inv.....	5/ 5/2023
147-10	Jane Ludtke (White Cloud)12	Morley/Mohawk Relays.....	4/25/1998
147-8	Amanda Geerlings (Zeeland East)12	Grand Rapids/Cougar Classic.....	4/23/2016
147-5	Elizabeth Pyles (Cadillac)12	Traverse City/dual.....	5/ 3/2017
145-10	Addi Radcliff (Lakewood)12	Delaware/Midwest MC.....	6/14/1997
145-7	Amanda Schaare (Clinton)11	Comstock Park/D3 State.....	6/ 3/2017
145-4	Aliyah Boeve (Zeeland East)12	Zeeland/dual.....	4/25/2019
145-4	Leah Doezeema (Traverse City Central)12	Kentwood/D1 State.....	6/ 5/2021
145-3	Shelby Ulven (Zeeland East)12	Zeeland/Dual.....	5/ 5/2021
145-2	Connie Claus (Rogers City)12	Charlevoix/C Regional.....	5/27/1989
145-2	Opal Jackson (L'Anse Creuse North)12	Clinton Twp/D1 Regional.....	5/21/2021
145-2	Rylan Finstrom (Grayling)10	Kent City/D3 State.....	6/ 4/2022
144-9	Ashlyn Gulvas (Standish-Sterling)12	Comstock Park/D3 State.....	5/30/2009
144-9	Savannah Breitwiser (Walled Lake Central)12	Walled Lake/City.....	4/19/2023
144-7	Brooklin Klopff (Montrose)12	Comstock Park/D3 State.....	6/ 3/2017
144-6	Jaevyn Wortham (L'Anse Creuse)11	Kentwood/D1 State.....	6/ 1/2013
144-6	Haley Guerrant (Otsego)12	Plainwell/Throwers Classic.....	5/31/2023
144-5	Lindsay Karpowicz (Grandville)12	Jenison/D1 Regional.....	5/15/2009
144-0	Mindy Lincoln (Otisville Lakeville)12	Flint/Cavalier Classic.....	5/ 5/1995
143-11	Chelsea Anthony (Ludington)12	Zeeland/D2 State.....	5/31/2008
143-9	Sarah Morris (Mt Pleasant)11	Gaylord/D2 Regional.....	5/20/2006
143-7	Ayanna Stancle (East Kentwood)12	Fort Wayne/Midwest Meet.....	6/12/2010
143-5	Tiffany Grubaugh (Plymouth Salem)12	Plymouth/dual.....	4/ 6/2000
143-5	Jeanie Lawton (Harper Woods Gallagher)11	D4 Regional.....	5/18/2001
143-1	Taylor Gunn (West Bloomfield)12	West Bloomfield/D1 Regional.....	5/21/2011
142-10	Shahla Bolbolan (Fremont)12	Saginaw/B State.....	6/ 4/1994
142-10	Kendra Meyers (GR West Catholic)12	Fort Wayne/Midwest MC.....	6/ 9/2012
142-7	Lisa Waite (Ann Arbor Pioneer)12	Ann Arbor/MOC.....	5/26/1987
142-5	Erin Howard (Lansing Sexton)12	Grand Ledge/CAAC Blue.....	5/13/2016
142-4	Maggie Dwyer (Grand Haven)12	dual.....	/2004
142-0	Sharon Granberry (Flint Beecher)12	.....	/1983
141-9	Meagan McCarthy (Rockford)12	Grand Rapids/D1 Regional.....	5/16/2015
141-8	Makayla Rawls (Birmingham Seaholm)12	East Lansing/Midwest Meet.....	6/ 8/2019
141-6	Caylin Bonser (Harbor Springs)11	Grand Rapids/D4 State.....	6/ 4/2016
141-6	Taylor Waterway (Zeeland East)12	Grand Rapids/Elite Challenge.....	4/20/2019
141-5	Sara Camacho (Byron Center)12	Caledonia/D2 State.....	6/ 5/2004
141-5	Dana Shove (Milford)12	Pinckney/KLAA Lakes.....	5/ 9/2015
141-5	Janan Khalil (Macomb Dakota)12	Kentwood/D1 State.....	6/ 5/2021
141-3	Sue Hogg (Delton)12	Delton/dual.....	5/ 9/1984
141-0	Siobhan Martin (Wyoming Park)11	Caledonia/D2 State.....	5/31/2003
140-11	Dasha Yeakey (Union City)	Bay City/C State.....	6/ 4/1994
140-11	Ashley Frahm (Frankenmuth)10	TVC Conference.....	5/24/2011
140-10	Morgan Acre (Lakeville)12	Holly/Metro League.....	5/22/2002
140-10	Belle Okoroafo (East Kentwood)10	Kentwood/D1 State.....	6/ 1/2019
140-8	Bridgette Maynard (Madison Heights Foley)12	Livonia/Ladywood Inv.....	4/ 1/2003
140-7	Nia Henderson (Livonia Churchill)12	Livonia/dual.....	4/29/2004
140-6	Ashlyn Gulvas (Standish Sterling)11	Standish/D3 Regional.....	5/16/2008

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

140-6	Josephine Jackson (Walled Lake Central)12	Walled Lake/dual .....	4/30/2013
140-5	Riley Johnson (Walled Lake Northern)12	Goshen/USATF JO Ref 5 .....	7/12/2015
140-3	Lillian Lince (Midland)12	Auburn/Tri .....	5/ 9/2023
140-2	Karen Chastain (Lake Orion)11	Rockford/A State.....	6/ 1/1996
140-2	Carly Treiber (Unionville-Sebewaing)12	Caro/Thumb Champs .....	5/26/2009
140-1	Belle Okoroafo (East Kentwood)12	Lansing/MITCA D1.....	5/28/2021
139-11	Samantha Lockhart (Lansing Sexton)11	Rockford/D1 State .....	5/31/2008
139-8	Shanna DuBose (Adrian)12	Ann Arbor/dual.....	5/ 2/2000
139-7	Rachel Johnson (Mason)12	Mason/CAAC Red .....	5/20/2015
139-6	April Phillips (Fraser)12	Warren/Macomb County .....	5/28/1999
139-4	Mese Roberts (Holt)11	Rockford/A State.....	5/31/1997
139-0	Robyn Whalen (Livonia Franklin)12	Walled Lake/Stafford Inv .....	5/ 5/2007
138-11	LaTonya White (Flint Northern)12	.....	/1989
138-11	Jenna Shook (Middleville)12	Grand Rapids/Otte Inv .....	8/ 7/1997
138-9	Kristalyn Mauch (Saginaw Heritage)12	Saginaw/Saginaw Valley League.....	5/21/2003
138-7	Alexandra Hartley (Lake Orion)12	Lake Orion/OAA.....	5/23/2006
138-5	Kaylyn Hill (Allendale)12	Coopersville/OK Blue.....	5/ 9/2013
138-4	Keri Frahm (Frankenmuth)12	Comstock Park/D3 State .....	6/ 4/2016
138-3	Charity Sunderman (Jackson)12	Ypsilanti/D1 Regional.....	5/20/2005
138-3	Maddie Clark (Pittsford)12	Pittsford/SCAA East.....	5/10/2017
138-2	D'Ann Hoppa (Fremont)12	Indianapolis/Midwest MOC .....	6/11/1988
138-1	Kaleigh Flowers (East Kentwood)12	Rockford/dual .....	5/ 3/2018
138-1	Ashley Micheaux (Wayne Memorial)12	Dearborn/Carpenter Inv .....	5/ 4/2019
138-0	Julie Ravary (Erie Mason)	.....	/1981
138-0	Kari Prena (Walled Lake Central)10	Cedarville/USATF JO Region 5 .....	7/15/2007
138-0	Charde Madoula-Bey (Ann Arbor Skyline)12	Jenison/MITCA D1.....	5/28/2016
137-11	Bethany Wilson (Midland)12	Midland/tri .....	5/14/2018
137-9	Elyse Finch (Royal Pak)12	Warren/Johnson Relays.....	4/29/2023
137-8	Breann Smith (Ann Arbor Pioneer)12	D1 Regional.....	5/18/2001
137-7	Betsy Smith (Midland)	Saginaw/Saginaw Valley Inv .....	/1981
137-6	Jennifer Dunkle (Hillsdale)12	Indianapolis/Midwest MOC .....	6/10/1989
137-5	Penny Neer (North Adams)12	Bloomington/USA Junior Ch .....	6/24/1978
137-4	Alexandra Isaac (Flint Powers)12	Saginaw/tri .....	4/24/2018
137-3	Bailey Baker (Eaton Rapids)12	Mason/Inv .....	4/25/2014
137-3	Taky Ezell (Walled Lake Central)12	Pinckney/KLAA Lakes.....	5/13/2017
137-3	Ava Wojciechowski (Walled Lake Central)11	Rockford/D1 State .....	6/ 4/2022
137-3	Janae Hudson (Marysville)11	Marysville/Blue Water MOC .....	5/26/2023
137-2	Ashley Swainston (Orchard View)11	Muskegon/West Michigan Inv .....	5/26/2000
137-2	Jeaniae Lawton (Harper Woods Gallagher)10	Orlando/AAU JO Nationals .....	8/ 2/2000
137-1	Sarah Bond (Ortonville Brandon)12	Marysville/D2 Regional .....	5/19/2006
137-0	Liz Mast (Caledonia)12	Wyoming/B State .....	6/ 5/1993
137-0	Jeaniae Lawton (Harper Woods Gallagher)12	Detroit/D4 Regional .....	5/17/2002
137-0	Allie Filiatraut (Dearborn Divine Child)12	Grand Rapids/MITCA D2 .....	5/26/2018

## HAMMER

155-10	Valadian Pallett (Farmington)11	Aurora/Hammerman Throwers Meet .....	8/ 8/2020
	(152-2, f, 155-1, 155-10)		
155-1	Pallett	Aurora/Hammerman Throwers Meet (!) ...	8/ 8/2020
153-7	Pallett	Aurora/Hammerman Throwers Meet .....	7/25/2020
	(148-6, 153-7, f, 153-4)		
153-4	Pallett	Aurora/Hammerman Throwers Meet (!) ..	7/25/2020
152-2	Pallett	Aurora/Hammerman Throwers Meet (!) ...	8/ 8/2020
149-6	Brook Pleger (Saline)12	Hillsdale/USATF Open.....	6/19/2010
148-6	Pallett	Aurora/Hammerman Throwers Meet (!) ..	7/25/2020
147-11	Faith Moore (Farmington)10	Comstock Park/Meier State Games.....	6/25/2022
145-5	Pleger	Wayne/Inv .....	4/30/2010
144-5	Pleger	Wayne/Inv (!) .....	4/30/2010
144-4	Pallett	Aurora/Hammerman Throwers Meet .....	6/27/2020
143-1	Moore	Comstock Park/Meier State Games (!) ...	6/25/2022

**Michigan Girls All-Time Lists - Outdoors**  
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142-7	Moore	Comstock Park/Meier State Games (!) ...6/25/2022
142-6	Shana Flanary (Monroe)11	Detroit/USATF JO State.....6/26/2010
142-5	Flanary (Carleton-Airport)	Washington CH/USATF Region 5.....7/ 4/2008
141-4	Flanary	Charleston/USATF JO Reg V .....7/10/2009
141-0	Laura Schroeder (Sanford Meridian)11	Detroit/USATF JO State.....6/26/2010
140-8	Flanary	Charleston/USATF JO Reg V (!) .....7/10/2009
140-6	Flanary	Charleston/USATF JO Reg V (!) .....7/10/2009
137-3	Flanary	Ypsilanti/EMU Open.....8/ 8/2008
136-11	Flanary	Washington CH/USATF Region 5 (!).....7/ 4/2008
135-11	Flanary	Charleston/USATF JO Reg V (!) .....7/10/2009
135-10	Flanary	Omaha/USATF Junior Olympics .....7/22/2008
135-10	Flanary	Charleston/USATF JO Reg V (!) .....7/10/2009
135-8	Pallett	Sacramento/USATF Junior Olympics .....7/22/2019
	(130-10, 135-8, f, f, 135-1, f)	
135-1	Pallett	Sacramento/USATF Junior Olympics (!) .7/22/2019
135-0	Flanary	Washington CH/USATF Region 5 (!).....7/ 4/2008
134-7	Flanary	Charleston/USATF JO Reg V (!) .....7/10/2009
131-10	Alana Robinson (Grosse Ile)12	Raleigh/National Scholastic Ch .....6/20/1998
131-10	Flanary	Omaha/USATF Junior Olympics (!).....7/22/2008
131-4	Clayre Shaver (Milford)12	Aurora/Hammerman Throwers Meet .....6/27/2020
131-3	Robinson	Raleigh/National Scholastic Ch .....6/14/1997
130-10	Pallett	Sacramento/USATF Junior Olympics (!) .7/22/2019
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113-4	Mackenzie Patten (Milford)11	Joliet/Rush AC Inv .....7/19/2019
110-0	Jordyn Thompson (Walled Lake Western)11	Cedarville/USATF Junior Olympic Reg5 .7/10/2022
109-3	Madison Leifer (Byron Center)11	Byron Center/Summer Throw-Off .....7/28/2023
87-3	Chloe Feather (Byron Center)12	Byron Center/Summer Throw-Off .....7/28/2023
86-8	Emilee Bonter (Midland Dow)11	Grand Rapids/SC Amicus .....7/13/2023
86-1	Maria Skrycki (GR West MI Aviation)10	Allendale/Midwest Redemption .....6/11/2022
80-10	Mallory Ulrich (Coopersville)9	Grand Rapids/SC Amicus .....7/13/2023
80-1	Allie Miller (Portage Northern)10	Portage/HT-JT Qualifier .....5/23/2019
80-0	Hailey Funk (Portage Northern)10	Portage/HT-JT Qualifier .....5/23/2019
72-1	Jamie Febo (Sparta)12	Grand Rapids/Furniture City Classic.....6/30/1999
71-7	Rebecca Chipchase (St Johns)9	Lexington/USATF Region V .....7/10/2005
78-5	Brenna McDonald (Schoolcraft)10	Byron Center/Summer Throw-Off .....7/28/2023
76-7	Rachel Anderson (Portage Northern)10	Grand Rapids/SC Amicus .....7/13/2023
72-2	Jaylyn Perkins (Homer)12	Byron Center/Summer Throw-Off .....7/28/2023
<b>Exhibition (Pandemic):</b>		
132-10	Clayre Shaver (Milford)12	Farmington/MPTC Meet .....7/ 5/2020

## JAVELIN

### (1999 specifications)

140-4	Kortni Elsworth (Goodrich)12	Ypsilanti/AAU Junior Oly [hept].....7/27/2008
135-10	Taylor Dziatczak (Macomb Lutheran North)12	Ypsilanti/AAU Junior Olympics.....8/ 4/2017
134-8	Britney Carnagie (Macomb Lutheran North)12	Ypsilanti/AAU Junior Olympics.....8/ 4/2017
130-8	Valadian Pallett (Farmington)11	New Castle/Rose Inv .....7/11/2020
129-5	Dziatczak	Humble/AAU Junior Olympics .....8/ 5/2016
129-2	Pallett	Aurora/Hammerman Throwers Meet .....6/27/2020
129-1	Dziatczak	Detroit/AAU JO Regional .....7/ 1/2017
126-10	Dziatczak	Albion/Blazers Inv .....6/25/2016
126-2	Pallett	Olivet/USATF Open .....6/ 8/2019
124-8	Carnagie	Detroit/AAU JO Regional .....7/ 1/2017
124-2	Dziatczak	Detroit/AAU JO Regional .....7/ 2/2016
122-11	Briana Ratchford (Birmingham Roeper)10	Norfolk/AAU JO .....8/ 2/2010
122-9	Pallett	Sacramento/USATF Junior Olympics .....7/27/2019
122-0	Aaron Howell (Farmington)12	Des Moines/USA Jr (hept) .....6/20/2013
121-10	Carnagie	Detroit/AAU JO Regional (hept).....7/ 2/2016
121-10	Carnagie	Humble/AAU Junior Olympics .....8/ 5/2016
121-2	Pallett	Des Moines/AAU Junior Olympics.....8/ 2/2018



**Michigan Girls All-Time Lists - Outdoors**  
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120-8	Carnegie	Detroit/AAU JO Regional .....	7/ 2/2016
119-10	Allison Jakubowski (Anchor Bay)12	Plymouth/Michigan USATF .....	6/25/2005
119-0	Carnegie	Humble/AAU Junior Olympics (hept) .....	7/31/2016
119-0	Pallett	Sacramento/USATF Junior Oly (!) .....	7/27/2019
118-8	Howell	Greensboro/New Balance (hept) .....	6/15/2012
118-1	Dziatczak	Ypsilanti/AAU Junior Olympics (hept) .....	7/30/2017
117-11	Dziatczak	Oak Park/USATF Qualifier .....	6/24/2017
116-5	Pallett	Sacramento/USATF Junior Olympics (!) .....	7/27/2019
115-3	Dziatczak	Norfolk/AAU Junior Olympics .....	8/ 6/2015
115-0	Howell	Des Moines/USA Jr (hept) (!) .....	6/20/2013
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114-1	Makayla Evansen (Portland)10	Des Moines/AAU Junior Olympics .....	7/30/2023
114-0	Lindsay Strutz (Hartland)11	Greensboro/AAU Junior Oly (hept) .....	7/28/2019
113-11	Sarah Marvin (Byron)9	Ashland .....	6/ 5/2018
113-3	Betsy Cook (Freeland)10	Olivet/Michigan USATF .....	6/18/2016
112-11	Valerie Watkins (Detroit Urban Lutheran)12	Southfield/Michigan AAU .....	6/17/2007
112-6	Jynelle Lewis (Parma Western MS)8	Humble/AAU JO .....	8/ 5/2021
111-5	Amy Vangieson (Walled Lake Central)12	Norfolk/AAU Junior Olympics (hept) .....	8/ 2/2015
110-9	Louisa Rohlfing (Concord)10	Olivet/Michigan USATF .....	6/ 9/2015
107-10	Taylor Moore-Willis (Detroit Country Day)10	Des Moines/AAU JO (hept) .....	8/ 2/2009
107-7	Sarah Marvin (Byron MS)8	Detroit/AAU JO Regional .....	7/ 1/2017
106-0	Camaria McCarroll (Detroit Renaissance)10	Detroit/AAU JO Regional .....	7/ 1/2017
103-0	Breann Smith (Ann Arbor Pioneer)12	Canton/Michigan USATF State .....	6/24/2000
101-8	Makenzie Steele (Macomb Lutheran North)10	Norfolk/AAU Junior Olympics (hept) .....	8/ 2/2015
100-3	Christa Cwiek (Mt Pleasant)12	Melvindale/USATF State .....	6/22/2008
99-7	Jayden Williams (Midland Northeast MS)8	Ypsilanti/AAU JO State .....	8/ 2/2013
99-6	Betsy Cook (Freeland MS)8	Olivet/Michigan USATF .....	6/21/2014
99-4	Jayden Williams (Midland)9	Ypsilanti/AAU Dist 12 .....	7/ 6/2014
98-5	Kristi Ellis (Petoskey)11	Farmington Hills/AAU Dis 9 (hept) .....	7/12/2009
98-1	Rachel Frey (Ann Arbor-homeschool)12	Ypsilanti/AAU Junior Olympics (hept) .....	7/30/2017
96-9	Alyna Lewis (Parma Western)11	Detroit/AAU Regional .....	7/ 3/2021
96-1	Nicole Standback (Battle Creek Central)9	Orlando/AAU JO Nationals (hept) .....	7/30/2000
95-10	Suenomi Norinh (Zeeland East)12	Greensboro/New Balance (hept) .....	6/16/2018
95-2	Kayla Rollins (Ann Arbor MS)8	Ypsilanti/AAU Junior Olympics .....	8/ 3/2017
94-10	Kayla Adams (Auburn Hills Avondale)12	Detroit/AAU Region 12 .....	6/28/2019
94-9	Kelly Shelton (Grand Rapids Catholic)10	Canton/Mi USATF JO .....	6/24/2000
93-9	Isabel Olds (Trenton)11	Humble/AAU Junior Olympics (hept) .....	7/31/2016
93-6	Shelleyse Richardson (West Bloomfield)11	Knoxville/AAU Junior Oly [hept] .....	7/29/2007
93-4	Anna Baker (Saline)11	Knoxville/AAU Junior Olympics .....	8/ 8/2002
93-3	Azayliah Wallace (Mt Clemens)12	Albion/Blazers Inv .....	6/24/2023
92-8	Jessica Mercier (Waterford Kettering)11	Ypsilanti/AAU Junior Olympics (hept) .....	7/30/2017
92-2	Breanna Eveland (East Kentwood)11	Grand Rapids/USATF State .....	6/ 9/2001
91-3	Autumn Touchstone (Clarkston)12	Ypsilanti/AAU Junior Oly [hept] .....	7/27/2008
91-2	Dana Leenheer (Forest Hills Northern)12	Plymouth/Michigan USATF .....	6/25/2005
90-7	Kayla Rollins (Ann Arbor Pioneer)9	Detroit/AAU Regional .....	6/30/2018
89-7	Nicki Thomas (Detroit?)	Omaha/USATF Junior Olympics .....	8/ 1/1999
89-0	Rachel Frey (Ann Arbor-homeschool)12	Ypsilanti/AAU Junior Olympics .....	8/ 4/2017
88-11	Jordan Turner (Farmington)11	Detroit/AAU Region 12 .....	6/28/2019
88-6	Alysha Johnson (Walled Lake Western)10	Southfield/AAU State .....	6/29/2008
88-6	Genna Golab (Clarkston)11	Rochester Hills/USATF Michigan JO .....	6/24/2023
88-0	Lindsay Hufnagel (Fowler)11	Richmond/USATF JO Reg 5 (hept) .....	7/ 9/2010
87-9	Tofunmi Akeredolu (Southfield Lathrup)11	Columbus/AAU JO Region 6A [hept] .....	7/ 5/2007
87-9	Sarah Beauchamp (Ann Arbor Skyline)11	Olivet/USATF State .....	6/26/2012
87-9	Sam Saikalis (Waterford Mott)11	Greensboro/USATF Junior Oly (hept) .....	7/23/2013
87-3	Sabrina Hale (Detroit Benedictine)12	Grand Rapids/USATF State .....	6/ 9/2001
87-0	Jeaniae Lawton (Harper Woods Gallagher)10	Canton/Michigan USATF Junior Oly .....	6/24/2000
86-10	Shelby Allen (Berkley)12	Ypsilanti/AAU State (hept) .....	7/ 4/2014
85-9	Allyson Goff (Waterford Blythwood MS)7	Des Moines/AAU JO .....	8/ 8/2009
85-5	Nancy Brininstool (Battle Creek Central)9	Detroit/AAU State Junior Olympics .....	6/19/1999
85-0	Jaclyn Konopka (Northville)10	Washington CH/USATF Region 5 .....	7/ 6/2008

**Exhibition (Pandemic):**

**Michigan Girls All-Time Lists - Outdoors**  
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116-10 Lindsey Strutz (Hartland)12 Farmington/MPTC Meet .....8/ 2/2020

**OLD JAVELIN**

**(pre-1999 specifications)**

163-10	Louise Gerrish (Livonia Franklin)12	Cleveland, Oh.....	6/18/1966
160-10	Gerrish	Frederick, Md/USA Ch.....	7/ 2/1966
160-4	Gerrish	Pontiac.....	5/28/1966
159-5	Gerrish	Frederick, Md/USA Ch.....	7/ 2/1966
159-3	Gerrish	Frederick, Md/USA Ch(q).....	7/ 2/1966
155-10	Gerrish	Michigan AAU.....	/1966
153-1	Gerrish	Frederick, Md/AAU Girls.....	7 /2/1966
144-8	Gerrish	Hanford/AAU Girls.....	7/10/1964
141-10	Gerrish	Columbus/AAU Girls.....	7/ 2/1965
137-1	Gerrish	Kalispell, Mt/AAU Girls.....	6/12/1964
131-1	Sue Inman (Fleet Feet TC)	Midland.....	6/14/1975
126-6	Inman	Midland.....	7/14/1974
126-1	Joan Perry (?)	Michigan AAU.....	7/26/1969
124-0	Julie Olney (Flint TC)	Midland.....	5/13/1972
118-10	Sue McLalin (Wolverine Parkettes TC)	.....	(pre-72)
115-8	Perry	.....	/1972
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110-10	Emma Willis (North Detroit TC)	Poplar Bluff, Mo/USA Junior Ch.....	7/27/1968
106-3	Betsy Smith (Midland)	.....	/1978
100-1	Crystal Westfield (Ann Arbor Pioneer)	Grand Ledge/all-comers.....	/1984
88-3	Shannon Pickell (Newaygo)	USA Junior Olympics.....	7/28/1982
86-0	Gwen Wentland (Grand Blanc)12	Fresno/USA Junior Ch (hept).....	6/29/1990

**HEPTATHLON**

5071	Aaron Howell (Farmington)11	Greensboro/New Balance.....	6/15/2012
	(15.13 [1.2], 5-6, 37-1.75, 25.79, 17-7.5 [1.7], 118-8, 2:27.31)		
5071	A. Howell	Des Moines/USA Ch.....	6/20/2013
	(14.54 [1.8], 5-4.25, 35-4, 26.09 [0.6], 17-9.5 [-1.1], 122-0, 2:26.54)		
4809	Suenomi Norinh (Zeeland East)12	Greensboro/New Balance.....	6/16/2018
	(14.56 [2.2], 5-6, 34-0.75, 26.53 [0.0], 16-9.25 [1.4], 95-10, 2:27.67)		
4695	Norinh	Greensboro/New Balance Nationals.....	6/17/2017
	(14.66 [0.2], 5-8, 31-9.25, 26.66 [0.0], 16-10.5 [1.1], 83-6, 2:31.12)		
4533	Lindsay Strutz (Hartland)11	Greensboro/AAU Junior Olympics.....	7/28/2019
	(16.19 [0.3], 5-1, 37-3.75, 27.20 [1.0], 16-8.5 [0.3], 114-0, 2:29.49)		
4503	Mya Georgiadis (Ann Arbor Huron)11	Jacksonville/USATF JO.....	7/27/2021
	(14.98 [0.1], 4-11, 30-2, 25.78 [0.1], 15-5.5, 88-9, 2:18.87)		
4484	Kortni Elsworth (Goodrich)12	Ypsilanti/AAU Junior Olympics.....	7/27/2008
	(16.74 [1.5], 4-11, 35-0.5, 27.44 [1.8], 17-4.75, 140-4, 2:35.44)		
4468	Shelleyse Richardson (West Bloomfield)10	Norfolk/AAU Junior Olympics.....	7/30/2006
	(15.14w [2.4], 5-5.75, 27-5.25, 26.43 [0.9], 17-4.75, 74-0, 2:32.29)		
4447	Jessica Howell (Rochester Adams)12	Greensboro/USATF JO.....	7/22/2013
	(15.13 [-0.7], 4-11, 28-9.25m 25.65 [-2.2], 17-4.75 [1.0], 74-8, 2:26.30)		
4394w	Autumn Touchstone (Clarkston)12	Ypsilanti/AAU Junior Olympics.....	7/27/2008
	(15.08 [1.8], 5-1, 27-7.25, 26.31W [4.4], 16-10, 91-3, 2:32.71)		
4383	Richardson	New Orleans/AAU Junior Olympics.....	8/ 1/2005
	(15.61 [0.1], 5-3.25, 27-4.75, 26.91 [1.0], 17-6.25, 70-10, 2:24.74)		
4315	Gwen Wentland (Grand Blanc)12	Fresno/USA Junior Ch.....	6/29/1990
	(17.43 [1.7], 5-7.25, 27-1.25, 26.81 [0.5], 18-7 [1.5], 86-0, 2:37.38)		
4294	Strutz	Greensboro/New Balance Nationals.....	6/15/2019
	(16.91, 5-5, 35-2, 27.47 [-1.1], 16-6 [2.4], 90-10, 2:34.14)		
4277	Tofunmi Akeredolu (Southfield Lathrup)12	Ypsilanti/AAU Junior Olympics.....	7/27/2008
	(15.58 [1.9], 5-3, 28-6.25, 26.35 [1.1], 17-5.5, 76-10, 2:40.98)		
4268	Strutz	Detroit/AAU Region 12.....	6/28/2019

