

# The Michtrack Top 10 - BOYS

## Michigan Track & Field 2010 Yearbook

### the ultimate guide to the sport of track & field in Michigan

Who holds the state record in the 100? Who's the fastest 7th grader ever? Who are the top 50 milers of all-time? All the answers are here, in over 250 pages of amazing history and detail put together by the state's leading statistician, a former managing editor of Track & Field News. The book includes 2009 lists, athlete of the year selections, and photos! And for the first time, this year's book covers both the indoor and outdoor seasons, for twice the records and twice the lists! ORDER NOW!

Updated 3/14/10

Featuring the best performers and performances from the Michigan indoor season. This list shows performances from ALL meets.

Note: I track down and list school affiliations here for information's sake. No high schoolers in Michigan compete for their high schools prior to the first day of MHSAA-approved practice in the spring. In the relays, some clubs are listed in the "Mixed Schools" category if they have runners from a variety of schools, or if I don't know of the team's composition. If I think that all four members of a relay team attend the same school, I listed them by their school team, even though they were competing as a club. Corrections welcome; complaints not.

Oversized tracks: Following IAAF and USATF rules, marks set on oversized tracks in lap races are not eligible for records, and are kept in separate sub-lists because of the significant advantage runners on an oversized track have. Some organizations like the NCAA have used conversions for years to equalize this situation for championship qualifying purposes, but there is no conversion that has scientific validity, because of the variety of effects the radius of the turn has depending on the height and particularly the stride length of the runner in question.

Send corrections and meet results to: [jeffhollobaugh@aol.com](mailto:jeffhollobaugh@aol.com).

The number in parentheses is what it takes to make the all-time lists.

#### **55 METERS (6.53)**

6.39#	Dior Mathis (Detroit Cass Tech)12	Roxbury/Nike Indoor [60] .....	3/14/2010
6.40#	Dominique Lynch (Belleville)12	Roxbury/Nike Indoor [60] .....	3/14/2010
6.42#	Mathis	Roxbury/Nike Indoor [60] (s).....	3/14/2010
6.42#	Lynch	Roxbury/Nike Indoor [60] (s).....	3/14/2010
6.49#	Lynch	Roxbury/Nike Indoor [60] (h).....	3/14/2010
6.50#	Aaron Bailey (Woodhaven)12	Roxbury/Nike Indoor [60] (s).....	3/14/2010
6.53#	Bailey	Roxbury/Nike Indoor [60] (h).....	3/14/2010
6.53#	Mathis	Roxbury/Nike Indoor [60] (h).....	3/14/2010
6.57	Kyle Redwine (Auburn Hills Avondale)10	Findlay/HS Open .....	1/23/2010
6.62#	Jonathan Henry (East Kentwood)12	Roxbury/Nike Indoor [60] (h).....	3/14/2010
6.67	Chris Scott (Holt)12	Bloomington/AAU Northern .....	2/21/2010
6.69	Lynch	Albion/MITS .....	2/13/2010
6.71	Deron Shephard (Detroit Mumford)12	Findlay/Oiler Inv.....	2/ 7/2010
6.71#	Kody Dantuma (East Kentwood)12	Roxbury/Nike Indoor [60] (h).....	3/14/2010
6.72#	Erik Dudley (East Kentwood)12	Roxbury/Nike Indoor [60] (h).....	3/14/2010
6.73	Austin Sanders (Ann Arbor Pioneer)10	Bloomington/AAU Northern .....	2/21/2010
6.73	Lavonte Darby (Detroit Mumford)	Findlay/HS Invite II.....	3/ 6/2010
6.75	Marcus Stewart (Detroit Mumford)12	Findlay/HS Open .....	1/23/2010

#### **Hand-timed:**

6.4	Zac Vail (Three Rivers)12	Hillsdale/MITS (h) .....	2/ 4/2010
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#### **60 METERS (6.99)**

6.81	Dior Mathis (Detroit Cass Tech)12	Ypsilanti/MITS Champs (s) .....	2/27/2010
6.83	Mathis	Ypsilanti/MITS Champs (h).....	2/27/2010
6.83	Aaron Bailey (Woodhaven)12	Ypsilanti/MITS Champs .....	2/27/2010
6.84	Mathis	Ypsilanti/MITS Champs .....	2/27/2010
6.87	Mathis	Ann Arbor/MITS .....	2/ 4/2010

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6.87	Mathis	Roxbury/Nike Indoor .....	3/14/2010
6.88	Dominique Lynch (Belleville)12	Roxbury/Nike Indoor .....	3/14/2010
6.89	Bailey	Ypsilanti/MITS Champs (s) .....	2/27/2010
6.89	Mathis	Roxbury/Nike Indoor (s) .....	3/14/2010
6.89	Lynch	Roxbury/Nike Indoor (s) .....	3/14/2010
6.90	Lynch	Ypsilanti/MITS Champs .....	2/27/2010
6.92	Ross Parsons (DeWitt)12	Ann Arbor/MITS .....	2/ 4/2010
6.94	Raymon Taylor (Highland Park)11	Ypsilanti/Great Lakes .....	12/27/2009
6.97	Justin Clarke (Flint Southwestern)12	Ann Arbor/MITS .....	1/ 8/2010
7.01	Chris Scott (Holt)12	Ypsilanti/Great Lakes .....	12/27/2009
7.01	Stefon Johnson (Detroit Denby)	Ann Arbor/MITS .....	1/ 8/2010
7.01	Tony Jones (Grand Blanc)12	Ypsilanti/MITS Champs (s) .....	2/27/2010
7.02	Jon Henry (East Kentwood)12	Allendale/MITS .....	1/23/2010