**Michigan Girls All-Time Lists - Outdoors**  
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	(16.79, 5-3.75, 35-4, 27.43, 15-11.75, 99-3, 2:35.39)	
4250	Margaret Monaghan (Port Huron Northern)12	Eugene/Nike Outdoor Nationals .....6/17/2023 (15.01 [1.1], 4-10.5, 29-7.25, 26.20 [-0.1], 17-2 [2.0], 75-11, 2:38.92)
4243	Richardson	Knoxville/AAU Junior Olympics .....7/29/2007 (16.09 [1.6], 5-1, 29-7.5, 27.22 [1.0], 16-7.25, 93-6, 2:31.16)
4234	Crystal Stanley (Lansing Sexton)11	New Orleans/AAU Junior Olympics .....8/ 1/2005 (15.05 [0.9], 4-9.75, 27-1.25, 26.05 [-1.7], 15-7.75, 69-3, 2:22.20)
4211	Endia Francois (Ypsilanti)12	Ypsilanti/AAU State.....7/ 4/2014 (16.57, 5-3, 27-4.5, 25.89, 17-8, 70-4, 2:36.00)
4162	Richardson	Ypsilanti/AAU Junior Olympics.....7/27/2008 (15.56 [-0.6], 5-1, 27-5.25, 27.23 [1.8], 16-9.75, 87-5, 2:38.17)
4156	Stanley	Wooster/AAU Region VI .....7/ 3/2005
4151	Wentland	Spokane/Nat JO .....7/27/1989 (17.10[-1.2], 5-8.75, 29-10, 28.19[0.0], 16-5 [-2.3], 83-11, 2:36.66)
4133	Touchstone	Knoxville/AAU Junior Olympics .....7/29/2007 (15.03 [2.0], 4-11, 27-2.5, 26.49 [1.3], 16-6.5, 54-9, 2:29.19)
4133	J. Howell	Baltimore/USATF Junior Olympics.....7/24/2012 (16.09 [-0.6], 4-9, 28-0, 26.08, 17-0.75 [-0.4], 78-8, 2:32.38)
4112	Lindsey Hufnagel (Fowler)11	Sacramento/USATF JO .....7/28/2010 (16.34 [1.0], 5-1, 30-0.25, 26.55 [1.1], 14-9.75 [2.1], 76-6, 2:25.17)
4104	Richardson	Merrillville/AAU Regional .....7/ 6/2006 (15.63, 5-1, 30-2.25, 27.13, 17-4.25, 70-6, 2:43.76)
4084	Richardson	Columbus/AAU JO Region 6A.....7/ 5/2007 (16.26, 4-11.75, 28-7, 27.04, 17-3.25, 80-1, 2:37.48)
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4073	Taylor Dziatczak (Macomb Lutheran North)12	Ypsilanti/AAU Junior Olympics.....7/30/2017 (15.53 [1.9], 4-7, 33-3, 26.52 [-0.2], 16-8.75 [-1.8], 118-1, 3:05.03)
4021	Nicole Standback (Battle Creek Central)11	Knoxville/AAU Junior Olympics .....8/ 4/2002 (15.41 [0.0], 4-7, 26-10, 26.58 [1.2], 16-1, 87-8, 2:36.27)
3991	Valerie Watkins (Detroit Urban Lutheran)12	Columbus/AAU JO Region 6A.....7/ 5/2007 (17.17, 4-7.75, 28-11, 28.17, 16-10.75, 109-5, 2:31.88)
3972	Sophia Colvin (Walled Lake Central)11	Ypsilanti/AAU Junior Olympics.....7/30/2017 (16.15 [0.3], 5-3, 24-2.25, 26.47 [0.9], 15-2.75 [-1.1], 71-10, 2:34.67)
3967	Michelle Elliott (Goodrich)12	Indianapolis/USATF JO .....7/31/2005 (14.87 [1.8], 5-1, 24-3, 26.59 [3.4], 15-3.5 [0.0], 54-11, 2:35.47)
3943	Gabi Newman (Ann Arbor Pioneer)9	Greensboro/AAU Junior Olympics .....7/28/2019 (15.59 [0.4], 5-5, 22-1.75, 27.40 [-0.3], 15-2 [1.2], 57-9, 2:30.92)
3941	Taylor Willis-Moore (Detroit Country Day)9	Knoxville/AAU Junior Olympics .....7/29/2007 (16.56 [1.2], 4-4, 27-1, 26.63 [0.3], 15-11, 101-10, 2:30.20)
3938	Aasia Laurencin (Oak Park)9	Ypsilanti/AAU Junior Olympics.....7/30/2017 (14.72 [1.4], 4-9, 23-2.5, 24.69 [0.8], 13-9.5 [-1.2], 68-2, 2:39.43)
3888	Tina Phelps (Ann Arbor Pioneer)	Fremont, Oh ...../1987
3886	Isabel Olds (Trenton)11	Humble/AAU Junior Olympics .....7/31/2016 (17.20 [-0.1], 4-5, 29-0.5, 25.82 [-1.9], 15-3.5 [2.0], 93-9, 2:32.17)
3867	Shannon Pickell (Newaygo)	USA Junior Olympics .....7/28/1982 (15.11, 4-9, 31-10.75, 27.8; 15-9.5, 88-3, 2:55.4) [4177]
3855	Brandy Werdlow (Detroit Mumford)12	Elgin/AAU JO Regional.....7/ 8/2000
3853	Jessica Mercier (Waterford Kettering)11	Ypsilanti/AAU Junior Olympics.....7/30/2017 (15.92w [2.9], 4-9, 23-7.25, 27.23 [0.9], 16-1.75 [0.0], 92-8, 2:42.79)
3838	Kristi Ellis (Petoskey)11	Farmington Hills/AAU District 9 .....7/12/2009 (17.19, 4-11.5, 27-1, 28.15, 15-8.25, 98-5, 2:36.09)
3816	Tofunmi Akeredolu (Southfield Lathrup)11	Columbus/AAU JO Region 6A.....7/ 5/2007 (17.67, 4-11.75, 27-10, 26.64, 14-10.5, 87-9, 2:35.47)
3789	Jaylah Walton (Dearborn Advanced Tech)9	Ypsilanti/AAU Junior Olympics.....7/30/2017 (14.84w [2.5], 4-9, 24-7.25, 26.18 [-0.1], 15-9 [-1.2], 58-11, 2:50.87)
3776	Briana Ratchford (Bloomfield Hills Roeper)9	Des Moines/AAU JO .....8/ 2/2009 (16.65w [2.4], 4-9.75, 35-0.25, 29.12w [2.7], 14-7.5, 86-5, 2:37.00)
3774	Rachel Frey (Ann Arbor-homeschool)12	Ypsilanti/AAU Junior Olympics.....7/30/2017 (16.12 [1.3], 4-7, 26-5.5, 27.94w [3.3], 14-4.5 [0.0], 98-1, 2:33.44)
3728	Martia Williams (Detroit Renaissance)11	Greensboro/AAU Junior Olympics .....8/ 1/2022 (15.51 [1.5], 4-11, 22-7.25, 26.88 [-1.4], 16-2.75 [1.6], 44-8, 2:40.73)

**Michigan Girls All-Time Lists - Outdoors**  
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3715	Britney Carnagie (Macomb Lutheran North)11	Humble/AAU Junior Olympics .....	7/31/2016
	(16.39 [0.3], 4-7, 31-7.25, 28.97 [-1.2], 15-7.5 [0.0], 119-0, 2:58.05)		
3688	Allison Hufnagel (Fowler)11	Des Moines/AAU JO .....	7/27/2014
	(17.41 [-1.4], 5-1, 26-9.25, 27.22 [0.5], 14-5, 69-7, 2:34.13)		
3686	Lindsay Hufnagel (Fowler)10	Ypsilanti/USA Youth .....	7/ 1/2009
	(17.76 [1.3], 4-9, 23-4.5, 26.68 [0.9], 14-8.25 [0.0], 79-11, 2:26.92)		
3659	Mackenzie Robinson (Ann Arbor Huron)10	Jacksonville/USATF JO .....	7/27/2021
	(16.95 [0.4], 4-5, 30-1, 25.27 [-0.5], 15-11.75, 46-9, 2:41.79)		
3652	Heather Meadows (Birmingham Seaholm)11	Ypsilanti/AAU Junior Olympics.....	7/30/2017
	(15.82 [1.9], 4-11, 21-6.25, 27.15 [0.9], 15-4.75 [-0.4], 71-1, 2:47.32)		
3647	Jaclyn Konopka (Northville)10	Omaha/USATF Junior Olympics .....	7/22/2008
	(16.00 [-0.7], 4-7, 25-4.75, 28.54 [-2.3], 15-0.5 [0.5], 70-7, 2:30.75)		
3622	Shelby Allen (Berkley)12	Ypsilanti/AAU State.....	7/ 4/2014
	(16.45, 4-5, 28-2.75, 27.13, 16-0.25, 86-10, 2:53.64)		
3609	Drew Coleman (Oak Park)12	Detroit/AAU JO Regional .....	6/30/2017
	(16.41 [1.3], 4-11, 22-2.5, 26.42 [0.9], 12-9.5 [0.0], 63-0, 2:30.79)		
3592	Gabriella Newman (Ann Arbor MS)8	Des Moines/AAU Junior Olympics .....	7/29/2018
	(15.86 [-0.8], 5-5, 19-9.5, 28.12 [-1.4], 13-11 [0.3], 43-11, 2:34.29)		
3572	J'Laan Pittman (Beverly Hills Groves)12	Norfolk/AAU Junior Olympics .....	8/ 2/2015
	(15.08 [2.2], 4-11, 21-11.5, 26.91 [-0.1], 15-10.5 [1.7], 59-4, 2:25.19)		
3551	Oneka Hill (Southfield)11	Des Moines/AAU Junior Olympics .....	8/ 7/2004
	(16.47 [-0.8], 4-7, 27-4, 27.69 [-1.3], 16-4.5, 74-1, 2:55.22)		
3550	Makenzie Steele (Macomb Lutheran North)10	Norfolk/AAU Junior Olympics .....	8/ 2/2015
	(16.60 [1.2], 4-7, 29-0, 28.49 (-0.8), 14-4.5 [1.4], 101-8, 2:50.80)		
3544	Kennedy Gardner (Portage Central)11	Greensboro/AAU Junior Olympics.....	8/ 1/2022
	(15.91w [2.1], 4-9, 20-2.5, 27.87 [-0.3], 15-3 [1.0], 49-2, 2:31.96)		
3534	Alexis Noel (Livonia Ladywood)10	Orlando/AAU JO Nationals .....	7/30/2000
	(16.78 [nw], 5-1, 25-5.25, 27.44 [0.2], 16-5.25, 80-8, 3:14.87)		
3533	Kaya Freeman (BH Cranbrook)10	Greensboro/AAU Junior Olympics.....	7/28/2019
	(16.94 [0.4], 4-11, 23-5.25, 27.73 [0.0], 16-8.5 [0.3], 72-8, 2:56.35)		
3530	Emma Thomas (Midland Dow)9	Humble/AAU JO .....	8/ 1/2021
	(17.12 [1.7], 4-3.25, 25-1.75, 27.23 [-1.6], 15-6 [0.9], 66-3, 2:30.21)		
3523	Elena Welker (Dearborn Divine Child)10	Ypsilanti/AAU Junior Olympics.....	7/30/2017
	(16.98w [3.4], 4-11, 23-6.75, 29.24 [1.4], 15-10.5 [-0.7], 75-5, 2:41.18)		

**Old Tables (breakdown unknown):**

4516h	Cindy Panowicz (Northville)10	USA Junior Olympics .....	7/27/1983
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## 4 x 100 METERS

**TOP 100 PERFORMANCES**

45.56	Detroit Renaissance	Kentwood/D1 State .....	6/ 5/2021
	( <i>Olivia Jenkins, Kaila Jackson, Madison Sheard, Leeah Burr</i> )		
45.92	Detroit Renaissance	Eugene/Nike Outdoor (h).....	7/ 1/2021
	( <i>Olivia Jenkins, Kaila Jackson, Madison Sheard, Leeah Burr</i> )		
46.08	Detroit Renaissance	Eugene/Nike Outdoor .....	7/ 2/2021
	( <i>Olivia Jenkins, Kaila Jackson, Madison Sheard, Leeah Burr</i> )		
46.27	Detroit Renaissance	Farmington/D1 Regional.....	5/18/2019
	( <i>Olivia Jenkins, Leeah Burr, Donae' Adams, Kaila Jackson</i> )		
46.28	Oak Park	Hudsonville/D1 State .....	6/ 4/2016
	( <i>Janae Barksdale, Anna Jefferson, Brianna Holloway, Tamea McKelvy</i> )		
46.53	Detroit Renaissance	Rockford/D1 State .....	6/ 3/2023
	( <i>Kristen Lavergne, Jayla Dace, Madison Sheard, Jayla Graham</i> )		
46.58	Detroit Renaissance	Kentwood/D1 State.....	6/ 1/2019
	( <i>Olivia Jenkins, Leeah Burr, Donae' Adams, Kaila Jackson</i> )		
46.69	Oak Park	Kentwood/D1 State.....	6/ 3/2017
	( <i>Janae Barksdale, Aasia Laurencin, Kirin Tate, Tamea McKelvy</i> )		
46.98	Detroit Renaissance	Dayton/Roosevelt Memorial .....	5/ 4/2019
	( <i>Olivia Jenkins, Leeah Burr, Donae' Adams, Kaila Jackson</i> )		
47.00	Oak Park	Greensboro/New Balance Nationals (h) .	6/17/2017
	( <i>Janae Barksdale, Aasia Laurencin, Carlita Taylor, Tamea McKelvy</i> )		

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47.00	Detroit Renaissance <i>(Olivia Jenkins, Kaila Jackson, Madison Sheard, Jayla Graham)</i>	Rockford/D1 State .....	6/ 4/2022
47.02	Detroit Renaissance <i>(Olivia Jenkins, Kaila Jackson, Madison Sheard, Jayla Dace)</i>	Farmington/NB Inv .....	5/ 7/2022
47.07	Oak Park <i>(Morgan Atlas, Janae Barksdale, Kourtney Kennard, Nysha Jordan)</i>	Kentwood/D1 State .....	6/ 1/2019
47.07	Detroit Renaissance <i>(Madison Sheard, Kaila Jackson, Olivia Jenkins, Leeah Burr)</i>	Grand Rapids/Elite Challenge .....	5/ 1/2021
47.10	Detroit Renaissance <i>(Kristen Lavergne, Jayla Dace, Madison Sheard, Jayla Graham)</i>	Dearborn/Carpenter Inv .....	5/ 6/2023
47.12	Ann Arbor Pioneer <i>(Britten Bowen, Hailey Mayes, Jordyn Dresch, Torisa Johnson)</i>	Hudsonville/D1 State .....	6/ 4/2016
47.15	Detroit Mumford <i>(Shayla Mahan, Stephanie Porter, Chanell Wright, Jessica Jones)</i>	Rockford/D1 State .....	6/ 4/2005
47.15	Oak Park	Farmington Hills/D1 Regional .....	5/21/2016
47.28	Oak Park <i>(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Jada Roundtree)</i>	Novi/Oakland County .....	5/25/2018
47.35	Oak Park	Rockford/D1 State .....	5/31/2014
47.38	Oak Park <i>(Janae Barksdale, Aasia Laurencin, Kirin Tate, Tamea McKelvy)</i>	North Farmington/D1 Regional .....	5/20/2017
47.41	Oak Park <i>(Janae Barksdale, Miyah Brooks, Kirin Tate, Tamea McKelvy)</i>	Novi/Oakland County .....	5/26/2017
47.42	Detroit Renaissance <i>(Imani Jackson, Donae' Adams, Paige Chapman, Mizan Thomas)</i>	Kentwood/D1 State .....	6/ 2/2018
47.43	Ann Arbor Pioneer	Saline/dual .....	4/18/2017
47.46	Ann Arbor Huron <i>(Rachel Overgaard, Mackenzie Robinson, Kay-Lee McSwain, Fatouma Conde)</i>	Saline/D1 Regional .....	5/21/2021
47.48	Detroit Cass Tech	Detroit/PSL .....	5/24/1997
47.48	Detroit Renaissance <i>(Imani Jackson, Deshonda Johnson, Paige Chapman, Mizan Thomas)</i>	Kentwood/D1 State .....	6/ 3/2017
47.49	Oak Park <i>(Carrie VanNoy, Nonah Waldron, Morgan Roundtree, Kelis Hunter-Young)</i>	Farmington/Inv .....	5/ 6/2023
47.50	Detroit Renaissance <i>(Makylah Slappy, Donae' Adams, Paige Chapman, Mizan Thomas)</i>	West Bloomfield/D1 Regional .....	5/19/2018
47.51	Detroit Renaissance <i>(Kristen Lavergne, Jayla Dace, Madison Sheard, Jayla Graham)</i>	Detroit/D1 Regional .....	5/20/2023
47.54	Oak Park <i>(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Jada Roundtree)</i>	Dearborn/Carpenter Inv .....	5/ 5/2018
47.54	Ann Arbor Huron <i>(Rachel Overgaard, Mackenzie Robinson Kay-Lee McSwain, Fatouma Conde)</i>	Kentwood/D1 State .....	6/ 5/2021
47.54	Detroit Renaissance <i>(Kristen Lavergne, Asia Elders, Madison Sheard, Jayla Graham)</i>	Novi/Relays .....	4/ 8/2023
47.55	Ann Arbor Huron <i>(Jalayah Girma-Walls, Mackenzie Robinson, Kay-Lee McSwain, Fatouma Conde)</i>	Eugene/Nike Outdoor (h) .....	7/ 1/2021
47.57	Oak Park	Beverly Hills/Groves Inv .....	4/16/2016
47.62	East Kentwood <i>(Imani Brigham, Sedalia Libbett, Gabriela Leon, Sekayi Bracey)</i>	Greensboro/New Balance Nationals (h) .....	6/19/2015
47.63	Detroit Mumford	Detroit/Operation Friendship .....	5/29/2001
47.64	Detroit Mumford	Raleigh/adidas Outdoor (h) .....	6/19/2004
47.66	Ann Arbor Huron <i>(Jalayah Girma-Walls, Mackenzie Robinson, Kay-Lee McSwain, Fatouma Conde)</i>	Eugene/Nike Outdoor .....	7/ 2/2021
47.67	Ann Arbor Pioneer	Greensboro/New Balance Nationals (h) .....	6/17/2017
47.68	Oak Park <i>(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Riley Donaldson)</i>	West Bloomfield/D1 Regional .....	5/19/2018
47.69	Oak Park <i>(Morgan Atlas, Janae Barksdale, Kourtney Kennard, N'Stajah Banks)</i>	Farmington/D1 Regional .....	5/18/2019
47.71	Detroit Renaissance <i>(Olivia Jenkins, Kaila Jackson, Madison Sheard, Jayla Graham)</i>	Detroit/City Champs .....	5/28/2022
47.71	Detroit Renaissance <i>(Kristen Lavergne, Jayla Dace, Madison Sheard, Jayla Graham)</i>	Detroit/Courageous Inv .....	4/29/2023
47.71	Oak Park	Rockford/D1 State .....	6/ 3/2023

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

	<i>(Carrie VanNoy, Nonah Waldron, Morgan Roundtree, Kelis Hunter-Young)</i>	
47.72	East Kentwood	Hudsonville/D1 State .....6/ 4/2016
	<i>(Cierra McSwain, Sekayi Bracey, Gabriela Leon, KeVann McCurdy)</i>	
47.75	Ann Arbor Pioneer	Kentwood/D1 State .....6/ 3/2017
	<i>(Corinne Griffin, Janea Pryor, Shelby Hall, Britten Bowen)</i>	
47.76	Detroit Mumford	Dayton/Roosevelt Mitchell .....5/ 7/2005
47.77	Oak Park	Dayton/Roosevelt Memorial .....5/ 5/2017
	<i>(Janae Barksdale, Aasia Laurencin, Kirin Tate, Tamea McKelvy)</i>	
47.78	Detroit Mumford	Rockford/D1 State .....6/ 5/2004
47.78	Oak Park	Waterford/Oakland County .....5/27/2016
47.78	Oak Park	Oak Park/dual .....4/12/2017
47.79	East Kentwood	Rockford/D1 State .....5/31/2014
47.81	Detroit Cass Tech	Flint/A State .....6/ 1/1985
47.82	Detroit Renaissance	Farmington/D1 Regional .....5/22/2021
	<i>(Ashley Harris, Kaila Jackson, Madison Sheard, Olivia Jenkins)</i>	
47.83	Detroit Renaissance	Detroit/D1 Regional .....5/21/2022
	<i>(Olivia Jenkins, Kaila Jackson, Madison Sheard, Jayla Graham)</i>	
47.84	Oak Park	Detroit/D1 Regional .....5/20/2023
	<i>(Carrie VanNoy, Nonah Waldron, Morgan Roundtree, C. Yelder)</i>	
47.87	Ann Arbor Pioneer	Auburn/A State .....5/30/1998
	<i>(Jamillah Bowman, Joneigh Slaughter, Robyn Woolfolk, Nyota Pieh)</i>	
47.87	Ann Arbor Pioneer	Saline/D1 Regional .....5/20/2016
47.89	Ann Arbor Pioneer	Rockford/D1 State .....6/ 4/2005
47.89	Oak Park	West Bloomfield/OAA Blue Gold .....5/12/2022
	<i>(Carrie VanNoy, Morgan Roundtree, Shakirah Graves, Nonah Waldron)</i>	
47.90	Ann Arbor Huron	Rockford/D1 State .....6/ 4/2022
	<i>(Rachel Overgaard, Aliyah Ferguson, Jordan Douglas, Mackenzie Robinson)</i>	
47.91	Oak Park	Oak Park/OAA Gold .....5/ 8/2014
47.91	East Kentwood	Kentwood/D1 State .....6/ 1/2019
	<i>(Trinity Bracey, Kate Hudkins, Taylor Kyle, Qe'Neisha Young)</i>	
47.93	Oak Park	Ann Arbor/River Rat .....5/10/2014
47.93	East Kentwood	Greensboro/New Balance .....6/13/2014
	<i>(Cheyenne Longoria, Sedalia Libbett, Belinda Knowling, Sekayi Bracey)</i>	
47.95	Oak Park	Ferndale/OAA Gold .....5/ 9/2018
	<i>(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Riley Donaldson)</i>	
47.96	Ann Arbor Pioneer	Rockford/D1 State .....5/31/2014
47.96	Oak Park	Kentwood/D1 State .....6/ 2/2018
	<i>(Miyah Brooks, Aasia Laurencin, Kourtney Kennard, Riley Donaldson)</i>	
47.97	Rockford	Kentwood/D1 State .....5/30/2009
	<i>(Kristen Fischer, Abby Blanchard, Becky Caywood, Emma Breen)</i>	
47.98	East Kentwood	Greensboro/New Balance .....6/16/2018
	<i>(Daijah Collier, Taylor Kyle, Sarinity Bracey, Qe'Neisha Young)</i>	
47.98	Detroit Renaissance	Detroit/Courageous Inv .....4/27/2019
	<i>(Olivia Jenkins, Leeah Burr, Kaila Jackson, Donae' Adam)</i>	
47.99	Ann Arbor Pioneer	Saline/Golden Triangle .....5/ 6/2016
48.01	Ann Arbor Huron	Philadelphia/NB Nationals (h) .....6/18/2022
	<i>(Rachel Overgaard, Mya Georgiadis, Jordan Douglas, Mackenzie Robinson)</i>	
48.02	Detroit Renaissance	Detroit/PSL .....5/25/2019
	<i>(Olivia Jenkins, Leeah Burr, Ashley Harris, Kaila Jackson)</i>	
48.04	Rockford	Rockford/D1 State .....6/ 4/2022
	<i>(Maya Anderson, Zoie Kreamsreiter, Aimee Zang, Kate Zang)</i>	
48.05	Oak Park	Farmington/D1 Regional .....5/17/2014
48.05	Oak Park	Oxford/Oakland County .....5/26/2023
	<i>(Carrie VanNoy, Nonah Waldron, Morgan Roundtree, Kelis Hunter-Young)</i>	
48.06	Ann Arbor Pioneer	Greensboro/USATF Youth Ch (h) .....7/ 1/2006
48.06	East Kentwood	Kentwood/D1 State .....6/ 3/2017
	<i>(Ava Qeneisha Young, Imani Brigham, Sarinity Bracey, Gabriela Leon)</i>	
48.06	East Kentwood	Kentwood/D1 State .....6/ 5/2021
	<i>(Jordan Jackson, Aliza Mosley, Alicia Fields, Taylor Kyle)</i>	
48.09	Rockford	Kentwood/D1 State .....6/ 2/2018
	<i>(Valencia Goldsmith, Casey Lenon, Abby Nash, Jillian Roney)</i>	

**Michigan Girls All-Time Lists - Outdoors**  
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48.09	East Kentwood <i>(Trinity Bracey, Kate Hudkins, Taylor Kyle, Qe'Neisha Young)</i>	Grand Haven/D1 Regional.....	5/17/2019
48.10	Oak Park	Waterford/Oakland County .....	5/22/2015
48.16	Detroit Mumford	Dayton/Roosevelt Memorial.....	5/ 5/2006
48.16	Wyandotte Roosevelt <i>(Olivia Johnson, Kyana Evans, Arrianna Lister, Daisy Neff)</i>	Kentwood/D1 State.....	6/ 3/2017
48.16	East Lansing <i>(Janell Brown, Ayana Coates, Comari Hawkins, Corinne Jones)</i>	Lansing/Greater Lansing .....	5/31/2022
48.17	Ann Arbor Pioneer	Kentwood/D1 State.....	6/ 2/2007
48.17	Oak Park	Rockford/D1.....	5/30/2015
48.18	Ann Arbor Pioneer	Rockford/D1 State .....	6/ 1/2002
48.18	East Kentwood	Rockford/D1.....	5/30/2015
48.18	Oak Park	Rockford/Inv .....	4/15/2017
48.21	Rockford <i>(Doofan Nyamor, Casey Lenon, Tensey Gavalis, Jillian Roney)</i>	Hudsonville/D1 State .....	6/ 4/2016
48.23	Ann Arbor Pioneer	Dexter/Steeb MOC .....	5/27/2014
48.25	East Kentwood <i>(Dajjah Collier, Taylor Kyle, Sarinity Bracey, Qe'Neisha Young)</i>	Macomb/MITCA D1 .....	5/26/2018
48.26	Ann Arbor Pioneer	Greensboro/USATF Youth Ch.....	7/ 2/2006
48.27	East Kentwood	Greensboro/New Balance Nationals.....	6/14/2013
48.29	Ann Arbor Pioneer	Rockford/D1 State .....	6/ 5/2004
48.29	East Kentwood <i>(Cheyenne Longoria, Sedalia Libbett, Belinda Knowling, Sekayi Bracey)</i>	Greensboro/New Balance (h) .....	6/13/2014
48.29	Jenison <i>(Mady Tease, Rachel Russo, Kylie Clark, Rose Russo)</i>	Kentwood/D1 State.....	6/ 3/2017

**TOP 100 SCHOOLS:**

45.56	Detroit Renaissance <i>(Olivia Jenkins, Kaila Jackson, Madison Sheard, Leeah Burr)</i>	Kentwood/D1 State.....	6/ 5/2021
46.28	Oak Park <i>(Janae Barksdale, Anna Jefferson, Brianna Holloway, Tamea McKelvy)</i>	Hudsonville/D1 State .....	6/ 4/2016
47.12	Ann Arbor Pioneer <i>(Britten Bowen, Hailey Mayes, Jordyn Dresch, Torisa Johnson)</i>	Hudsonville/D1 State .....	6/ 4/2016
47.15	Detroit Mumford	Rockford/D1 State .....	6/ 4/2005
47.46	Ann Arbor Huron <i>(Rachel Overgaard, Mackenzie Robinson, Kay-Lee McSwain, Fatouma Conde)</i>	Saline/D1 Regional.....	5/21/2021
47.48	Detroit Cass Tech	Detroit/PSL .....	5/24/1997
47.62	East Kentwood <i>(Imani Brigham, Sedalia Libbett, Gabriela Leon, Sekayi Bracey)</i>	Greensboro/NB Nationals (h) .....	6/19/2015
47.97	Rockford <i>(Kristen Fischer, Abby Blanchard, Becky Caywood, Emma Breen)</i>	Kentwood/D1 State.....	5/30/2009
48.16	Wyandotte Roosevelt <i>(Olivia Johnson, Kyana Evans, Arrianna Lister, Daisy Neff)</i>	Kentwood/D1 State.....	6/ 3/2017
48.16	East Lansing <i>(Janell Brown, Ayana Coates, Comari Hawkins, Corinne Jones)</i>	Lansing/Greater Lansing .....	5/31/2022
48.29	Jenison <i>(Mady Tease, Rachel Russo, Kylie Clark, Rose Russo)</i>	Kentwood/D1 State.....	6/ 3/2017
48.30	Ypsilanti Lincoln	Ypsilanti/Steeb Inv .....	5/31/2011
48.35	Novi	Rockford/D1 State .....	6/ 4/2011
48.35	Saline	Greensboro/NB Nationals (h) .....	6/14/2013
48.38	Southfield Lathrup	Rockford/D1 State .....	5/31/2008
48.40	Forest Hills Eastern	Ada/D2 State .....	6/ 1/2013
48.41	Jackson	Rockford/D1 State .....	6/ 4/2011
48.42	Rochester	Rockford/D1 State .....	6/ 5/2010
48.42	Portage Northern <i>(Allison French, Camryn Batt, Te'A Harden, Emily Brown)</i>	Rockford/D1 State .....	6/ 3/2023
48.43	Benton Harbor	Grand Rapids/D1 State.....	5/31/2003
48.44	Flint Central	Alma/A State .....	5/30/1987
48.62	Canton	Dexter/Steeb.....	5/31/2016