### 200 METERS (22.89)

22.14	Kishon Wilcher (Detroit Cass Tech)12	Roxbury/Nike Indoor .....	3/14/2010
22.15	Wilcher	Roxbury/Nike Indoor (h) .....	3/13/2010
22.16	Dallas Wade (East Kentwood)12	Roxbury/Nike Indoor (h) .....	3/13/2010
22.33	Wade	Roxbury/Nike Indoor .....	3/13/2010
22.36	Wade	Ypsilanti/MITS Champs .....	2/27/2010
22.36	Wilcher	Ypsilanti/MITS Champs .....	2/27/2010
22.48	Ross Parson (DeWitt)12	Ann Arbor/MITS .....	2/ 4/2010
22.50	Jake Spuller (Detroit Catholic Central)11	Ypsilanti/MITS Champs .....	2/27/2010
22.52	Wilcher	Ann Arbor/MITS .....	2/ 4/2010
22.53	Todd Atchison (Albion)12	Ypsilanti/MITS Champs .....	2/27/2010
22.55	Chris Scott (Holt)12	Ypsilanti/MITS Champs .....	2/27/2010
22.61	Kyle Redwine (Auburn Hills Avondale)10	Ypsilanti/MITS Champs .....	2/27/2010
22.70	Andrew Hunt (Ypsilanti)11	Bloomington/AAU Northern .....	2/21/2010
22.72	Ryan Brooks (Williamston)12	Mt Pleasant/MITS .....	1/16/2010
22.82	Austin Sanders (Ann Arbor Pioneer)10	Ypsilanti/MITS Champs .....	2/27/2010
22.91	Blair Broussard (Muskegon Mona Shores)12	Roxbury/Nike Indoor (h) .....	3/13/2010
22.95	Billy Riga (Detroit Catholic Central)11	Ann Arbor/MITS .....	2/ 4/2010

### Oversized Track:

22.35	Aaron Bailey (Woodhaven)12	Lexington/Kentucky Inv .....	2/20/2010
22.43	Ryan Brooks (Williamston)12	Allendale/MITS .....	1/30/2010
22.47	Dallas Wade (East Kentwood)12	Allendale/MITS .....	1/30/2010
22.55	Blair Broussard (Muskegon Mona Shores)12	Allendale/MITS .....	1/30/2010
22.72	Brett Kuhn (Novi)12	Allendale/MITS .....	1/30/2010
22.83	Victor Hicks (Plymouth)11	Akron/Fields Open .....	1/16/2010
22.84	Dan Quinn (GR Catholic Central)12	Allendale/MITS .....	1/30/2010
22.87	Maxwell Pewee (Grand Rapids Union)12	Allendale/MITS .....	1/30/2010
22.91	Johnte Thompson (Belleville)12	Akron/Fields Open .....	1/16/2010
22.92	Billy Riga (Detroit Catholic Central)11	Akron/Fields Open .....	1/16/2010

### 400 METERS (51.02)

48.88	Spencer Hall (Detroit Catholic Central)12	Roxbury/Nike Indoor .....	3/14/2010
49.40	Hall	Roxbury/Nike Indoor (h) .....	3/13/2010
49.67	Hall	East Lansing/MITS .....	1/18/2010
49.69	Tavarrio Davis (Lansing Eastern)12	East Lansing/MITS .....	1/18/2010
49.81	Johnte Thompson (Belleville)12	Ypsilanti/MITS Champs .....	2/27/2010
50.01	Thompson	Roxbury/Nike Indoor (h) .....	3/13/2010
50.11	Clay Holman (Ypsilanti Lincoln)12	Ypsilanti/Great Lakes .....	12/27/2009
50.19	Jake Spuller (Detroit Catholic Central)11	Roxbury/Nike Indoor (h) .....	3/13/2010
50.42	Jaiufus Ingram (Rochester)12?	Roxbury/Nike Indoor (h) .....	3/13/2010
50.72	Leroy Green (Lansing Eastern)12	Bloomington/AAU Northern .....	2/21/2010
50.84	Andrew Hunt (Ypsilanti)11	Mt Pleasant/MITS .....	1/16/2010
50.85	Michael Johnson (Flint Southwestern)12	Ypsilanti/MITS Champs .....	2/27/2010
50.92	Victor Hicks (Plymouth)11	Ypsilanti/Great Lakes .....	12/27/2009
51.12	Javonte Lipsey (Portage Northern)11	Ann Arbor/MITS .....	2/ 4/2010

### Oversized Track:

49.24	Jake Spuller (Detroit Catholic Central)11	Lexington/Kentucky Inv .....	2/20/2010
49.51	Jaiufus Ingram (Rochester)12?	Allendale/MITS .....	2/20/2010

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49.91	Javonte Lipsey (Portage Northern)11	Allendale/MITS .....	2/20/2010
49.96	Tavarrio Davis (Lansing Eastern)12	Allendale/MITS .....	1/23/2010
50.04	Clay Holman (Ypsilanti Lincoln)12	Allendale/MITS .....	2/20/2010
50.17	Johnty Thompson (Belleville)12	Lexington/Kentucky Inv.....	2/20/2010
50.27	Leroy Green (Lansing Eastern)12	Allendale/MITS .....	1/23/2010
50.76	Ricco Hall (Wyoming Park)12	Allendale/MITS .....	2/20/2010
50.89	Mohammed Mohammed (East Kentwood)12	Allendale/MITS .....	2/20/2010
50.95	Zach Gaskell (Salem)12	Lexington/Kentucky Inv.....	2/20/2010
51.01	Delivee Person (Flint Carman-Ainsworth)12	Allendale/MITS .....	2/20/2010

### 600 METERS (1:24.2)

1:22.79	Spencer Hall (Detroit Catholic Central)12	London/Season's Opener .....	12/ 5/2009
1:24.0#	Nick Kaiser (Temperance Bedford)11	Roxbury/Nike Indoor [800] .....	3/14/2010
1:27.10	Zach Gaskell (Salem)12	London/Season's Opener .....	12/ 5/2009

### 800 METERS (1:57.27)

1:51.34	Nick Kaiser (Temperance Bedford)11	Roxbury/Nike Indoor .....	3/14/2010
1:53.38	Kaiser	Ypsilanti/MITS Champs .....	2/27/2010
1:56.87	Tavarrio Davis (Lansing Eastern)12	Mt Pleasant/MITS .....	1/16/2010
1:56.90	Zach Miklja (Auburn Hills Avondale)11	Ypsilanti/MITS Champs .....	2/27/2010
1:57.02	Kaiser	Ann Arbor/MITS .....	1/20/2010
1:57.27	Omar Kaddurah (Grand Blanc)11	Mt Pleasant/MITS .....	1/16/2010
1:57.65	Trevor Brinn (Otsego)11	Ypsilanti/MITS Champs .....	2/27/2010
1:58.48	Isaac Cox (East Kentwood)12	Roxbury/Nike Indoor .....	3/14/2010
1:58.61	Spencer Hall (Detroit Catholic Central)12	Ann Arbor/MITS .....	1/ 8/2010
2:00.64	Nick Perry (Woodhaven)12	Ypsilanti/MITS Champs .....	2/27/2010
2:00.80	Nathan Karr (Ann Arbor Pioneer)12	Ann Arbor/MITS .....	1/ 8/2010
2:01.36	Blake Bufford (Detroit Cass Tech)12	Ypsilanti/Great Lakes.....	12/27/2009
2:01.36	Mike Darnell (Gibraltar Carlson)12	Findlay/HS Open .....	1/23/2010
2:01.5	Kyle Stacks (Concord)12	Hillsdale/MITS.....	2/ 4/2010

### Oversized Track:

1:53.17	Nick Kaiser (Temperance Bedford)11	Lexington/Kentucky Inv.....	2/20/2010
1:56.45	Spencer Hall (Detroit Catholic Central)12	Lexington/Kentucky Inv.....	2/20/2010
1:56.62	Isaac Cox (East Kentwood)12	Allendale/MITS .....	1/16/2010
1:56.87	Zach Miklja (Auburn Hills Avondale)11	Geneva/AAU Great Lakes .....	2/14/2010
1:59.59	Jalen Weaver (Albion)11	Allendale/MITS .....	2/20/2010
1:59.91	Trevor Brinn (Otsego)11	Allendale/MITS .....	2/20/2010
2:00.29	Kyle Stacks (Concord)12	Allendale/MITS .....	2/20/2010
2:00.65	Kirk Radionoff (Benzie Central)11	Allendale/MITS .....	2/20/2010
2:00.72	Tavarrio Davis (Lansing Eastern)12	Allendale/MITS .....	1/ 9/2010
2:00.94	Chris Schulist (Zeeland West)12	Allendale/MITS .....	1/16/2010

### 1500 METERS (4:08.1)

3:57.84#	Omar Kaddurah (Grand Blanc)11	Roxbury/Nike Indoor [1M].....	3/14/2010
4:01.0#	Kaddurah	Ypsilanti/MITS Champs [1600] .....	2/27/2010
4:02.8#	Ian Hancke (Haslett)12	Ypsilanti/MITS Champs [1600] .....	2/27/2010
4:04.7#	Sean Bone (Lake Orion)12	Ypsilanti/MITS Champs [1600] .....	2/27/2010
4:05.1#	Mike Atchoo (Troy)12	Ypsilanti/MITS Champs [1600] .....	2/27/2010
4:05.5#	Jeff Sattler (Byron Center)11	Ypsilanti/MITS Champs [1600] .....	2/27/2010
4:07.5#	Mike Darnell (Gibraltar Carlson)12	Ypsilanti/MITS Champs [1600] .....	2/27/2010
4:10.26	Zach Miklja (Auburn Hills Avondale)11	Geneva/AAU Great Lakes .....	2/14/2010