**Michigan Girls All-Time Lists - Outdoors**  
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48.63	Lake Orion <i>(MaKayla Allen, Madison Eaton, Shantel Stanley, Melissa Symons)</i>	Kentwood/D1 State.....	6/ 2/2018
48.68	Ypsilanti	Ypsilanti/Steeb Inv .....	5/31/2011
48.69	Westland Glenn	Rockford/D1 State .....	6/ 5/2004
48.69	White Lake Lakeland	Novi/Oakland County.....	5/26/2017
48.70	Lansing Waverly <i>(Teaghan Thomas, Jazlynn Wilcox, Maya Garrett, Tra'chele Roberts)</i>	Zeeland/D2 State.....	6/ 4/2016
48.70	Beverly Hills Groves <i>(Sheridan Webster, Julia Williams, Lauren Goins, Lailah Palmer)</i>	Rockford/D1 State .....	6/ 3/2023
48.76	Davison <i>(Marionna Dixon, Allison Hawk, Olivia Dirkse, Avery Wilson)</i>	Kentwood/D1 State.....	6/ 5/2021
48.79	Plymouth	Farmington/New Balance .....	5/ 6/2017
48.85	Redford Thurston	Rockford/D1 State .....	6/ 5/2010
48.85	Northville <i>(Marisa Porco, Angel McCray, Lauren Marshall, Melanie Sarafian)</i>	Milford/D1 Regional .....	5/17/2019
48.86	Kalamazoo Central	Grand Rapids/A State .....	6/ 5/1993
48.86	West Bloomfield <i>(Makayla Pittman, Caitlynn Bridges, Ese Uwedjojevwe, Kamryn Tatum)</i>	Farmington/Inv.....	5/ 6/2023
48.87	L'Anse Creuse	Rockford/D1 State .....	6/ 4/2011
48.88	Macomb Dakota	D1 State.....	6/ 1/2013
48.89	Flint Carman-Ainsworth	Rockford/D1 State .....	5/31/2008
48.92	Flint Southwestern	Zeeland/D2 State.....	6/ 5/2010
48.92	Detroit Country Day <i>(Jasmine Powell, Destini Lewis, Ahvon Mitchell, Alexis Officer)</i>	Novi/Oakland County.....	5/25/2018
48.93	Southfield	Rockford/A State.....	5/31/1997
48.95	Detroit DePorres	Jackson/B State.....	6/ 2/1990
48.97	Pontiac Northern	Kentwood/D1 State.....	6/ 3/2006
48.98	Grosse Pointe South	Rockford/D1 State .....	5/31/2014
49.02	Flint Beecher	Sturgis/B State.....	5/30/1987
49.03	Southfield Arts & Tech <i>(Cardina Toombs, Amonie Culp, Alicia Buford, Kiersten Wilcher)</i>	Kentwood/D1 State.....	6/ 3/2017
49.04	Romulus Summit Academy North <i>(Londyn Hall, Anaiia Simmons, Yasmine Priester, Heaven Copeland)</i>	Greensboro/adidas Outdoor .....	6/16/2023
49.07	Lansing Everett	Kentwood/D1 State.....	5/30/2009
49.12	Battle Creek Central	Rockford/D1 State .....	6/ 1/2002
49.13	Belleville	Rockford/D1 State .....	5/31/2008
49.15	Detroit Osborn	Flint/A State .....	6/ 1/1985
49.19	Lansing Eastern	Midland/A State.....	6/ 2/1990
49.21	Brighton <i>(Olivia Neuenschwander, Brooke Gray, Amanda Simon, Morgan Waggoner)</i>	Kentwood/D1 State.....	6/ 5/2021
49.21	Bridgeport <i>(Peyton Sanders, Arielle Allen, Brenasiaha Greene, Chaniya Madison)</i>	Dexter/Steeb Inv .....	5/31/2022
49.22	Muskegon	Rockford/D1 State .....	6/ 4/2005
49.23	Ann Arbor Skyline <i>(Jaeda Olive, Alexys Wilson, Sydney Cunningham, Felicity Sorenson)</i>	Ypsilanti/D1 Regional.....	5/17/2019
49.31	Farmington Hills Harrison	Rockford/D1 State .....	5/31/2014
49.32	Berrien Springs <i>(Zariyah Mance, Kirsten Krause, Jasmin Williams, Grace Constable)</i>	Grand Rapids/D2 State.....	6/ 3/2023
49.34	Trenton	Zeeland/D2 State.....	6/ 4/2016
49.36	Grand Rapids Ottawa Hills	Kentwood/D1 State.....	6/ 1/2019
49.36	Woodhaven <i>(Addison Martin, Myonna Ekanem, Jayla Martin, Maya Justice)</i>	Saline/D1 Regional .....	5/19/2023
49.37	Southgate Anderson	Kentwood/D1 State.....	6/ 1/2013
49.41	East Grand Rapids <i>(Jenna Dykstra, Ella Ludwig, Jessie Trube, Nicole Ezech)</i>	Zeeland/D2 State.....	6/ 3/2017
49.41	Linden <i>(Lauren Goodman, Hannah Wasilewski, Isabella Sigsby, Victoria Osmond)</i>	Ada/D2 State .....	6/ 4/2022
49.44	Detroit Cooley	Alma/A State.....	5/30/1987
49.47	Corunna	East Lansing/Honor Roll .....	5/28/2019
49.50	Lansing Sexton	Rockford/Div1 State.....	6/ 3/2000
49.50	Walled Lake Northern	Hudsonville/D1 State .....	6/ 4/2016



**Michigan Girls All-Time Lists - Outdoors**  
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49.50	Howell	Milford/D1 Regional .....	5/20/2022
	<i>(Sophie Daugard, Tianna Bennett, Aliana Pietila, Taylor Moyer)</i>		
49.50	Midland Dow	Rockford/D1 State .....	6/ 3/2023
	<i>(Claudia Johnson, Melanie Kolnitys, Emma Thomas, Kiki Okoisor)</i>		
49.52	Saginaw	Auburn/A State .....	5/30/1998
49.52	Utica Eisenhower	Kentwood/D1 State .....	6/ 3/2006
49.53	Holt	East Lansing/Honor Roll .....	5/28/2019
49.54	Bloomfield Hills	Kentwood/D1 State .....	6/ 3/2017
	<i>(Briana Wooten, Leah Moir, Jayla Brown, Olivia Lopez)</i>		
49.54	Clinton Township Chippewa Valley	Kentwood/D1 State .....	6/ 3/2017
	<i>(Shamyrah Blocton, Dria Grant, Zeta Barrie, Angelica Floyd)</i>		
49.57	St Charles	Comstock Park/D3 State .....	6/ 2/2018
	<i>(Najiyah Holden, Hope Kushion, Celine Whiren, Mikayla Williams)</i>		
49.57	Frankenmuth	Zeeland/D2 State .....	6/ 1/2019
49.60	Detroit Cody	Kentwood/D1 State .....	6/ 2/2007
49.61	Grand Haven	Alma/A State .....	5/30/1987
49.61	North Farmington	Kentwood/D1 State .....	6/ 2/2012
49.61	Monroe	Saline/SEC .....	5/23/2013
49.61	Dearborn Divine Child	D2 State .....	6/ 1/2013
49.62	Detroit Denby	Flint/A State .....	6/ 1/1985
49.63	Pinckney	Rockford/D1 State .....	6/ 1/2002
49.63	Ortonville-Brandon	D1 State .....	6/ 1/2013
49.63	Walled Lake Central	Milford/D1 Regional .....	5/15/2015
49.64	Troy	Rockford/D1 State .....	6/ 5/2010
49.65	Midland	Rockford/Div1 State .....	6/ 3/2000
49.67	St Clair Shores South Lake	Zeeland/D2 State .....	6/ 2/2018
	<i>(Miya Rogan, Faith Terry, Maya Law, JaNae Turner)</i>		
49.68	Salem	Lansing/MITCA D1 .....	5/25/2019
49.70	Cadillac	Caledonia/D2 State .....	6/ 4/2005
49.74	Albion	Comstock Park/D3 State .....	6/ 2/2007
49.74	Pontiac	D1 State .....	6/ 4/2011
49.75	Dearborn Heights Robichaud	Comstock Park/D3 State .....	6/ 3/2017
	<i>(Shaquetta Woods, Kierra Rice, Mariah Harris, Terria Fisher)</i>		
49.76	Romulus	Zeeland/D2 State .....	6/ 3/2017
	<i>(Ellisa Blackmon-Todd, Kenedi Hall, Destiny Armstrong-Anderson, ?)</i>		
49.77	Muskegon Reeths-Puffer	Kentwood/D1 State .....	6/ 2/2012
49.78	Pewamo-Westphalia	Comstock Park/D3 State .....	5/31/2014
	<i>(Sasha Platte, Jenna Thelen, Gabbie Hummel, Kenzie Wieber)</i>		
49.78	Caledonia	Kentwood/D1 State .....	6/ 5/2021
	<i>(Mayari Coriano, Brooke Heyboer, Teresa Abraham, Ella Mealey)</i>		
49.79	Utica	Kentwood/D1 State .....	6/ 3/2017
	<i>(Lauryn Goosby, Gabby Pawelek, Hanna Gehrke, Mone Knowles)</i>		
49.80	Grand Ledge	Rockford/D1 State .....	6/ 5/2010
49.80	Holland West Ottawa	Rockford/D1 State .....	6/ 3/2023
	<i>(Allinna Teav, Elizabeth Hopkins, Ayla Miller, Quincey Leonard)</i>		
<b>Hand-timed performances:</b>			
47.3	Detroit Cass Tech	Detroit/PSL .....	5/25/2000
47.5	Benton Harbor	Jackson/Relays .....	4/27/1984
	<i>(Michelle Rimpson, Linda McMillion, Sandra Rice, Jeanan Langston)</i>		
47.7	Detroit Mumford	Dayton/Mitchell Memorial .....	5/ 1/2004
47.8	Benton Harbor	Comstock/Inv .....	5/14/1983
	<i>(Lisa Caldwell, Sandra Rice, Linda McMillion, Jeanan Langston)</i>		
47.8	Ann Arbor Pioneer	Saline/D1 Regional .....	5/18/2007
47.9	Benton Harbor	Jackson/A State .....	6/ 2/1984
	<i>(Marita Rimpson, Linda McMillion, Sandra Rice, Chauna Burton)</i>		
47.9	Detroit Mumford	D1 Regional .....	5/20/2005
48.0+	Mt Clemens	Bloomfield Hills/A (48.2) .....	6/ 4/1977
48.0+	Detroit MacKenzie	(48.2) .....	/1979
48.0	Detroit Cass Tech	.....	/1983
48.2	Benton Harbor	Jackson/A State .....	6/ 4/1983
48.2	Ann Arbor Pioneer	Grand Rapids/A State .....	6/ 1/1991

**Michigan Girls All-Time Lists - Outdoors**  
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48.2	Detroit Mumford	Detroit/PSL Champs .....	5/27/2004
48.3+	Flint Northern	Flint/A State (48.5).....	5/31/1981
48.3	Novi	Milford/D1 Regional .....	5/20/2011

**4 x 200 METERS**

**TOP 100 PERFORMANCES**

1:36.53	Detroit Renaissance	Farmington/D1 Regional .....	5/18/2019
	<i>(Kaila Jackson, Imani Jackson, Donae' Adams, Leeah Burr)</i>		
1:36.61	Detroit Renaissance	Greensboro/New Balance Nationals .....	6/15/2019
	<i>(Kaila Jackson, Imani Jackson, Donae' Adams, Leeah Burr)</i>		
1:36.66	Oak Park	Hudsonville/D1 State .....	6/ 4/2016
	<i>(Janae Barksdale, Anna Jefferson, Brianna Holloway, Tamea McKelvy)</i>		
1:37.15	Oak Park	Greensboro/New Balance Nationals .....	6/17/2016
	<i>(Tamea McKelvy, Anna Jefferson, Brianna Holloway, Janae Barksdale)</i>		
1:37.20	Detroit Renaissance	Kentwood/D1 State .....	6/ 1/2019
	<i>(Kaila Jackson, Imani Jackson, Olivia Jenkins, Leeah Burr)</i>		
1:37.72	Detroit Mumford	Rockford/D1 State .....	6/ 4/2005
	<i>(Shayla Mahan, Stephanie Porter, Chanell Wright, Jessica Jones)</i>		
1:38.09	Detroit Renaissance	Rockford/D1 State .....	6/ 4/2022
	<i>(Kaila Jackson, Chloe Vines, Olivia Jenkins, Jayla Dace)</i>		
1:38.15	Oak Park	Rockford/D1 State .....	5/31/2014
	<i>(Anna Jefferson, Carlita Taylor, Brianna Holloway, Tamea McKelvy)</i>		
1:38.15	Detroit Renaissance	Rockford/D1 State .....	6/ 3/2023
	<i>(Jayla Dace, Madison Sheard, Shelby Sanders, Jayla Graham)</i>		
1:38.18	Oak Park	Kentwood/D1 State .....	6/ 1/2019
	<i>(Chloe Vines, Asia Laurencin, Kourtney Kennard, N'Stajah Banks)</i>		
1:38.21	Oak Park	Rockford/D1 State .....	6/ 3/2023
	<i>(Morgan Roundtree, Nonah Waldron, Carrie VanNoy, Kelis Hunter-Young)</i>		
1:38.38	Oak Park	Kentwood/D1 State .....	6/ 3/2017
	<i>(Janae Barksdale, Asia Laurencin, Carlita Taylor, Tamea McKelvy)</i>		
1:38.47	Detroit Renaissance	Detroit/PSL .....	5/25/2000
1:38.48	Ann Arbor Pioneer	Hudsonville/D1 State .....	6/ 4/2016
	<i>(Britten Bowen, Jordyn Dresch, Hailey Mayes, Torisa Johnson)</i>		
1:38.4	Detroit Cass Tech	Midland/A State .....	6/ 4/1994
	<i>(Chantelle Nagbe, Julia Ford, Emily Higgins, Felicia Baker)</i>		
1:38.54	Oak Park	Farmington/D1 Regional .....	5/18/2019
	<i>(Chloe Vines, Asia Laurencin, Kourtney Kennard, N'Stajah Banks)</i>		
1:38.58	Oak Park	West Bloomfield/D1 Regional .....	5/19/2018
	<i>(Miyah Brooks, Riley Donaldson, Kourtney Kennard, Jada Roundtree)</i>		
1:38.63	Oak Park	Greensboro/New Balance Nationals .....	6/17/2017
1:38.68	Oak Park	Greensboro/New Balance Nationals .....	6/20/2015
	<i>(Anna Jefferson, Tamea McKelvy, Carlita Taylor, Brianna Holloway)</i>		
1:38.74	Oak Park	Waterford/Oakland County .....	5/27/2016
1:39.78	Oak Park	Detroit/D1 Regional .....	5/20/2023
	<i>(Morgan Roundtree, Nonah Waldron, Carrie VanNoy, Kelis Hunter-Young)</i>		
1:38.92	Detroit Renaissance	Kentwood/D1 State .....	6/ 1/2013
1:38.96	Detroit Renaissance	Dayton/Roosevelt Memorial .....	5/ 3/2019
	<i>(Kaila Jackson, Paige Chapman, Donae' Adams, Leeah Burr)</i>		
1:39.03	Oak Park	Novi/Oakland County .....	5/26/2017
	<i>(Janae Barksdale, Asia Laurencin, Carlita Taylor, Tamea McKelvy)</i>		
1:39.06	Detroit Cass Tech	Detroit/PSL .....	5/25/2000
1:39.08	Oak Park	Greensboro/New Balance Nationals .....	6/15/2019
	<i>(Chloe Vines, Asia Laurencin, Kourtney Kennard, N'Stajah Banks)</i>		
1:39.12	Detroit Mumford	Rockford/D1 State .....	6/ 5/2004
1:39.19	Detroit Mumford	Kentwood/D1 State .....	6/ 2/2007
1:39.22	Detroit Cass Tech	Rockford/A State .....	5/31/1997
1:39.25	Oak Park	Rockford/D1 State .....	6/ 4/2022
	<i>(Morgan Roundtree, Nonah Waldron, Carrie VanNoy, Drelin Mapp)</i>		
1:39.2	Benton Harbor	Jackson/A State .....	6/ 2/1984

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

	<i>(Marita Rimpson, Linda McMillion, Sandra Rice, Carolyn Ferguson)</i>	
1:39.2	Detroit Mumford	Dayton/Mitchell Memorial .....5/ 1/2004
1:39.33	Detroit Cass Tech	Auburn/A State .....5/30/1998
1:39.49	Detroit Mumford	Dayton/Roosevelt Mitchell .....5/ 7/2005
1:39.50	Detroit Renaissance	Farmington/NB Inv.....5/ 7/2022
	<i>(Chloe Vines, Leeah Burr, Olivia Jenkins, Kaila Jackson)</i>	
1:39.52	Detroit Cass Tech	Rockford/A State.....6/ 1/1996
	<i>(Me'Shia Maton, Julia Ford, Chantelle Nagby, Tracey Ball)</i>	
1:39.54	Oak Park	Novi/Oakland County.....5/25/2018
	<i>(Miyah Brooks, Jada Roundtree, Kourtney Kennard, Riley Donaldson)</i>	
1:39.55	Oak Park	Rockford/D1.....5/30/2015
1:39.57	Oak Park	West Bloomfield/OAA Blue-Gold.....5/11/2023
	<i>(Morgan Roundtree, Nonah Waldron, Kelis Hunter-Young, Carrie VanNoy)</i>	
1:39.64	Ann Arbor Pioneer	Rockford/D1 State .....6/ 5/2004
1:39.64	Detroit Renaissance	West Bloomfield/D1 Regional .....5/19/2018
	<i>(Imani Jackson, Donae' Adams, Arinn Hayes, Mizan Thomas)</i>	
1:39.67	Detroit Mumford	Ypsilanti/EMU Twilight.....4/16/2004
1:39.69	Plymouth	Kentwood/D1 State.....6/ 3/2017
	<i>(Paige Sanders, Faith Washington, Reghan Draper, Ryen Draper)</i>	
1:39.76	Oak Park	Oak Park/OAA Gold.....5/ 8/2014
1:39.7	Detroit Cass Tech	Redford/A Regional.....5/15/1998
1:39.7	Romulus	Saline/A Regional .....5/19/2006
1:39.89	Oak Park	Farmington Hills/D1 Regional .....5/17/2014
1:39.8	Detroit Renaissance	St Clair Shores/Div2 Reg.....5/20/2000
1:39.91	Oak Park	Ann Arbor/River Rat.....5/10/2014
1:39.91	Detroit Renaissance	Kentwood/D1 State.....6/ 2/2018
	<i>(Makylah Slappy, Mizan Thomas, Paige Chapman, Donae' Adams)</i>	
1:39.92	Detroit Renaissance	Grandville/Div2 State.....6/ 3/2000
1:39.92	Oak Park	Detroit/Courageous Inv.....4/29/2023
	<i>(Morgan Roundtree, Nonah Waldron, Kylee King, Kelis Hunter-Young)</i>	
1:39.98	Ann Arbor Pioneer	Kentwood/D1 State.....6/ 2/2007
1:39.98	Rockford	Kentwood/D1 State.....6/ 3/2017
	<i>(Taylor Korytkowski, Casey Lenon, Grace Gohl, Olivia Rademacher)</i>	
1:39.99	Ann Arbor Pioneer	Saline/D1 Regional .....5/20/2016
1:39.99	Oak Park	Farmington/Inv.....5/ 6/2023
	<i>(Morgan Roundtree, Kelis Hunter-Young, Nonah Waldron, Carrie VanNoy)</i>	
1:40.03	Detroit Cass Tech	Rockford/Div1 State.....6/ 3/2000
1:40.05	Oak Park	Oxford/Oakland County .....5/26/2023
	<i>(Morgan Roundtree, Nonah Waldron, Carrie VanNoy, Kelis Hunter-Young)</i>	
1:40.05	Detroit Renaissance	Philadelphia/NB Nationals .....6/16/2023
	<i>(Jayla Dace, Jayla Graham, Madison Sheard, Asia Elder)</i>	
1:40.0+	Ann Arbor Pioneer	[1:40.5y]...../1981
1:40.0	Detroit Chadsey	Flint/A State .....6/ 5/1982
	<i>(Vivian McKenzie, Vera Pruitt, Cynthia Dixon, Kari Manns)</i>	
1:40.0	Detroit Cass Tech	Dayton/Dayton Relays .....5/ 2/1998
1:40.14	Oak Park	Toledo/Titan Varsity.....4/14/2023
1:40.16	Oak Park	Dayton/Roosevelt Inv.....5/ 3/2014
1:40.1	Benton Harbor	...../1983
1:40.1	Detroit Cass Tech	West Bloomfield/inv .....5/13/2000
1:40.21	Oak Park	Oak Park/5-Way .....4/12/2023
	<i>(Carrie VanNoy, Morgan Roundtree, Nonah Waldron, Kelis Hunter-Young)</i>	
1:40.22	Oak Park	Dayton/Roosevelt Memorial.....5/ 2/2015
1:40.22	Oak Park	Dayton/Roosevelt Memorial.....5/ 3/2019
	<i>(Chloe Vines, Aasia Laurencin, Kourtney Kennard, N'Stajah Banks)</i>	
1:40.23	Jackson	Kentwood/D1 State.....6/ 2/2007
1:40.25	East Lansing	Milford/D1 Regional .....5/20/2022
	<i>(Janell Brown, Arianna Burtley, Corinne Jones, Comari Hawkins)</i>	
1:40.27	Oak Park	Waterford/Oakland County .....5/23/2014
1:40.27	Oak Park	Jackson/Janke Inv .....4/27/2018
	<i>(Miyah Brooks, Jada Roundtree, Janae Barksdale, Aasia Laurencin)</i>	
1:40.27	Oak Park	Oak Park/Knight Inv.....4/26/2019

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

	<i>(Chloe Vines, Asia Laurencin, Kourtney Kennard, N'Stajah Banks)</i>	
1:40.2+	Detroit Chadsey	[1:40.7y]...../1981
1:40.2	Flint Beecher	...../1985
1:40.2	Detroit Cass Tech	West Bloomfield Inv .....4/25/1998
1:40.30	Detroit Cass Tech	Detroit/PSL .....5/ /1989
1:40.31	Detroit Cass Tech	Detroit/PSL .....5/21/1998
1:40.33	Ann Arbor Pioneer	[hst]...../1991
1:40.33	Rockford	Greensboro/New Balance Nationals.....6/14/2019
	<i>(Peyton Korytkowski, Kate Zang, Abby Nash, Taylor Korytkowski)</i>	
1:40.34	Oak Park	Kentwood/D1 State .....6/ 1/2013
1:40.36	Ypsilanti Lincoln	Rockford/D1 State .....6/ 4/2005
1:40.3	Detroit Renaissance	Detroit/PSL Champs .....5/27/2004
1:40.40	Detroit Mumford	Kentwood/D1 State .....6/ 3/2006
1:40.40	Oak Park	North Farmington/D1 Regional .....5/20/2017
	<i>(Janae Barksdale, Asia Laurencin, Carlita Taylor, Tamea McKelvy)</i>	
1:40.41	Detroit Cass Tech	Midland/A State.....6/ 5/1999
1:40.41	East Kentwood	Rockford/D1 State .....6/ 4/2011
	<i>(Lameeka Davis, Fiana Comer, Brittany Terry, Rebecca Hall)</i>	
1:40.41	Ann Arbor Pioneer	Rockford/D1 State .....5/31/2014
1:40.48	Ann Arbor Pioneer	Kentwood/D1 State .....6/ 3/2006
1:40.49	Rockford	Kentwood/D1 State .....6/ 1/2019
	<i>(Grace Gohl, Kate Zang, Abby Nash, Jillian Roney)</i>	
1:40.4	Detroit Cass Tech	Detroit/PSL .....5/21/1998
1:40.4	Detroit Mumford	Flint/Mott Relays .....5/15/2004
1:40.4	Detroit Mumford	Warren/D1 Regional .....5/20/2005
1:40.52	Detroit Renaissance	Detroit/D1 Regional .....5/20/2023
	<i>(Jayla Dace, Madison Sheard, Shelby Sanders, Jayla Graham)</i>	
1:40.57	Ann Arbor Pioneer	Rockford/D1 State .....6/ 1/2002
1:40.57	Rockford	Wyandotte/MITCA D1 .....5/27/2017
	<i>(Taylor Korytkowski, Casey Lenon, Grace Gohl, Olivia Rademacher)</i>	
1:40.5	Detroit Cass Tech	Redford/A Regional.....5/21/1999
1:40.60	Detroit Renaissance	Grand Rapids/D2 State.....6/ 2/2001
1:40.63	Detroit Cass Tech	Rockford/D1 State .....6/ 4/2011
1:40.63	Oak Park	Waterford/Oakland County .....5/22/2015

**TOP 100 SCHOOLS:**

1:36.53	Detroit Renaissance	Farmington/D1 Regional.....5/18/2019
	<i>(Kaila Jackson, Imani Jackson, Donae' Adams, Leeah Burr)</i>	
1:36.66	Oak Park	Hudsonville/D1 State .....6/ 4/2016
	<i>(Janae Barksdale, Anna Jefferson, Brianna Holloway, Tamea McKelvy)</i>	
1:37.72	Detroit Mumford	Rockford/D1 State .....6/ 4/2005
	<i>(Shayla Mahan, Stephanie Porter, Chanell Wright, Jessica Jones)</i>	
1:38.48	Ann Arbor Pioneer	Hudsonville/D1 State .....6/ 4/2016
	<i>(Britten Bowen, Jordyn Dresch, Hailey Mayes, Torisa Johnson)</i>	
1:38.4	Detroit Cass Tech	Midland/A State.....6/ 4/1994
	<i>(Chantelle Nagbe, Julia Ford, Emily Higgins, Felicia Baker)</i>	
1:39.2	Benton Harbor	Jackson/A State .....6/ 2/1984
	<i>(Marita Rimpson, Linda McMillion, Sandra Rice, Carolyn Ferguson)</i>	
1:39.69	Plymouth	Kentwood/D1 State.....6/ 3/2017
	<i>(Paige Sanders, Faith Washington, Reghan Draper, Ryen Draper)</i>	
1:39.7	Romulus	Saline/A Regional .....5/19/2006
1:39.98	Rockford	Kentwood/D1 State .....6/ 3/2017
	<i>(Taylor Korytkowski, Casey Lenon, Grace Gohl, Olivia Rademacher)</i>	
1:40.0	Detroit Chadsey	Flint/A State .....6/ 5/1982
	<i>(Vivian McKenzie, Vera Pruitt, Cynthia Dixon, Kari Manns)</i>	
1:40.23	Jackson	Kentwood/D1 State .....6/ 2/2007
1:40.25	East Lansing	Milford/D1 Regional .....5/20/2022
	<i>(Janell Brown, Arianna Burtley, Corinne Jones, Comari Hawkins)</i>	
1:40.2	Flint Beecher	...../1985

**Michigan Girls All-Time Lists - Outdoors**  
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	<i>(Twynette Wilson, Pretoria Wilson, Michelle Westbrook, Danita Sims)</i>	
1:40.36	Ypsilanti Lincoln	Rockford/D1 State .....6/ 4/2005
1:40.41	East Kentwood	Rockford/D1 State .....6/ 4/2011
	<i>(Lameeka Davis, Fiana Comer, Brittany Terry, Rebecca Hall)</i>	
1:40.64	Southfield	Midland/A State.....6/ 5/1999
1:40.72	Ann Arbor Huron	Rockford/D1 State .....6/ 4/2011
	<i>(Cindy Ofili, Maya Long, Anna Masini, LaMichah Hughbanks)</i>	
1:40.77	Southfield Lathrup	Rockford/D1 State .....6/ 4/2005
	<i>(Alexandria Spruiel, Dwaynna Dawson, Elizabeth Harvin, Leslie Aririguzo)</i>	
1:40.8	Flint Northern	Flint/A State .....6/ 5/1982
1:40.9+	Detroit MacKenzie	Warren/Free Press Inv (1:41.4y).....6/10/1978
	<i>(Melaine Tillman, Kim Watts, Carmen Rivers, Delisa Walton)</i>	
1:40.9	Detroit King	Kalamazoo/Lady Knights .....4/26/1997
1:41.17	Frankenmuth	Comstock Park/D3 State .....5/31/2014
	<i>(Sydney Bonner, Cadi Palreuter, Sarah Buella, Angie Ritter)</i>	
1:41.1+	Detroit Kettering	Warren/Free Press Inv (1:41.6y).....6/ 9/1979
	<i>(Mona McGowan, Edwina Mason, Verita Hogan, Florette McGowan)</i>	
1:41.2	Grand Rapids Ottawa Hills	Jackson/A State .....6/ 4/1983
	<i>(Jeffries, Latonja Curry, C. Smith, Filipa Smith)</i>	
1:41.30	Ypsilanti	Midland/A State.....6/ 2/1990
	<i>(Angela Wilkins, Nicole Wilson, Moyette Wilson, Camay Thurman)</i>	
1:41.31	Northville	Hudsonville/D1 State .....6/ 4/2016
	<i>(Savannah Manley, Erin McCallum, Lindsay Walters, Chloe Abbott)</i>	
1:41.35	Dearborn Divine Child	Ada/D2 State .....6/1/2013
	<i>(Mallory Myler, Kayla Gandy, Liz Mullen, Paige Patterson)</i>	
1:41.3	Flint Southwestern	Flint/Badar Classic.....5/31/2011
1:41.4+	Flint Central	Bloomfield Hills/A State (1:41.9y).....6/ 4/1977
	<i>(Renee Turner, Robin Flynn, Nancy Nard, Demetria Fulgham)</i>	
1:41.55	Macomb Dakota	Kentwood/D1 State.....6/ 1/2013
	<i>(Jillian Flint, Lauren Burnett, Brina Serafino, Shawntes Gayden)</i>	
1:41.72	Livonia Churchill	Hudsonville/D1 State .....6/ 4/2016
	<i>(Gabrielle Swider, Iamani Moultrie, Takia Bradley, Chanel Gardner)</i>	
1:41.97	Detroit Country Day	Holly/Oakland County .....5/25/2012
	<i>(Jonell Nwabueze, Sydney Cureton, Ava Nasrollahzadeh, Kendall Baisden)</i>	
1:41.98	Pontiac Northern	Kentwood/D1 State.....6/ 3/2006
1:42.00	North Farmington	Novi/Oakland County.....5/26/2017
	<i>(A'Jani Williams, Alyssa Murphy, Kierra Crockett, Raven Tatum)</i>	
1:42.0	Detroit DePorres	Detroit/Operation Friendship.....5/27/1990
1:42.35	Grand Blanc	Kentwood/D1 State.....6/ 1/2019
	<i>(Camille Minner, NaSkyah White-Sears, Maria Smiley, Alexis Williams)</i>	
1:42.39	Farmington	Farmington Hills/D1 Regional .....5/16/2015
	<i>(Emma Roberts, Akili Echols, Casey Isles, Aria Moore)</i>	
1:42.48	Chelsea	Zeeland/D2 State.....6/ 5/2010
	<i>(Olivia DeTroyer, Christina Coffman, Grace Sauers, Corinne Carpenter)</i>	
1:42.55	Forest Hills Eastern	Ada/D2 State .....6/ 1/2013
	<i>(Jaclyn Goble, Maggie Dobberstein, Kenzie Haley, Allie Gutschow)</i>	
1:42.57	Battle Creek Central	Rockford/D1 State .....6/ 1/2002
1:42.59	Saline	Saline/D1 Regional .....5/16/2014
	<i>(Hailey Mayes, Alana Hollis, Janell Green, Alexa Ross)</i>	
1:42.61	Jenison	Rockford/D1 State .....5/31/2014
	<i>(Taylor Hopp, Hannah Huizen, McKenna Mattson, Rose Russo)</i>	
1:42.61	Ann Arbor Skyline	Dexter/Larry Steeb.....5/28/2019
	<i>(Felicity Sorenson, Alexys Wilson, Sydney Cunningham, Zsafia Hull)</i>	
1:42.62	Flint Carman-Ainsworth	Rockford/D1 State .....5/31/2008
1:42.65	Lansing Everett	Rockford/D1 State .....6/ 1/2002
1:42.72	Clinton Township Chippewa Valley	Kentwood/D1 State.....6/ 3/2017
	<i>(Kiara Gentry, Zeta Barrie, Reynei Wallace, Angelica Floyd)</i>	
1:42.82	Kalamazoo Central	Rockford/D1 State .....6/ 4/2005
1:42.88	Grosse Pointe South	Rockford/D1 State .....5/31/2014
	<i>(Christy Ford, Tamira McCoy, Elise Grever, Jasmine Brathwaite)</i>	
1:42.88	Woodhaven	Saline/Golden Triangle .....5/ 5/2023