### 1600 METERS (4:19.99)

4:12.0#	Omar Kaddurah (Grand Blanc)11	Roxbury/Nike Indoor (4:13.33).....	3/14/2010
4:14.46	Kaddurah	Ypsilanti/MITS Champs .....	2/27/2010
4:14.95	Kaddurah	Ann Arbor/MITS .....	1/ 8/2010
4:18.30	Ian Hancke (Haslett)12	Ypsilanti/MITS Champs .....	2/27/2010
4:20.71	Sean Bone (Lake Orion)12	Ypsilanti/MITS Champs .....	2/27/2010
4:21.50	Mike Atchoo (Troy)12	Ypsilanti/MITS Champs .....	2/27/2010
4:21.61	Nathan Karr (Ann Arbor Pioneer)12	Ann Arbor/MITS .....	1/20/2010
4:22.59	Jeff Sattler (Byron Center)11	Ypsilanti/MITS Champs .....	2/27/2010
4:23.81	Mike Darnell (Gibraltar Carlson)12	Ypsilanti/MITS Champs .....	2/27/2010

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4:24.19	Jeremy Dickie (Swartz Creek)11	Mt Pleasant/MITS .....	1/16/2010
4:24.78	David Madrigal (Durand)12	Ann Arbor/MITS .....	1/ 8/2010
4:25.50	Morgan Timiney (Plainwell)12	Ypsilanti/MITS Champs .....	2/27/2010
4:26.99	James Yau (Troy)12	Ann Arbor/MITS .....	1/ 8/2010
4:27.70	Matthew Popieklarz (Saginaw Heritage)12	Ypsilanti/MITS Champs .....	2/27/2010
4:27.82	Austin Whitelaw (Monroe)11	Ann Arbor/MITS .....	1/ 8/2010
4:28.44	Drew Sanseverino (Monroe)12	Ypsilanti/MITS Champs .....	2/27/2010
4:28.74	Nick Kern (Ann Arbor Pioneer)12	Ypsilanti/MITS .....	1/14/2010

### Oversized Track:

4:13.48	Omar Kaddurah (Grand Blanc)11	Lexington/Kentucky Inv.....	2/20/2010
4:14.34	Mike Atchoo (Troy)12	Lexington/Kentucky Inv.....	2/20/2010
4:16.34	Reed Kamyszek (Kenowa Hills)12	Allendale/MITS .....	2/20/2010
4:20.10	Ian Hancke (Haslett)12	Allendale/MITS .....	1/30/2010
4:20.50	Mike Darnell (Gibraltar Carlson)12	Lexington/Kentucky Inv.....	2/20/2010
4:22.19	Sean Bone (Lake Orion)12	Allendale/MITS .....	1/30/2010
4:24.23	Jeff Sattler (Byron Center)11	Allendale/MITS .....	2/20/2010
4:24.54	Isaac Cox (East Kentwood)12	Allendale/MITS .....	2/20/2010
4:25.54	Garrett Cullen (Forest Hills Eastern)12	Allendale/MITS .....	2/20/2010

### 3000 METERS (8:58.3)

8:32.6#	Reed Kamyszek (Kenowa Hills)12	Ypsilanti/MITS Champs [3200] .....	2/27/2010
8:48.7#	David Madrigal (Durand)12	Ypsilanti/MITS Champs [3200] .....	2/27/2010
8:50.11#	Ian Hancke (Haslett)12	Roxbury/Nike Indoor [2M] .....	3/13/2010
8:55.35#	Sean Bone (Lake Orion)12	Roxbury/Nike Indoor [2M] .....	3/13/2010
8:56.3#	Alex Wilson (Kent City)12	Ypsilanti/MITS Champs [3200] .....	2/27/2010
8:56.60#	Austin Whitelaw (Monroe)11	Roxbury/Nike Indoor [2M] .....	3/13/2010
9:00.4#	August Pappas (Chelsea)11	Ypsilanti/MITS Champs [3200] .....	2/27/2010

### 3200 METERS (9:19.99)

9:05.59	Reed Kamyszek (Kenowa Hills)12	Ypsilanti/MITS Champs .....	2/27/2010
9:14.39	Omar Kaddurah (Grand Blanc)11	Saginaw/MITS .....	2/ 3/2010
9:23.66	David Madrigal (Durand)12	Ypsilanti/MITS Champs .....	2/27/2010
9:23.93+	Ian Hancke (Haslett)12	Roxbury/Nike Indoor (9:27.51).....	3/13/2010
9:25.35	Austin Whitelaw (Monroe)11	Ypsilanti/MITS .....	1/28/2010
9:28.87+	Sean Bone (Lake Orion)12	Roxbury/Nike Indoor (9:32.18).....	3/13/2010
9:32.69	Jeremy Dickie (Swartz Creek)11	Saginaw/MITS .....	2/ 3/2010
9:33.36	Alex Wilson (Kent City)12	Ypsilanti/MITS Champs .....	2/27/2010
9:35.73	August Pappas (Chelsea)11	Ypsilanti/MITS Champs .....	2/27/2010
9:37.83	Tanner Pesonen (Pinckney)12	Ypsilanti/MITS Champs .....	2/27/2010
9:38.12	Victor Allen (Southfield Christian)11	Ypsilanti/MITS Champs .....	2/27/2010
9:42.11	Paul Lewis (Albion)12	Ypsilanti/MITS Champs .....	2/27/2010