**Michigan Girls All-Time Lists - Outdoors**  
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	<i>(Myonna Ekanem, Payton Scheffler, Jayla Martin, Maya Justice)</i>	
1:42.8	Muskegon Heights	[Musk Chronicle listing]...../1984
1:42.91	Westland Glenn	Rockford/D1 State .....6/ 5/2004
1:42.92	Lansing Waverly	Grand Rapids/D2 State.....5/31/2014
	<i>(Teaghan Thomas, Erin Pete, Taylor Manson, Chante Roberts)</i>	
1:42.9	Ortonville Brandon	Ortonville/D1 Regional.....5/18/2012
1:43.03	West Bloomfield	Farmington/D1 Regional.....5/18/2019
	<i>(Jordan Abston, Nysja Clark, MaKayla Williams, Kaitlynn Rush)</i>	
1:43.03	Forest Hills Central	Rockford/D1 State .....6/ 3/2023
	<i>(Lucy Yoder, Gwen Lamport, Zenash Cumings, Emma Goring)</i>	
1:43.26	Niles	D2 State.....5/31/2014
1:43.30	Lansing Sexton	Rockford/Div1 State .....6/ 3/2000
1:43.31	Walled Lake Central	Kentwood/D1 State.....6/ 1/2013
1:43.34	Fenton	D1 State.....5/31/2014
1:43.38	Pewamo-Westphalia	D3 State.....5/31/2014
1:43.38	Clarkston	Waterford/Oakland County .....5/22/2015
1:43.45	Wyandotte Roosevelt	Wyandotte/MITCA D1 .....5/27/2017
1:43.45	Brighton	Milford/D1 Regional .....5/17/2019
	<i>(Felesity Norris, Kennedy Smith, Brooke Gray, Morgan Waggoner)</i>	
1:43.49	Albion	Comstock Park/D3 State .....6/ 2/2007
1:43.4+	Muskegon Catholic	[Musk Chronicle listing]...../1978
1:43.4	GR Forest Hills Northern	Lowell/dual.....4/24/2007
1:43.59	Williamston	Zeeland/D2 State.....6/ 1/2019
	<i>(Jayda Bush, Makayla Kribs, Danielle Pollak, Jessica Robach)</i>	
1:43.60	Novi	Oakland County .....5/27/2011
1:43.61	Rochester	Milford/Oakland County .....5/28/2010
1:43.61	Remus Chippewa Hills	Zeeland/D2 .....5/30/2015
1:43.71	Salem	Northville/dual .....4/25/2017
1:43.75	Howell	Rockford/D1 State .....6/ 4/2022
	<i>(Sophie Daugard, Tianna Bennett, Taylor Moyer, Aliana Pietila)</i>	
1:43.82	Detroit Denby	Rockford/D1 State .....6/ 1/2002
1:43.86	Grand Ledge	CAAC Blue .....5/31/2011
1:43.89	Bridgeport	Zeeland/D2 State.....6/ 1/2019
	<i>(Chaniya Madison, Ruby Garner, Destiny Manley, Arielle Allen)</i>	
1:43.8	Battle Creek Lakeview	Jenison/D1 Regional.....5/15/2009
1:43.93	Ypsilanti Lincoln	Kentwood/D1 State.....6/ 3/2006
1:43.94	Saginaw Heritage	Kentwood/D1 State.....6/ 2/2007
1:43.94	Southgate Anderson	D1 State.....5/31/2014
1:43.99	Milford	Rockford/D1 State .....6/ 5/2004
1:44.00	Detroit Northwestern	Rockford/D1 State .....6/ 2/2001
1:44.01	Birmingham Seaholm	D1 State.....6/ 1/2013
1:44.0	Muskegon Orchard View	[Musk Chronicle]...../1981
1:44.0	Muskegon	Tri .....4/30/2014
1:44.11	New Baltimore Anchor Bay	Kentwood/D1 State.....6/ 3/2017
	<i>(Angelica Bailey, Brianna French, Isabella Bertolini, Kiara Davis)</i>	
1:44.11	Adrian Madison	Comstock Park/D3 State .....6/ 3/2017
	<i>(Megan Rosales, Delaney Stersic, Sierra Hernandez, Chelsea Short)</i>	
1:44.11	Grand Haven	Kentwood/D1 State.....6/ 2/2018
	<i>(Kassidy Burnside, McKenna Keefe, Kate Criswell-North, Jenny Ryan)</i>	
1:44.19	Redford Thurston	Rockford/D1 State .....6/ 5/2010
1:44.20	Farmington Hills Harrison	Zeeland/D2 State.....6/ 2/2007
-1:44.25	Lake Orion	Rockford/D1 State .....6/ 5/2010
1:44.28	Wayne Memorial	Greensboro/New Balance Nationals.....6/17/2016
1:44.32	Livonia Churchill	Kentwood/D1 State.....6/ 1/2019
	<i>(Jessica Maladecki, Elizabeth Tracy, Melissa Meadows, Iamani Moultrie)</i>	
1:44.34	Hudsonville Unity Christian	Ada/D2 State .....6/ 4/2022
	<i>(Darcie DeLong, Hallie Kooyer, Deanna Brunsting, Janelle DeBoer)</i>	
1:44.3	Whitehall	[Musk Chronicle listing]...../1981
1:44.3	South Lyon	Milford/D1 Regional .....5/16/2008
1:44.3	Midland	Midland/D1 Regional .....5/15/2009
1:44.42	Belleville	Rockford/D1 State .....6/ 5/2010

**Michigan Girls All-Time Lists - Outdoors**  
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1:44.4	Port Huron	Marysville/Inv.....	5/ 8/2015
1:44.52	Grandville	D1 Regional.....	5/17/2013
1:44.52	Saginaw	Zeeland/D2 State.....	6/ 1/2019
	<i>(Brenasiaha Greene, Asia Greene, Aidia Adams, Anna Doublestein)</i>		

**4 x 400 METERS**

**TOP 100 PERFORMANCES**

3:36.72	Oak Park	Greensboro/New Balance Nationals.....	6/21/2015
	<i>(Johnyce Powell, Dorriann Coleman, Ersula Farrow 54.77, Anna Jefferson 53.16)</i>		
3:40.95	Oak Park	Greensboro/New Balance.....	6/15/2014
	<i>(Brianna Holloway, Johnyce Powell, Carlita Taylor 55.78, Anna Jefferson 53.19)</i>		
3:43.32	Oak Park	Greensboro/New Balance Nationals.....	6/19/2016
	<i>(Janae Barksdale, Brianna Holloway, Dorri Coleman 58.49, Anna Jefferson 54.61)</i>		
3:43.77	Oak Park	Greensboro/New Balance Nationals.....	6/18/2017
	<i>(Carlita Taylor, Janae Barksdale, Dorriann Coleman 56.19, Tamea McKelvy 54.48)</i>		
3:44.03	Oak Park	Greensboro/New Balance Nationals.....	6/16/2019
	<i>(Chloe Vines, Tamyra Todd, Kourtney Kennard 56.66, Jayla Jones 56.54)</i>		
3:45.13	Oak Park	Kentwood/D1 State.....	6/ 1/2019
	<i>(Jayla Jones 57.9, Tamyra Todd 56.5, Kourtney Kennard 56.5, Chloe Vines 54.2)</i>		
3:46.29	Oak Park	Farmington/D1 Regional.....	5/18/2019
	<i>(Jayla Jones 57.0, Tamyra Todd 56.8, Kourtney Kennard 57.7, Chloe Vines 54.8)</i>		
3:46.43	Ann Arbor Pioneer	Rockford/D1 State.....	6/ 5/2004
	<i>(Melissa Phillips, Osamuede Iyoha, Kiara Moore, Lauren Fortson)</i>		
3:46.63	Oak Park	Oak Park/OAA Gold.....	5/ 8/2014
3:46.89	Oak Park	Dayton/Roosevelt Memorial.....	5/ 2/2015
3:46.8	Ann Arbor Pioneer	Philadelphia/National JO.....	/1981
3:47.38	Oak Park	Kentwood/D1 State [uniform dq].....	6/ 1/2013
3:48.16	Oak Park	Greensboro/USATF JO.....	7/28/2013
3:48.35	Detroit Renaissance	Kentwood/D1 State.....	6/ 1/2019
	<i>(Leeah Burr, Imani Jackson, Kynnedee Cowles, Donae' Adams)</i>		
3:48.44	Oak Park	Dayton/Roosevelt Memorial.....	5/ 4/2019
	<i>(Jayla Jones, Kourtney Kennard, Tamyra Todd, Chloe Vines)</i>		
3:48.62	Oak Park	Greensboro/USATF JO (h).....	7/26/2013
3:49.06	Oak Park	Farmington Hills/D1 Regional.....	5/16/2015
3:49.15	Ann Arbor Pioneer	Greensboro/USA Youth Ch (h).....	6/29/2006
3:49.20	Oak Park	Greensboro/New Balance Nationals.....	6/16/2013
	<i>(Anna Jefferson, Johnyce Powell, Courtney Hewitt 58.19, Jayla Fleming 57.92)</i>		
3:49.25	Oak Park	Dayton/Roosevelt Inv.....	5/ 3/2014
3:49.38	Ann Arbor Pioneer	Lisle/USA Youth Ch.....	7/ 8/2007
3:49.44	Oak Park	Ypsilanti/AAU JO.....	8/ 3/2013
3:49.54	Oak Park	Dexter/April Showers.....	4/23/2022
	<i>(Morgan Roundtree 56.6, Nonah Waldron 56.2, Carrie VanNoy 59.4, Kylee King 57.3)</i>		
3:49.5	Flint Northern	Jackson/A State.....	6/ 4/1983
	<i>(Alisha Johnson, Marlene Isabelle, Carlene Isabelle, Pamela Brown)</i>		
3:49.68	Detroit Mumford	Knoxville/AAU Junior Olympics (h).....	8/ 2/2007
3:49.68	Oak Park	Dexter/Steeb Inv.....	5/31/2022
	<i>(Kelis Hunter-Young, Carrie VanNoy, Tanya Washington, Kylee King)</i>		
3:49.73	Oak Park	Kentwood/D1 State.....	6/ 3/2017
	<i>(Carlita Taylor 57.6, Makayla Gates 58.5, Miyah Brooks 58.3, Janae Barksdale 55.3)</i>		
3:49.7	Ann Arbor Pioneer	Jackson/A State.....	6/ 2/1984
	<i>(Karin Surratt, Rolanda Officer, Charmaine Byer, Victoria Shields)</i>		
3:49.81	Oak Park	Clarkston/Oakland County.....	5/24/2019
	<i>(Jayla Jones, Tamyra Todd, Kourtney Kennard, Chloe Vines)</i>		
3:49.88	Oak Park	Rockford/D1 State.....	5/31/2014
	<i>(Brianna Holloway, Johnyce Powell, Drew Coleman, Jayla Fleming)</i>		
3:50.0+	Ann Arbor Pioneer	Flint/A State [3:51.3y].....	5/31/1981
	<i>(Theresa Arnold, Rhonda Lathie, Tara Cope, Barb Ellis)</i>		
3:50.12	Oak Park	Jackson/JDs Inv.....	4/25/2014
3:50.20	Oak Park	Greensboro/New Balance Nationals.....	6/18/2017
	<i>(Miyah Brooks, Makayla Gates, Kirin Tate 56.49, Jayla Jones 58.48)</i>		

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

3:50.25	Detroit Cass Tech <i>(Ravyn Baxter, Alexie Hull, Kyra Jefferson, Janika King)</i>	Rockford/D1 State .....	6/ 4/2011
3:50.25	Oak Park	Ypsilanti/AAU JO (h) .....	8/ 1/2013
3:50.3+	Flint Northern	Brighton/A State [3:51.6y] .....	6/ 2/1979
3:50.58	Northville <i>(Morgan Kloosterman, Yasmine Affes, Lindsay Walters, Chloe Abbott)</i>	Hudsonville/D1 State .....	6/ 4/2016
3:50.58	Oak Park <i>(Janae Barksdale, Carlita Taylor, Drew Coleman, Dorri Coleman)</i>	Hudsonville/D1 State .....	6/ 4/2016
3:50.67	Ann Arbor Pioneer <i>(Jordyn Dresch, Alice Hill, Jada Wimberly, Hailey Mayes)</i>	Hudsonville/D1 State .....	6/ 4/2016
3:50.6	Detroit Cass Tech <i>(Paula Lee, Stacey Randolph, Darchelle Ross, Tamiko Powell)</i>	Alma/A State .....	5/30/1987
3:50.81	Oak Park	Ann Arbor/River Rat .....	5/10/2014
3:50.85	Jackson <i>(Jaelynn Pryor 60.5, Elise Brown 58.2, Brenda Gibson 56.8, Brittani Williams 55.4)</i>	Rockford/D1 State .....	5/31/2008
3:50.93	Ann Arbor Huron	Rockford/D1 State .....	6/ 4/2011
3:50.9	Ann Arbor Pioneer	D1 Regional .....	5/20/2005
3:51.01	Oak Park <i>(Makayla Gates, Jayla Jones, Mariyah Archibald, Dorriann Coleman)</i>	Kentwood/D1 State .....	6/ 2/2018
3:51.0+	Detroit Chadsey	[3:52.3y] .....	/1981
3:51.0	Detroit Cass Tech	Conference .....	5/29/1993
3:51.0	Ann Arbor Pioneer	Ypsilanti/Washtenaw Co .....	6/ 1/1999
3:51.15	Detroit Mumford	Rockford/D1 State .....	6/ 5/2004
3:51.17	Detroit Cass Tech <i>(Ayobani Bell, Katie Chapman, Julia Ford, Traci Ball)</i>	Rockford/A State .....	6/ 1/1996
3:51.44	Oak Park	Dayton/Mitchell Roosevelt .....	5/ 4/2013
3:51.44	Detroit Renaissance <i>(Donae' Adams, Kennedy Cowles, Imani Jackson, Leeah Burr)</i>	Dayton/Roosevelt Memorial .....	5/ 4/2019
3:51.4+	Flint Northern	Flint/A State [3:52.7y] .....	5/30/1981
3:51.50	Oak Park <i>(Johnyce Powell, Drew Coleman, Ersula Farrow, Dorriann Coleman)</i>	Rockford/D1 .....	5/30/2015
3:51.51	Southfield <i>(Melonie Williams, Imani Williams, Lindsay Bond, Carly Knazze)</i>	Midland/A State .....	6/ 5/1999
3:51.56	Oak Park	Waterford/Oakland County .....	5/22/2015
3:51.5	Detroit Cass Tech	Dayton/Roosevelt Inv .....	5/ 1/1993
3:51.5	Ann Arbor Pioneer <i>(Jessica Lee, Chidimma Uche, Tiara Sharp, Kiara Moore)</i>	Kentwood/D1 State .....	6/ 2/2007
3:51.66	Detroit Mumford	Southfield/Michigan AAU .....	6/17/2007
3:51.6+	Detroit Mumford	Brighton/A State [3:52.9y] .....	6/ 2/1979
3:51.79	Oak Park <i>(Dorriann Coleman, Drew Coleman, Makayla Gates, Miyah Brooks)</i>	Ypsilanti/AAU Junior Olympics .....	8/ 5/2017
3:51.7	Ann Arbor Pioneer	Ypsilanti/D1 Regional .....	5/21/2004
3:51.89	Grosse Pointe South <i>(Hannah Meier, Haley Meier, Caitlin Moore, Ersula Farrow)</i>	Adrian/Siena Heights Inv .....	5/11/2012
3:51.89	Oak Park	Oak Park/dual .....	4/15/2015
3:52.1	Ann Arbor Pioneer	Saline/D1 Regional .....	5/18/2007
3:52.12	Oak Park	Waterford/Oakland County .....	5/23/2014
3:52.32	Grosse Pointe South <i>(Lily Pendy, Ersula Farrow, Haley Meier, Hannah Meier)</i>	Kentwood/D1 State .....	6/ 1/2013
3:52.34	Oak Park <i>(Morgan Roundtree 57.6, Nonah Waldron 57.3, Carrie VanNoy 59.8, Kylee King 57.7)</i>	Farmington/D1 Regional .....	5/21/2022
3:52.37	Northville	Milford/D1 Regional .....	5/20/2016
3:52.48	Ann Arbor Pioneer <i>(Chidimma Uche, Kiara Moore, Saisha Gillard, Brittiney Jones)</i>	Rockford/D1 State .....	6/ 4/2005
3:52.4+	Detroit Mumford	[3:53.7y] .....	/1981
3:52.53	Detroit Renaissance <i>(Lundon Johnson, Chloe Vines, Lauren Bickerdt, Leeah Burr)</i>	Detroit/City Champs .....	5/28/2022
3:52.55	Oak Park	Oxford/Inv .....	4/27/2013
3:52.56	Oak Park <i>(Makayla Gates 59.9, Jada Roundtree 55.7, Jayla Jones 58.2, Dorriann Coleman 58.8)</i>	Novi/Oakland County .....	5/25/2018
3:52.67	Ann Arbor Pioneer	Greensboro/USA Youth Ch .....	7/ 2/2006



**Michigan Girls All-Time Lists - Outdoors**  
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3:52.67	Oak Park	Ypsilanti/AAU Junior Olympics (h) .....8/ 3/2017 ( <i>Dorriann Coleman, Drew Coleman, Makayla Gates, Miyah Brooks</i> )
3:52.68	East Kentwood	Rockford/D1 State .....6/ 4/2011
3:52.6	Romulus	Kentwood/D1 State .....5/30/2009 ( <i>Kanaya Williams, Britnee Bishop, Malita Rutherford, Christienne Linton</i> )
3:52.70	Ann Arbor Pioneer	Midland/A State .....6/ 5/1999
3:52.7+	Flint Northern	Grand Rapids/A State [3:54.0y] .....5/31/1980 ( <i>Edyth Childress, Meoachy Proby, Levy String, Tonya Lowe</i> )
3:52.7	Detroit Chadsey	Flint/A State .....6/ 5/1982 ( <i>Vera Pruitt, Vivian McKenzie, Kari Manns, Cynthia Dixon</i> )
3:52.7	Southfield	Hazel Park/Oakland County .....5/28/1999
3:52.81	Detroit Mumford	Dayton/Roosevelt Mitchell .....5/ 7/2005
3:52.81	Ann Arbor Huron	Rockford/D1 State .....6/ 4/2022 ( <i>Mackenzie Robinson, Jada Wilson, Christabelle Obi, Mya Georgiadis</i> )
3:52.88	Detroit Mumford	Rockford/D1 State .....6/ 4/2005
3:52.95	Oak Park	Farmington Hills/D1 Regional .....5/21/2016
3:52.9	Jackson	Lowell/D1 Regional .....5/17/2008
3:53.01	Oak Park	Novi/Oakland County .....5/26/2017 ( <i>Carlita Taylor 58.7, Makayla Gates 58.6, Drew Coleman 58.1, Miyah Brooks 58.6</i> )
3:53.0	Detroit Cass Tech	Grosse Pointe/D1 Regional .....5/20/2011
3:53.19	Oak Park	Oak Park/OAA Blue/Gold .....5/10/2019 ( <i>Morgan Atlas, Janae Barksdale, N'Stajah Banks, China Edwards</i> )
3:53.1+	Detroit MacKenzie	[3:54.4y] ...../1978
3:53.1	Detroit Cass Tech	Detroit/PSL ...../1993
3:53.20	Oak Park	Waterford/Oakland County .....5/27/2016
3:53.29	Detroit Cass Tech	Flint/A State .....6/ 1/1985 ( <i>Nancy Wheeler, Tracey Harris, Luaneada Moten, Angela Jones</i> )
3:53.29	Oak Park	Beverly Hills/Groves Inv .....4/18/2015
3:53.2	Detroit Mumford	Dayton/Mitchell Memorial .....5/ 1/2004
3:53.2	Detroit Mumford	Kentwood/D1 State .....6/ 2/2007
3:53.33	Detroit Cass Tech	Rockford/A State .....5/31/1997 ( <i>Kanisa Williams, Julia Ford, Traci Ball, Katie Chapman</i> )
3:53.48	Oak Park	Farmington Hills/D1 Regional .....5/17/2014
3:53.4+	Grand Rapids Ottawa Hills	[3:54.7y] ...../1981
3:53.4	Ann Arbor Pioneer	Ypsilanti/Meet of Champions .....5/29/2007

**TOP 100 SCHOOLS:**

3:36.72	Oak Park	Greensboro/New Balance Nationals .....6/21/2015 ( <i>Johnyce Powell, Dorriann Coleman, Ersula Farrow 54.77, Anna Jefferson 53.16</i> )
3:46.43	Ann Arbor Pioneer	Rockford/D1 State .....6/ 5/2004 ( <i>Melissa Phillips, Osamuade Iyoha, Kiara Moore, Lauren Fortson</i> )
3:48.35	Detroit Renaissance	Kentwood/D1 State .....6/ 1/2019 ( <i>Leeah Burr, Imani Jackson, Kynnedee Cowles, Donae' Adams</i> )
3:49.5	Flint Northern	Jackson/A State .....6/ 4/1983 ( <i>Alisha Johnson, Marlene Isabelle, Carlene Isabelle, Pamela Brown</i> )
3:49.68	Detroit Mumford	Knoxville/AAU Junior Olympics (h) .....8/ 2/2007
3:50.25	Detroit Cass Tech	Rockford/D1 State .....6/ 4/2011 ( <i>Ravyn Baxter, Alexie Hull, Kyra Jefferson, Janika King</i> )
3:50.58	Northville	Hudsonville/D1 State .....6/ 4/2016 ( <i>Morgan Kloosterman, Yasmine Affes, Lindsay Walters, Chloe Abbott</i> )
3:50.85	Jackson	Rockford/D1 State .....5/31/2008 ( <i>Jaelynn Pryor, Elise Brown, Brenda Gibson, Brittani Williams</i> )
3:50.93	Ann Arbor Huron	Rockford/D1 State .....6/ 4/2011 ( <i>Chinyere Onimo, Anna Masini, Kennedy Beazley, Maya Long</i> )
3:51.0+	Detroit Chadsey	[3:52.3y] ...../1981
3:51.51	Southfield	Midland/A State .....6/ 5/1999 ( <i>Melonie Williams, Imani Williams, Lindsay Bond, Carly Knazze</i> )
3:51.89	Grosse Pointe South	Adrian/Siena Heights Inv .....5/11/2012 ( <i>Hannah Meier, Haley Meier, Caitlin Moore, Ersula Farrow</i> )

**Michigan Girls All-Time Lists - Outdoors**  
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3:52.68	East Kentwood	Rockford/D1 State .....	6/ 4/2011
3:52.6	Romulus ( <i>Kanaya Williams, Britnee Bishop, Malita Rutherford, Christienne Linton</i> )	Kentwood/D1 State .....	5/30/2009
3:53.1+	Detroit Mackenzie ( <i>Carmen Rivers, Myra Jones, Kimm Watts, Delisa Walton</i> )	(3:54.4y) .....	/1978
3:53.4+	Grand Rapids Ottawa Hills	(3:54.7y) .....	/1981
3:53.63	Rockford ( <i>Peyton Korytkowski, Kate Zang, Jillian Roney, Taylor Korytkowski</i> )	Kentwood/D1 State .....	6/ 1/2019
3:53.9	Benton Harbor	Jackson/A State .....	6/ 4/1983
3:54.12	Pinckney ( <i>Eliza Vandekerkhove, Julia Vandekerkhove, Natalie Nelson, Rachel Clark</i> )	Rockford/D1 State .....	6/ 5/2010
3:54.21	Brighton ( <i>Cassidy Newburg, Maddie Brown, Maggie Samanich, Erin Dowd</i> )	Milford/D1 Regional .....	5/20/2016
3:54.23	Rochester Adams ( <i>Sophie Smith, Amber Jamison, Jessica Howell, Jamie Morrisey</i> )	Kentwood/D1 State .....	6/ 1/2013
3:54.4	Detroit Denby	Alma/A State .....	5/30/1987
3:54.4	Detroit Cooley	Alma/A State .....	5/30/1987
3:54.75	Detroit King ( <i>Sherita Williams, Akilah Washington, Keisha Spight, Shannon Vesey</i> )	Auburn/A State .....	5/30/1998
3:55.2+	Holt ( <i>Joy Parker, Shannon Grable, Marilyn Barner, Yvonne Matthyssen</i> )	Otsego/B State (3:56.5y) .....	6/ 3/1978
3:55.64	Flint Beecher ( <i>Twynette Wilson, Pretoria Wilson, Michelle Westbrook, Ayuna Hairston</i> )	Sturgis/B State .....	5/30/1987
3:55.72	Livonia Churchill ( <i>Chanel Gardner, Gabrielle Swider, Takia Bradley, Iamani Moultrie</i> )	Hudsonville/D1 State .....	6/ 4/2016
3:55.73	Birmingham Seaholm ( <i>Rachel Satkiewicz, Brooke Callaghan, Kate Owens, Rachel DaDamio</i> )	Waterford/Oakland County .....	5/23/2014
3:55.92	Ypsilanti Lincoln	Rockford/D1 State .....	6/ 4/2005
3:56.07	Battle Creek Lakeview ( <i>Jennifer Johnson, Allison Hunt, Audrey Graham, Jennifer Price</i> )	Grandville/D2 State .....	6/ 3/2000
3:56.1	Swartz Creek	Jackson/A State .....	6/ 4/1983
3:56.2+	Walled Lake Western ( <i>Vanessa Parrish, Karen Abel, Sue Reimer, Ruth Hubbard</i> )	Bloomfield Hills/A State (3:57.5y).....	6/ 4/1977
3:56.37	Milford ( <i>Victoria Heiligenthal, Sarah Ausum, Mallory Barnett, Abby Knapp</i> )	Waterford/Oakland County .....	5/27/2016
3:56.92	Dearborn Divine Child ( <i>Mallory Myler, Liz Mullen, Nicole Urbanick, Paige Patterson</i> )	Jenison/MITCA D2 .....	5/26/2012
3:57.20	Ann Arbor Skyline ( <i>Saidah Rahman 59.4, Gabby Peck 61.2, Madeline Nicholas 61.26, Chloe Foster 55.32</i> )	Greensboro/New Balance Nationals .....	6/18/2016
3:57.31	New Baltimore Anchor Bay ( <i>Angelica Bailey, Kiara Davis, Brianna French, Isabella Bertolini</i> )	Kentwood/D1 State .....	6/ 3/2017
3:57.37	Novi ( <i>Lina Davis, Hannah Lonergan, Taylor Mosley, Kerri McMahon</i> )	Kentwood/D1 State .....	6/ 1/2013
3:57.39	Grand Blanc ( <i>Alexis Williams, Camille Minner, Caitlin Rose, Comari Hawkins</i> )	Lake Orion/D1 Regional .....	5/17/2019
3:57.56	Chelsea ( <i>Corine Carpenter, Danielle Dahl, Grace Sauers, Olivia DeTroyer</i> )	Zeeland/D2 State .....	6/ 5/2010
3:57.69	Lake Orion	Kentwood/D1 State .....	6/ 2/2018
3:57.80	Adrian Madison ( <i>Chelsea Short 60.6, Delaney Stersic 59.6, Sierra Hernandez 60.9, Megan Rosales 56.7</i> )	Comstock Park/D3 State .....	6/ 3/2017
3:57.81	Dearborn Heights Robichaud ( <i>Tamika Craig, Stephanie Gray, Juanita McGrew, Andrea McGrew</i> )	Lowell/B State .....	6/ 1/1996
3:57.81	Utica ( <i>Deja Davis, Gina Pellillo, Meredith Sorensen, Brianna Hadley</i> )	Rockford/D1 State .....	5/31/2014
3:57.89	Ypsilanti ( <i>Talecia Francis, Maria Williams, Sha'meka Hamilton, Kyra Caldwell</i> )	Zeeland/D2 State .....	5/31/2008
3:57.90	Flint Southwestern	Rockford/D1 State .....	5/31/2008
3:58.08	Holland Christian ( <i>Michelle Kuipers, Elizabeth Bruxvoort, Kayla Windemuller, Madylin VanderZwaag</i> )	Holland/Ins Relays .....	5/ 5/2018
3:58.10	Belleville	Rockford/D1 State .....	6/ 4/2011
3:58.14	Bay City Western	Kentwood/D1 State .....	6/ 2/2018