### Oversized Track:

9:19.42	Nathan Karr (Ann Arbor Pioneer)12	Allendale/MITS .....	2/20/2010
9:20.85	Reed Kamyszek (Kenowa Hills)12	Allendale/MITS .....	1/23/2010
9:22.99	Alex Wilson (Kent City)12	Allendale/MITS .....	1/23/2010
9:23.76	David Madrigal (Durand)12	Allendale/MITS .....	1/23/2010
9:24.09	Ian Hancke (Haslett)12	Allendale/MITS .....	2/20/2010
9:35.58	Sean Bone (Lake Orion)12	Allendale/MITS .....	1/23/2010
9:41.03	Paul Lewis (Albion)12	Allendale/MITS .....	2/20/2010
9:41.71	Jeff Sattler (Byron Center)11	Allendale/MITS .....	1/23/2010
9:41.80	James Yau (Troy)12	Allendale/MITS .....	1/23/2010

### 5000 METERS

15:47.31	Austin Whitelaw (Monroe)11	Roxbury/Nike Indoor .....	3/12/2010
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### 55-METER HURDLES (7.70)

7.67	Carter Johnson (Ann Arbor Pioneer)12	Bloomington/AAU Northern .....	2/21/2010
7.71	Steven Machin (Whitmore Lake)12	Findlay/HS Open .....	1/23/2010
7.76	Drake Johnson (Ann Arbor Pioneer)10	Albion/MITS .....	2/13/2010
7.88	Andrew Hunt (Ypsilanti)12	Bloomington/AAU Northern (h) .....	2/21/2010
8.13	Brandon Piligian (Plymouth)12	Findlay/HS Open .....	1/23/2010
8.26	Sean Wren (Mason)11	Albion/MITS (s).....	1/30/2010

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8.32 Jalen Garrett (Belleville)12 Roxbury/Nike Indoor [60H] ..... 3/14/2010

## 60-METER HURDLES (8.32)

8.09	Drake Johnson (Ann Arbor Pioneer)10	Ypsilanti/MITS Champs .....	2/27/2010
8.11	Steven Machin (Whitmore Lake)12	Ypsilanti/MITS Champs .....	2/27/2010
8.16	D. Johnson	Ann Arbor/MITS .....	2/18/2010
8.17	D. Johnson	Ypsilanti/MITS Champs (s) .....	2/27/2010
8.25	Carter Johnson (Ann Arbor Pioneer)12	Columbus/HS Open .....	1/23/2010
8.36	Chris Williams (Saginaw)12	Ypsilanti/MITS Champs (s) .....	2/27/2010
8.38	Cory Noeker (Pewamo-Westphalia)12	Ypsilanti/MITS Champs .....	2/27/2010
8.41	Dalton Bates (North Branch)12	Ypsilanti/MITS Champs (s) .....	2/27/2010
8.42	Marcell Jones (Detroit Mumford)12	Ypsilanti/MITS .....	1/28/2010
8.42	Justin Balczak (Cedar Springs)11	Ypsilanti/MITS Champs (h) .....	2/27/2010
8.43	Andrew Hunt (Ypsilanti)11	Ann Arbor/MITS .....	1/ 8/2010
8.50	Sean Wren (Mason)11	Ypsilanti/MITS Champs (s) .....	2/27/2010
8.53	Richard Byrd (Flint Northwestern)	Mt Pleasant/MITS .....	1/16/2010
8.56	Brandon Piligian (Plymouth)12	Ypsilanti/MITS Champs (s) .....	2/27/2010
8.57	Logan Moore (Southgate)12	Ypsilanti/MITS .....	1/28/2010

## HIGH JUMP (6-9)

7-0	Dartis Willis (Detroit Country Day)11	Ypsilanti/MITS Champs .....	2/27/2010
6-10	Willis	Ypsilanti/Great Lakes .....	12/27/2009
6-10	Willis	Ann Arbor/MITS .....	1/20/2010
6-10	Willis	Ann Arbor/MITS .....	2/18/2010
6-9	Kevin Jayne (Haslett)12	Ann Arbor/MITS .....	2/ 4/2010
6-6	Ben Thaxton (Benzie Central)12	Allendale/MITS .....	1/23/2010
6-6	Peter Sullivan (Hillsdale Academy)11	Hillsdale/MITS .....	1/ 7/2010
6-6	Kevin Atkins (Ypsilanti)12	Ann Arbor/MITS .....	2/ 4/2010
6-6	Jon Beeler (Holly)12	Ypsilanti/MITS Champs .....	2/27/2010
6-4	Drew Patterson (Monroe Jefferson)12	Ypsilanti/MITS .....	1/14/2010
6-4	Evan McDowell (Hudsonville)12	Allendale/MITS .....	1/16/2010
6-4	Chris Wierengo (Rockford)12	Grand Rapids/MITS .....	1/19/2010
6-4	Zach Gaskell (Salem)12	East Lansing/MITS .....	1/18/2010
6-4	Yusuf Naser (Dearborn Fordson)12	Ypsilanti/MITS Champs .....	2/27/2010

## POLE VAULT (15-0)

16-2	Max Babits (Fowlerville)12	Ypsilanti/MITS .....	1/28/2010
15-6	Babits	Ypsilanti/MITS .....	1/14/2010
15-3	Isaac Austin (Kent City)11	Ypsilanti/MITS Champs .....	2/27/2010
15-2.25	Jake Elbers (Reese)11	Roxbury/Nike Indoor .....	3/13/2010
14-9	Nate Hop (Hudsonville)12	Ypsilanti/MITS Champs .....	2/27/2010
14-6	Steve Ferguson (Dexter)12	Ann Arbor/MITS .....	1/ 8/2010
14-6	Zak Adkins-Korson (Greenville)12	Grand Rapids/MITS .....	2/ 9/2010
14-3	Adam Lohner (East Grand Rapids)11	Ypsilanti/MITS Champs .....	2/27/2010
14-0	Jaime Salisbury (Marine City)10	Akron/Fields Open .....	1/16/2010
14-0	Cory Miller (Adrian)10	Ypsilanti/Great Lakes .....	12/27/2009
14-0	Jeremy Horner (Dexter)11	Ann Arbor/MITS .....	2/18/2010
14-0	Dalton Bates (North Branch)12	Mt Pleasant/MITS .....	1/16/2010

## LONG JUMP (23-0)

23-2.5	Ed Hur (Bloomfield Hills Andover)12	Ypsilanti/MITS Champs .....	2/27/2010
22-10	Dartis Willis (Detroit Country Day)11	Ypsilanti/Great Lakes .....	12/27/2009
22-9	Trevon Salter (Auburn Hills Avondale)11	Ypsilanti/Great Lakes .....	12/27/2009
22-4.75	Darryl Rouse (Detroit Communication MA)12	Ypsilanti/MITS Champs .....	2/27/2010
22-4	Tavarrio Davis (Lansing Eastern)12	Ypsilanti/Great Lakes .....	12/27/2009
21-10.5	Marcus Williams (Ypsilanti Lincoln)12	Ypsilanti/MITS Champs .....	2/27/2010
21-7.5	Aaron Dewberry (Portage Northern)12	Ypsilanti/MITS Champs .....	2/27/2010
21-5.5	Dion Mitchell (Albion)12	Ypsilanti/MITS Champs .....	2/27/2010
21-4.5	Demetrius Johnson (Flint Beecher)	Ypsilanti/MITS Champs .....	2/27/2010
21-2	TreVon Salter (Auburn Hills Avondale)11	Allendale/MITS .....	1/16/2010
21-1.25	Michael Johnson (Flint Southwestern)12	Ypsilanti/MITS .....	1/14/2010

# The Michtrack Top 10 - BOYS

21-1	Zach Schofield (Greenville)	East Lansing/MITS .....	1/18/2010
21-0	Logan Howe (Kent City)11	Allendale/MITS .....	1/23/2010

## TRIPLE JUMP (40-0)

44-10	Kevin Jayne (Haslett)12	Allendale/MITS .....	1/30/2010
43-11	Jayne	Allendale/MITS .....	1/23/2010
43-7	Jayne	Ypsilanti/MITS Champs .....	2/27/2010
43-0	Jayne	Allendale/MITS .....	2/20/2010
42-10.25	Jayne	Ann Arbor/MITS .....	2/ 4/2010
41-10.25	Brett Kuhn (Novi)12	Ypsilanti/MITS Champs .....	2/27/2010
41-2	David Jenkins (Ypsilanti Lincoln)12	Ypsilanti/MITS Champs .....	2/27/2010
41-0	Ryan Roemer (Pinckney)12	Ypsilanti/MITS Champs .....	2/27/2010
40-8.5	Forrest Johnson (Pinckney)12	Ypsilanti/MITS Champs .....	2/27/2010
40-7.5	Michael Johnson (Flint Southwestern)12	Ypsilanti/MITS Champs .....	2/27/2010
40-0	Forest Basso (Comstock Park)12	Allendale/MITS .....	1/ 9/2010
39-6	Michael Butler ()	Ypsilanti/MITS Champs .....	2/27/2010
39-5	Dion Mitchell (Albion)12	Hillsdale/MITS .....	2/ 4/2010
38-11	Cody Norat (Ann Arbor Pioneer)11	Ann Arbor/MITS .....	2/18/2010
38-2	Josh Kyles (Detroit Catholic Central)12	Ypsilanti/MITS .....	1/28/2010