**Michigan Girls All-Time Lists - Outdoors**  
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	<i>(Karissa Picard, Morgan Witzgall, Jenna Picard, Sydney Nesbitt)</i>	
3:58.26	Midland	Rockford/D1 State ..... 5/31/2014
	<i>(Rebekah Walter, Amy Smith, Mariah Sherman, Jayden Williams)</i>	
3:58.3	Saline	Saline/D1 Regional ..... 5/18/2007
3:58.52	Kalamazoo Central	Rockford/D1 State ..... 6/ 4/2005
3:58.75	Farmington	Rockford/D1 State ..... 6/ 4/2011
3:58.89	Albion	Jackson/Selby Classic ..... 5/29/2007
3:58.8	Saginaw Heritage	Kentwood/D1 State ..... 6/ 2/2007
3:58.91	Rochester	Rockford/D1 State ..... 6/ 5/2010
3:59.01	Canton	Kentwood/D1 State ..... 6/ 3/2017
	<i>(Ryan Sparks, Jada Sabir, Shilpa Pindolia, Donae Adams)</i>	
3:59.06	Ann Arbor Richard	Comstock Park/D3 State ..... 6/ 2/2007
3:59.38	Grand Rapids South Christian	Grand Rapids/D2 Regional ..... 5/15/2015
3:59.40	Waterford Mott	Lake Orion/D1 Regional ..... 5/20/2016
3:59.42	Traverse City Central	Rockford/D1 State ..... 6/ 4/2022
	<i>(Julia Flynn, Lola Reimers, Kathleen Venhuizen, Addison Swanson)</i>	
3:59.44	Alpena	Kentwood/D1 State ..... 6/ 2/2012
3:59.47	Livonia Churchill	Rockford/D1 State ..... 6/ 5/2004
3:59.48	Midland Dow	Rockford/D1 State ..... 6/ 4/2022
	<i>(Sarah Sharpe, Emma Thomas, Alexandra Kolnitys, Lauren Burgard)</i>	
3:59.50	White Lake Lakeland	Milford/D1 Regional ..... 5/15/2015
3:59.55	Troy	Kentwood/D1 State ..... 6/ 3/2017
	<i>(Hannah Palomino, Grace Johnson, Lauren Fulcher, Megan Worrel)</i>	
3:59.56	Battle Creek Harper Creek	Linden/MITCA D2 ..... 5/23/2015
3:59.67	Clarkston	Kentwood/D1 State ..... 6/ 1/2013
3:59.67	Davison	Kentwood/D1 State ..... 6/ 3/2017
	<i>(Lily Kelsey, Ellie Crandall, Macy Lintz, Claire Stoddard)</i>	
3:59.78	Grand Haven	Kentwood/D1 State ..... 6/ 3/2017
	<i>(Gabby Hentemann, Jenny Ryan, Abby Buitenhuis, McKenna Keefe)</i>	
3:59.82	Flint Carman-Ainsworth	Rockford/D1 State ..... 6/ 4/2022
	<i>(Amaya Jenkins, Elaina Morris, Reign Richmond, Jamiyla Thigpen)</i>	
3:59.9	Forest Hills Northern	Grand Rapids/D1 Regional ..... 5/21/2004
4:00.08	East Grand Rapids	D2 State ..... 6/ 2/2012
4:00.15	Marquette	UP D1 ..... /2015
4:00.20	Wyoming Rogers	Grand Rapids/D2 State ..... 6/ 2/2001
4:00.32	Muskegon Reeths-Puffer	D1 State ..... 6/ 4/2011
4:00.3	Jenison	Rockford/D1 State ..... 6/ 1/2002
4:00.3	Coopersville	Grand Rapids/John Bos Inv ..... 5/21/2003
4:00.79	Mt Pleasant	Caledonia/D2 State ..... 6/ 4/2005
4:00.98	Livonia Ladywood	D2 State ..... 6/ 5/2011
4:00.9	Benzie Central	Traverse City/Honor Roll ..... 6/ 1/1999
4:00.9	Lansing Sexton	Lansing/Honor Roll Meet ..... 5/29/2002
4:01.02	East Lansing	D1 Regional ..... /2015
4:01.05	Rochester Hills Stoney Creek	Kentwood/D1 State ..... 6/ 2/2018
4:01.10	Grand Rapids Catholic Central	Zeeland/D2 State ..... 6/ 3/2017
	<i>(Mary Claire Mikolay, Avery Gill, Tess Ens, Jakarri Alven)</i>	
4:01.16	Pewamo-Westphalia	D3 ..... 2014
4:01.21	Bloomfield Hills Marian	Zeeland/D2 State ..... 6/ 4/2016
4:01.31	Frankenmuth	D3 State ..... 6/ 5/2011
4:01.34	Ithaca	Alma/Morning Sun ..... 5/31/2016
	<i>(Courtney Allen, Kurstin Kalisek, Blaire Showers, Erica Sheahan)</i>	
4:01.42	Grand Ledge	D1 ..... 2014
4:01.49	Salem	D1 ..... 2014
	<i>(Kaya Knake, Shekinah Johnson, Isabel Rodriguez, Kayla Kavulich)</i>	
4:01.53	Macomb Dakota	Kentwood/D1 State ..... 6/ 2/2018
	<i>(Jessica Bennett, Alexa Hempel, McKenna Wojcicki, Airiana Louie-Cameron)</i>	
4:01.54	Howell	Novi/KLAA ..... 5/10/2019
	<i>(Aliana Piettila, Ashlyn Tait, Ava Donnelly, Emily Endebrook)</i>	
4:01.56	Walled Lake Northern	Kentwood/D1 State ..... 6/ 3/2017
	<i>(Madeline Brennan, Brandi Kroll, Christina Jones, Anna Bauer)</i>	
4:01.5	Cadillac	Rockford/Div1 State ..... 6/ 3/2000

**Michigan Girls All-Time Lists - Outdoors**  
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4:01.69	Williamston	D2 Regional.....	2015
4:01.86	Holland West Ottawa (Natalie Blake, Arianne Olson, Sophie Bonnema, Megan Postma)	Rockford/D1 State .....	6/ 4/2022
4:01.90	Jackson Lumen Christi (Rena Kutcha, Allison Rand, Marilyn Schonhard, Audrey Warriner)	Comstock Park/D3 State .....	6/ 2/2018
4:01.95	Detroit Ford	Grand Rapids/A State .....	6/ 1/1991
4:01.9	Alma	Lowell/B State.....	5/31/1997
4:02.05	Midland	Hudsonville/D1 State .....	6/ 4/2016

## 4 x 800 METERS

### TOP 100 PERFORMANCES

8:48.29	Grosse Pointe South (Kelsie Schwartz 2:13.1, Ersula Farrow 2:13.5, Haley Meier 2:13.4, Hannah Meier 2:08.3)	Kentwood/D1 State.....	6/ 2/2012
8:53.86	Ann Arbor Pioneer (Anne Forsyth 2:13.06, Sydney Dawes 2:16.80, Jacalyn Overdier 2:13.94, Alice Hill 2:10.07)	Greensboro/NB Nationals.....	6/17/2016
8:54.29	Oak Park (Jayla Fleming, Lashae Bowens, Ersula Farrow, Dorri Coleman)	Rockford/D1 State .....	5/30/2015
8:54.45	Ann Arbor Pioneer (Anne Forsyth 2:13.53, Sydney Dawes 2:19.56, Jacalyn Overdier 2:11.68, Alice Hill 2:09.69)	Greensboro/NB Nationals.....	6/17/2017
8:55.58	Ann Arbor Pioneer (Sylvia Sanok Dufallo, Emily Cooper, Cookie Baugh, Sarah Forsyth)	Rockford/D1 State .....	6/ 4/2022
8:56.52	Ann Arbor Pioneer (Anne Forsyth, Sydney Dawes, Jacalyn Overdier, Alice Hill)	Hudsonville/D1 State .....	6/ 4/2016
8:56.63	Rockford (Linsey Blaisdell 2:15.6, Kalin Toedebusch 2:15.0, Kristi Powers 2:13.2, Aimee Keenan 2:12.8)	Raleigh/adidas Ch .....	6/15/2001
8:57.52	Rockford (Kalin Toedebusch 2:15.8, Aimee Keenan 2:14.7, Nora Colligan 2:15.1, Linsey Blaisdell 2:11.9)	Raleigh/Footlocker Ch .....	6/16/2000
8:57.73	Ann Arbor Pioneer (Sylvia Sanok Dufallo 2:17.2, Emily Cooper 2:17.2, Cookie Baugh 2:14.7, Sarah Forsyth 2:08.7)	Ypsilanti/SEC Red .....	5/13/2022
8:58.85	Ann Arbor Pioneer (Anne Forsythe 2:13.98, Sydney Dawes 2:20.40, Jacalyn Overdier 2:15.09, Alice Hill 2:09.40)	Ann Arbor/SEC Red.....	5/13/2016
8:59.08	Birmingham Seaholm (Rachel DaDamio, Brooke Callaghan, Patty Girardot, Audrey Belf)	Rockford/D1 State .....	5/31/2014
8:59.69	Grosse Pointe South	East Lansing/Playmakers .....	4/27/2012
9:00.31	Ann Arbor Pioneer (Sylvia Sanok Dufallo 2:17.35, Emily Cooper 2:15.86, Cookie Baugh 2:18.14, Sarah Forsyth 2:08.97)	Philadelphia/NB Nationals .....	6/18/2022
9:00.85	Saline (Elianna Shwayder 2:16.17, H. Cummings 2:16.53, Gloria Park 2:19.63, K. Beazley 2:08.52)	Greensboro/New Balance.....	6/14/2014
9:01.33	Birmingham Seaholm (Rachel DaDamio, Patty Girardot, Rachel McCardell, Audrey Belf)	Rockford/D1 State .....	5/30/2015
9:01.98	Grosse Pointe South	Kentwood/D1 State.....	6/ 1/2013
9:01.99	Northville (Erin Zimmer, Rachel Coleman, Alison Robinson, Lexa Barrott)	Rockford/D1 State .....	5/31/2014
9:02.60	Ann Arbor Pioneer (Sylvia Sanok Duffalo, Emily Cooper, Cookie Baugh, Sarah Forsyth)	Saline/D1 Regional.....	5/19/2022
9:02.69	Ann Arbor Pioneer (Anne Forsyth 2:14.6, Sydney Dawes 2:20.6, Jacalyn Overdier 2:16.4, Alice Hill 2:11.1)	Saline/D1 Regional.....	5/19/2017
9:02.8	Grosse Pointe South	Saline/Golden Triangle .....	5/ 3/2013
9:03.15	Oak Park	Waterford/Oakland County .....	5/22/2015
9:03.68	Ann Arbor Pioneer	Saline/dual.....	5/ 9/2022
9:03.86	Ann Arbor Pioneer	Saline/D1 Regional.....	5/20/2016
9:04.06	Holland West Ottawa (Megan Postma, Sophie Bonnema, Helen Sachs, Arianne Olson)	Rockford/D1 State .....	6/ 4/2022
9:04.23	Oak Park (D. Coleman 2:13.57, Jayla Jones 2:15.51, Makayla Gates 2:20.09, Mariyah Archibald 2:15.07)	Greensboro/New Balance.....	6/16/2018
9:04.26	Saline	Rockford/D1 State .....	5/31/2014
9:04.85	Ann Arbor Pioneer (Anne Forsyth 2:15.4, Sydney Dawes 2:25.4, Jacalyn Overdier 2:13.4, Alice Hill 2:10.7)	Ann Arbor/dual.....	4/25/2017
9:04.91	Saline	Greensboro/Nike Outdoor.....	6/16/2006

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

	<i>(Amy Luke 2:18.0, Eileen Creutz 2:12.3, Joanne Gabl 2:17.8, Meagan Creutz 2:16.8)</i>	
9:05.03	Waterford Mott	Greensboro/New Balance Nationals .....6/17/2016 <i>(Morgan Fuerst 2:17.14, Alexis Munley 2:16.94, Rylee Robinson 2:19.30, Katie Osika 2:11.66)</i>
9:05.04	Grosse Pointe South	Adrian/Siena Heights Inv .....5/11/2012
9:05.47	Rochester	Rockford/D1 State .....6/ 5/2010 <i>(Erin Leppek, Cady Pozola, Megan Goethals, Brook Handler)</i>
9:05.49	Clarkston	Rockford/D1 State .....6/ 4/2005 <i>(Lyndsay Smith, Liz Mengyan, Lisa Sickman, Jenny Morgan)</i>
9:05.80	Oak Park	Greensboro/New Balance Nationals .....6/20/2015 <i>(Jayla Fleming 2:15.59, D. Coleman 2:15.21, Lashae Bowers 2:23.37, Ersula Farrow 2:11.64)</i>
9:06.01	Oak Park	Farmington Hills/D1 Regional .....5/16/2015
9:06.13	Ann Arbor Pioneer	Kentwood/D1 State .....6/ 3/2017 <i>(A. Forsyth 2:12.28, Elizabeth Kos 2:22.38, Sydney Dawes 2:17.13, Jacalyn Overdier 2:14.34)</i>
9:06.62	Birmingham Seaholm	Kentwood/D1 State .....6/ 2/2012
9:07.07	Rockford	Dayton/Roosevelt Memorial .....5/ 5/2000
9:07.88	Rockford	Raleigh/Foot Locker .....6/11/1999 <i>(Nora Colligan 2:18.0, Linsey Blaisdell 2:16.9, Kalin Toedebusch 2:18.4, Kristin Podein 2:14.5)</i>
9:08.11	Birmingham Seaholm	Waterford/Oakland County .....5/22/2015
9:08.4	Northville	Milford/D1 Regional .....5/16/2014
9:08.55	Saline	Saline/D1 Regional .....5/16/2014
9:08.68	Midland Dow	Kentwood/D1 State .....6/ 3/2017 <i>(Maija Rettelle 2:16.67, Anna Jensen 2:15.11, Anastasia Tucker 2:21.65, Emily Wall 2:15.25)</i>
9:08.75	Oak Park	Kentwood/D1 State .....6/ 2/2018 <i>(Dorriann Coleman, Jayla Jones, Makayla Gates, Mariyah Archibald)</i>
9:08.76	Grosse Pointe South	East Lansing/Spartan Classic .....4/26/2013 <i>(Kelsie Schwartz, Ersula Farrow, Haley Meier, Hannah Meier)</i>
9:08.87	Saline	Greensboro/Nike Outdoor .....6/15/2007 <i>(Meagan Creutz 2:15.1, Lindsey Cummings 2:21.5, Alex Leptich 2:16.9, Kate Carter 2:15.3)</i>
9:08.94	Birmingham Seaholm	Waterford/Oakland County .....5/23/2014
9:09.23	Ann Arbor Huron	Rockford/D1 State .....6/ 4/2011 <i>(Chinyere Omino, Kennedy Beazley, Annie-Norah Beveridge, Maya Long)</i>
9:09.41	Holland Christian	Zeeland/D2 State .....6/ 3/2017 <i>(Mady VanderZwaag 2:21.3, M. Kuipers 2:17.0, Eliz. Bruxvoort 2:17.4, Kayla Windemuller 2:13.7)</i>
9:09.70	Ann Arbor Pioneer	Ann Arbor/Tri .....5/ 3/2016
9:09.62	Ann Arbor Pioneer	Temperance/SEC Red .....5/12/2017 <i>(Anne Forsyth 2:16.75, Sydney Dawes 2:20.35, Jacalyn Overdier 2:21.59, Alice Hill 2:10.95)</i>
9:09.85	Grosse Pointe South	Rockford/D1 State .....6/ 5/2010
9:10.01	Holland Christian	Zeeland/D2 State .....6/ 2/2018 <i>(Michelle Kuipers, Elizabeth Bruxvoort, Madylin VanderZwaag, Kayla Windemuller)</i>
9:10.03	Waterford Mott	Greensboro/Nike Outdoor .....6/19/2009 <i>(Alyssa Osika, Kelsey Chapman, Asia Rawls, Shannon Osika)</i>
9:10.46	Rockford	Kentwood/D1 State .....6/ 2/2018 <i>(Camryn Gabriel, Caleigh Dunn, Karlie Gardner, Ericka VanderLende)</i>
9:10.20	Saline	Rockford/D1 State .....6/ 4/2022 <i>(Lydia Alig, Madison Wood, Madison Stern, Mia Rogan)</i>
9:10.69	Rockford	Raleigh/adidas Outdoor .....6/19/2004 <i>(Nikki Bohnsack 2:16.5, Lindsey John, Katie Haines, Kristi Powers 2:11.5)</i>
9:11.33	Bay City Western	Kentwood/D1 State .....6/ 1/2019 <i>(Karissa Picard, Ashlyn Nagel, Jenna Picard, Sydney Nesbitt)</i>
9:11.88	Oak Park	Novi/Oakland County .....5/25/2018 <i>(Dorriann Coleman, Jayla Jones, Makayla Gates, Mariyah Archibald)</i>
9:11.98	Grosse Pointe South	Rockford/D1 State .....6/ 4/2011
9:12.21	Birmingham Seaholm	Farmington Hills/D1 Regional .....5/17/2014
9:12.25	Saline	Kentwood/D1 State .....6/ 2/2012
9:12.63	Ann Arbor Pioneer	Kentwood/D1 State .....6/ 2/2018 <i>(Sophia Cunningham, Zofia Dudek, Kimberly Cernej-Garcia, Anne Forsyth)</i>
9:12.82	Rockford	Kentwood/D1 State .....6/ 3/2017 <i>(Molly Weir, Camryn Gabriel, Caleigh Dunn, Avery Lockwood 2:17.38)</i>
9:12.89	Ann Arbor Pioneer	Saline/Golden Triangle .....5/ 6/2016
9:13.03	Waterford Mott	Kentwood/D1 State .....5/30/2009 <i>(Alyssa Osika 2:15.6, Kelsey Chapman 2:25.4, Asia Rawls 2:17.4, Shannon Osika 2:14.6)</i>

**Michigan Girls All-Time Lists - Outdoors**  
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9:13.19	Detroit Mumford <i>(Dominque Brown, Shariece Painkston, Aja Olson, Aisha Osborne)</i>	Rockford/D1 State .....	5/31/2008
9:13.42	Clarkston	Kentwood/D1 State .....	6/ 3/2006
9:13.63	Saline <i>(Meagan Creutz, Kate Carter, Lindsey Cummings, Alex Leptich)</i>	Greensboro/Nike Outdoor.....	6/20/2008
9:13.77	Ann Arbor Pioneer <i>(Lydia Valtadoros, Sarah Forsyth, Cookie Baugh, Zofia Dudek)</i>	Kentwood/D1 State .....	6/ 1/2019
9:13.80	Grosse Pointe South	Grosse Pointe/D1 Regional .....	5/17/2013
9:13.83	Rockford	Rockford/Div1 State .....	6/ 3/2000
9:14.00	Oak Park <i>(D. Coleman 2:18.17, Jayla Jones 2:18.08, Makayla Gates 2:18.52, Mariyah Archibald 2:19.24)</i>	Greensboro/New Balance Nationals.....	6/17/2017
9:14.03	Ann Arbor Pioneer <i>(Rachel Eyler, Jennifer Kraus, Alexandra Cassar, Clarissa Codrington)</i>	Rockford/D1 State .....	6/ 1/2002
9:14.20	Saline	Kentwood/D1 State .....	6/ 2/2007
9:14.29	Saline	Kentwood/D1 State .....	6/ 3/2006
9:14.33	Troy <i>(Lauren Fulcher, Hannah Palomino, Meghan Monaghan, Megan Worrel)</i>	Kentwood/D1 State .....	6/ 2/2018
9:14.36	Birmingham Seaholm	Farmington Hills/D1 Regional .....	5/16/2015
9:14.3	Grosse Pointe South	Grosse Pointe/D1 Regional .....	5/18/2012
9:14.51	Northville <i>(Emily Gordon, Olivia Harp, Gina Couyoumjian, Yasmine Mansi)</i>	Kentwood/D1 State .....	6/ 1/2019
9:14.53	Saline	Greensboro/Nike Outdoor Ch .....	6/18/2005
9:14.53	Rockford	Kentwood/D1 State .....	6/ 2/2012
9:14.99	Waterford Mott <i>(Morgan Fuerst, Alexis Munley, Rylee Robinson, Katie Osika)</i>	Hudsonville/D1 State .....	6/ 4/2016
9:15.00	East Grand Rapids <i>(Hannah Bodine, Katie Hessler, Ainsley Workman, Anna Petr)</i>	Zeeland/D2 State .....	6/ 1/2019
9:15.05	Rochester Adams	Kentwood/D1 State .....	6/ 1/2013
9:15.0	Hartland	Flint/Runyan Inv .....	5/ 6/2011
9:15.12	Ann Arbor Pioneer	Kentwood/D1 State .....	6/ 2/2012
9:15.15	Birmingham Seaholm	Sterling Heights/Arft Inv .....	5/ 2/2014
9:15.15	Waterford Mott <i>(Morgan Fuerst, Alexis Munley, Kate Petsch, Katie Osika)</i>	Rockford/D1 State .....	5/30/2015
9:15.22	Waterford Mott	Waterford/Oakland County .....	5/27/2016
9:15.24	Troy	Rockford/D1 State .....	6/ 5/2010
9:15.25	Detroit Mumford <i>(Dominque Brown, Aja Olson, Shariece Pinkston, Aisha Osborne)</i>	Greensboro/Nike Outdoor.....	6/20/2008
9:15.28	Pinckney <i>(Erika Rapp 2:16.70, Allie Hartstang 2:21.68, Isabella Garcia 2:21.11, Mia Garcia 2:15.79)</i>	Kentwood/D1 State .....	6/ 3/2017
9:15.29	Saline	Rockford/D1 State .....	6/ 5/2010
9:15.44	Waterford Mott	Rockford/D1 State .....	5/31/2008
9:15.50	Saline <i>(Abby Rentschler, Haleigh Cummings, Jessi Larson, Hannah Cummings)</i>	Rockford/D1 State .....	5/30/2015
9:15.73	Bay City Western <i>(Karissa Picard, Ashlyn Nagel, Jenna Picard, Sydney Nesbitt)</i>	Auburn/D1 Regional .....	5/17/2019
9:15.92	Saline	Kentwood/D1 State .....	6/ 1/2013
9:16.08	East Kentwood	Rockford/D1 State .....	6/ 5/2010
9:16.12	Rockford	Grand Rapids/D1 State.....	5/31/2003
9:16.24	Saline	Rockford/D1 State .....	5/31/2008

**TOP 100 SCHOOLS:**

8:48.29	Grosse Pointe South <i>(Kelsie Schwartz 2:13.1, Ersula Farrow 2:13.5, Haley Meier 2:13.4, Hannah Meier 2:08.3)</i>	Kentwood/D1 State .....	6/ 2/2012
8:53.86	Ann Arbor Pioneer <i>(Anne Forsyth 2:13.06, Sydney Dawes 2:16.80, Jacalyn Overdier 2:13.94, Alice Hill 2:10.07)</i>	Greensboro/New Balance Nationals.....	6/17/2016
8:54.29	Oak Park <i>(Jayla Fleming, Lashae Bowens, Ersula Farrow, Dorri Coleman)</i>	Rockford/D1 State .....	5/30/2015
8:56.63	Rockford <i>(Linsey Blaisdell 2:15.6, Kalin Toedebusch 2:15.0, Kristi Powers 2:13.2, Aimee Keenan 2:12.8)</i>	Raleigh/adidas Ch .....	6/15/2001

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

8:59.08	Birmingham Seaholm (Rachel DaDamio, Brooke Callaghan, Patty Giradot, Audrey Belf)	Rockford/D1 State .....	5/31/2014
9:00.85	Saline (E. Shwayder 2:16.17, Hannah Cummings 2:16.53, Gloria Park 2:19.63, K. Beazley 2:08.52)	Greensboro/New Balance.....	6/14/2014
9:01.99	Northville (Erin Zimmer, Rachel Coleman, Alison Robinson, Lexa Barrott)	Rockford/D1 State .....	5/31/2014
9:04.06	Holland West Ottawa (Megan Postma, Sophie Bonnema, Helen Sachs, Arianne Olson)	Rockford/D1 State .....	6/ 4/2022
9:05.03	Waterford Mott (Morgan Fuerst 2:17.14, Alexis Munley 2:16.94, Rylee Robinson 2:19.30, Katie Osika 2:11.66)	Greensboro/New Balance.....	6/17/2016
9:05.47	Rochester (Erin Leppek, Cady Pozola, Megan Goethals, Brook Handler)	Rockford/D1 State .....	6/ 5/2010
9:05.49	Clarkston (Lyndsay Smith, Liz Mengyan, Lisa Sickman, Jenny Morgan)	Rockford/D1 State .....	6/ 4/2005
9:08.68	Midland Dow (Maija Rettelle 2:16.67, Anna Jensen 2:15.11, Anastasia Tucker 2:21.65, Emily Wall 2:15.25)	Kentwood/D1 State.....	6/ 3/2017
9:09.23	Ann Arbor Huron (Chinyere Omino, Kennedy Beazley, Annie-Norah Beveridge, Maya Long)	Rockford/D1 State .....	6/ 4/2011
9:09.41	Holland Christian (Mady VanderZwaag 2:21.3, M. Kuipers 2:17.0, Eliz. Bruxvoort 2:17.4, Kayla Windemuller 2:13.7)	Zeeland/D2 State.....	6/ 3/2017
9:11.33	Bay City Western (Karissa Picard, Ashlyn Nagel, Jenna Picard, Sydney Nesbitt)	Kentwood/D1 State.....	6/ 1/2019
9:13.19	Detroit Mumford (Dominque Brown, Shariece Painkston, Aja Olson, Aisha Osborne)	Rockford/D1 State .....	5/31/2008
9:14.33	Troy (Lauren Fulcher, Hannah Palomino, Meghan Monaghan, Megan Worrel)	Kentwood/D1 State.....	6/ 2/2018
9:15.00	East Grand Rapids (Hannah Bodine, Katie Hessler, Ainsley Workman, Anna Petr)	Zeeland/D2 State.....	6/ 1/2019
9:15.05	Rochester Adams	Kentwood/D1 State.....	6/ 1/2013
9:15.0	Hartland (Kaylee Phillips, Allison McGinn, Anna Pasternak, Avery Evenson)	Flint/Runyan Inv.....	5/ 6/2011
9:15.28	Pinckney (Erika Rapp 2:16.70, Allie Hartstang 2:21.68, Isabella Garcia 2:21.11, Mia Garcia 2:15.79)	Kentwood/D1 State.....	6/ 3/2017
9:16.08	East Kentwood	Rockford/D1 State .....	6/ 5/2010
9:16.33	Oxford	Kentwood/D1 State.....	6/ 2/2012
9:16.92	Traverse City Central (Julia Flynn, Sidney Carrigan, Alison Hankins, Avery McLean)	Kentwood/D1 State.....	6/ 1/2019
9:17.46	West Bloomfield (Amira Danforth, Tracy Abbott, Maureen Reed, Stacy Abbott)	Ypsilanti/A State .....	6/ 4/1988
9:17.56	Rochester Adams (C. Jansohn 2:13.34, Hannah Champine 2:18.77, Eva Jansohn 2:25.09, Maddie Dessy 2:20.36)	Kentwood/D1 State.....	6/ 3/2017
9:17.75	Flint Powers (Lyndsey Braman 2:21.0, Paige Deitering 2:20.6, Libbie Gleason 2:20.2, Julia Vanitvelt 2:16.0)	Zeeland/D2 State.....	6/ 3/2017
9:17.80	Detroit Renaissance (Kiara Smith, Kelly Sampson, Elesha Logan, Ramzee Fondren)	Greensboro/Nike Outdoor Ch .....	6/18/2005
9:18.06	Shepherd (R. Mathers 2:29.4, Katelyn Hutchinson 2:19.7, Kylie Hutchinson 2:17.1, Amber Gall 2:11.9)	Comstock Park/D3 State .....	6/ 3/2017
9:18.33	Lake Orion (Sophie Novak, Ciara Nolan, Allison Sherman, Josie Arnold)	Rochester Hills/D1 Regional.....	5/18/2018
9:18.94	Milford (Victoria Heiligenthal, Sarah Ausum, Mallory Barrett, Eve Hemingway)	Hudsonville/D1 State .....	6/ 4/2016
9:18.98	Livonia Churchill	Rockford/D1 State .....	6/ 5/2010
9:19.9	Brighton (Jenna Sica 2:20.5, Maggie Samanich 2:19.9, Sam Fusik 2:20.8, Maddie Brown 2:18.7)	Milford/D1 Regional .....	5/20/2016
9:20.00	Hart (Brenna Aerts 2:26.5, Alayna Ackley 2:20.4, Sierra Albus 2:17.5, Adelyn Ackley 2:15.6)	Comstock Park/D3 State .....	6/ 3/2017
9:20.62	Grosse Pointe North (Julia Rustmann, Sydney Benson, Katelyn Carney, Sarah Rustmann)	Rockford/D1 State .....	5/31/2014
9:21.0	Grand Haven	Grandville/dual.....	5/ 1/2008
9:21.24	Woodhaven (Payton Scheffler, Brooke Berridge, Jayla Martin, Briana Vojinov)	Rockford/D1 State .....	6/ 4/2022