## SHOT PUT (58-0)

54-11	David Scouten (Brooklyn Columbia Central)11	Allendale/MITS .....	1/16/2010
54-11	Antonio James (Romulus)12	Ypsilanti/MITS Champs .....	2/27/2010
53-2	Lee VanKampen (Zeeland East)12	Ypsilanti/MITS Champs .....	2/27/2010
53-1.5	John Kamps (Zeeland East)12	Ypsilanti/MITS Champs .....	2/27/2010
52-0	Ralph Rodriguez (Oxford)11	Allendale/MITS .....	1/16/2010
51-8.5	Jake Bennett (Grand Ledge)11	Ypsilanti/MITS Champs .....	2/27/2010
51-7.5	Sean Grisan ()	Warren/MITS .....	2/19/2010
50-7.25	Anthony Zettel (Ogemaw Heights)11	Ypsilanti/MITS Champs .....	2/27/2010
50-7	Derek Sievers (Byron Center)11	Grand Rapids/MITS .....	2/ 9/2010
49-10	Ryan Stankey (Byron Center)11	Grand Rapids/MITS .....	1/16/2010
49-8.5	Justin Gaumer (Holly)12	Ypsilanti/MITS .....	1/28/2010
49-6.5	Jeff Sherman (Detroit Catholic Central)12	Ann Arbor/MITS .....	1/20/2010

## DISCUS (125-0)

156-4	Derek Sievers (Byron Center)11	Allendale/GVSU Indoor Discus .....	12/20/2010
154-2	Sievers	Allendale/GVSU Indoor Discus (!).....	12/20/2010
148-0	Dylan Banagis (Forest Hills Eastern)10	Allendale/GVSU Indoor Discus .....	12/20/2010
137-3	Lee VanKampen (Zeeland East)12	Allendale/GVSU Indoor Discus .....	12/20/2010
133-3	Joe Marek (East Kentwood)11	Allendale/GVSU Indoor Discus .....	12/20/2010
131-8	Ryan Stankey (Byron Center)11	Allendale/GVSU Indoor Discus .....	12/20/2010
131-0	Logan Lundy (East Kentwood)11	Allendale/GVSU Indoor Discus .....	12/20/2010

## WEIGHT (45-0)

62-10	Lee VanKampen (Zeeland East)12	Allendale/MITS .....	2/20/2010
58-0	VanKampen	Allendale/MITS .....	1/30/2010
57-11	John Kamps (Zeeland East)12	Ypsilanti/MITS Champs .....	2/27/2010
56-10.5	VanKampen	Ypsilanti/MITS Champs .....	2/27/2010
56-8.5	Austin Grant (Carleton-Airport)11	Ypsilanti/MITS Champs .....	2/27/2010
53-0	David Scouten (Brooklyn Columbia C)11	Ypsilanti/MITS Champs .....	2/27/2010
51-10.5	Anthony Zettel (Ogemaw Heights)12	Ypsilanti/MITS Champs .....	2/27/2010
51-2	Derek Sievers (Byron Center)11	Allendale/MITS .....	2/20/2010
49-0.75	Sean Flanary (Carleton-Airport)12	Ypsilanti/MITS Champs .....	2/27/2010
47-6.25	Antonio James (Romulus)12	Ypsilanti/MITS Champs .....	2/27/2010
46-9.5	Evan Finch (Ann Arbor Pioneer)12	Ann Arbor/MITS .....	2/ 4/2010
42-11	Pierce Velderman (Hamilton)	Allendale/MITS .....	1/16/2010

## PENTATHLON (2344)

2396	Alex Whitmer ()	Bloomington/AAU Northern .....	2/21/2010
	(9.65 55H, 5-0.5, 26-7.75, 16-2.5, 2:50.32)		

## 4 x 200 RELAY (1:32.08)

# The Michtrack Top 10 - BOYS

1:30.09	Great Lakes (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
1:30.23	Michigan All-Stars (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
1:30.27	Michigan Accelerators (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
1:30.33	Detroit Chargers (Cass Tech)	Roxbury/Nike indoor .....	3/13/2010
1:30.96	KP Athletics (East Kentwood)	Roxbury/Nike indoor .....	3/13/2010
1:31.05	810 (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
1:33.26	Motor City (Mumford)	New York/National Scholastic.....	3/12/2010
1:33.28	TDP Elite (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
1:33.44	Maximum Output (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
1:33.78	All-Stars of Michigan (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
1:33.84	Drive Phase (mixed)	Ann Arbor/MITS .....	2/18/2010
1:34.18	QTC (mixed)	Ann Arbor/MITS .....	2/18/2010

**Oversized Track:**

1:30.25	Michigan Accelerators (mixed)	Akron/Fields Open .....	1/16/2010
1:31.02	KP Athletics (East Kentwood)	Allendale/MITS .....	2/20/2010
1:32.88	Motor City TC (Detroit Mumford)	Akron/Fields Open .....	1/16/2010
1:34.05	Albion (Albion)	Allendale/MITS .....	2/20/2010

**4 x 400 RELAY (3:23.5)**

3:24.90	Great Lakes TC (mixed)	Bloomington/AAU Northern .....	2/21/2010
3:25.19	Michigan Accelerators (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
3:25.81	Michigan All-Stars (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
3:27.22	Great Lakes TC (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
3:28.52	Motor City (Mumford)	New York/National Scholastic.....	3/14/2010
3:28.71	KP Athletics (East Kentwood)	Ypsilanti/MITS Champs .....	2/27/2010
3:29.35	810 (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
3:30.64	Maximum Output (mixed)	Ann Arbor/MITS .....	2/18/2010
3:30.65	Ann Arbor TC (Pioneer)	Ann Arbor/MITS .....	2/18/2010
3:31.37	Detroit Cheetah (mixed)	Ann Arbor/MITS .....	2/18/2010
3:33.25	Ice and Snow (mixed)	Mt Pleasant/MITS .....	1/16/2010
3:33.36	Final Boss (Monroe)	Ypsilanti/MITS Champs .....	2/27/2010

**Oversized Track:**

3:20.28	Michigan Accelerators (mixed)	Lexington/Kentucky Inv.....	2/20/2010
3:23.09	Great Lakes (mixed)	Allendale/MITS .....	1/23/2010
3:24.09	KP Athletics (East Kentwood)	Allendale/MITS .....	1/23/2010
3:28.90	Motor City TC (Detroit Mumford)	Akron/Fields Open .....	1/16/2010

**4 x 800 RELAY (8:01.7)**

8:02.39	Ann Arbor TC (Pioneer)	Ypsilanti/MITS Champs .....	2/27/2010
8:11.64	Kern TC (Pioneer)	Roxbury/Nike Indoor .....	3/13/2010
8:12.20	KP Athletics (East Kentwood)	Ypsilanti/MITS Champs .....	2/27/2010
8:12.76	Motor City TC (Mumford)	Ypsilanti/MITS Champs .....	2/27/2010
8:18.41	Project 8 (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
8:18.60	Great Lakes TC (mixed)	East Lansing/MITS .....	1/18/2010
8:19.32	Motor City TC (Mumford)	East Lansing/MITS .....	1/18/2010
8:20.48	Detroit Cheetah (mixed)	East Lansing/MITS .....	1/18/2010
8:21.30	Final Boss (Monroe)	Ann Arbor/MITS .....	2/ 4/2010
8:22.88	Spirit of Pre (Saline)	Ypsilanti/MITS Champs .....	2/27/2010
8:23.53	Accelerators (mixed)	Ann Arbor/MITS .....	1/20/2010
8:23.53	Mountain Goats (mixed)	Ypsilanti/MITS Champs .....	2/27/2010

**Oversized Track:**

8:10.40	KP Athletics (East Kentwood)	Allendale/MITS .....	1/23/2010
8:10.73	Project 8 (mixed)	Allendale/MITS .....	1/23/2010
8:14.24	Pocket Rocket (mixed)	Allendale/MITS .....	1/23/2010
8:14.33	Mountain Goats (mixed)	Allendale/MITS .....	1/30/2010
8:15.51	Motor City TC (Detroit Mumford)	Akron/Rubber City .....	2/20/2010

**4 x MILE (19:30.0)**

17:59.88	Breen (Troy)	Roxbury/Nike Indoor .....	3/13/2010
18:12.40	Jackalopes (Pinckney)	Roxbury/Nike Indoor .....	3/13/2010

**SPRINT MEDLEY (3:38.2)**

## The Michtrack Top 10 - BOYS

3:31.13	KP Athletics (East Kentwood)	Roxbury/Nike Indoor .....	3/13/2010
3:39.35	Motor City (Detroit Mumford)	New York/National Scholastic.....	3/12/2010

**DISTANCE MEDLEY (10:32.4)**

10:09.20	Breen (Troy)	Roxbury/Nike Indoor .....	3/12/2010
10:17.67	Breen (Troy)	Ypsilanti/MITS Champs .....	2/27/2010
10:23.20	Kern TC (Pioneer)	Roxbury/Nike Indoor .....	3/12/2010
10:24.71	Ann Arbor TC (Pioneer)	Ypsilanti/MITS Champs .....	2/27/2010
10:28.42	Breen (Troy)	Ann Arbor/MITS .....	2/18/2010
10:30.69	Albion TC (Albion)	Ypsilanti/MITS Champs .....	2/27/2010
10:37.20	Mule Pack (Bedford)	Roxbury/Nike Indoor .....	3/12/2010
10:40.53	Jackalopes (Pinckney)	Ypsilanti/MITS Champs .....	2/27/2010
10:46.67	Spirit of Pre (Saline)	Ypsilanti/MITS Champs .....	2/27/2010
10:46.94	Maximum Output (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
10:56.06	Ro's Runners (mixed)	Ypsilanti/MITS Champs .....	2/27/2010
11:01.12	Motor City (Mumford)	Ypsilanti/MITS .....	1/28/2010

**Oversized Track:**

10:55.87	Four Man Wolf Pack (mixed)	Allendale/MITS .....	1/16/2010
11:00.50	Ducks (mixed)	Allendale/MITS .....	1/16/2010