**Michigan Girls All-Time Lists - Outdoors**  
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9:21.44	Grand Rapids Kenowa Hills <i>(Olivia Coretti, Madison Goen, Dylann Hodgkinson, Allie Ludge)</i>	Rockford/D1 State .....	5/30/2015
9:21.72	Grandville <i>(Rachael Webb, Sammy Mondry, Madie Fisher, Valerie Wierenga)</i>	Wyandotte/MITCA D1 .....	5/25/2013
9:21.73	Flushing <i>(Jaydn Fuerst, Addie May, Paige Deitering, Jessi Lindstrom)</i>	Rockford/D1 State .....	5/30/2015
9:22.24	Alpena <i>(Emily McAnsh, Amanda Dort, Kelsey Lewis, Taylor Stepanski)</i>	Kentwood/D1 State .....	6/ 2/2012
9:22.71	Benzie Central <i>(Theresa Warsecke, Bryce Cutler, Taylor Nye, Michaela Carnegie)</i>	Comstock Park/D3 State .....	6/ 4/2011
9:22.75	Caledonia <i>(Shannon Houseman, Barb Warner, Sarah Parbel, Karyn Duba)</i>	Saginaw/B State .....	6/ 4/1994
9:23.07	Traverse City West <i>(Morgan Lyon, Maddy Dohm, Hannah Smith, Audrey Braund)</i>	Kentwood/D1 State .....	6/ 2/2018
9:23.24	Livonia Stevenson	Rockford/D1 State .....	6/ 4/2005
9:23.30	Goodrich <i>(Samantha Minkler 2:23.8, Kaitlin O'Mara 2:24.1, Kayla O'Mara 2:21.1, Janee Jones 2:14.3)</i>	Raleigh/adidas Outdoor .....	6/19/2004
9:23.95	Traverse City St Francis <i>(Emma Fifarek, Katelyn Duffing, Joyana Tarsa, Holly Bullough)</i>	Comstock Park/D3 State .....	6/ 4/2016
9:24.17	Walled Lake Northern <i>(Becca Quaintance, Jennifer McKenna, DeAnza Garcia, Katelyn Cliff)</i>	Kentwood/D1 State .....	6/ 2/2012
9:24.26	Ann Arbor Skyline <i>(Catrin Koselka, Madeline Nicholas, Zsofia Hull, Lillian Peck)</i>	Kentwood/D1 State .....	6/ 1/2019
9:24.38	Lansing Catholic <i>(Lauren Cleary, Grace Frost, Jaden Theis, Olivia Theis 2:15.2)</i>	Comstock Park/D3 State .....	6/ 3/2017
9:24.5	Holt	Grand Rapids/D1 Regional .....	5/21/2004
9:24.72	Macomb Dakota <i>(Chelsea Harvey, Lindsay Harvey, Mariah Belmont, Jayden Harberts)</i>	Rockford/D1 State .....	6/ 4/2022
9:24.98	Forest Hills Eastern	Grand Rapids/D2 State .....	6/ 4/2011
9:25.28	Grand Ledge	Kentwood/D1 State .....	6/ 2/2007
9:25.69	Cadillac	Rockford/Div1 State .....	6/ 3/2000
9:25.8	Dearborn Edsel Ford	Alma/A State .....	5/30/1987
9:26.03	Romeo <i>(Madison Clor, Violet Hrabovsky, Brianna Wiegand, Rachel Felstow)</i>	Rockford/D1 State .....	6/ 4/2022
9:26.06	Petoskey	Wyoming Park/B State .....	6/ 1/1991
9:26.11	Fenton	Greensboro/NB Nationals .....	6/16/2017
9:26.63	Jenison	Kentwood/D1 State .....	6/ 2/2007
9:27.06	Leroy Pine River	Comstock Park/D3 State .....	5/31/2008
9:27.2	Detroit Cass Tech	A Regional .....	5/16/1992
9:27.4	Corunna	Alma/Inv .....	5/15/1999
9:27.9	Wyoming Park	Jackson/B State .....	6/ 3/1989
9:28.09	Mt Pleasant	Midland/A State .....	6/ 5/1999
9:28.4	Oxford	Ortonville/D1 Regional .....	5/20/2011
9:28.84	Grand Rapids Christian	Caledonia/D2 State .....	5/31/2003
9:28.88	Ubly	Grand Rapids/D4 State .....	6/ 2/2007
9:29.4	Battle Creek Lakeview	Regional .....	5/20/2000
9:29.64	Williamston	Jenison/MITCA Team D2 .....	5/24/2008
9:30.07	Ithaca <i>(Blair Showers, Alyssa Mankey, Kurstin Kalisek, Courtney Allen)</i>	Comstock Park/D3 State .....	6/ 4/2016
9:30.25	Marquette	Kingsford/UPD1 .....	5/30/2015
9:30.56	Mason County Central	Saginaw/C State .....	6/ 5/1999
9:30.57	South Lyon	Rockford/A State .....	q6/ 1/1996
9:30.60	Jackson Lumen Christi	Comstock Park/D3 State .....	6/ 2/2007
9:30.94	St Johns	Zeeland/D2 State .....	6/ 4/2016
9:30.9	Detroit Kettering	Alma/A State .....	5/30/1987
9:31.18	Muskegon Mona Shores	Midland/A State .....	6/ 2/1990
9:31.28	East Lansing	Kentwood/D1 State .....	6/ 2/2012
9:31.31	White Lake Lakeland <i>(Madeline Rehm, Lauren Garbovits, Olivia Clymer, Rylee Lukes)</i>	Kentwood/D1 State .....	6/ 3/2017
9:31.60	Salem <i>(Kristie Giddings, Nicole Bolton, Ellen Stemmer, Katie Bonner)</i>	Rockford/A State .....	5/31/97



## Michigan Girls All-Time Lists - Outdoors

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9:32.15	Southfield Christian	Grand Rapids/D4 State.....	6/ 2/2007
9:32.24	Coldwater (Jayda Kelly, Elka Machan, Tyler Scheid, Kathy Potter)	Zeeland/D2 State.....	6/ 1/2019
9:32.27	Forest Hills Central	Rockford/D1 State .....	5/31/2008
9:32.4	Dearborn	B Regional .....	5/21/1988
9:32.50	Grand Blanc	Rockford/D1 State .....	6/ 5/2004
9:32.61	Davison	TC/Reg .....	2013
9:32.66	Leroy Pine River	Comstock Park/D3 State .....	6/ 2/2007
9:32.87	Allendale	Comstock Park/D3 State .....	6/ 5/2010
9:32.91	Saginaw Heritage (Rachel Kempf, Lauren Wellman, Lynsey Amthor, Madison Brooks)	Kentwood/D1 State.....	6/ 3/2017
9:33.00	Hudsonville	Hudsonville/OK Red .....	5/ 8/2009
9:33.05	Parma Western (Ashley Oliver, Maddie Humphreys, Riley Robertson, Alyna Lewis)	Zeeland/D2 State.....	6/ 1/2019
9:33.16	Okemos	Rockford/D1 State .....	6/ 4/2005
9:33.21	Rochester Hills Lutheran Northwest	Grand Rapids/D4 State.....	6/ 4/2005
9:33.26	Greenville	Grand Rapids/D1 State.....	5/31/2003
9:33.29	Mt Clemens Chippewa Valley	D1 .....	2015
9:33.69	Hamilton	MITCA D2 .....	2013
9:33.73	Dearborn Divine Child	Grand Rapids/D2 State.....	6/ 2/2012
9:33.75	Pewamo-Westphalia	Comstock Park/D3 State .....	6/ 2/2018
9:34.23	DeWitt	Zeeland/D2 .....	5/30/2015

## 4 x 1600 METERS

### TOP 50 PERFORMANCES

20:01.62+	Ann Arbor Pioneer (Sylvia Sanok Dufallo 5:07.2, Emily Cooper 5:03.3, Cookie Baugh 5:08.0, Sarah Forsyth 4:50.1)	Philadelphia/NB Nationals (20:08.62).....	6/16/2022
20:14.89	Rockford (Linsey Blaisdell, Nikki Bohnsack, Kalin Toedebusch, Kelsey Toedebusch)	Dayton/Roosevelt Memorial.....	5/ 4/2001
20:17.24+	Rockford (Kelsey Toedebusch 5:09.8, Kalin Toedebusch 4:59.7, N. Bohnsack 5:05.9, Linsey Blaisdell 5:09.5)	Raleigh/adidas Ch (20:24.34y) .....	6/16/2001
20:17.38+	Saline	Greensboro/New Bal (20:24.48) .....	6/16/2012
20:23.19+	Saline (Elianna Schwayder 5:01.71, Abby Rentschler 5:10.32, A. Cummings 5:12.51, Lauren Green 5:05.78)	Greensboro/New Balance (20:30.32) .....	6/16/2013
20:23.44+	Rockford (Nora Colligan 5:17.0, Kalin Toedebusch 5:08.0, Emily Blakeslee 5:04.2, Linsey Blaisdell 5:01.4)	Raleigh/Footlocker(20:30.57) .....	6/17/2000
20:26.86+	Saline (Elianna Schwayder 5:00.39, H. Cummings 5:17.02, Gloria Park 5:16.56, Kennedy Beazley 5:00.04)	Greensboro/New Balance (20:34.01) .....	6/15/2014
20:31.95+	Ann Arbor Pioneer (5:02.40, 5:17.49, 5:10.00, 5:09.25)	Greensboro/New Balance Nat. (20:39.13)	6/19/2016
20:39.26+	Clarkston (Jenny Morgan, Stephanie Morgan, Lisa Sickman, Lyndsay Smith)	Greensboro/Nike Out (20:46.69) .....	6/17/2006
20:43.16+	Lansing Catholic (Lauren Cleary 5:10.95, Jaden Theis 5:04.04, Rachel Reid 5:39.28, Olivia Theis 4:56.14)	Greensboro/New Balance (20:50.41) .....	6/17/2018
20:45.03+	Saline (Abby Rentschler 5:07.53, Hannah Cummings 5:12.25, Gillian Walter 5:19.05, Jessi Larson 5:13.47)	Greensboro/New Balance (20:52.29) .....	6/21/2015
20:48.24+	Troy (H. Palomino 5:09.54, L. Fulcher 5:19.80, Meghan Monaghan 5:20.50, Megan Worrel 5:05.68)	Greensboro/New Balance (20:55.52) .....	6/17/2018
20:53.51+	Rochester (T. Abrahamian 5:05.3, Megan Goethals 5:04.6, Mollie Pozolo 5:33.2, Brook Handler 5:17.5)	Greensboro/Nike Out [21:00.82] .....	6/20/2008
20:53.93+	Milford (Emily Morgridge 5:13.4, Brittini Hutton 5:18.2, Carlie Green 5:06.7, Marissa Baranowski 5:22.9)	Greensboro/Nike Out [21:01.24] .....	6/16/2007
20:57.1	Rockford	Dayton/Roosevelt .....	4/30/1999
20:57.31+	Rockford	Raleigh/adidas Outdoor [21:04.64] .....	6/15/2002
20:59.1	Clarkston (E. Dalrymple 5:03.1, Emily Ferguson 5:17.1, Mia Patria 5:28.8, Mallory Ferguson 5:10.1)	Waterford/Ashley-Brennan.....	4/28/2017
20:59.38+	Goodrich (Kayla O'Mara, Kaitlin O'Mara, Samantha Winkler, Janee Jones)	Raleigh/adidas Outdoor (21:06.72).....	6/19/2004

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

20:59.7	Rockford	Wyoming Park/Relays .....	5/ 1/1999
20:59.87+	Lansing Catholic (Rachel Reid 5:20.72, Jaden Theis 5:06.58, Lauren Cleary 5:41.93, Olivia Theis 4:58.01)	Greensboro/NB Nat (21:07.21) .....	6/18/2017
21:00.10+	Clarkston	Raleigh/adidas Outdoor [21:07.45] .....	6/15/2002
21:02.47+	Clarkston	Raleigh/adidas Outdoor (21:09.83) .....	6/14/2003
21:04.59	Milford (Victoria Heilengenthal 5:07.8, Mallory Barrett 5:06.2, Paige Saiz 5:27.3, Regan Lobodzinski 5:23.3)	Waterford/Ashley-Brennan Relays .....	4/30/2016
21:07.28+	Milford (Sarah Ausum, Nicole Grindling, Madison Paquette, Mallory Barrett)	Greensboro/New Balance (21:14.67) .....	6/21/2015
21:08.43	Clarkston (Elizabeth Dalrymple, Emily Ferguson, Mallory Ferguson, Nichole Hanson)	Waterford/Ashley-Brennan Relays .....	4/30/2016
21:09.22+	Clarkston (Lyndsay Smith, Beth Hoekstra, Anne Oltman, Liz Mengyan)	Raleigh/adidas Outdoor (21:16.62) .....	6/19/2004
21:11.92+	Saline (G. Park 5:14.53, G. Walter 5:18.86, Haleigh Cummings 5:30.74, Hannah Cummings 5:15.41)	Greensboro/New Balance (21:19.34) .....	6/16/2013
21:17.37	Rockford	Dayton/Roosevelt Memorial .....	5/ 3/2002
21:18.02	Saline (Haleigh Cummings, Lauren Green, Taylor Vaughan, Regan Smith)	Waterford/Ashley-Brennan .....	4/25/2015
21:22.7	Ann Arbor Pioneer	Jackson/Metric Inv .....	5/14/1988
21:23.59+	Clarkston	Greensboro/Nike Out(21:31.07) .....	6/18/2005
21:24.6	Ann Arbor Pioneer	Jackson NW Relays .....	5/ 9/1987
21:25.63+	Brighton	Raleigh/adidas Outdoor (21:33.13) .....	6/14/2003
21:26.82+	Rockford (Lauren Brasure 5:09.00, Kerianne Schoff 5:30.92, Maja Hill 5:29.24, Larissa Medich 5:25.16)	Greensboro/New Balance (21:34.32) .....	6/15/2014
21:26.9	East Grand Rapids	Wyoming Park/Grimm Relays .....	4/24/2010
21:29.15+	Rockford	Raleigh/adidas Outdoor (21:36.67) .....	6/14/2003
21:30.5+	Rochester	[21:38.0y] .....	/1979
21:31.95+	Goodrich	Greensboro/Nike Out(21:39.48) .....	6/18/2005
21:32.96	Rockford	Dayton/Roosevelt Memorial .....	5/ 5/2000
21:35.23	Waterford Mott (Rylee Robinson, Katie Osika, Alexis Munley, Morgan Fuerst)	Waterford/Ashley-Brennan Relays .....	4/30/2016
21:35.82	Rockford	Dayton/Roosevelt Inv .....	5/ 3/2003
21:38.0	Rockford	Wyoming Park/Relays .....	4/28/2001
21:38.60	Rockford	Dayton/Roosevelt Memorial .....	5/ 4/2007
21:38.7	Rockford	Wyoming Park/Grimm Relays .....	4/28/2007
21:38.96+	Rockford	Raleigh/adidas Ch (21:46.53y) .....	6/16/2001
21:38.9	East Grand Rapids	Caledonia/Soderman Relays .....	4/21/2012
21:38.9	Birmingham Seaholm (Emily Rooney, Audrey DaDamio, Reagan McNally, Rachel McCardell)	Waterford/Ashley-Brennan Relays .....	4/29/2018
21:39.88	Farmington (Abby Inch, Maddy Trevisan, Morgan Merlino, Emma Inch)	Waterford/Ashley-Brennan Relays .....	4/30/2016
21:40.05+	Rockford	Greensboro/Nike Out [21:47.63] .....	6/20/2008
21:40.73	Milford (Mallory Barrett, Madison Paquette, Nicole Grindling, Eve Hemingway)	Waterford/Ashley-Brennan .....	4/25/2015
21:40.90+	Saline	Greensboro/New Bal (21:28.48) .....	6/16/2012
21:42.3	Rockford	Wyoming Park/Relays .....	4/26/1997
21:42.8	Grand Haven	Hastings/Relays .....	4/19/2008
21:43.2	Flint Northern	.....	/1982

**TOP 50 SCHOOLS:**

20:01.62+	Ann Arbor Pioneer (Sylvia Sanok Dufallo 5:07.2, Emily Cooper 5:03.3, Cookie Baugh 5:08.0, Sarah Forsyth 4:50.1)	Philadelphia/NB Nationals (20:08.62) .....	6/16/2022
20:14.89	Rockford	Dayton/Roosevelt Memorial .....	5/ 4/2001
20:17.38+	Saline	Greensboro/New Bal (20:24.48) .....	6/16/2012
20:39.26+	Clarkston (Jenny Morgan, Stephanie Morgan, Lisa Sickman, Lyndsay Smith)	Greensboro/Nike Out (20:46.69) .....	6/17/2006
20:43.16+	Lansing Catholic (Lauren Cleary 5:10.95, Jaden Theis 5:04.04, Rachel Reid 5:39.28, Olivia Theis 4:56.14)	Greensboro/New Balance (20:50.41) .....	6/17/2018

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

20:48.24+	Troy	Greensboro/New Balance (20:55.52) .....6/17/2018 (Hannah Palomino 5:09.54, Lauren Fulcher 5:19.80, M. Monaghan 5:20.50, M. Worrel 5:05.68)
20:53.51+	Rochester	Greensboro/Nike Out [21:00.82] .....6/20/2008
20:53.93+	Milford	Greensboro/Nike Out [21:01.24] .....6/16/2007 (Emily Morgridge 5:13.4, Brittni Hutton 5:18.2, Carlie Green 5:06.7, Marissa Baranowski 5:22.9)
20:59.38+	Goodrich	Raleigh/adidas Outdoor (21:06.72) .....6/19/2004 (Kayla O'Mara, Kaitlin O'Mara, Samantha Winkler, Janee Jones)
21:25.63+	Brighton	Raleigh/adidas Outdoor (21:33.13) .....6/14/2003
21:26.9	East Grand Rapids	Wyoming Park/Grimm Relays .....4/24/2010
21:35.23	Waterford Mott	Waterford/Ashley-Brennan Relays .....4/30/2016 (Rylee Robinson, Katie Osika, Alexis Munley, Morgan Fuerst)
21:38.9	Birmingham Seaholm	Waterford/Ashley-Brennan Relays .....4/29/2018 (Emily Rooney, Audrey DaDamio, Reagan McNally, Rachel McCardell)
21:39.88	Farmington	Waterford/Ashley-Brennan Relays .....4/30/2016 (Abby Inch, Maddy Trevisan, Morgan Merlino, Emma Inch)
21:42.8	Grand Haven	Hastings/Relays .....4/19/2008
21:43.2	Flint Northern	...../1982
21:45.9	Hartland	North Farmington/Raider Relays .....4/24/2010
21:46.9	Allendale	Wyoming Park/Grimm Relays .....4/24/2010
21:48.1	Sterling Heights Stevenson	Athens Relays .....5/ 9/1987
21:54.7	Livonia Stevenson	Troy Inv .....5/ 8/2004
21:57.9+	Ann Arbor Huron	[22:37.6y] ...../1985
21:59.0	Hamilton	Wyoming Park/Grimm Relays .....4/28/2012
21:59.91	Macomb Dakota	Royal Oak/Relays .....4/23/2022 (Chelsea Harvey, Lindsay Harvey, Mariah Belmont, Jayden Harberts)
22:00.4	Grand Rapids South Christian	Wyoming Park/Grimm .....4/23/2004
22:02.78	Grandville Calvin Christian	Wyoming Park/Grimm Relays .....4/27/2013
22:03.1	Napoleon	Manchester/Metrics .....5/11/2012
22:04.66	Shepherd	St Louis/Relays .....4/15/2017
22:06.7	Wyoming Park	Wyoming Park/Relays .....4/26/1997
22:09.8	Forest Hills Eastern	Godwin Heights/Scheerhorn Relays .....4/26/2008
22:12.0	Dearborn Edsel Ford	...../1983
22:17.4	Otsego	Caledonia/Soderman Relays .....4/22/2017
22:17.9	Grandville	Hastings/Relays .....4/14/2012
22:21.0	Jenison	Caledonia/Soderman Relays .....4/21/2007
22:30.2	Dexter	Manchester/Metric Relays .....5/11/2002
22:32.4	Rochester Adams	Waterford/Ashley-Brennan .....4/28/2017
22:33.0	Novi	Walled Lake/Stafford Relays .....5/ 1/1999
22:35.2	Salem	Troy/Athens Relays .....5/ 9/1998
22:35.42	Northville	Waterford/Ashley-Brennan .....4/25/2015
22:36.1+	Mason	[22:44.0y] ...../1985
22:36.1	Caledonia	Forest Hills/Caledonia Relays .....4/26/1997
22:36.1	Davison	Flint/Runyan .....5/ 8/2004
22:36.73	Mt Pleasant Sacred Heart	St Louis/Relays .....4/15/2017
22:37.04	Alpena	Midland/Graves-Swayze Relays .....4/18/2019 (Maddy Boyd, Madi Szymanski, Molly Dickinson, Grace Mitchell)
22:37.9	Middleville	Caledonia/Relays .....4/28/2001
22:38.5	Kalamazoo Christian	Hastings/Hasting Relays .....4/25/1998
22:39.97	Lake Orion	Waterford/Ashley-Brennan Relays .....4/30/2016 (Bellina Gaskey, Olivia Ames, Emily Fluent, Allison Sherman)
22:39.9	Grand Ledge	Hastings/Relays .....4/14/2007
22:41.0	Chelsea	Corunna Relays .....4/21/2006
22:42.6+	Lansing Everett	[22:50.5y] ...../1985
22:42.7	Livonia Churchill	Belleville Relays .....4/13/2002
<b>Team included middle schooler:</b>		
20:01.70y	Clarkston	Greensboro/Nike Outdoor Ch .....6/18/2005 (Lyndsay Smith 5:09.2, Liz Mengyan 4:57.5, Stephanie Morgan[8] 5:00.7, Jenny Morgan 4:53.3)

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

## 800m SPRINT MEDLEY (200-100-100-400)

### TOP 50 PERFORMANCES

1:42.94	Detroit Mumford	Greensboro/Nike Outdoor.....	6/18/2005
1:43.46	Detroit Mumford	Dayton/Roosevelt Mitchell .....	5/ 7/2005
1:45.1	Ann Arbor Pioneer	Kalamazoo/Lady Knight Inv .....	4/27/2002
1:45.2	Detroit Cass Tech	Dayton Relays .....	5/ 2/1998
1:45.52	Ann Arbor Huron	Philadelphia/NB Nationals .....	6/18/2022
	<i>(Jordan Douglas, Aliyah Ferguson, Mackenzie Robinson, Mya Georgiadis)</i>		
1:45.66	Wyandotte Roosevelt	Ann Arbor/Eagle Inv .....	5/25/2017
1:45.8	Detroit Cass Tech	[hst].....	/1996
1:45.8	Detroit King	Dayton Relays .....	5/ 2/1998
1:45.9	Detroit Mumford	Dayton/Mitchell Memorial .....	5/ 1/2004
1:46.15	Oak Park	Greensboro/New Balance Nationals.....	6/14/2019
	<i>(Morgan Atlas Nysha Jordan, Kourtney Kennard, Tamyra Todd 56.75)</i>		
1:46.23	Ann Arbor Skyline	Ann Arbor/Eagle Inv .....	5/25/2017
	<i>(Jada Weatherspoon 12.5, Taylor Weatherford 12.7, Emily Judkins 26.5, Chloe Foster 54.5)</i>		
1:46.55	Detroit Mumford	Raleigh/adidas Outdoor .....	6/19/2004
	<i>(Karla Monica, Jasmin Webb, Shayla Mahan, Porsche Ries)</i>		
1:46.66	Ann Arbor Skyline	Greensboro/New Balance Nationals.....	6/17/2017
	<i>(Jada Weatherspoon 12.4, Taylor Weatherford 12.7, Emily Judkins 26.7, Chloe Foster 54.92)</i>		
1:46.86	Wyandotte Roosevelt	Greensboro/New Balance Nationals.....	6/17/2017
	<i>(Olivia Johnson, Arrianna Lister, Daisey Neff, Kyana Evans 55.85)</i>		
1:46.95	Oak Park	Dayton/Roosevelt Memorial.....	5/ 2/2015
1:46.9	Jackson	Kalamazoo/Long Inv .....	5/ 4/2007
1:47.12	East Kentwood	Greensboro/New Balance.....	6/18/2011
	<i>(Lameeka Davis, Katie Rancourt, Rebecca Hall, Brittany Terry)</i>		
1:47.64	Detroit Renaissance	Dayton/Roosevelt Memorial.....	5/ 5/2000
1:47.72	Detroit Renaissance	Dayton/Roosevelt Memorial.....	5/ 3/2019
	<i>(Ashley Harris, Olivia Jenkins, Classie Hubert, Imani Jackson)</i>		
1:47.7	Detroit Cass Tech	Dayton/Roosevelt .....	5/ 1/1999
1:47.92	East Kentwood	Greensboro/New Balance Nationals.....	6/17/2017
	<i>(Mauriya Barnes, Trinity Bracey, Ava Qe'Neisha Young, Tyra Hunt 58.17)</i>		
1:48.47	Ypsilanti Lincoln	Ann Arbor/Eagle Inv .....	5/25/2017
1:48.47	Detroit Renaissance	Dayton/Roosevelt Memorial.....	5/ 4/2018
	<i>(Imani Jackson, Paige Chapman, Mizan Thomas, Donae Adams)</i>		
1:48.4+	Detroit Cass Tech	A/B State [1:49.0y].....	6/ 1/1974
1:48.77	Saline	Ann Arbor/Eagle End of Season .....	5/23/2019
	<i>(Amera Boyd, Lauryn Hunt, Greta Downey, Emily Cook)</i>		
1:48.83	Rockford	Greensboro/New Balance.....	6/15/2018
	<i>(Abby Nash, Grace Gohl, Casey Lenon, Taylor Korotkowski 58.75)</i>		
1:48.84	Saline	Greensboro/New Balance Nationals.....	6/16/2019
	<i>(Emily Cook, Greta Downey, Amera Boyd, Lauryn Hunt 57.21)</i>		
1:49.02	Northville	Saline/Golden Triangle .....	5/ 4/2018
1:49.0	Benton Harbor	Kalamazoo/Central Inv .....	5/ 4/2002
1:49.1+	Detroit Northern	[1:49.7y].....	/1978
1:49.20	Ann Arbor Skyline	Ann Arbor/Last Chance.....	5/24/2018
1:49.20	Saline	Greensboro/New Balance.....	6/17/2018
	<i>(Emily Cook, Greta Downey, Amera Boyd, Lauryn Hunt 57.42)</i>		
1:49.2	Middleville	Caledonia/Soderman .....	4/23/2004
1:49.33	Ypsilanti Lincoln	Greensboro/New Balance Nationals.....	6/17/2017
	<i>(Serena Varner, Breann Darkins, Shanaya Heard, Ashley Worford 57.63)</i>		
1:49.50	Ann Arbor Pioneer	Dexter/April Showers .....	4/22/2017
1:49.55	Southfield	Dayton/Roosevelt Memorial.....	5/ 5/2000
1:49.62	East Kentwood	Greensboro/New Balance Nationals.....	6/19/2015
	<i>(Sedalia Libbett, Gabriele Leon, Sekayi Bracey, Tyra Hunt)</i>		
1:49.67	Southfield	Dayton/Roosevelt Memorial.....	5/ 4/2007
1:49.7	Detroit Central	(meet?) .....	/1982
1:49.99	Ann Arbor Skyline	Ann Arbor/Eagle End of Season .....	5/23/2019
	<i>(Sydney Cunningham, Felicity Sorenson, Alexys Wilson, Zsofia Hull)</i>		
1:50.0	Detroit Cass Tech	Dayton/Mitchell Roosevelt .....	5/ 1/2009

**Michigan Girls All-Time Lists - Outdoors**  
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1:50.19	Detroit Mumford	Dayton/Roosevelt Inv.....	5/ 3/2003
1:50.1	Adrian Madison	Manchester/Metrics .....	5/12/2017
1:50.24	Saline	Ann Arbor/Last Chance.....	5/24/2018
1:50.85	Detroit Mumford	Dayton/Roosevelt Memorial.....	5/ 1/2010
1:50.8	Grand Haven	Hastings/Relays.....	4/18/2009
1:50.99	Saline	Saline/Golden Triangle .....	5/ 4/2018
1:50.99	Ann Arbor Skyline <i>(Ayanna Bell, Catrin Koselka, Lillian Peck, Madeline Nicholas)</i>	Ann Arbor/Eagle End of Season .....	5/23/2019
1:51.00	Detroit Cass Tech	Dayton/Roosevelt Memorial.....	5/ 4/2001
1:51.0	Ypsilanti Lincoln	Ypsilanti/Lincoln Relays .....	4/26/2003

**TOP 50 SCHOOLS:**

1:42.94	Detroit Mumford	Greensboro/Nike Outdoor.....	6/18/2005
1:45.1	Ann Arbor Pioneer	Kalamazoo/Lady Knight Inv .....	4/27/2002
1:45.2	Detroit Cass Tech	Dayton Relays .....	5/ 2/1998
1:45.52	Ann Arbor Huron <i>(Jordan Douglas, Aliyah Ferguson, Mackenzie Robinson, Mya Georgiadis)</i>	Philadelphia/NB Nationals .....	6/18/2022
1:45.66	Wyandotte Roosevelt	Ann Arbor/Eagle Inv .....	5/25/2017
1:45.8	Detroit King	Dayton Relays .....	5/ 2/1998
1:46.15	Oak Park <i>(Morgan Atlas Nysha Jordan, Kourtney Kennard, Tamyra Todd 56.75)</i>	Greensboro/New Balance Nationals.....	6/14/2019
1:46.23	Ann Arbor Skyline	Ann Arbor/Eagle Inv .....	5/25/2017
1:46.95	Oak Park	Dayton/Roosevelt Memorial.....	5/ 2/2015
1:46.9	Jackson	Kalamazoo/Long Inv .....	5/ 4/2007
1:47.12	East Kentwood	Greensboro/New Balance.....	6/18/2011
1:47.64	Detroit Renaissance	Dayton/Roosevelt Memorial.....	5/ 5/2000
1:48.47	Ypsilanti Lincoln	Ann Arbor/Eagle Inv .....	5/25/2017
1:48.77	Saline <i>(Amera Boyd, Lauryn Hunt, Greta Downey, Emily Cook)</i>	Ann Arbor/Eagle End of Season .....	5/23/2019
1:48.83	Rockford <i>(Abby Nash, Grace Gohl, Casey Lenon, Taylor Korotkowski 58.75)</i>	Greensboro/New Balance.....	6/15/2018
1:49.02	Northville	Saline/Golden Triangle .....	5/ 4/2018
1:49.0	Benton Harbor	Kalamazoo/Central Inv .....	5/ 4/2002
1:49.1+	Detroit Northern	[1:49.7y].....	/1978
1:49.2	Middleville	Caledonia/Soderman .....	4/23/2004
1:49.55	Southfield	Dayton/Roosevelt Memorial.....	5/ 5/2000
1:49.7	Detroit Central	(meet?) .....	/1982
1:50.1	Adrian Madison	Manchester/Metrics .....	5/12/2017
1:50.8	Grand Haven	Hastings/Relays.....	4/18/2009
1:51.63	Wayne Memorial <i>(Chanel Khan, Reanna Brown-Deacon, Anavia Battle, Erica Robinson 61.35)</i>	Greensboro/New Balance Nationals.....	6/17/2016
1:52.53	Detroit Northwestern	Dayton/Roosevelt Memorial.....	5/ 4/2001
1:52.6	Chelsea	Hastings/Relays.....	4/19/2008
1:52.80	Midland	Midland/Graves Swayze Inv .....	4/22/2016
1:52.83	Jenison <i>(Hannah Huizen, Kylie Clark, Madyson Tease, Rose Russo 58.97)</i>	Greensboro/New Balance Nationals.....	6/17/2016
1:52.8	Grand Haven	Hastings/Relays.....	4/19/2008
1:53.01	Trenton	Chelsea/Relays.....	4/22/2016
1:53.03	Grand Rapids Ottawa Hills	Holland/Ins Relays.....	5/ 5/2018
1:53.0	Ypsilanti	Ypsilanti/April Showers .....	4/20/1998
1:53.0	Monroe	Ypsilanti/April Showers Relays .....	4/21/2007
1:53.1	Southfield Lathrup	Dayton/Mitchell Memorial .....	5/ 1/2004
1:53.2	Farmington Hills Harrison	Milan/Puddle Jumper .....	4/26/1997
1:53.2	Battle Creek Lakeview	Kalamazoo/Long Inv .....	5/ 4/2007
1:53.3	Flint Southwestern	Midland/Inv .....	4/19/2000
1:53.59	Grosse Pointe South	Dexter/April Showers Relays .....	4/18/2015
1:53.6	Portage Central	Kalamazoo/Central Inv .....	5/ 1/1998
1:53.84	Milford	Dayton/Mitchell Roosevelt .....	5/ 3/2008
1:53.9	Fenton	Flint/Carman-Ainsworth .....	5/ 5/2000

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

1:54.01	Farmington Hills Mercy <i>(Anna Rimatzki, Sophia Holdwick, Gianna Bellisario, Mackenzie Sullivan)</i>	Saline/Golden Triangle .....	5/ 3/2019
1:54.11	Adrian	Ann Arbor/Last Chance.....	5/24/2018
1:54.1	Tecumseh	Clinton/Redskin Relays.....	4/18/1998
1:54.1	Kalamazoo Central	Kalamazoo/Central Inv .....	5/ 4/2002
1:54.2	Grandville	Hastings/Relays.....	4/19/2014
1:54.5	Salem	Ypsilanti/April Showers .....	4/20/1998
1:54.5	Allendale	Holland/West Ottawa Relays .....	5/ 1/2004
1:54.6	Charlotte	(meet?) .....	1/1984
1:54.6	Forest Hills Northern	Lowell/Talus Inv .....	5/ 5/2007

## 1000 SWEDISH MEDLEY

(100-200-300-400)

**TOP 35 PERFORMANCES:**

2:12.63	Oak Park <i>(Kailsi Latta-Thompson, Tamea McKelvy, Carlita Taylor, Johnyce Powell 54.61)</i>	Greensboro/New Balance.....	6/13/2014
2:15.58	Ypsilanti Lincoln <i>(Kaliyah Favors, Jayda Cheeks, Melanie Macias, Alexys Wilson)</i>	Ypsilanti/End of Season.....	5/26/2022
2:17.68	Rockford <i>(Shelby Korytkowski, Abby Nash, Kate Zang, Peyton Korytkowski 57.49)</i>	Greensboro/New Balance Nationals.....	6/14/2019
2:17.97	Rockford <i>(Abby Nash, Grace Gohl, Casey Lenon, Taylor Korotkowski)</i>	Greensboro/New Balance.....	6/15/2018
2:18.03	East Kentwood <i>(58.90)</i>	Greensboro/New Balance Nationals.....	6/17/2016
2:19.35	Ypsilanti Lincoln <i>(Kaliyah Favors, Jayda Cheeks, Melanie Macias, Alexys Wilson)</i>	Philadelphia/NB Nationals .....	6/17/2022
2:19.85	Saline <i>(Greta Downey, Amara Boyd, Suzanne Chuparkoff, Lauryn Hunt)</i>	Ann Arbor/Eagle End of Season .....	5/23/2019
2:19.98	Saline <i>(Greta Downey, Amara Boyd, Suzanne Chuparkoff, Lauryn Hunt 57.74)</i>	Greensboro/New Balance Nationals.....	6/14/2019
2:20.95	Ann Arbor Huron <i>(Aliyah Ferguson, Jordan Douglas, Mackenzie Robinson, Mya Georgiadis)</i>	Ypsilanti/End of Season.....	5/26/2022
2:21.43	Ann Arbor Huron <i>(Kiearea McBride, Aliyah Ferguson, Rachel Overgaard, Christabelle Obi 57.6)</i>	Philadelphia/NB Nationals .....	6/17/2022
2:21.60	Ypsilanti Lincoln <i>(Kaliyah Favors, Jayda Cheeks, Alexys Wilson, Melanie Macias)</i>	Ypsilanti/Splitter Relays .....	4/16/2022
2:22.13	Saline <i>(Amanda Luurtsema, Autumn Godette, Natalie Wysocki, Alexa Ross)</i>	Greensboro/New Balance.....	6/13/2013
2:22.66	East Kentwood <i>(Sedalia Libbett, Tyler Shumpert, Paige Vanderwall, Tiffany Applewhite)</i>	Greensboro/New Balance.....	6/13/2013
2:24.75	Grand Haven	Grand Rapids/Elite Challenge .....	4/29/2017
2:26.12	Ann Arbor Skyline <i>(Alexis Wilson, Jaeda Olive, Sydney Cunningham, Zsafia Hull 62.27)</i>	Greensboro/New Balance Nationals.....	6/14/2019
2:27.14	Detroit Cass Tech <i>(Autumn Ali, Charonne Brown, Lindsay Johnson, Kai Allen)</i>	Ypsilanti/Splitter Relays .....	4/16/2022
2:28.84	Ypsilanti Lincoln <i>(Jerzee Cheeks, Amara Harris, Arielle Williams, Melia Williams)</i>	Ann Arbor/Eagle End of Season .....	5/23/2019
2:29.97	Grand Rapids Christian	Grand Rapids/Elite Challenge .....	4/28/2018
2:30.87	Rockford <i>(Peyton Steffes, Emily Obenauf, Allison Everhart-Deckard, Kierra Clum)</i>	Grand Rapids/Elite Challenge .....	4/30/2022
2:32.30	Grand Rapids Christian	Grand Rapids/Elite Challenge .....	4/30/2016
2:32.38	Grand Rapids Union	Grand Rapids/Elite Challenge .....	4/28/2018
2:32.96	Grand Rapids Ottawa Hills	Grand Rapids/Elite Challenge .....	4/30/2016
2:33.35	GR Ottawa Hills <i>(Naomi Robinson, Aryana Bailey, Ariel Covington, Makenzee Powell)</i>	Grand Rapids/Elite Challenge .....	4/20/2019
2:33.41	Grand Rapids Christian	Grand Rapids/Elite Challenge .....	4/29/2017
2:33.71	Adrian <i>(Jessica Scott, Day'Anna Marr, Gabby Stintzi, Maggie Raab)</i>	Ann Arbor/Eagle End of Season .....	5/23/2019
2:35.61	Grand Haven	Grand Rapids/Elite Challenge .....	4/30/2016

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

2:35.88	Grand Rapids Ottawa Hills	Grand Rapids/Elite Challenge .....	4/29/2017
2:35.94	Grand Rapids Ottawa Hills	Grand Rapids/Elite Challenge .....	4/28/2018
2:37.21	Forest Hills Northern <i>(Tia Reid, Gabrielle Williams, Audrea Morrissey, Emily Fredette)</i>	Grand Rapids/Elite Challenge .....	4/20/2019
2:39.08	Dexter <i>(Ella Gasiorek, Maggie Lewis, Meghan McGill, Hannah Berenson)</i>	Ypsilanti/End of Season .....	5/26/2022
2:39.10	Lowell	Grand Rapids/Elite Challenge .....	4/30/2016
2:39.67	Saline <i>(Ava Schmidt, Jacquelyn Kolano, Alena Miklosovic, Ashton Davis)</i>	Ypsilanti/Splitter Relays .....	4/16/2022
2:40.25	Lowell <i>(Jeselyn Spaulding, Cierra Sayer, Isabel German, Leah Krieger)</i>	Grand Rapids/Elite Challenge .....	4/30/2022
2:40.66	St Joseph <i>(Naia Dibkey, Gabriella Wiskow, Charly Shell, Lilly Woytsek)</i>	Grand Rapids/Elite Challenge .....	4/30/2022
2:40.90	Grand Rapids Union	Grand Rapids/Elite Challenge .....	4/29/2017

**TOP 17 SCHOOLS:**

2:12.63	Oak Park <i>(Kailsi Latta-Thompson, Tamea McKelvy, Carlita Taylor, Johnnyce Powell 54.61)</i>	Greensboro/New Balance.....	6/13/2014
2:15.58	Ypsilanti Lincoln <i>(Kaliyah Favors, Jayda Cheeks, Melanie Macias, Alexys Wilson)</i>	Ypsilanti/End of Season.....	5/26/2022
2:17.68	Rockford <i>(Shelby Korytkowski, Abby Nash, Kate Zang, Peyton Korytkowski 57.49)</i>	Greensboro/New Balance Nationals.....	6/14/2019
2:18.03	East Kentwood <i>(58.90)</i>	Greensboro/New Balance Nationals.....	6/17/2016
2:19.85	Saline <i>(Greta Downey, Amera Boyd, Suzanne Chuparkoff, Lauryn Hunt)</i>	Ann Arbor/Eagle End of Season .....	5/23/2019
2:20.95	Ann Arbor Huron <i>(Aliyah Ferguson, Jordan Douglas, Mackenzie Robinson, Mya Georgiadis)</i>	Ypsilanti/End of Season.....	5/26/2022
2:24.75	Grand Haven	Grand Rapids/Elite Challenge .....	4/29/2017
2:26.12	Ann Arbor Skyline <i>(Alexis Wilson, Jaeda Olive, Sydney Cunningham, Zsofia Hull 62.27)</i>	Greensboro/New Balance Nationals.....	6/14/2019
2:27.14	Detroit Cass Tech <i>(Autumn Ali, Charonne Brown, Lindsay Johnson, Kai Allen)</i>	Ypsilanti/Splitter Relays .....	4/16/2022
2:29.97	Grand Rapids Christian	Grand Rapids/Elite Challenge .....	4/28/2018
2:32.38	Grand Rapids Union	Grand Rapids/Elite Challenge .....	4/28/2018
2:32.96	Grand Rapids Ottawa Hills	Grand Rapids/Elite Challenge .....	4/30/2016
2:33.71	Adrian <i>(Jessica Scott, Day'Anna Marr, Gabby Stintzi, Maggie Raab)</i>	Ann Arbor/Eagle End of Season .....	5/23/2019
2:37.21	Forest Hills Northern <i>(Tia Reid, Gabrielle Williams, Audrea Morrissey, Emily Fredette)</i>	Grand Rapids/Elite Challenge .....	4/20/2019
2:39.08	Dexter <i>(Ella Gasiorek, Maggie Lewis, Meghan McGill, Hannah Berenson)</i>	Ypsilanti/End of Season.....	5/26/2022
2:39.10	Lowell	Grand Rapids/Elite Challenge .....	4/30/2016
2:40.66	St Joseph <i>(Naia Dibkey, Gabriella Wiskow, Charly Shell, Lilly Woytsek)</i>	Grand Rapids/Elite Challenge .....	4/30/2022

**1200-METER SPRINT MEDLEY**

**(400-200-400-200)**

**TOP PERFORMANCES**

2:44.06	Oak Park	Beverly Hills/Groves Inv.....	4/18/2015
2:52.2	Grand Haven	Holland/West Ottawa Relays .....	5/ 2/1987
2:52.3	Rochester Adams	Troy/Athens Relays .....	5/10/2002
2:53.9	Southfield	Harrison Twp/DeLaSalle Inv .....	4/24/1999
2:54.7	Rockford	Wyoming/Grimm Relays .....	4/26/2003
2:54.91	North Farmington	Beverly Hills/Groves Inv.....	4/18/2015
2:55.5	Forest Hills Northern	Caledonia/Soderman .....	4/23/2004

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

2:56.4+	Lansing Everett	[2:57.4y]...../1985
2:56.9+	Royal Oak Dondero	[2:57.9y]...../1979
2:57.1	Muskegon Heights	(meet?)...../1984
2:57.2+	Milan	[2:58.2y]...../1983
2:57.2	East Kentwood	(meet?)...../1984
2:57.2	Portage Central	Wyoming Park/Relays .....4/26/1997
2:57.2	Rockford	Wyoming Park/Relays .....4/28/2001
2:57.3	Coopersville	Caledonia/Soderberg Relays.....4/26/2003
2:57.5	Ann Arbor Pioneer	(meet?)...../1985
2:57.6	Walled Lake Central	Walled Lake/Stafford Relays.....5/ 4/2002
2:57.9	Walled Lake Central	Warren/DLS Relays .....4/27/2002
2:57.9	Ann Arbor Pioneer	Ortonville/Tri-City Inv .....4/21/2012
2:58.0	Detroit Pershing	(meet?)...../1990
2:58.0	Grand Rapids Christian	Wyoming Park/Grimm Relays.....4/28/2007
2:58.0	Hamilton	Wyoming Park/Grimm Relays.....4/28/2012
2:58.2+	Muskegon Heights	[2:59.2y]...../1985
2:58.2	Coopersville	Godwin Heights/Wolverine.....4/13/2002
2:58.3	Rockford	Wyoming Park/Relays .....5/ 1/1999
2:58.5	Lake Orion	Waterford/Brennan Relays.....5/ 1/2009
2:58.65	Southfield	Beverly Hills/Groves Inv.....4/18/2015
2:58.9	Sturgis	Sturgis .....4/12/1986
2:59.0	Walled Lake Western	Walled Lake/Stafford Relays.....5/ 1/1999
2:59.1	Fremont	Hart Relays.....5/10/1986
2:59.26	Grand Rapids Christian	Wyoming/Grimm Relays .....4/26/2014
2:59.2	Rockford	Greenville/Inv.....5/ 2/1998
2:59.5	Waterford Mott	Waterford/Brennan Relays.....5/ 1/2009
2:59.8	Grand Rapids Christian	Wyoming/Grimm Relays .....4/29/2006
2:59.9	Wyoming Park	(meet?).....5/ /89
3:00.0	Ann Arbor Pioneer	Waterford/Brennan Relays.....5/ 1/2009
3:00.10	Waterford Mott	Waterford/Brennan Inv.....4/26/2014
3:00.12	Charlotte	Gowell Relays.....5/ 1/2014
3:00.14	Grand Rapids South Christian	East Grand Rapids/Classic.....5/ 2/2015
3:00.1	Wyoming Park	Wyoming Park/Relays .....5/ 1/1999
3:00.1	Salem	Walled Lake/Stafford Relays.....5/ 1/1999
3:00.2	Portage Central	Wyoming Park/Relays .....5/ 1/1999
3:00.2	Southfield Lathrup	Walled Lake/Stafford Relays.....5/ 1/1999
3:00.37	Grandville Calvin Christian	Wyoming/Grimm Relays .....4/26/2014
3:00.3	Muskegon Mona Shores	(meet?)...../1984
3:00.3	East Grand Rapids	Wyoming Park/Grimm.....4/23/2004
3:00.4	Walled Lake Central	Plymouth/Lady Chiefs.....4/28/2001
3:00.5	Mason County Central	Hart Relays.....5/10/1986

**TOP SCHOOLS:**

2:44.06	Oak Park	Beverly Hills/Groves Inv.....4/18/2015
2:52.2	Grand Haven	Holland/West Ottawa Relays .....5/ 2/1987
2:52.3	Rochester Adams	Troy/Athens Relays .....5/10/2002
2:53.9	Southfield	Harrison Twp/DeLaSalle Inv .....4/24/1999
2:54.7	Rockford	Wyoming/Grimm Relays .....4/26/2003
2:54.91	North Farmington	Beverly Hills/Groves Inv.....4/18/2015
2:55.5	Forest Hills Northern	Caledonia/Soderman .....4/23/2004
2:56.4+	Lansing Everett	[2:57.4y]...../1985
2:56.9+	Royal Oak Dondero	[2:57.9y]...../1979
2:57.1	Muskegon Heights	(meet?)...../1984
2:57.2+	Milan	[2:58.2y]...../1983
2:57.2	East Kentwood	(meet?)...../1984
2:57.2	Portage Central	Wyoming Park/Relays .....4/26/1997
2:57.3	Coopersville	Caledonia/Soderberg Relays.....4/26/2003
2:57.5	Ann Arbor Pioneer	(meet?)...../1985
2:57.6	Walled Lake Central	Walled Lake/Stafford Relays.....5/ 4/2002



**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

2:58.0	Detroit Pershing	(meet?) .....	/1990
2:58.0	Grand Rapids Christian	Wyoming Park/Grimm Relays .....	4/28/2007
2:58.0	Hamilton	Wyoming Park/Grimm Relays .....	4/28/2012
2:58.2+	Muskegon Heights	[2:59.2y] .....	/1985
2:58.2	Coopersville	Godwin Heights/Wolverine .....	4/13/2002
2:58.5	Lake Orion	Waterford/Brennan Relays .....	5/ 1/2009
2:58.9	Sturgis	Sturgis .....	4/12/1986
2:59.0	Walled Lake Western	Walled Lake/Stafford Relays .....	5/ 1/1999
2:59.1	Fremont	Hart Relays .....	5/10/1986
2:59.5	Waterford Mott	Waterford/Brennan Relays .....	5/ 1/2009
2:59.9	Wyoming Park	(meet?) .....	5/ /89
3:00.12	Charlotte	Gowell Relays .....	5/ 1/2014
3:00.14	Grand Rapids South Christian	East Grand Rapids/Classic .....	5/ 2/2015
3:00.1	Salem	Walled Lake/Stafford Relays .....	5/ 1/1999
3:00.2	Portage Central	Wyoming Park/Relays .....	5/ 1/1999
3:00.2	Southfield Lathrup	Walled Lake/Stafford Relays .....	5/ 1/1999
3:00.37	Grandville Calvin Christian	Wyoming/Grimm Relays .....	4/26/2014
3:00.3	Muskegon Mona Shores	(meet?) .....	/1984
3:00.3	East Grand Rapids	Wyoming Park/Grimm .....	4/23/2004
3:00.5	Mason County Central	Hart Relays .....	5/10/1986
3:00.66	Forest Hills Eastern	Wyoming/Grimm Relays .....	4/26/2014
3:00.6	Lansing Catholic Central	Bath/Courser Inv .....	4/30/2004
3:00.6	Sparta	Wyoming/Scheerhorn Relays .....	4/28/2007
3:00.78	Livonia Churchill	Belleville/Tiger Relays .....	4/16/2016
3:01.0	Shelby	Hart Relays .....	5/10/1986
3:01.0	Northville	Birmingham/Groves Inv .....	4/21/2007

## 1600 METER SPRINT MEDLEY

(400-200-200-800)

### TOP 50 PERFORMANCES

3:56.09	Oak Park	Greensboro/New Balance .....	6/17/2018
	<i>(Aasia Laurencin, Kourtney Kennard, Miyah Brooks, Dorriann Coleman 2:10.91)</i>		
3:56.35	Oak Park	Greensboro/New Balance Nationals .....	6/20/2015
	<i>(Tamea McKelvy, Brianna Holloway, Anna Jefferson, Dorriann Coleman 2:13.54)</i>		
3:57.49	Ann Arbor Pioneer	Greensboro/New Balance Nationals .....	6/17/2016
	<i>(Britten Bowen, Jordyn Dresch, Hailey Mayes, Alice Hill 2:10.02)</i>		
3:59.06	Ann Arbor Pioneer	Greensboro/New Balance Nationals .....	6/17/2017
	<i>(Britten Bowen, Tiffany Cernej-Garcia, Hailey Mayes, Anne Forsyth 2:11.15)</i>		
3:59.09	Oak Park	Greensboro/New Balance Nationals .....	6/20/2014
	<i>(Tamea McKelvy, Johnyce Powell, Anna Jefferson, Jayla Fleming 2:15.03)</i>		
3:59.38	Oak Park	Dayton/Roosevelt Memorial .....	5/ 2/2015
3:59.65	Saline	Greensboro/New Balance Nationals .....	6/20/2014
	<i>(Alexa Ross, Janell Green, Hailey Mayes, Kennedy Beazley 2:08.44)</i>		
4:00.31	Oak Park	Philadelphia/NB Nationals .....	6/17/2022
	<i>(Drelin Mapp 25.6, Carrie VanNoy 25.8, Morgan Roundtree 56.2, Kylee King 2:12.7)</i>		
4:00.99	Ann Arbor Pioneer	Dexter/April Showers .....	4/23/2016
	<i>(Britten Bowen, Jordyn Dresch, Hailey Mayes, Alice Hill)</i>		
4:01.21	Oak Park	Greensboro/New Balance Nationals .....	6/15/2019
	<i>(Aasia Laurencin, Kourtney Kennard, Chloe Vines, Jayla Jones 2:15.59)</i>		
4:02.27	Oak Park	Greensboro/New Balance Nationals .....	6/17/2016
	<i>(Tamea McKelvy, Carlita Taylor, Anna Jefferson, Dorri Coleman 2:17.83)</i>		
4:03.61	Saline	Greensboro/New Balance Nationals .....	6/15/2019
	<i>(Greta Downey, Amara Boyd, Lauryn Hunt, Madi Wood 2:13.87)</i>		
4:04.53	Detroit Mumford	Dayton/Roosevelt Memorial .....	5/ 4/2007
	<i>(Shayla Mahan 23.8, Dominique Brown 26.2, Aisha Osborne 57.7, Ajia Olison 2:16.8)</i>		
4:05.7	Detroit Cass Tech	Dayton/Roosevelt Memorial .....	5/ 3/1996
4:06.29	Troy	Greensboro/New Balance Nationals .....	6/17/2017
	<i>(Lauren Fulcher, Emma Kotwick, Hannah Palomino, Megan Worrel 2:13.07)</i>		
4:06.51	Oak Park	Dayton/Roosevelt Memorial .....	5/ 3/2019

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

<i>(Morgan Atlas, Kourtney Kennard, Tamyra Todd, Jayla Jones)</i>		
4:07.3	Detroit Mumford	Detroit/Mumford Relays .....4/14/2007
4:07.49	Oak Park	Dayton/Roosevelt Memorial .....5/ 7/2016
4:09.36	Detroit Cass Tech	[HST] ...../1994
4:09.9	Ann Arbor Pioneer	Dexter/April Showers .....4/22/2017
4:10.30	Detroit Renaissance	Dayton/Roosevelt Inv .....5/ 3/2003
4:10.33	Oak Park	Dayton/Roosevelt Memorial .....5/ 4/2013
4:10.4	Ann Arbor Pioneer	Detroit/Mumford Relays .....4/14/2007
4:11.31	Milford	Greensboro/Nike Outdoor .....6/16/2006
<i>(Cara Dukes 26.2, K. Westenberg 26.3, Amber Pearsall 59.5, Carlie Green 2:19.3)</i>		
4:11.32	Detroit Renaissance	Dayton/Roosevelt Memorial .....5/ 3/2002
4:11.43	Saline	Dexter/April Showers .....4/19/2014
4:11.64	Detroit Cass Tech	Dayton/Roosevelt Memorial .....5/ 5/2000
4:11.79	Livonia Churchill	Dexter/April Showers .....4/23/2016
4:13.46	Detroit Mumford	Chicago/Windy City Relays .....4/19/2008
4:13.71	Saline	Philadelphia/NB Nationals .....6/17/2022
<i>(Charlotte Rittenhouse 26.9, Jordan Wickham 28.1, Mackenzie Sellenraad 61.3, Mia Rogan 2:17.4)</i>		
4:13.8	Waterford Mott	West Bloomfield/Inv .....4/25/2009
4:13.98	Livonia Churchill	Dexter/April Showers .....4/22/2017
4:14.16	Milford	Dayton/Roosevelt Memorial .....5/ 5/2006
4:14.94	Jackson	Chelsea/Relays .....4/14/2022
<i>(Keiyera Johnson, La’Naja Wilks, Mikayla Butters, Everette Drummond)</i>		
4:15.0	Ann Arbor Pioneer	[HST] ...../1994
4:15.1	Detroit Cass Tech	West Bloomfield/Inv .....4/28/2001
4:15.6	Detroit Cass Tech	Dayton/Roosevelt Memorial .....5/ 1/1998
4:15.7	Macomb Dakota	Ypsilanti/April Showers .....4/21/2012
4:15.95	Grand Rapids Kenowa Hills	Greensboro/New Balance Nationals .....6/17/2016
<i>(Emily Bajema, McKena Boos, Katie Westfall 63.66, Madison Goen 2:17.92)</i>		
4:15.99	Rockford	Dayton/Roosevelt Memorial .....5/ 4/2001
4:16.24	East Kentwood	Greensboro/New Balance .....6/16/2018
<i>(Mauriya Barnes, Qe-Neisha Young, Trinity Bracey, Sarah Stapleton 2:25.19)</i>		
4:17.5	Flint Southwestern	Dayton/Mitchell Roosevelt .....5/ 1/2009
4:17.6	Monroe	West Bloomfield/Inv .....4/28/2007
4:17.7	Detroit Cass Tech	West Bloomfield/inv .....5/13/2000
4:18.0	Southfield	Dayton/Roosevelt Memorial .....5/ 1/1998
4:18.3	Chelsea	Corunna Relays .....4/21/2006
4:18.6	Detroit Henry Ford	...../1989
4:18.6	Romulus	Ypsilanti/April Showers Relays .....4/22/2006
4:18.75	Rockford	Dayton/Roosevelt Memorial .....5/ 5/2000
4:19.05	Ithaca	Greensboro/New Balance Nationals .....6/17/2016
<i>(Erica Sheahan, Kara Kindel, Kurstin Kalisek 63.82, Courtney Allen 2:20.75)</i>		

**TOP 50 SCHOOLS:**

3:56.09	Oak Park	Greensboro/New Balance .....6/17/2018
<i>(Aasia Laurencin, Kourtney Kennard, Miyah Brooks, Dorriann Coleman 2:10.91)</i>		
3:57.49	Ann Arbor Pioneer	Greensboro/New Balance Nationals .....6/17/2016
<i>(Britten Bowen, Jordyn Dresch, Hailey Mayes, Alice Hill 2:10.02)</i>		
3:59.65	Saline	Greensboro/New Balance Nationals .....6/20/2014
<i>(Alexa Ross, Janell Green, Hailey Mayes, Kennedy Beazley 2:08.44)</i>		
4:04.53	Detroit Mumford	Dayton/Roosevelt Memorial .....5/ 4/2007
4:05.7	Detroit Cass Tech	Dayton/Roosevelt Memorial .....5/ 3/1996
4:06.29	Troy	Greensboro/New Balance Nationals .....6/17/2017
<i>(Lauren Fulcher, Emma Kotwick, Hannah Palomino, Megan Worrel 2:13.07)</i>		
4:10.30	Detroit Renaissance	Dayton/Roosevelt Inv .....5/ 3/2003
4:11.31	Milford	Greensboro/Nike Outdoor .....6/16/2006
<i>(Cara Dukes 26.2, K. Westenberg 26.3, Amber Pearsall 59.5, Carlie Green 2:19.3)</i>		
4:11.79	Livonia Churchill	Dexter/April Showers .....4/23/2016
4:13.8	Waterford Mott	West Bloomfield/Inv .....4/25/2009
4:14.94	Jackson	Chelsea/Relays .....4/14/2022

## Michigan Girls All-Time Lists - Outdoors

### Compiled by Jeff Hollobaugh – www.michrack.org

<i>(Keiyera Johnson, La'Naja Wilks, Mikayla Butters, Everette Drummond)</i>		
4:15.7	Macomb Dakota	Ypsilanti/April Showers .....4/21/2012
4:15.95	Grand Rapids Kenowa Hills	Greensboro/New Balance Nationals.....6/17/2016
<i>(Emily Bajema, McKena Boos, Katie Westfall 63.66, Madison Goen 2:17.92)</i>		
4:15.99	Rockford	Dayton/Roosevelt Memorial.....5/ 4/2001
4:16.24	East Kentwood	Greensboro/New Balance.....6/16/2018
<i>(Mauriya Barnes, Qe-Neisha Young, Trinity Bracey, Sarah Stapleton 2:25.19)</i>		
4:17.5	Flint Southwestern	Dayton/Mitchell Roosevelt .....5/ 1/2009
4:17.6	Monroe	West Bloomfield/Inv .....4/28/2007
4:18.0	Southfield	Dayton/Roosevelt Memorial.....5/ 1/1998
4:18.3	Chelsea	Corunna Relays .....4/21/2006
4:18.6	Detroit Henry Ford	...../1989
4:18.6	Romulus	Ypsilanti/April Showers Relays .....4/22/2006
4:19.05	Ithaca	Greensboro/New Balance Nationals.....6/17/2016
<i>(Erica Sheahan, Kara Kindel, Kurstin Kalisek 63.82, Courtney Allen 2:20.75)</i>		
4:19.0	Rochester Adams	West Bloomfield/inv .....5/13/2000
4:19.75	DeWitt	Chelsea/Relays.....4/14/2022
<i>(Grace Hungerford, Julia Holden, Autumn Thompson, Ayla Holben)</i>		
4:19.8	Northville	West Bloomfield/Inv .....5/ 1/2010
4:19.9+	Montrose	[4:21.4y]...../1978
4:20.11	Fenton	Dexter/April Showers .....4/22/2017
4:20.4	Flushing	Corunna Relays .....4/27/2002
4:20.4	Rochester	West Bloomfield/Inv .....4/25/2009
4:20.6	Pinckney	West Bloomfield/Inv .....5/ 1/2010
4:21.0	Troy Athens	...../1985
4:21.0	Detroit Renaissance	West Bloomfield Inv .....4/25/1998
4:21.7	White Lake Lakeland	White Lake/Lakeland Relays .....4/26/2013
4:21.87	South Lyon	Chelsea/Relays.....4/14/2022
<i>(Lauren McMahon, Sophia Tapp, Kyra Karfonta, Adrianna Patanis)</i>		
4:22.1	Flint Beecher	...../1989
4:22.2	East Grand Rapids	...../1989
4:22.48	Flint Central	Dayton/Roosevelt Memorial.....5/ 5/2006
4:23.00	Plainwell	Parchment/Relays .....5/ 6/2016
4:23.0	Lansing Sexton	Mt Pleasant/CMU Relays.....4/28/1984
4:23.0	Grand Blanc	Ypsilanti/April Showers Relays .....4/21/2007
4:23.9	Detroit DePorres	...../1989
4:24.3	Milan	...../1983
4:24.62	Detroit King	Dayton/Roosevelt Memorial.....5/ 5/2000
4:24.9	Novi	West Bloomfield/Inv .....4/25/2009
4:25.6	Brighton	West Bloomfield/Inv .....5/ 1/2010
4:26.28	Wayne Memorial	Dexter/April Showers .....4/23/2016
4:26.2	North Farmington	North Farmington/Raider Relays .....4/24/2010
4:26.4	Southfield Christian	Dayton/Roosevelt Memorial.....5/ 4/2007
4:26.7	Wyoming Park	...../1985
4:26.9	Dexter	...../1983

## 2400 METER DISTANCE MEDLEY

(800-400-400-800)

### TOP 50 PERFORMANCES

6:40.0	Flint Northern	Flint/Mott Relays .....5/ 4/1984
<i>(Lydia Bank, Alisha Johnson, Pam Brown, Debra Jinnah)</i>		
6:40.9	Flint Northern	Flint/Mott Relays .....5/ 6/1983
<i>(Marlene Isabelle, Shonda Johnson, Alisha Johnson, Carlene Isabelle)</i>		
6:41.1	Ann Arbor Huron	Flint/Mott Relays .....5/ 6/1988
<i>(Laura Simmering, Dina Johnson, Patty Kersey, Tracy Boudreau)</i>		
6:42.59	Saline	Waterford/Ashley-Brennan.....4/25/2015
<i>(Abby Rentschler, Lillian Scheske, Ashley Amegan, Hannah Cummings)</i>		
6:45.43	Waterford Mott	Waterford/Ashley-Brennan Relays.....4/30/2016
<i>(Morgan Fuerst, Mikayla Gean, Victori Stachowski, Katie Osika)</i>		

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

6:47.7	Milford	Waterford/Ashley-Brennan.....	4/28/2017
6:48.02	Milford	Waterford/Ashley-Brennan Relays.....	4/30/2016
	<i>(Sarah Ausum, Evelyn Zielinski, Abby Knapp, Victoria Heiligenthal)</i>		
6:49.3	Ann Arbor Pioneer	Dayton .....	/1995
6:49.5	Flint Northern	Flint/Mott Relays .....	5/3/1985
	<i>(Darnella Sudbury, Michelle Strozier, Deidera Broussard, Debrah Jinnah)</i>		
6:49.7	Clarkston	Waterford/Ashley-Brennan.....	4/28/2017
6:50.0	Flint Northern	Flint/Mott Relays .....	5/ 4/1984
6:51.0	Rockford	Grand Rapids/GRPS Inv.....	4/15/2000
6:51.5	Rochester Adams	Waterford/Ashley-Brennan.....	4/28/2017
6:53.0	Benton Harbor	Flint/Mott Relays .....	5/ 4/1984
6:54.7	West Bloomfield	Waterford/Ashley-Brennan.....	4/28/2017
6:56.3	Rockford	Grand Rapids/GRPS Relays .....	4/19/2003
6:56.6	Pinckney	Flint/Mott Relays .....	5/ 6/2000
6:58.4	Ann Arbor Huron	Flint/Mott Relays .....	5/ 1/1987
6:58.4	Rochester Adams	Waterford/Ashley-Brennan Relays.....	4/29/2018
6:58.6	Pinckney	Flint/Mott Relays .....	5/ 7/1999
6:58.6	Rockford	Grand Rapids/GRPS Relays .....	4/14/2001
6:59.1	Waterford Mott	Waterford/Ashley-Brennan Relays.....	4/29/2018
6:59.5+	Ludington	[7:02.0y].....	/1983
6:59.5	Ann Arbor Pioneer	Flint/Mott Relays .....	5/ 2/1997
6:59.9+	Midland	Flint/Mott Relays (7:02.3).....	5/ 6/1977
7:00.3+	Flint Northern	Flint/Mott Relays (7:02.7).....	5/ 4/1979
	<i>(Venita Bowie, Paula McGee, Judy Tucker, Levy String)</i>		
7:00.78	Traverse City Central	Midland/Graves-Swayze Relays .....	4/18/2019
	<i>(Julia Flynn, Madylin McLean, Addison Swanson, Avery McLean)</i>		
7:01.4	Rochester Hills Stoney Creek	Waterford/Ashley-Brennan Relays.....	4/29/2018
7:01.7	Ann Arbor Pioneer	Flint/Mott Relays .....	5/ 4/1990
7:02.1	Corunna	St Louis/Relays.....	4/17/1999
7:02.6	Grosse Pointe North	.....	/1979
7:02.6	Midland	Flint/Mott Relays .....	5/ 6/2000
7:03.06	Rochester Adams	Waterford/Ashley-Brennan Relays.....	4/30/2016
	<i>(Maddie Dessy, Hannah Champine, Kiley Ward, Eva Jansohn)</i>		
7:03.2	Pinckney	Flint/Mott Relays .....	5/ 7/1999
	<i>(Rhea Agostini, Debbie Hufnagel, Lisa Cowdrey, Ashley Emery)</i>		
7:03.5	Flint Central	Flint/Mott Relays .....	5/ 1/1998
	<i>(Crystal Ewell, Mia Malloy, Corinthian Carouthers, Simone Plump)</i>		
7:04.55	Clarkston	Waterford/Ashley-Brennan Relays.....	4/30/2016
	<i>(Emily Ferguson, Kayla Luchenbach, Zoi Morton, Mallory Ferguson)</i>		
7:04.5	Waterford Mott	Waterford/Brennan Inv.....	4/26/2014
	<i>(Morgan Fuerst, Kara Miller, Mikayla Gean, Savannah Schaeffer)</i>		
7:04.9	Rockford	Grand Rapids/Public School Inv .....	4/15/2006
7:05.2	Detroit Renaissance	Flint/Mott Relays .....	5/ 1/1998
7:05.3	Rockford	Grand Rapids/Public School Inv .....	4/16/2004
7:05.6	Grand Rapids Ottawa Hills	Flint/Mott Relays [at least] .....	5/ 1/1987
7:05.6	Flint Beecher	Flint/Mott Relays [at least] .....	5/ 1/1987
7:05.6	Saginaw	Flint/Mott Relays [at least] .....	5/ 1/1987
7:05.6	Flint Northern	Flint/Mott Relays [at least] .....	5/ 1/1987
7:05.6	Traverse City	Flint/Mott Relays [at least] .....	5/ 1/1987
7:05.6	Kalamazoo Norrix	Flint/Mott Relays .....	5/ 1/1987
7:05.7+	Midland	Flint/Mott Relays (7:08.1).....	5/ 8/1976
7:06.08	Novi	Waterford/Ashley-Brennan.....	4/25/2015
	<i>(Jacalyn Schubring, Hannah Hood-Blaxill, Hannah Lonergan, Logan Flynn)</i>		
7:06.1+	Flint Southwestern	Flint/Mott Relays (7:08.5).....	5/ 5/1978
7:06.2	Midland	Flint/Mott Relays .....	5/ 1/1998
7:06.3	Hartland	North Farmington/Raider Relays .....	4/24/2010
7:06.5	Hartland	.....	/1984
7:06.9	Brighton	Flint/Mott Relays .....	5/ 3/1991
7:07.0	Albion	Bath Relays .....	4/28/2006
7:07.0	Waterford Mott	Waterford/Ashley-Brennan.....	4/28/2017

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

**TOP 33 SCHOOLS**

6:40.0	Flint Northern <i>(Lydia Bank, Alisha Johnson, Pam Brown, Debra Jinnah)</i>	Flint/Mott Relays.....5/ 4/1984
6:41.1	Ann Arbor Huron <i>(Laura Simmering, Dina Johnson, Patty Kersey, Tracy Boudreau)</i>	Flint/Mott Relays.....5/ 6/1988
6:42.59	Saline <i>(Abby Rentschler, Lillian Scheske, Ashley Amegan, Hannah Cummings)</i>	Waterford/Ashley-Brennan.....4/25/2015
6:45.43	Waterford Mott <i>(Morgan Fuerst, Mikayla Gean, Victori Stachowski, Katie Osika)</i>	Waterford/Ashley-Brennan Relays.....4/30/2016
6:47.7	Milford	Waterford/Ashley-Brennan.....4/28/2017
6:49.3	Ann Arbor Pioneer	Dayton ...../1995
6:49.7	Clarkston	Waterford/Ashley-Brennan.....4/28/2017
6:51.0	Rockford	Grand Rapids/GRPS Inv.....4/15/2000
6:51.5	Rochester Adams	Waterford/Ashley-Brennan.....4/28/2017
6:53.0	Benton Harbor	Flint/Mott Relays.....5/ 4/1984
6:54.7	West Bloomfield	Waterford/Ashley-Brennan.....4/28/2017
6:56.6	Pinckney	Flint/Mott Relays.....5/ 6/2000
6:59.5+	Ludington	[7:02.0y]...../1983
6:59.9+	Midland	Flint/Mott Relays (7:02.3).....5/ 6/1977
7:00.78	Traverse City Central <i>(Julia Flynn, Madylin McLean, Addison Swanson, Avery McLean)</i>	Midland/Graves-Swayze Relays.....4/18/2019
7:01.4	Rochester Hills Stoney Creek	Waterford/Ashley-Brennan Relays.....4/29/2018
7:02.1	Corunna	St Louis/Relays.....4/17/1999
7:02.6	Grosse Pointe North	...../1979
7:03.2	Pinckney <i>(Rhea Agostini, Debbie Hufnagel, Lisa Cowdrey, Ashley Emery)</i>	Flint/Mott Relays.....5/ 7/1999
7:03.5	Flint Central	Flint/Mott Relays.....5/ 1/1998
7:05.2	Detroit Renaissance	Flint/Mott Relays.....5/ 1/1998
7:05.6	Grand Rapids Ottawa Hills	Flint/Mott Relays [at least].....5/ 1/1987
7:05.6	Flint Beecher	Flint/Mott Relays [at least].....5/ 1/1987
7:05.6	Saginaw	Flint/Mott Relays [at least].....5/ 1/1987
7:05.6	Traverse City	Flint/Mott Relays [at least].....5/ 1/1987
7:05.6	Kalamazoo Norrix	Mott.....5/ 1/1987
7:06.08	Novi <i>(Jacalyn Schubring, Hannah Hood-Blaxill, Hannah Lonergan, Logan Flynn)</i>	Waterford/Ashley-Brennan.....4/25/2015
7:06.3	Hartland	North Farmington/Raider Relays.....4/24/2010
7:07.0	Albion	Bath Relays.....4/28/2006
7:07.5	Eaton Rapids	Chelsea.....4/18/1987
7:07.8	Birmingham Seaholm	Waterford/Ashley-Brennan Relays.....4/29/2018
7:09.4	Romeo	Waterford/Ashley-Brennan.....4/28/2017
7:10.1	Lowell	Lowell Inv.....5/ 4/2002

**4000 METER DISTANCE MEDLEY**

(1200-400-800-1600)

**TOP 50 PERFORMANCES**

11:41.67	Clarkston <i>(Stephanie Morgan 3:31.6, Melissa Martinez 60.2, Lisa Sickman 2:19.4, Jenny Morgan 4:50.5)</i>	Greensboro/Nike Outdoor Ch.....6/17/2006
11:42.78	Ann Arbor Pioneer <i>(Cookie Baugh 3:39.97, Emily Cooper 60.18, Sylvia Sanok Dufallo 2:14.36, Sarah Forsyth 4:48.30)</i>	Philadelphia/NB Nationals.....6/17/2022
11:45.05	Rockford	Raleigh/adidas Ch.....6/17/2001
11:49.44	Rockford <i>(Kalin Toedebusch 3:38.8, Nora Colligan 58.8, Aimee Keenan 2:16.0, Linsey Blaisdell 4:55.8)</i>	Raleigh/Footlocker.....6/17/2000
11:51.21	Rockford	Raleigh/adidas Ch.....6/17/2001
11:51.71	Milford <i>(M. Barrett 3:30.66, Abby Knapp, 62.40, Sarah Ausum 2:18.19, Victoria Heiligenthal 5:00.48)</i>	Greensboro/New Balance Nationals.....6/19/2016
11:57.22	Rockford <i>(Linsey Blaisdell 3:41.7, Rita Schiesser 58.7, Kristin Podein 2:15.2, Kalin Toedebusch 5:01.6)</i>	Raleigh/Foot Locker.....6/12/1999

**Michigan Girls All-Time Lists - Outdoors**  
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11:58.6	Rockford	Wyoming Park/Relays .....	4/28/2001
11:59.12	Saline	Greensboro/New Balance.....	6/15/2014
	<i>(K. Beazley 3:42.35, Alexa Ross 57.27, Hannah Cummings 2:16.72, Elianna Shwayder 5:02.78)</i>		
12:00.78	Saline	Greensboro/Nike Outdoor Ch .....	6/17/2006
12:04.22	Waterford Mott	Greensboro/Nike Outdoor.....	6/20/2009
	<i>(Alyssa Osika, Chelsea Cortese, Asia Rawls, Shannon Osika)</i>		
12:06.81	Detroit Renaissance	Greensboro/Nike Outdoor Ch .....	6/18/2005
12:06.87	Rockford	Raleigh/adidas Outdoor .....	6/15/2002
12:08.05	Rockford	Dayton/Roosevelt Memorial.....	5/ 4/2001
12:10.02	Saline	Greensboro/Nike Outdoor.....	6/16/2007
	<i>(Kate Carter, Corrie Castro, Meagan Creutz, Alex Leptich)</i>		
12:10.22	Rockford	Dayton/Roosevelt Memorial.....	5/ 5/2000
12:11.19	Milford	Saline/Golden Triangle .....	5/ 6/2016
	<i>(Mallory Barrett 3:43.3, Evelyn Zielinski 63.0, Sarah Ausum 2:18.1, Victoria Heiligenthal 5:06.8)</i>		
12:11.96	Saline	Greensboro/Nike Outdoor.....	6/21/2008
	<i>(Meagan Creutz, Corrie Castro, Kate Carter, Alex Leptich)</i>		
12:13.07	Troy	Greensboro/New Balance Nationals.....	6/18/2017
	<i>(Hannah Palomino 3:39.94, Lauren Fulcher 60.69, K. Scoles 2:27.25, Megan Worrel 5:05.19)</i>		
12:14.00	Saline	Philadelphia/NB Nationals .....	6/17/2022
	<i>(Mia Rogan 3:49.96, Mackenzie Sellenraad 62.74, Madison Wood 2:18.89, Madison Stern 5:02.42)</i>		
12:14.39	Bay City Western	Greensboro/New Balance Nationals.....	6/16/2019
	<i>(Sydney Nesbitt 3:49.06, Karissa Picard 60.12, Jenna Picard 2:22.17, Ashlyn Nagel 5:03.06)</i>		
12:16.03	Clarkston	Greensboro/New Balance Nationals.....	6/19/2016
	<i>(M. Ferguson 3:48.92, Allie Erikson 61.57, Eliz. Dalrymple 2:16.78, Emily Ferguson 5:08.76)</i>		
12:16.38	Saline	Greensboro/Nike Outdoor Ch .....	6/18/2005
12:16.80	Rockford	Raleigh/adidas Outdoor .....	6/19/2004
	<i>(Katie Haines 3:49.5, Lindsey John 59.5, Kristi Powers 2:17.6, Nikki Bohnsack 5:10.2)</i>		
12:17.41	Saline	Greensboro/New Balance Nationals.....	6/21/2015
	<i>(H. Cummings 3:43.08, Lily Scheske 59.35, Haleigh Cummings 2:25.40, Abby Rentschler 5:09.61)</i>		
12:19.0	Rockford	(meet?) .....	/2000
12:19.68	Pinckney	Greensboro/New Balance Nationals.....	6/16/2019
	<i>(Mia Garcia 3:52.20, Molly Bolang 60.94, Erika Rapp 2:25.65, Noelle Adriaens 5:00.90)</i>		
12:19.91	Troy	Greensboro/New Balance.....	6/17/2018
	<i>(H. Palomino 3:45.64, Lauren Fulcher 60.32, M. Monaghan 2:25.41, Megan Worrel 5:08.56)</i>		
12:20.36	Lansing Catholic	Lansing/Catholic Relays .....	4/11/2018
	<i>(Grace Frost, Jaden Theis, Lauren Cleary, Olivia Theis)</i>		
12:24.70	Milford	Greensboro/Nike Outdoor.....	6/16/2007
	<i>(Emily Morgridge 3:49.3, Kayla Schoenle 59.8, M. Baranowski 2:23.4, Carlie Green 5:12.2)</i>		
12:25.35	Milford	Saline/Golden Triangle .....	5/ 4/2018
12:25.8	Northville	Waterford/Ashley-Brennan.....	4/25/2015
	<i>(Chloe Abbott, Lexa Barrott, Cayla Eckenroth, Ana Barrott)</i>		
12:26.12	Rockford	Dayton/Roosevelt Mitchell .....	5/ 7/2005
12:26.52	Southfield Christian	Greensboro/Nike Outdoor.....	6/16/2007
	<i>(Rachel Carter, Rebecca Schneeman, Libby Allen, Megan Carter)</i>		
12:26.86	Clarkston	Dexter/April Showers .....	4/21/2018
12:28.42	Milford	Raleigh/adidas Outdoor .....	6/19/2004
	<i>(Mallory Farnum, Kathryn Carter, Carlie Green, Lisa Canty)</i>		
12:28.49	Saline	Dayton/Roosevelt Memorial.....	5/ 5/2006
12:28.6	Mason County Central	Godwin Heights/Wolverine.....	4/13/2002
12:28.8	Waterford Mott	Waterford/Ashley-Brennan.....	4/28/2017
12:29.1	Rockford	Dayton/Roosevelt .....	4/30/1999
12:29.77	Oak Park	Dayton/Roosevelt Memorial.....	5/ 2/2015
12:29.9	Ann Arbor Huron	Saline/Golden Triangle .....	5/ 6/2011
12:30.07	Ann Arbor Pioneer	Dexter/April Showers .....	4/21/2018
12:30.32	Troy	Greensboro/New Balance Nationals.....	6/19/2016
	<i>(Megan Worrel 3:40.86, Lauren Fulcher 59.67, Hannah Palomino 2:21.32, Katie Scoles 5:28.48)</i>		
12:31.38	Saline	Ypsilanti/Meet of Champions .....	6/ 1/2010
12:31.53	Clarkston	Ortonville/Brandon Inv .....	4/16/2016
12:33.08	Rockford	Dayton/Roosevelt Memorial.....	5/ 5/2006
12:33.46	Rockford	Dayton/Roosevelt Memorial.....	5/ 3/2002
12:33.4	Waterford Mott	Waterford/Ashley-Brennan Relays.....	4/29/2018

**Michigan Girls All-Time Lists - Outdoors**  
**Compiled by Jeff Hollobaugh – www.michrack.org**

12:33.80 Rockford Dayton/Roosevelt Inv.....5/ 3/2003

**TOP 50 SCHOOLS:**

11:41.67	Clarkston	Greensboro/Nike Outdoor Ch.....6/17/2006 (Stephanie Morgan 3:31.6, Melissa Martinez 60.2, Lisa Sickman 2:19.4, Jenny Morgan 4:50.5)
11:42.78	Ann Arbor Pioneer	Philadelphia/NB Nationals .....6/17/2022 (Cookie Baugh 3:39.97, Emily Cooper 60.18, Sylvia Sanok Dufallo 2:14.36, Sarah Forsyth 4:48.30)
11:45.05	Rockford	Raleigh/adidas Ch .....6/17/2001
11:51.71	Milford	Greensboro/New Balance Nationals.....6/19/2016 (Mallory Barrett 3:30.66, A. Knapp, 62.40, Sarah Ausum 2:18.19, Victoria Heiligenthal 5:00.48)
11:59.12	Saline	Greensboro/New Balance.....6/15/2014 (Kennedy Beazley 3:42.35, A. Ross 57.27, Hannah Cummings 2:16.72, E. Shwayder 5:02.78)
12:04.22	Waterford Mott	Greensboro/Nike Outdoor.....6/20/2009
12:06.81	Detroit Renaissance	Greensboro/Nike Outdoor Ch .....6/18/2005
12:13.07	Troy	Greensboro/New Balance Nationals.....6/18/2017 (H. Palomino 3:39.94, Lauren Fulcher 60.69, Kathryn Scoles 2:27.25, Megan Worrel 5:05.19)
12:14.39	Bay City Western	Greensboro/New Balance Nationals.....6/16/2019 (Sydney Nesbitt 3:49.06, Karissa Picard 60.12, Jenna Picard 2:22.17, Ashlyn Nagel 5:03.06)
12:19.68	Pinckney	Greensboro/New Balance Nationals.....6/16/2019 (Mia Garcia 3:52.20, Molly Bolang 60.94, Erika Rapp 2:25.65, Noelle Adriaens 5:00.90)
12:20.36	Lansing Catholic	Lansing/Catholic Relays .....4/11/2018 (Grace Frost, Jaden Theis, Lauren Cleary, Olivia Theis)
12:25.8	Northville	Waterford/Ashley-Brennan.....4/25/2015
12:26.52	Southfield Christian	Greensboro/Nike Outdoor.....6/16/2007
12:28.6	Mason County Central	Godwin Heights/Wolverine.....4/13/2002
12:29.77	Oak Park	Dayton/Roosevelt Memorial.....5/ 2/2015
12:29.9	Ann Arbor Huron	Saline/Golden Triangle .....5/ 6/2011
12:33.9	Allendale	Wyoming Park/Grimm Relays.....4/24/2010
12:35.7	Dearborn Edsel Ford	(meet?) ...../1984
12:36.89	Brighton	Ypsilanti/Steeb Memorial .....5/26/2009
12:37.75	Romeo	Dexter/April Showers .....4/22/2017
12:39.1	Grand Rapids West Catholic	Wyoming/Grimm Relays .....4/29/2006
12:40.01	Rochester	Greensboro/New Balance.....6/17/2018
12:40.5	Troy Athens	[HST] ...../1995
12:40.71	Grand Rapids Christian	East Grand Rapids/Classic.....4/30/2022 (Natalie VanOtteren, Payton Holtz, Namoi Nelson, Madelyn Frens)
12:44.57	Ann Arbor Skyline	Greensboro/New Balance.....6/17/2018
12:46.4	Flint Northern	(meet?) ...../1983
12:46.80	Grand Haven	Holland/Von Ins Relays.....5/ 6/2017
12:49.55	Chelsea	Saline/Golden Triangle .....5/ 4/2012
12:49.78	Ann Arbor Skyline	Waterford/Ashley-Brennan Relays.....4/30/2016 (Chloe Foster 3:46.4, Sophie Steinberg 63.6, Gabby Peck 2:25.5, Camille Kukor 5:34.2)
12:52.3	Okemos	Caledonia/Soderman Relays .....4/21/2007
12:52.72	Grandville	Hastings/Relays.....4/14/2012
12:55.2	Dexter	(meet?) ...../1983
12:56.2	Macomb Dakota	New Baltimore/AB Relays.....4/27/2012
12:57.32	Hartland	Ypsilanti/Steeb .....5/29/2012
12:57.39	Livonia Churchill	Dexter/April Showers .....4/22/2017
12:57.5	Middleville	Caledonia/Relays.....4/28/2001
12:57.62	Rochester Adams	Waterford/Ashley-Brennan Relays.....4/30/2016 (Maddie Dessy, Gabrielle Mack, Carola Jansohn, Jordyn Houle)
12:57.6	Sterling Heights Stevenson	Warren/DLS Relays .....4/27/2002
12:57.7	Clio	(meet?) ...../1983
12:57.82	Plymouth	Dexter/Steeb Inv .....5/31/2022 (Lauren Kiley, Shravya Ghantasala, Ella Horn, Sarah Coyne)
12:58.3	East Grand Rapids	Wyoming Park/Grimm.....4/23/2004
12:58.4	Wyoming Park	(meet?) ...../1990
12:58.6	Hartland	North Farmington/Raider Relays .....4/24/2010
12:59.48	Grandville Calvin Christian	Holland/VonIns Relays.....5/ 4/2013

**Michigan Girls All-Time Lists - Outdoors**  
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12:59.5	Jackson Lumen Christi	(meet?) .....	/1983
12:59.5	Grand Rapids South Christian	Wyoming Park/Grimm Relays.....	4/28/2007
13:02.2	Oxford	Ortonville/Tri-City Inv .....	4/21/2012
13:02.2	Farmington	Waterford/Ashley-Brennan.....	4/25/2015
13:02.51	Detroit Mumford	Dayton/Roosevelt Memorial.....	5/ 5/2006
13:03.0	South Lyon	Milan/Puddle Jumper .....	4/26/1997

**4 x 100 SHUTTLE HURDLE RELAY**

*A listing of marks from the New Balance Nationals – ie. uniformity of officiating, hurdle heights, etc.*

57.17	Oak Park	Eugene/Nike Outdoor .....	7/ 2/2021
	<i>(Nonah Waldron, Morgan Roundtree, Emon Miles, Drelin Mapp)</i>		
59.68	East Kentwood	Greensboro/New Balance Nationals.....	6/17/2017
	<i>(Sarinity Bracey, Mauriya Barnes, Georgia Bumgarner, Daijah Collier)</i>		
60.20	East Kentwood	Greensboro/New Balance Nationals.....	6/16/2018
	<i>(Mauriya Barnes, Veyola Kenyi, Sarinity Bracey, Daijah Collier)</i>		
61.01	East Kentwood	Greensboro/New Balance Nationals.....	6/18/2016
	<i>(Cierra McSwain, Daijah Collier, Olivia Mason, Georgia Bumgarner)</i>		
61.02	Oak Park	Philadelphia/NB Nationals .....	6/18/2022
	<i>(Carrie VanNoy, Morgan Roundtree, Emon Miles, Drelin Mapp)</i>		
63.93	Troy	Greensboro/New Balance Nationals....	6/17/2017
	<i>(Grace Johnson, Lauren Fulcher, Alyssa Asmar, Autumn Jones)</i>		